

Written in the Woods: Your 7-Day Rhythm of Rest

A curated guide to reclaiming your time on our private 200-acre Maine estate.

Day 1: Arrival & The First Breath

- **3:00 PM – Arrival & Check-In:** Welcome home to the Maine woods.
- **4:00 PM – Afternoon Free Time:** Settle into your high-design cabin and explore your 2,800ft of private shoreline.
- **6:30 PM – Welcome Dinner:** Locally sourced Maine flavors paired with a curated wine or beer tasting.
- **8:00 PM – Evening by the Fire:** A custom Hot Cocoa or S'mores Bar under one of the clearest night skies in New England.

Day 2: The Sunrise Trail

- **8:00 AM – Breakfast:** Fuel for the trail.
- **9:00 AM – Morning Yoga (Session 1):** Restore your body on the yoga deck overlooking the lake.
- **10:30 AM – Activity:** ATVs on the Sunrise Trail—Maine adventure at your doorstep.
- **12:30 PM – Lunch:** Your choice of a chef-packed picnic or a slow lunch on the cabin deck.
- **2:00 PM – Schoodic Peninsula:** Scenic drives, hiking, or tide pools on the quiet side of Acadia.
- **6:30 PM – Seafood Dinner:** A classic Maine feast prepared by our concierge team.
- **8:00 PM – Outdoor Movie Night:** Cinema under the stars.

Day 3: Rhythm of the Water

- **8:00 AM – Breakfast**
- **9:30 AM – Morning Fishing:** Cast off from your private dock or head out on the lake.
- **12:00 PM – Lakeside Lunch**
- **1:30 PM – The Private Dock:** Swimming, sunning, and lakeside play on your half-mile of shoreline.
- **4:00 PM – Free Time:** Read in a quiet nook or take a mid-week remote work window with our solar-backed Wi-Fi.
- **6:30 PM – Lakeside Cookout:** BBQ with local specialties.
- **8:30 PM – Bioluminescent Kayak Tour:** A magical night-paddle where the water glows beneath you.

Day 4: Deep Discovery

- **8:00 AM – Breakfast**
- **9:00 AM – Morning Yoga (Session 2):** Deepen your practice.
- **10:00 AM – Interactive Treasure Hunt:** A family-first scavenger hunt through our private trails.
- **12:30 PM – Lunch**
- **2:00 PM – Cooking Class:** Learn to master a local Maine specialty with a private chef.
- **4:00 PM – Free Time:** Swim off the dock or relax on the solar-heated porch.
- **6:30 PM – Harvest Dinner:** Savor the meal you prepared during the afternoon class.
- **8:00 PM – Firepit Favorites:** Hot Cocoa & S'mores.

Day 5: The Acadia Spirit

- **8:00 AM – Breakfast**
- **9:00 AM – Morning Yoga (Session 3):** Final restorative flow.
- **10:00 AM – Bar Harbor:** Exploring, shopping, or an optional Whale Watching excursion.
- **12:30 PM – Bar Harbor Café Lunch:** Experience the heart of the coast.
- **2:00 PM – Free Time:** Continue exploring town or return to the silence of the woods.
- **6:30 PM – Lakeside Taco Bar:** A casual, fun family favorite.
- **8:30 PM – Outdoor Movie Night:** A second chance for your favorite film under the moon.

Day 6: The Farewell Celebration

- **8:00 AM – Breakfast**
- **9:30 AM – Morning Choice:** One final fishing trip or a slow morning swim.
- **12:00 PM – Picnic Lunch:** On the dock or deep in the 200-acre forest.
- **1:30 PM – Nature Walk:** A guided stroll through our carbon-negative estate.
- **4:00 PM – Farewell Tasting:** A final celebration of local Maine craft beer and wine.
- **8:00 PM – The Final Fire:** S'mores bar and storytelling.

Day 7: The Departure

- **7:30 AM – Early Breakfast**
- **8:30 AM – Final Pack:** Capture a last photo of the lake sunrise.
- **10:00 AM – Check-Out:** Departure from the woods—recharged and ready