

# INTERNATIONAL YOUTH DAY

AT CFHR, WE BELIEVE WITH OVER **67%** OF PAKISTAN'S POPULATION UNDER 30, YOUTH ARE NOT JUST FUTURE LEADERS — THEY ARE THE **CHANGEMAKERS OF TODAY.**

WE STAND WITH THEIR **COURAGE** AND REMAIN COMMITTED TO SUPPORTING **YOUTH-LED RESEARCH AND ADVOCACY** ACROSS PAKISTAN.



# Youth Engagement at a Glance

## Know Your Rights Workshops

CFHR and Musawi conducted **31+ Know-Your-Rights workshops**, reaching **942 students** — including **542 women** — across four provinces. Using interactive tools and games, the workshops educated youth on women's marriage rights and the Nikahnama, fostering legal awareness among both students and underserved communities.



## Clinical Legal Education

CFHR's Clinical Legal Education program has engaged **over 80 students across 7+ thematic areas** — including gender-based violence, refugee rights, and climate displacement — through **7+ legal clinics** since 2018. These clinics equip youth with practical advocacy skills while addressing pressing human rights issues in Pakistan.







Since **2013**, CFHR, in partnership with University College Association for Mooters (UCAM) at Universal College Lahore (UCL), has supported Pakistan's mooting culture — **hosting national and international competitions** and training the next generation of lawyers.



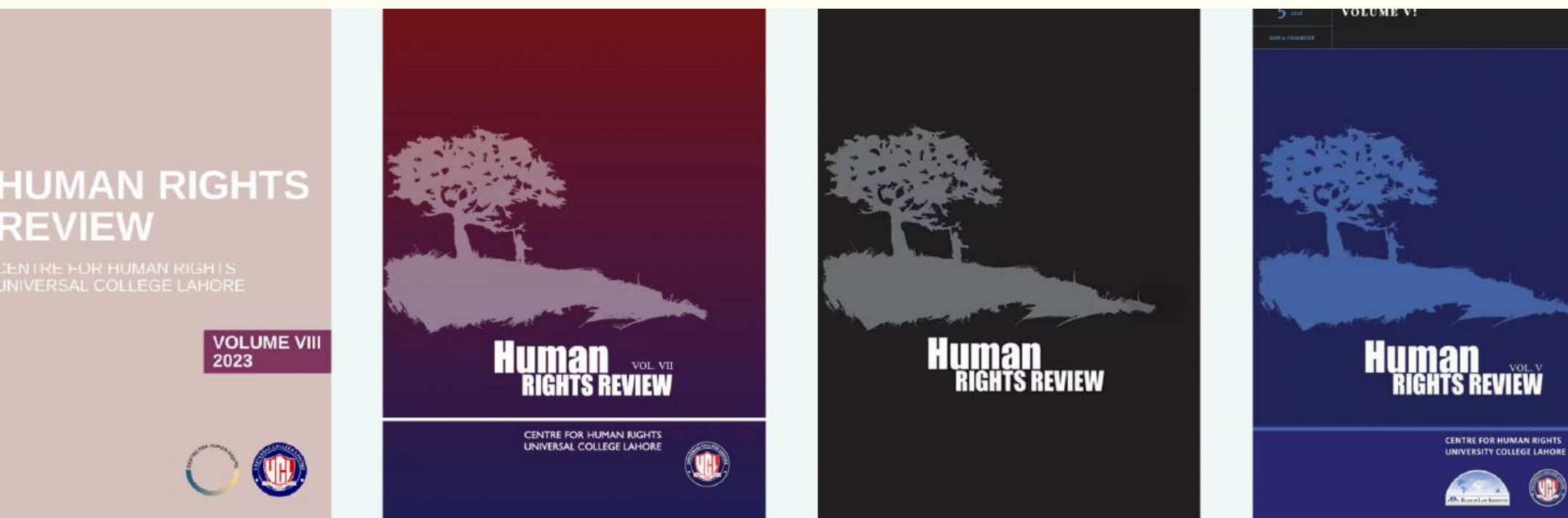
## Moot Court & Symposium Engagement



In **2022**, CFHR hosted **Pakistan's first Symposium on Women's Marriage Rights**, engaging **554 participants, over two-thirds students** through panels, workshops, and youth-led sessions, advancing national dialogue and peer-reviewed research on critical marriage rights issues.







