
HUMAN FORMULA
EXPERIENCE
THE #1 SELLING
RACEHORSE JOINT SUPPLEMENT
ON YOUR OWN ACHES & PAINS
INCREDIBLE RESULTS!
Slide™ ha+
Contains Therapeutic Doses of
Hyaluronic Acid & Collagen Type II
SCAN FOR WEBSITE
SlideJointCare.com


If you're looking for the best supplement on the market today to combat joint pain and cartilage degeneration - you just found it. SLIDE™ Advanced Joint Lubrication is not just for joints either, it's industry leading dosages of hyaluronic acid and collagen type II also provide incredible therapeutic benefits for intervertebral disc, skin, ligament, tendon, and eye health. The results you'll experience will amaze you. There's literally nothing like it!
Rick Stewart - Founder, SLIDE™ Advanced Joint Lubrication

INTRODUCTION TO SLIDE™

Over the past 40 years there have been hundreds of different joint supplement brands for people, dogs and horses - ***NONE OF THEM*** rival the efficacy and results you'll achieve using SLIDE™ Advanced Joint Lubrication. This game-changing joint supplement is unlike anything ever put on the market to combat osteoarthritis and joint pain, even intervertebral disc degeneration. It is the ONLY joint supplement that has a multi-pathway mechanism of action, what we call a "3D" approach to joint and cartilage health:

1) **Lubrication:** imparts high viscosity and elasticity to synovial fluid which reduces friction and cartilage wear during joint movement.

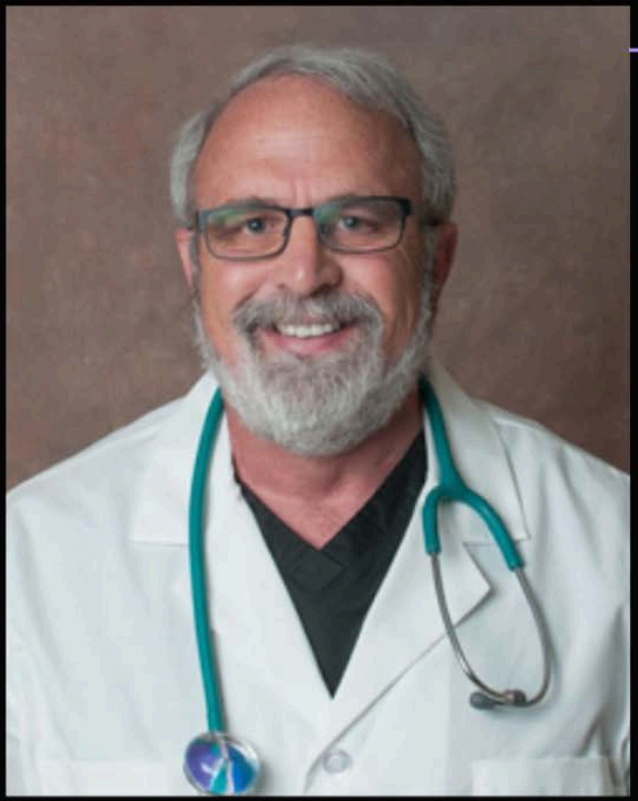
2) **Structural Integrity:** nourishes cartilage, tendons, ligaments and bone.

3) **Anti-Inflammatory Action:** systemically reduces cytokine driven inflammation providing faster recovery and comfort.

I originally formulated SLIDE™ over 30 years ago to treat joint pain in racehorses. Unfortunately, due to it's industry leading amounts of high molecular weight hyaluronic acid and undenatured collagen type II it wasn't affordable for most horse owners to use on their horses. To treat one horse it cost more than $600.00 USD per month. Today, it costs just $130.00 USD a month. That's a huge cost difference. The same was true for the human and canine SLIDE™ versions back then, they were also very expensive to make. Only once SLIDE™ could be made cost effectively did we dare bring it to market.

Having initially developed SLIDE™ for racehorses suffering from joint pain, that's the market we focused on when we launched. Once racehorse trainers saw first-hand just how incredibly effective SLIDE™ was on their horses suffering from joint pain our sales literally exploded.

Finally, A Joint Supplement Company That Got It Right!



"SLIDE™ is the FIRST and ONLY joint supplement that contains sufficient daily amounts of specific high molecular weight hyaluronic acid and undenatured collagen type II so that dramatic benefits for joint pain and cartilage health can truly be achieved via oral supplementation.

In all my decades as a veterinarian, I've never seen anything that comes remotely close to the efficacy of SLIDE™. It's hard to believe that a natural supplement could work this good - but it does.The science behind these nutraceuticals is well documented, it's just that no one thought of bringing up the dosages to where they would really work. Through simple trial and error Rick Stewart figured it out.

SLIDE™ is a true revolution in joint care supplements."

Ronald J. Riegel, DVM

Dr. Riegel earned his doctoral degree in veterinary medicine from the University of Illinois. He served as a clinical instructor with Ohio State University and is a member of the Academy of Human Neuromuscular Physiology. He also operated a multi-doctor private veterinary practice for over two decades, and is the author or co-author of numerous veterinary papers and books.

Today, SLIDE™ is overwhelmingly the #1 selling equine joint supplement used by North American racehorse trainers with more than 90% market share. Rest assured that our human and canine versions work every bit as good.

SLIDE™ is not just for joints, either. It's dosages of high molecular weight hyaluronic acid also help support the intervertebral discs of the spine, spectacularly nourishes your skin and hair from the inside out, as well as supporting ligament, tendon, muscle and eye health, especially in those who are older where their own natural production of hyaluronic acid has significantly declined due to aging.

Current MRI data in dogs has shown that SLIDE™ appears to have the unique ability to actually repair damaged joint cartilage, something I've never seen any other joint supplement do. Truth be told, I've long suspected that SLIDE™ could be the first joint supplement in the world that truly has the ability to prevent joint cartilage degeneration from even occurring if one was to start taking it early enough. I'm in my 60's and take 2,800 mg of SLIDE™ every day - and have for years - and I have no joint or back pain.

The story of the development of SLIDE™ is a little too long for the limited space in this brochure. However, if you visit www.SlideJointCare.com you can read about my quest to develop a joint supplement that truly provided fast, long lasting, incredible results.

SLIDE™ Advanced Joint Lubrication is a true revolution in joint supplement efficacy. It's hands down the best joint supplement EVER developed.

Sincerely,

Rick Stewart

Years before you begin to feel pain in your knees, hips, shoulders, elbows, hands & other joints, the cartilage on bone ends has already been damaged & is well on it's way to being destroyed from decades of use & abuse.

WHAT IS SLIDE™?

SLIDE™ is a first-of-it's-kind joint supplement that contains therapeutic doses of high molecular weight hyaluronic acid and undenatured collagen type II. It is specifically formulated to help combat articular cartilage degeneration (osteoarthritis). With a recommended daily dose of 2,800 mg of hyaluronic acid, SLIDE™ contains the highest amount - by far - of any hylauronic acid supplement available today for people (as well as for dogs and horses in our canine and equine versions of SLIDE™).

As many already know, high molecular weight hyaluronic acid - NOT glucosamine, chondroitin, collagen, MSM or any other ingredient - is the most important compound required by the body for maintaining the integrity of articular cartilage on bone ends and creating lubrication inside joints, as well as helping maintain the gel-like fluid inside intervertebral discs of the spine. Without sufficient amounts of hylauronic acid circulating in the body, which significantly declines as people age, the body cannot maintain optimum levels of joint lubrication and intervertebral disc fluid, thereby leading to joint and intervertebral disc degeneration as we grow older.

SLIDE™ also contains the highest amounts of undenatured collagen type II, the major collagen sub-type required by joints and intervertebral discs of the spine. In clinical trials, undenatured collagen type II has been shown to be even more effective than glucosamine and chondroitin. With an incredible daily dose of 400 mg of undenatured collagen type II, SLIDE™ provides far more undenatured collagen type II per day than any other supplement containing this major joint health nutraceutical (most joint supplements that contain undenatured collagen type II only provide 40 mg per day - SLIDE provides 10X more!).

Further combined with 1,600 mg of glucosamine HCL per day, SLIDE™ is **THE ONLY** supplement that provides the top 3 proven compounds for joint health in the dosages needed to truly help combat joint pain and provide maximum protection from articular cartilage and intervertebral disc degeneration.

Simply put, SLIDE™ is in a league of it's own when it comes to joint supplements.

As we grow older, declining internal production of many compounds that the body once made in sufficient amounts, such as hyaluronic acid, greatly contributes to the aging process. Replenishing these nutrients via supplementation is key to vitality in our golden years.

PREVENTION IS THE CURE

When it comes to combating osteoarthritis the #1 mistake people make is that they WAIT until joint pain arises and the cartilage protecting the bone ends inside the joint has already been damaged before beginning a joint supplement program. This is absolutely the wrong approach if you want to slow or prevent osteoarthritis.

While there is no “cure” for osteoarthritis, the fact is that we don’t really need one, we just need to preserve the existing joint cartilage that we already have from degeneration. How do we do that? We do that by providing our bodies with the proper joint nutrients **IN THE AMOUNTS IT REQUIRES** to keep our joints sufficiently lubricated. It really is as simple as that.

Unfortunately, most people don’t have a preventative mindset when it comes to joint or intervertebral disc health. We aim to change that mindset by getting people to understand that incorporating preventative joint health measures into their diet at an early age is the real key to protecting their existing joint cartilage from degeneration and preventing future joint problems from arising.

Doctors and pharmaceutical companies **DO NOT** have the ability to prevent or slow joint cartilage or intervertebral disc degeneration. But your body does. The human body has an incredible ability to heal and repair itself. However, as we grow older it quite often needs our help, it needs us to provide it with **SUFFICIENT AMOUNTS** of certain endogenous nutrients that it no longer makes enough of so that it can maintain the integrity of the cartilage on bone ends by keeping synovial fluid at adequate levels within the joint. Without increasing and providing the key nutrients that the body requires to do this though, degeneration of your joint cartilage, as well as your intervertebral discs, will only continue as the years pass by.

For more than 30 years joint supplements have remained virtually unchanged. SLIDE™ brings game changing innovation to the stagnant joint supplement industry.

UNDERSTANDING JOINT LUBRICATION

Synovial fluid, the viscous substance that lubricates our joints and nourishes articular cartilage, is what truly prevents cartilage degeneration. Without sufficient joint lubrication there's greater friction on the ultra thin layer of cartilage that protects the bone ends inside our knees, hips, ankles, shoulders, elbows, wrists, fingers and toes. If sufficient levels of lubrication are not maintained inside our joints the cartilage on the bone ends will eventually be damaged or destroyed altogether (bone-on-bone).

Think of synovial fluid as the oil inside your vehicle engine. The job of the oil is to lubricate and protect the many moving parts inside the engine. However, it's primary role is to lubricate the cylinder walls so that wear and tear on the metal piston rings is minimized or prevented as the piston moves up and down providing power when the engine is running. Without enough oil there is greater friction on the piston rings, and eventually the rings will wear down from lack of lubrication and need to be replaced. In humans, this would be the equivalent of undergoing joint replacement surgery...and none of us really want that, do we?

WHAT CREATES SYNOVIAL FLUID?

Hyaluronic acid is the key compound required. This amazing polysaccharide made of repeating disaccharide units of D-glucuronic acid and N-acetyl-D-glucosamine is naturally produced by the body and combines with water to create the joint lubricant known as synovial fluid.

In the prime of your life, which is considered to be ages 25 to 35, your body naturally produces 5,000 mg of hylauronic acid per day. At age 50, your body is now only producing about 2,500 mg of hyaluronic acid daily; half the amount it produced in it's prime.

Synovial fluid is made up of approximately 80% water and contains about 4 mg of hyaluronic acid per ml of synovial fluid. Hyaluronic acid is the body's most powerful humectant (a substance that attracts and holds on to water molecules). One molecule of hyaluronic acid absorbs an incredible 1,000 times it's weight in water; it draws in water and other important nutrients into the joints like a magnet. Think of a single grain of rice attracting 1,000 other grains of rice to it - that's the incredible absorption power that hyaluronic acid has.

This is why joint injections of hyaluronic acid work (although these injections wear off relatively quickly), because the hyaluronic acid draws water and other nutrients into the joint to increase synovial fluid levels. In turn, the lubrication inside the joint increases, temporarily preventing further cartilage damage and reducing joint pain until the synovial fluid inside the joint declines again and the pain returns...and another joint injection is needed.

In the prime of life, which is considered to be the ages of 25 to 35, there is approximately 15,000 mg of hyaluronic acid circulating in the body at any given time. However, hyaluronic acid has a quick turnover rate, meaning that 5,000 mg is used up each day and replenished with another 5,000 mg made by the body. Your body's entire 15,000 mg of hyaluronic acid is replaced every 72 hours.

Unfortunately, at around age 35 our internal production of hyaluronic acid begins to rapidly decline. At age 50, the human body will only be producing about 2,500 mg of hyaluronic acid per day; just half the amount it produced when you were in the prime of life. This means the amount of synovial fluid inside your joints is now about 50% or less.

Declining and insufficient levels of hyaluronic acid in your body as you age is the primary reason why you get joint cartilage and intervertebral disc degeneration (which often results in herniated discs, sciatica, numbness in the legs, and neck and low back pain). Low levels of hyaluronic acid is also responsible for wrinkles and crepey skin. It's also one of the major

All athletes, whether professional, amateur or weekend warriors, need to develop a preventative mindset when it comes to joint health. Far too many athletes wait until they have damaged their cartilage before beginning a joint supplement program.

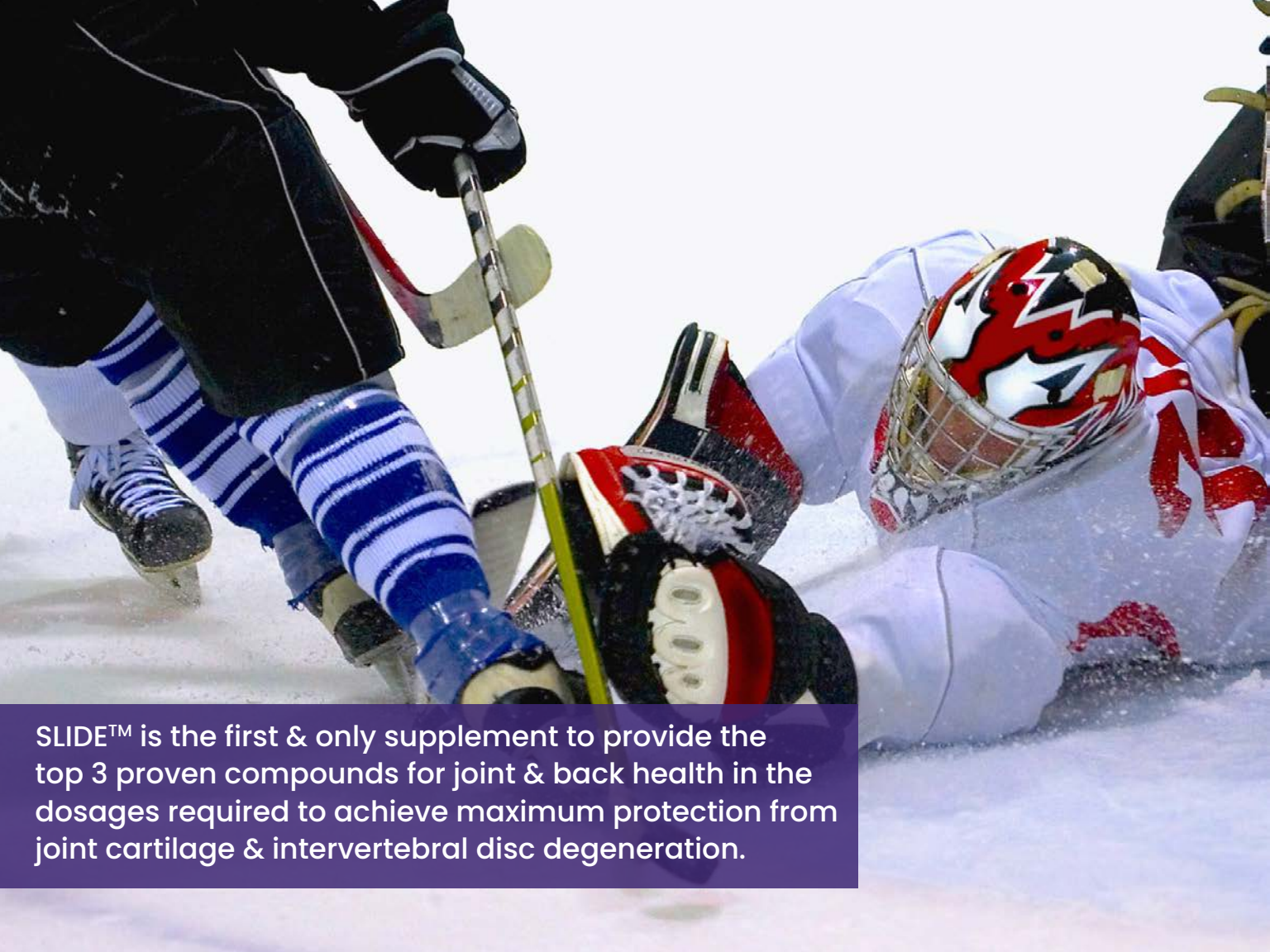
reasons why our eyesight begins to decline as we grow older (eyes have a high concentration of hyaluronic acid, especially the vitreous humor and tear film).