CFHR’s open-access, peer-reviewed journal engages young scholars to publish research on human rights and criminal justice reform in Pakistan. Since **2012**, **eight volumes** have been published, giving students and early-career professionals a platform to shape rights discourse.



# Human Rights Blog & Human Rights Review



A platform where youth voices lead conversations on legal and social change. Through insightful articles, students and emerging professionals engage in shaping narratives that advance human rights.



## Punishing Juveniles: A Case Study of Inhuman Sentencing in Pakistan

Pakistan's Juvenile Justice System Act of 2000



## AI in Education: Impairing the Universal Right to Education

AI chatbots, while beneficial for education,



## Defining Honour: The Case of Baloch

The Lahore High Court acquits



# Advocacy Campaigns

Digital advocacy is a powerful tool for change. CFHR empowers youth to lead impactful campaigns that challenge harmful norms.

Select campaigns from recent years include:

## #HeForShe Campaign

- Students led campus-wide commitment drive as part of the global HeForShe movement
- Engaged peers in conversations on gender equality and male allyship.
- **291 commitments**, including **244 men pledging** to support gender equality.

## Myth vs. Reality Campaign

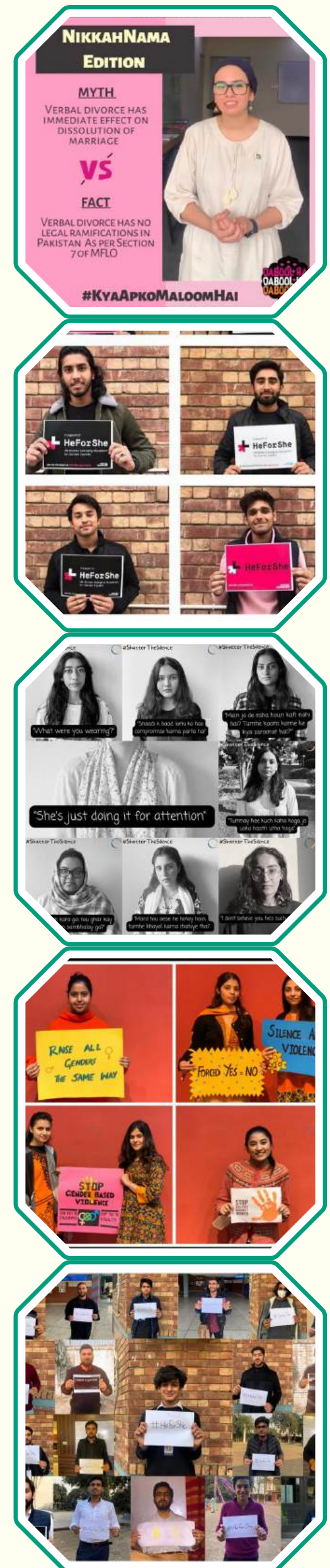
- Launched during **16 Days of Activism against GBV** in collaboration with *Musawi* to debunk rape myths and challenge victim-blaming narratives to promote a survivor-centric approach to justice.
- Reached thousands through powerful digital storytelling.

## Bystander Action Campaign

- Raised awareness on the **role of active bystanders in preventing harassment**.
- Empowered youth with tools to intervene safely and challenge everyday sexism.
- Promoted a culture of trust, safety, and accountability in public spaces.

## #InvestToEnd GBV Campaign

- Featured a series of initiatives designed to raise awareness, engage communities, and advocate for sustainable investments to prevent and address VAW as part of the global #InvestToEnd theme.
- **32,000+ people reached** with legal awareness and rights education.







**This International Youth Day, CFHR is proud to announce the launch of YCAP campaigns, shaped by lived realities and powered by the vision and creativity of Pakistan's young changemakers.**

## **YOUTH CHANGEMAKERS ADVOCACY PROGRAM**

**A national advocacy competition empowering youth to drive social change through mini-advocacy campaigns**

- **Launched:** February 2025
- **Entries Received:** 29 (17 girls, 12 boys — individual & group)
- **From:** Gilgit, Mirpur, Ziarat, Quetta, Islamabad, Lahore, Mianwali, Multan, Hyderabad, and Karachi
- **Journey:** Expert Workshops → Campaign Pitches → 5 Selected for Mentorship & Execution