For those of you who are older and have some of the above mentioned issues, remember in the prime of your life when you had none of those problems? This was primarily due to your body making sufficient amounts of hyaluronic acid when you were younger. Do you want to slow or prevent those problems from occurring? Then you need to take an hyaluronic acid supplement like SLIDE™ that supplies your body with optimum amounts of this incredible compound so that you can bring your hyaluronic acid levels back up closer to what they once were in the prime of your life. It's that simple. And it's never too late to do that because doing nothing will just lead to further deterioration of joint cartilage and numerous other body parts that depend on hyaluronic acid.

ATHLETES & JOINT CARTILAGE DAMAGE

You have likely heard of the importance of exercise when it comes to joint health. However, when experts refer to exercise as it pertains to keeping our joints healthy, they mean daily, non-abusive movement of joints. Abusing our joints by putting them under the kinds of stress that many high intensity sports and athletic activities demand causes cartilage destruction much faster than if joints were not placed under this additional stress.

Millions of athletes, whether professionals, amateurs or weekend warriors, suffer from joint pain. Many of them developed joint problems while they were in their 20's, too. This is not uncommon. Barbell squats, regardless of good form or not, are one of the most destructive exercises of joint cartilage in the hips and knees, as well as the intervertebral discs of the lower back. Bench and overhead presses, as well as flyes, cause more cartilage problems in shoulder joints than you can shake a stick at. And barbell, dumbell and machine curls cause untold amounts of elbow and wrist pain. All athletes need to develop the preventative, joint



SLIDE™ is the first & only supplement to provide the top 3 proven compounds for joint & back health in the dosages required to achieve maximum protection from joint cartilage & intervertebral disc degeneration.

cartilage protecting mindset that we talked about earlier or one day they're going to suffer the consequences of joint abuse.

Racehorses are great examples of athletes, albeit animal athletes, that experience early joint problems. Cartilage degeneration and joint pain occurs much faster and at far earlier ages in racehorses than the horse that spends it's day grazing in a field or is simply ridden for pleasure. Racehorses pound and compress their joints while racing and training. Human athletes do the same thing. Therefore, like racehorses, human athletes are going to experience joint problems much faster, and at earlier ages, than those who do not abuse their joints.

Interestingly, the body recognizes joint stress, and actually wants more hyaluronic acid when joints are under heavy workloads so it can keep them from being damaged, but the body can't make any more hyaluronic acid than what it's already producing. The answer? Additional hyaluronic acid needs to be added via supplementation. Think of it as if you're working a muscle in the gym: when a muscle is placed under stress and needs to repair itself it requires higher amounts of protein in order to repair the damaged muscle fibers and grow bigger and stronger, but if it doesn't get that extra protein then it can't do that.

If you're an athlete we strongly encourage you to consider using SLIDE™ to help protect your joints against injury and cartilage damage. It's one of the best things you can do.

WHEN MORE IS ACTUALLY BETTER

If you do some research on the various hyaluronic acid supplements that are available on the human market today, most recommend taking 50 mg to 150 mg per day of this very short

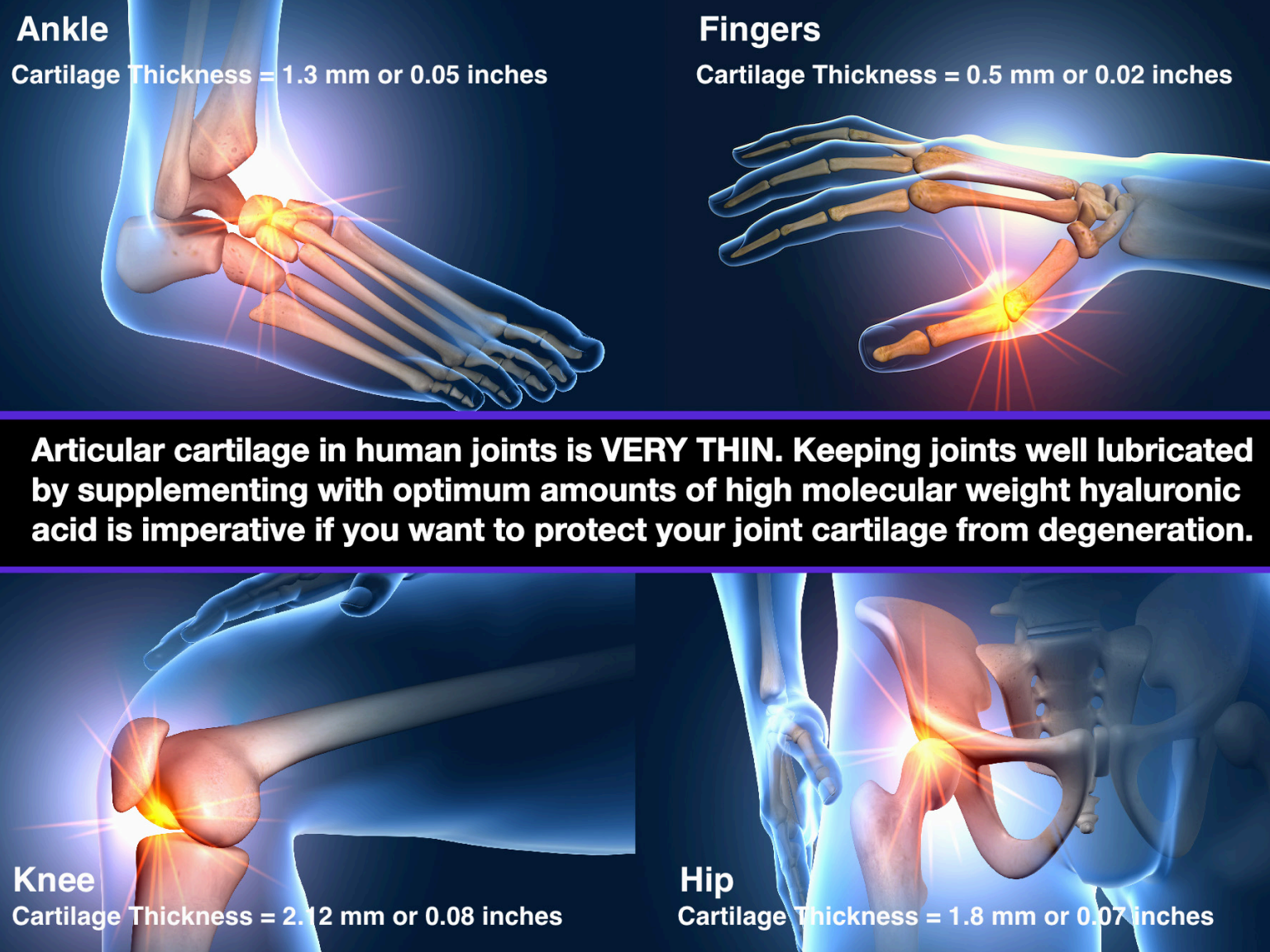
Of all the joint health ingredients available today there is literally no other nutrient more important for protecting cartilage & optimizing joint lubrication than high dose hyaluronic acid supplementation.

lasting nutraceutical. These small amounts make absolutely no sense, especailly if you're age 50 or older and your body's daily production of hyaluronic acid has declined to 2,500 mg or less from the high of 5,000 mg that it once produced when you were younger. Do you really think taking 50 mg to 150 mg of hyaluronic acid per day is going to make a noticeable difference to aching joints? The answer is NO.

So what's the answer then? The answer is that the amount of hyaluronic acid ingested needs to be **MUCH HIGHER** than 50 mg to 150 mg per day. Hyaluronic acid has a great safety profile. The body already makes it. There are no detrimental effects taking higher doses of hyaluronic acid because whatever the body doesn't use of this water soluble compound it simply excretes. Hyaluronic acid does not get stored or build up in the body. You are simply adding to the amount made naturally by the body. Think of it as "topping back up" if the amount your body is producing is low or if you're an athlete where your joints demand more hyaluronic acid than the body can produce each day.

Simply put, the more free flowing hyaluronic acid there is available in the bloodstream, the more hyaluronic acid will get inside joints to produce sufficient amounts of synovial fluid to maximize joint lubrication and help prevent cartilage degeneration.

Of all the joint health ingredients available today there is literally no other nutrient more important for protecting cartilage and creating lubrication inside the joint than hyaluronic acid. Absolutely nothing. Not glucosamine, collagen type II, chondroitin, MSM, vitamins, minerals or anything else. High molecular weight hyaluronic acid is what your joints truly need.


Ankle
Cartilage Thickness = 1.3 mm or 0.05 inches
Fingers
Cartilage Thickness = 0.5 mm or 0.02 inches
Articular cartilage in human joints is VERY THIN. Keeping joints well lubricated by supplementing with optimum amounts of high molecular weight hyaluronic acid is imperative if you want to protect your joint cartilage from degeneration.
Knee
Cartilage Thickness = 2.12 mm or 0.08 inches
Hip
Cartilage Thickness = 1.8 mm or 0.07 inches

CARTILAGE THICKNESS PRIMER

Before reading this you might want to grab a measuring tape.

The first step to understanding the importance of beginning a joint supplement program that will help protect and preserve your joint cartilage is recognizing just how thin the actual cartilage protecting the bone ends really is in your knees, hips, shoulders, ankles, fingers, toes and other joints.

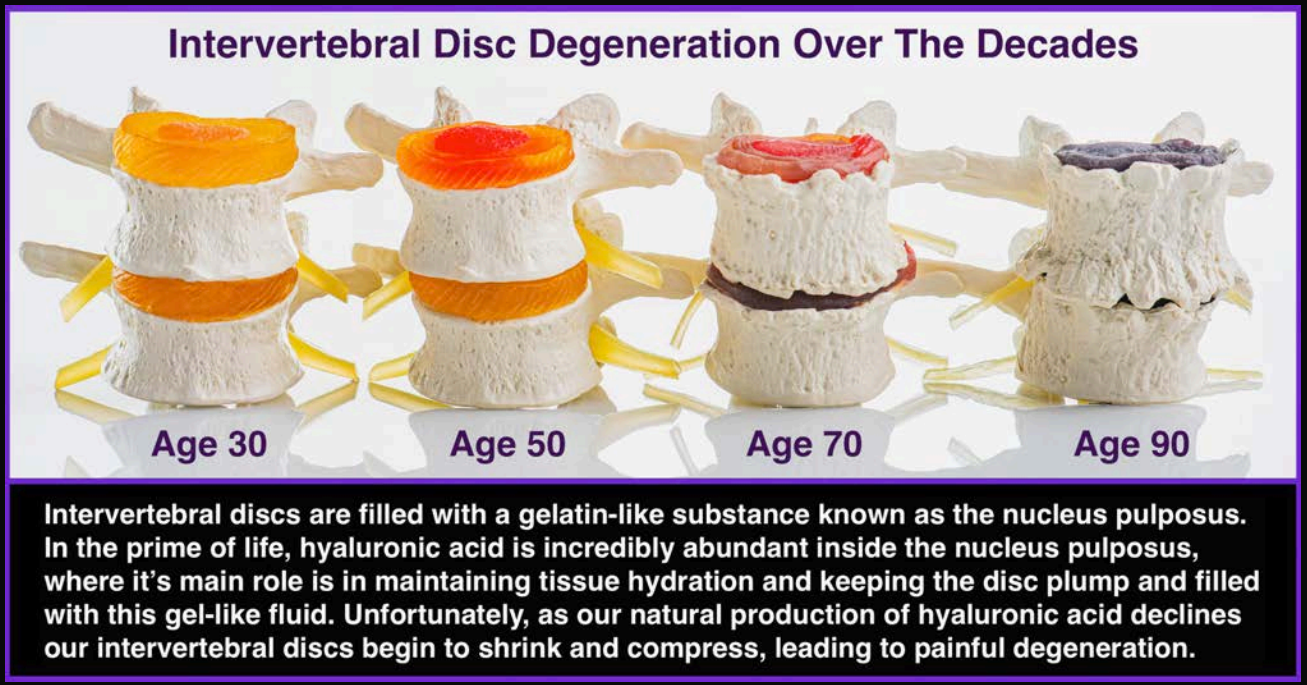
In healthy individuals with no cartilage degeneration, which is usually those under the age of 30 who are non-athletes and not overweight, the average thickness of knee cartilage is just 2.12 mm or 0.08 inches. Yes, you read that correctly, the cartilage in your knee is a minuscule 1/16th of an inch thick. Now take a look at 2 mm or 1/16th of an inch on your measuring tape...if you can even see it. That's not very thick.

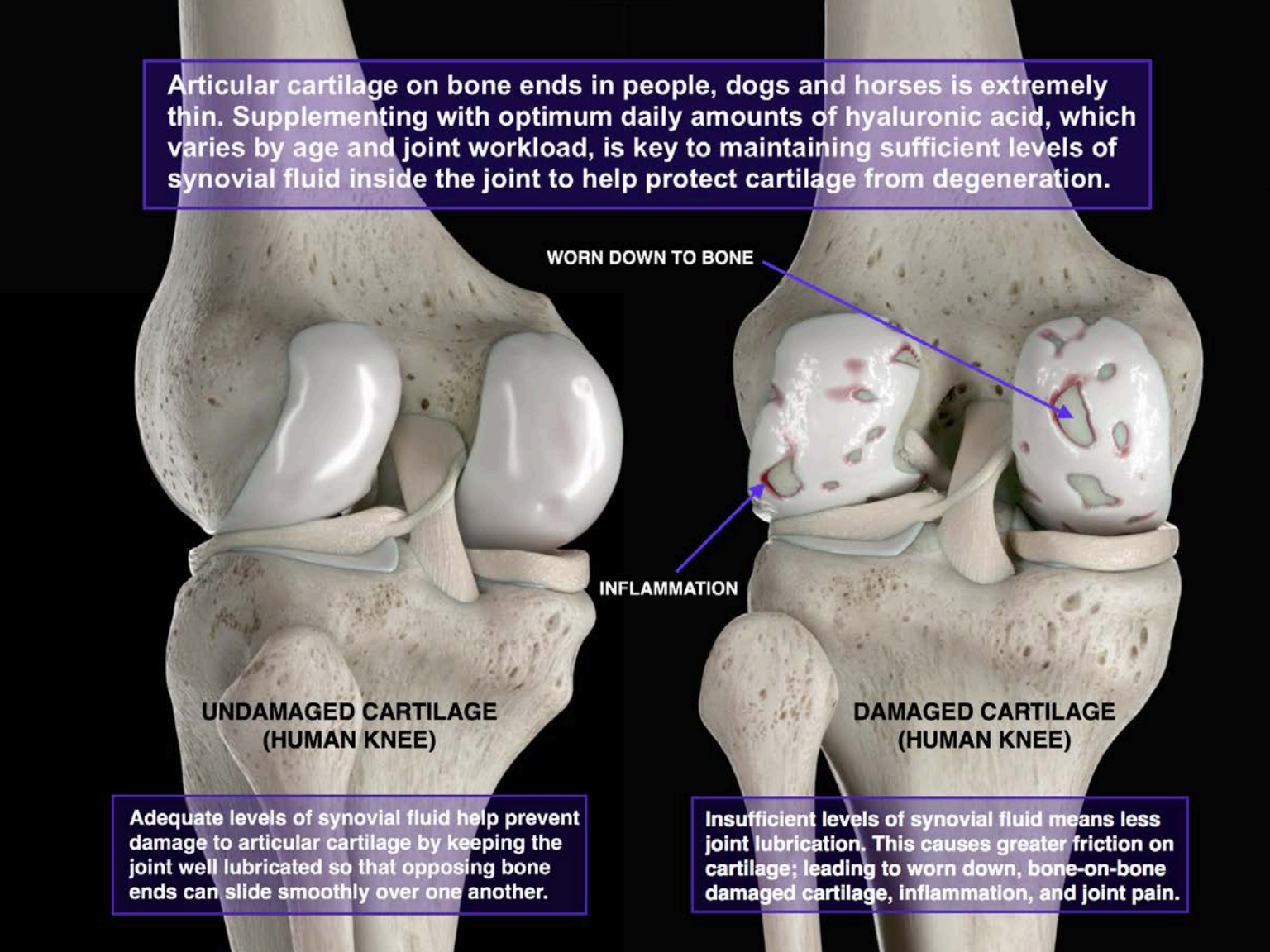
The average thickness of cartilage in the hip is even less than that of the knee and averages just 1.68 mm or 0.07 inches. Cartilage in the ankle averages 1.30 mm or a mere 0.05 inches. Cartilage in the fingers, knuckles, wrists, and toes is even thinner yet and averages just 0.5 mm or 0.02 inches thick. Since the cartilage in our fingers is so thin, and we are constantly using our hands in our every day lives, swelling and pain in our fingers is often the earliest sign of impending joint cartilage damage.

SLIDE™
Advanced Joint Lubrication

Once articular cartilage has been destroyed it can NEVER be restored or regenerated. Protect your existing joint cartilage at all costs if you want to avoid future joint replacement surgery.

Now that you have an understanding of just how thin the cartilage in your joints really is, you can see how important it is to protect that thin layer of cartilage from ever being destroyed. Once that cartilage in the joint is completely gone and the joint is "bone-on-bone" there isn't a supplement ingredient or pharmaceutical drug on earth that will ever regenerate or restore that lost cartilage. If you destroy that cartilage you are going to need NSAID's, prescription painkillers and/or joint replacement surgery...do you really want that?




Articular cartilage on bone ends in people, dogs and horses is extremely thin. Supplementing with optimum daily amounts of hyaluronic acid, which varies by age and joint workload, is key to maintaining sufficient levels of synovial fluid inside the joint to help protect cartilage from degeneration.
WORN DOWN TO BONE
INFLAMMATION
UNDAMAGED CARTILAGE (HUMAN KNEE)
DAMAGED CARTILAGE (HUMAN KNEE)
Adequate levels of synovial fluid help prevent damage to articular cartilage by keeping the joint well lubricated so that opposing bone ends can slide smoothly over one another.
Insufficient levels of synovial fluid means less joint lubrication. This causes greater friction on cartilage; leading to worn down, bone-on-bone damaged cartilage, inflammation, and joint pain.

THE 3 KEY JOINT COMPOUNDS

1 HYALURONIC ACID

Easily the #1 ingredient you need to take if you want to help prevent articular cartilage degeneration and maintain or increase joint lubrication. The high molecular weight hyaluronic acid in SLIDE™ is biologically identical to what the human body naturally produces.

What's interesting about joint injections of hyaluronic acid given by doctors is that almost all disease treatments are pharmaceuticals (drugs). Uniquely, hyaluronic acid isn't a pharmaceutical at all, it's a natural compound already made by the body that helps produce synovial fluid (the lubrication inside the joint). Imagine that? A naturally occurring compound already made by the body works better than any drug for increasing joint lubrication and protecting the articular cartilage from degeneration.

You can't inject every joint in your body with hyaluronic acid, and even if you could it wouldn't be cost effective anyway. Injecting hyaluronic acid into every joint is simply not a viable long term solution or a preventative measure against osteoarthritis (or intervertebral disc degeneration). But here's the good news, taking high molecular weight hyaluronic acid in large enough doses each day will help maintain or increase synovial fluid in every joint. Remember, your body already knows what hyaluronic acid is, and it knows where to take it and exactly how to use it.

Another unique feature of high molecular weight hyaluronic acid is that it also has tremendous anti-inflammatory properties when taken in optimal dosages like SLIDE™ provides. Many will find that they no longer need to take NSAID's or herbs with pain relieving properties like boswellia, devil's claw, tumeric, etc., for their joint pain once they try SLIDE™.

Hyaluronic acid is the most important joint health nutrient you can take. One molecule of hyaluronic acid absorbs an incredible 1,000 times it's weight in water. It pulls water and other important nutrients required for cartilage health into the joints like a magnet!

BIOAVAILABILITY

For any nutrient to create a health benefit in the body it must first be absorbed into the bloodstream from the gastrointestinal tract. If a nutrient can't get into the bloodstream, then it can't get to the tissues and cells where it can be used. This is what bioavailability is and why it's important. Hyaluronic acid has excellent bioavailability. The majority of hyaluronic acid taken orally makes it into the bloodstream.

Hyaluronic acid DOES NOT have to be taken in liquid form either as some supplement manufacturers erroneously claim because hyaluronic acid is water soluble, it easily dissolves in your stomach and small intestine and gets uptake into your circulatory system.

HALF-LIFE

After bioavailability, the second most important aspect of a nutrient is the length of time it remains in circulation in the bloodstream so it can be taken from the blood and transported to tissues and cells to be used. In a perfect world, there is a continuous supply of hyaluronic acid in the bloodstream for the body to draw from and use at any given time as needed or required.

For those who may be unfamiliar with what half-life is, it refers to the amount of time it takes for a pharmaceutical, nutraceutical, vitamin, mineral or other ingredient to fall to half it's initial value in the bloodstream. In other words, if the half-life of an ingredient is 2 hours and 100 mg is in your bloodstream, in 2 hours only 50 mg will remain in your bloodstream. After another 2 hours, only 25 mg remains in the bloodstream, and so on until the ingredient is no longer in circulation.

The half-life of an ingredient is often the determining factor whether an ingredient should be taken once, twice, or even three or four times daily. Ingredients with a short half-life should be

With an INCREDIBLE daily dose of 2,800 mg of hyaluronic acid, SLIDE™ is the most potent cartilage protection available on the market today - nothing else comes close!

taken at least twice a day for optimum therapeutic benefits, whereas ingredients with a long half-life can usually be taken just once a day.

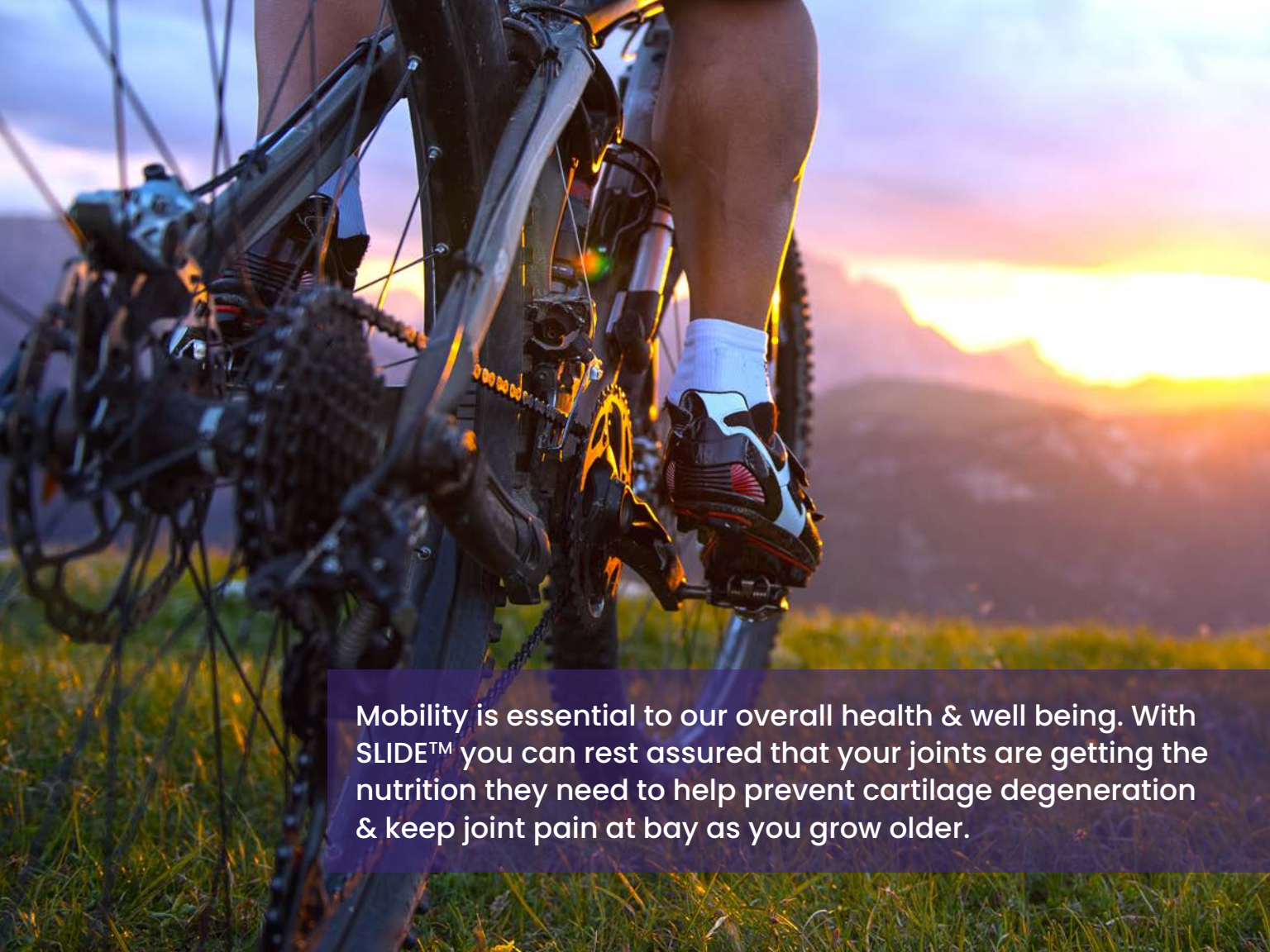
The half-life of hyaluronic acid averages just 4 minutes in the bloodstream. It has an extremely short half-life. It's for this reason that we recommend taking SLIDE™ twice a day for best results. Taking SLIDE™ twice daily ensures that a more continuous supply of hyaluronic acid is available in your bloodstream for the body to draw from and use around the clock.

2 UNDENATURED COLLAGEN TYPE II

After hyaluronic acid, collagen type II - specifically **UNDENATURED** collagen type II - is the second most important nutraceutical needed for joint health. There are five major types of collagen in the human body: type I, II, III, IV and V. The collagen found in joint cartilage (and intervertebral discs of the spine) is specifically collagen type II. This collagen plays a major role in maintaining the structure and integrity of the cartilage matrix on bone ends inside joints, as well as the cartilage inside intervertebral discs of the spine.

First studied by Harvard Medical School back in 1993 and found to be very effective at inhibiting cartilage degeneration and reducing joint pain, undenatured collagen type II has subsequently undergone many other clinical trials since then and been found to be even more effective than glucosamine or chondroitin at combating cartilage destruction and joint pain in those suffering from osteoarthritis and rheumatoid arthritis.

Undenatured collagen type II contains active epitopes that induce oral tolerance. By contrast, **DENATURED** collagen type II lacks the essential structural components of undenatured collagen type II and does not produce the same joint health benefits as undenatured collagen type II does.



Mobility is essential to our overall health & well being. With SLIDE™ you can rest assured that your joints are getting the nutrition they need to help prevent cartilage degeneration & keep joint pain at bay as you grow older.

Preclinical studies support oral tolerance as the mode of action of undenatured collagen type II and confirm that the undenatured form of collagen type II is critical for the repair and preservation of joint cartilage. In an animal model of rheumatoid arthritis, only undenatured collagen type II protected joints against damage.

Like high molecular weight hyaluronic acid, undenatured collagen type II is also well known for it's anti-inflammatory properties. These two nutraceuticals, when combined in optimum dosages, provide significant anti-inflammatory benefits for joints, and will often negate the need for pharmaceutical NSAID's or herbal anti-inflammatories like boswellia, tumeric, devil's claw, etc.

BIOAVAILABILITY

There are several studies on the bioavailability of undenatured collagen type II. The average consensus is that the bioavailability of collagen type II is about 50%. We custom micronize the undenatured collagen type II in SLIDE™ down to 150 microns, which is an extremely fine powder. We believe this tiny particle size increases the bioavailability of the undenatured collagen type II we use in SLIDE™. Using existing studies though, about 50 mg of undenatured collagen type II makes it into the bloodstream for every 100 mg taken.

HALF-LIFE

The collagen type II already existing in joint cartilage has an extremely long half-life, reportedly as long as 117 years. However, insufficient joint lubrication and/or high intensity workloads on joints can wear down the articular cartilage on bone ends, compromising the original cartilage. Supplementing undenatured collagen type II helps the body repair damaged cartilage within the joint to help maintain the integrity of the original cartilage that your body made during it's formative years. If the damage to existing cartilage is not too severe, the body does have the ability to repair it if given enough undenatured collagen type II to get the job done.


Therapeutic doses of high molecular weight hyaluronic acid, undenatured collagen type II and glucosamine is the very best combination of joint health nutraceuticals for preservation of existing cartilage and maintaining joint lubrication, as well as intervertebral disc health.

3 GLUCOSAMINE

Glucosamine is an essential ingredient in the formation of proteoglycans. While hyaluronic acid is the main compound responsible for making synovial fluid, the viscous substance that lubricates joints, proteoglycans are primarily found in the synovial membrane surrounding the joint. This membrane is responsible for trapping and retaining synovial fluid inside the joint. Unfortunately, the synovial membrane weakens as we age, compromising its ability to "lock in" synovial fluid: allowing the synovial fluid to seep out of the joint and into systemic circulation where it's ultimately excreted from the body. Think of it as having a leak in your engine where the oil seeps out. This loss of synovial fluid then leads to less lubrication inside the joint, which creates greater friction on the cartilage protecting the bone ends and the cartilage then begins to wear down.

BIOAVAILABILITY

The bioavailability of glucosamine is around 85%. This means that for every 100 mg of glucosamine taken orally about 85 mg makes it into the bloodstream.

HALF-LIFE

When you analyze the numerous studies on the half-life of glucosamine it appears to have an average half-life of 3 hours. For this reason, glucosamine, like hyaluronic acid, should be taken twice daily for optimum benefits.

NOTE

All active ingredients in SLIDE™ are custom manufactured to our specifications of 150 microns. The higher the micron number, the finer the molecular size of the ingredient. The majority of supplement ingredients are usually 40 or 80 microns. Think of 40 or 80 microns as being the size of kosher salt, whereas 150 microns is a fine powder like icing sugar. This ultra fine micronization process creates tiny particles of the active ingredients to further increase dissolution in the stomach and small intestine, thereby helping to increase bioavailability.


SLIDE™
Advanced Joint Lubrication
I LOVE this product! I have my horses on it and have noticed a HUGE difference in their joints, coat and performance!
~ Kristin Hawley
This is amazing stuff! I love that I can get results without relying on the vet. It's now been 3 months since my horses received any joint injections and they are doing better than ever! I tell everyone about SLIDE™! Thanks for a great joint supplement that really works!
~ Christine Harris
HUGE improvement in my 2 year old filly after only 10 days on SLIDE™. Actually, we saw improvement in just a few days! She came home from the racetrack sound and then slipped in the mud running around her pen and the vet diagnosed her with an SI problem. We tried shock wave a couple of times with no improvement and then we heard about SLIDE™ and decided to try it. When the vet saw how much she improved on SLIDE™ we decided to keep using it. She now has no issues!
~ Maxine Anderson
SLIDE™ is without a doubt the greatest joint supplement EVER! There's nothing like it.
~ Stuart Simon
This is a GREAT product. Unbelievable results!
~ Trevor Henry
Such an incredible product! We have all our racehorses on SLIDE™ and are blown away by the results!
~ Rachel Issacs
I started using SLIDE™ on my horses and noticed a difference in a week!
~ Brooke Sisson

WHAT ABOUT CHONDROITIN & MSM?

Glucosamine was introduced to the human market around 1992. When taken in sufficient amounts each day (a minimum of 1,500 mgs daily), glucosamine did help relieve some joint pain. The best results though were achieved by those who diligently took glucosamine twice a day instead of just once a day. This increase in efficacy was due to keeping glucosamine circulating in the bloodstream for longer periods of time for the body to draw from and use as required.

Glucosamine products that included chondroitin and MSM soon popped up, and this combination became a standard offering in numerous joint care brands (note: most joint supplements just copy other brands, there is no real innovation in the category like SLIDE™). In our opinion, the addition of chondroitin and MSM does not provide any better results in reducing joint pain or combating cartilage degeneration than just glucosamine alone. Chondroitin and MSM don't increase synovial fluid production or help repair damaged cartilage like hyaluronic acid and undenatured collagen type II do.

People will find that even without chondroitin and MSM in it's formulation that SLIDE is superior to joint supplements that contain chondroitin and MSM. Remember, most joint supplements don't contain the two most important joint health nutraceuticals, which is hyaluronic acid and undenatured collagen type II, and the ones that do don't have enough hyaluronic acid and undenatured collagen type II in them to provide real therapeutic benefits like SLIDE™ does.

For more information on our revolutionary family of SLIDE™ high potency hyaluronic acid supplements visit us online www.slidejointcare.com

Follow SLIDE™ Joint Care on Facebook and Instagram

Of all the nutrients you can take for skin health, hyaluronic acid is the most important. Without sufficient amounts of hyaluronic acid in the dermis, water and other important nutrients, including collagen, can't be efficiently absorbed.

SLIDE™ IS NOT JUST FOR JOINTS

Few people today realize how amazing high molecular weight hyaluronic acid truly is. When taken orally in high enough dosages each day like SLIDE™ provides, it hydrates, lubricates, and heals. It is found almost everywhere in the human body, including our joints, intervertebral discs, eyes, skin, hair, nails, muscles, gastrointestinal tract, tendons, ligaments, cartilage, bones and brain. Of all the endogenous compounds naturally produced by the body, hyaluronic acid is likely the most important. Maintaining adequate levels of this incredible compound, especially after age 35 or if you're an athlete, is absolutely vital to our overall health and well being.

Here are a seven other important body parts that can benefit from the high dose hyaluronic acid therapy that SLIDE™ provides:

1 SKIN

The skin is the largest organ in the human body and holds the greatest amount of hyaluronic acid. In fact, 50% of all the hyaluronic acid in your body is found in your skin. When you supplement with hyaluronic acid your skin is going to take what it needs first and then the other body parts get the leftovers...if there is any. That's why dosages of hyaluronic acid in supplements have to be higher like they are in SLIDE™ rather than the 50 mg to 150 mg per day recommended by other hyaluronic acid supplements as those small doses will not provide the most optimal health benefits, especially those who are age 50 and older.

It is hyaluronic acid, **NOT** sodium (although sodium is important), that is the primary compound in our bodies that pulls water and other nutrients, including all forms of collagen,

As you age, the discs of your spine begin to shrink and compress due to loss of fluid within the disc. Hyaluronic acid ameliorates intervertebral disc degeneration via promoting mitophagy activation.

into skin cells to keep them hydrated, nourished and healthy. So if you want to reduce or prevent fine lines, wrinkles and dry, crepey skin, then you need to plump those skin cells back up ***from the inside out*** by supplementing with adequate amounts of hyaluronic acid like SLIDE™ provides. Another great benefit of hyaluronic acid is that it nourishes and improves the lustre of your hair as essential nutrients for hair health are drawn into the hair follicle by none other than hyaluronic acid.

Collagen supplements are the current craze for skin health. However, while collagen proteins are important for maintaining healthy skin, they are **NOT** more important than hyaluronic acid because skin cells rely on adequate levels of hyaluronic acid in order to absorb collagen and other nutrients needed for skin health. If levels of hylauronic acid in the body are low or declining, then there is naturally less hyaluronic acid inside your skin cells, which means less uptake of collagen and other important skin nutrients into the cell. Furthermore, you can get quite a bit of collagen from eating certain foods such as bone broth, but you can't get enough hyaluronic acid from the food you eat. If you have to choose between taking a collagen supplement or taking a high dose hylauronic acid supplement like SLIDE™, it's a no-brainer - hyaluronic acid wins every time.

2 INTERVERTEBRAL DISCS

Between each vertebra of the spine are what are known as intervertebral discs. These discs provide flexibility and cushioning between individual vertebra, as well as protect the spinal cord and the entire spinal column. Intervertebral discs are the main shock absorbers in the human body, helping to cushion the impact of walking, running, jumping, carrying and lifting. The discs in the lower back sustain the most damage over time. This is because they not only take the most abuse from decades of bending over and straightening, as well turning

Your body requires adequate amounts of hyaluronic acid & collagen type II to help prevent intervertebral disc & sacroiliac joint degeneration. SLIDE™ contains optimum amounts of these important nutrients for intervertebral disc & pelvic health.

from side to side, lifting and carrying, but they also bear the daily weight of our torso. All these biomechanical motions place enormous stress on the intervertebral discs of the lower back, eventually leading to low back pain for millions of people.

Intervertebral discs are filled with a gelatin-like substance known as the nucleus pulposus. In the prime of life, hyaluronic acid is incredibly abundant inside the nucleus pulposus, where it's main role is in maintaining tissue hydration and keeping the disc plump and filled with this gel-like fluid. Unfortunately, as our natural production of hyaluronic acid declines our intervertebral discs begin to shrink and compress, leading to degeneration.

The second most important compound found in the nucleus pulposus is collagen type II, the exact same compound required to maintain the integrity of articular cartilage in our joints. So even when it comes to intervertebral disc health, SLIDE™ provides the two most important compounds required - hyaluronic acid and collagen type II.

3 SACROILIAC JOINTS

The sacroiliac joints are located in the pelvis and are designed to allow for slight pelvic flexibility. They have a very thin layer of cartilage on the bone ends and are kept lubricated by synovial fluid. Degeneration of the cartilage in these joints is known as sacroilitis, a very painful condition that can sometimes be misdiagnosed as low back pain, but the pain is actually radiating from the sacroiliac joint(s). Injury, arthritis and pregnancy/childbirth can damage the sacroiliac joint. Once again, SLIDE™ provides optimum dosages of the two most important nutrients for sacroiliac joint health - hyaluronic acid and collagen type II.

In damaged muscle, stem cells work together with immune cells to complete the muscle repair process. Scientists have now shown that hyaluronic acid is the key molecule that manages this fundamental interaction.

4 EYES

Hyaluronic acid is found in abundance in our eyes during the prime of life, especially in the vitreous humor (the gel-like fluid that fills the inside of the eye), where it cushions and supports the shape of the eye. The body's natural production of hyaluronic acid declines with age, leading to changes in the shape of the eye. This often causes vision problems that need to be corrected with glasses. Insufficient hyaluronic acid can also lead to dry eyes, causing irritation and redness.

Hyaluronic acid is a powerful humectant (attracts and holds water) that improves the stability and viscosity of the tear film, reducing tear evaporation and enhancing eye lubrication. Many SLIDE™ users who once experienced dry eye problems reported that it completely cleared up using SLIDE™.

Hyaluronic acid also has anti-inflammatory and wound healing properties, which can aid in the repair of minor damage to the corneal surface.

5 MUSCLE REPAIR

A recent study published in the journal Science® revealed a unique form of cellular communication that controls muscle repair. In damaged muscle, stem cells work together with immune cells to complete the muscle repair process. How these cells coordinate with each other to ensure the efficient removal of dead muscle tissue before making new muscle fibers remains unknown. However, the study showed that the key molecule that manages this fundamental interaction between stem cells and immune cells is none other than hyaluronic acid.

Hyaluronic acid supplementation contributes to lubrication, viscoelasticity & hydration of tendons & ligaments. SLIDE™ contains the amounts you need to help keep tendons & ligaments nourished.

When muscle tissue is damaged, immune cells remove the damaged tissue so that stem cells can begin repairing the muscle fibers. The study showed that muscle stem cells are primed to start repairing damaged muscle right away, but the stem cells remain in a resting state until immune cells finish cleaning up the damaged tissue. Once the cleanup job is finished, which takes about 40 hours, an internal alarm goes off in the muscle stem cells that allows them to wake up and start repairing the damaged tissue. Hyaluronic acid has been identified as the key compound in this internal alarm clock that tells the muscle stem cells when to wake up and begin repairing muscle tissue, building it back bigger and stronger.

6 TENDONS

Tendons are rope-like tissues that attach muscle to bone. Tendinopathy is the term used to describe tendon injuries. This complex clinical condition is primarily a repetitive pathology characterized by molecular, cellular and histological changes in the tendon. This condition primarily affects athletes and causes impaired physical performance. Repetitive exercises, especially those that place high load/weight demands on the tendon, are the main cause of tendon injuries. 'Tennis elbow' from barbell and dumbell curls or rotator cuff injuries from lateral raises, bench and overhead presses, are just a few common examples of tendinopathy.

Adequate functional and structural recovery of the tendon is required in order to return to training and competitive events. Unfortunately, tendon injuries have a very high risk of recurrence.

The rationale behind the use hyaluronic acid in the management of tendon injuries is that it contributes to lubrication, viscoelasticity and hydration of the tendon. It also seems to

Our mission when we developed SLIDE™ was to create awareness of the powerful role that high dose hyaluronic acid supplementation plays in combating joint cartilage & intervertebral disc damage in the human body & the importance of PREVENTATIVE measures for joint & spinal health.

modulate inflammation through different pathways, including the suppression of pro-inflammatory molecules. Hyaluronic acid also seems to be involved in the regulation of the tissue repair process, modulating the main phases of tendon healing and providing substantial benefits to tendon biomechanics by improving tendon gliding by limiting tendon adhesion.

7 LIGAMENTS

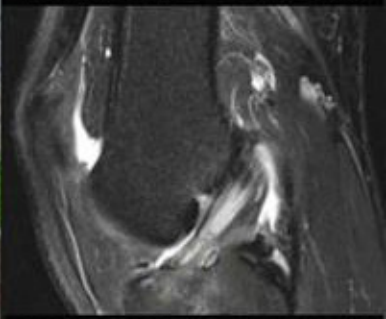
Ligaments are connective tissue that connect two bones together, primarily bones that come together at the joints. Like strong, firmly attached straps, ligaments hold the bones together to help stabilize the joint, ensuring that the joint does not twist too much or move too far apart and become dislocated. Most ligament damage occurs in athletes. A torn ligament severely limits joint movement and results in the inability of the joint to pivot or turn slightly as needed during certain mechanical motions. The most common ligament tear in humans is in the knee.

As naturally produced hylauronic acid declines, ligaments can begin to dry out and lose their elasticity and strength. Supplementing with SLIDE™ can help maintain ligament integrity, thereby helping to prevent ligament injuries.

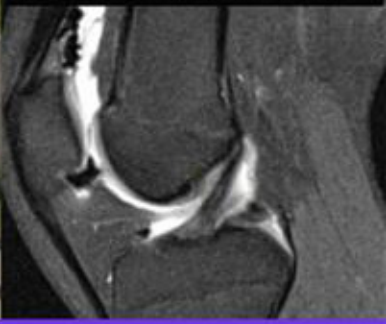
SLIDE™
Advanced Joint Lubrication

CANINE CASE STUDY (ACL & Articular Cartilage)

Before SLIDE™ Treatment



After 12 Weeks on SLIDE™



4 year old Golden Retriever with a partially torn ACL (Grade II). Patient was prescribed SLIDE™ after initial diagnosis, and activity was restricted (crate) for several weeks. After 12 weeks on SLIDE™ (no other treatments were used), the ligament tear appears to have been repaired. Furthermore, the worn articular cartilage on the bone ends also appears to have been regenerated. Patient had no swelling or pain, and is weight bearing on the affected limb while standing, walking and trotting after 12 weeks on SLIDE™.

DOGS & HORSES

SLIDE™ is also available in canine and equine versions and provides PROFOUND, LIFE CHANGING RESULTS in the vast majority of dogs and horses suffering from joint pain and cartilage degeneration. Our SLIDE™ canine and equine formulations provide superior efficacy compared to other joint supplement brands for dogs and horses due to their category leading doses of high molecular weight hyaluronic acid and undenatured collagen type II.

Dog and horse owners will be astounded at how quickly SLIDE™ works on canine and equine joint pain. Severe cases of joint damage may need up to 12 weeks to see maximum therapeutic benefits, but rest assured you will definitely see a dramatic change in mobility, soundness and happiness in your dog or horse.

We have many case studies and consumer testimonials available on our website and social media pages (Facebook and Instagram). We also have data that shows SLIDE™ actually repairing a partially torn ACL as well as regenerating worn articular cartilage (see opposite images).

SLIDE™
Advanced Joint Lubrication

REMEMBER! Protecting your existing joint cartilage from degeneration via adequate hyaluronic acid supplementation with SLIDE™ is the key to pain free joints. Strive to maintain sufficient levels of synovial fluid in your joints at all times in your adult years.

THE FINAL WORD

Unlike supplement companies that make a wide range of different supplements, most of which are the same or similar to their competitors, we focus specifically on hyaluronic acid based supplements. SLIDE™ is the only hyaluronic acid supplement available today that provides enough hyaluronic acid per day to truly make a difference when it comes to providing real therapeutic health benefits from this amazing nutraceutical.

We urge you to check out the labels of various other hyaluronic acid supplements on the market today and see for yourself how their dosages of hyaluronic acid compare to those in SLIDE™. With a recommended daily dose of 2,800 mg of high molecular weight hyaluronic acid you'll find there's no other hyaluronic acid supplement on the market today that can begin to rival the potency of SLIDE™. Best of all, milligram for milligram, SLIDE™ is the absolute best value of ANY hyaluronic acid supplement available today.

We sincerely hope that we have provided you with an in-depth understanding of just how important hyaluronic acid truly is for the overall health of the human body. If there is a 'fountain of youth' supplement ingredient available today, hyaluronic acid is it.

Please visit www.slidejointcare.com for more information on our other SLIDE™ formulations for dogs and performance horses.

Thank you for taking the time to read the information we have provided herein.


The
Ultimate
Supplement
for Maximum
Mobility
Therapeutic dose hyaluronic acid
and collagen type II.
SLIDE
ha+
Advanced Joint Lubrication
for Maximum Mobility
• 84,000 mg of Hyaluronic Acid
• 48,000 mg of Glucosamine
• 12,000 mg of Collagen Type II
240 Capsules