

THE TOP 6 CHEAT SHEET



Every product in the competition, with what to say and what sold. **Free** sample, **20% commission** and **10% on ads**.

TOP 6 COMPETITION

WIN £2,000

19 OCT – 23 NOV 2026

THE TOP 6

BERBERINE PATCHES
1 MONTH PACK

BERBERINE PATCHES
3 MONTH PACK

ADAPTOGEN BLEND
60 CAPSULES

STRENGTH & VITALITY
60 CAPSULES

CBD PATCHES
2250MG

PURE HIMALAYAN SHILAJIT
GOLD GRADE

GMV CHAMPIONSHIP

CASH ON TOP OF YOUR COMMISSION
Everyone who hits a tier gets paid. Highest tier only. Ads count.

1	Sell £20,000	→	+\$1,200
2	Sell £10,000	→	+\$600
3	Sell £5,000	→	+\$300
4	Sell £2,500	→	+\$150
5	Sell £1,000	→	+\$60
6	Sell £500	→	+\$30
7	Sell £250	→	+\$15

Highest tier only. Ads count towards totals.

MORE WAYS TO WIN

EXTRA CASH. MORE OPPORTUNITIES.

📷	Most videos (1st)	£300
📷	Most videos (2nd)	£150
📷	Most videos (3rd)	£100
📊	Highest sales per week	£50 p/w
📺	Most videos per week	£25 p/w
★	Founder's favourite (weekly)	£25 p/w
👤	Best newcomer	£75

Weekly prizes run Mon-Sun. Final week: 9-23 Nov.

WE SET YOU UP TO WIN.

SCAN TO JOIN & GET OUR HELP!

Briefs, 1-on-1 support, content ideas.
Everything you need to perform!

OR VISIT: peargrowth.com/antidotes

PICK ONE

Each one has its own full brief below

FREE

Sample of the product you pick

20%

Commission on every sale

+10%

When we run your video as an ad

1 OF 6

Pick the one that suits your page

1. Accept the collab invite

2. Request your free sample

3. Film with this brief

4. Post with the product link

WHAT YOU GET

FREE

Sample of the product you pick

20%

Commission on every sale

+10%

When we run your video as an ad

1 OF 6

Pick the one that suits your page

1. Accept the collab invite

2. Request your free sample

3. Film with this brief

4. Post with the product link

01 BERBERINE PATCHES WITH GREEN TEA
30 patches
Berberine + Green Tea
2200mg Total

Our best seller. Berberine without the pills.

02 3X MAX STRENGTH BERBERINE PATCHES
Triple pack, 90 patches
Berberine + Green Tea
2200mg Total

The stock-up pack. Three months in one order.

03 ADAPTOGEN BLEND
60 capsules
Shilajit, sea moss and lion's mane in one capsule.

04 STRENGTH & VITALITY BUNDLE
Power Up + Adaptogen Blend
The two-pack gym stack.

05 CBD PATCHES
30 patches, 75mg each
THC Free
2250mg Total

Our cheapest way in. THC free.

06 PURE HIMALAYAN SHILAJIT
Gold Grade
Pure resin. Gold Grade, lab tested.

FREE

Sample of the product you pick

20%

Commission on every sale

+10%

When we run your video as an ad

1 OF 6

Pick the one that suits your page

1. Accept the collab invite

2. Request your free sample

3. Film with this brief

4. Post with the product link

01 BERBERINE PATCHES WITH GREEN TEA
30 patches
Berberine + Green Tea
2200mg Total

Our best seller. A berberine patch you stick on and forget about. No capsules to remember.

£209k sold all time **1,239 reviews** **65mg berberine per patch** **With green tea** **30 patches** **Latex free**

STEP 1 KNOW THE PRODUCT

WHAT IT IS	A patch that delivers berberine through the skin, instead of capsules or powders.
WHATS IN IT	65mg berberine per patch, with green tea. Steady release, latex free.
HOW TO USE	One patch in the morning on clean, dry skin: upper arm, shoulder or back. Wear 8 to 12 hours, fresh patch every 24 hours.
PACK & PRICE	30 patches, a month's supply. £19.99 (12 Oct). Check the basket on the day.
FILMING TIP	Patch test first. Press it on for a few seconds so it sticks, and show it staying put.

STEP 2 WATCH WHAT WORKED

£42.2k GMV
Last 12 months

WATCH IT HERE
tiktok.com/@ashinaugust/video/7615288465676160278

STEP 3 MAKE IT YOUR OWN

SET UP & FILMING DIRECTION
Straight to camera, pack in hand. Hold the front of the pack up and point at the strength. Peel one off and stick it on while you talk.

HOOK IDEAS

- FROM THE VIDEO**
"Right, so I've been looking at berberine patches... these ones have 65 milligrams in."
- HIGH STRENGTH**
"Check the strength before you buy a berberine patch. This is what you want to see."
- NO PILLS**
"I stopped taking berberine capsules. This is what I use now."

TALKING POINTS

- 65mg of berberine per patch. Read it off the pack.
- You just peel it off and stick it wherever you want
- No capsules or tablets to remember through the day

CALL TO ACTION

- "If you want them, I'll leave a link down below."
- "Get yours now."

DO NOT

- Speak about how it will affect others
- Mention weight loss, blood sugar or Ozempic

DO

- Speak about your own experience
- Read the strength off the pack

02 3X MAX STRENGTH BERBERINE PATCHES
Triple pack, 90 patches
Berberine + Green Tea
2200mg Total

Three packs of the same patch. Sell it as the three-month supply for one order.

£187k sold all time **840 reviews** **90 patches** **3 packs of 30** **65mg berberine per patch** **Latex free**

STEP 1 KNOW THE PRODUCT

WHAT IT IS	Three packs of the berberine patch in one order. 90 patches.
WHATS IN IT	65mg berberine per patch, with green tea. Steady release, latex free.
HOW TO USE	One patch in the morning on clean, dry skin: upper arm, shoulder or back. Wear 8 to 12 hours, fresh patch every 24 hours.
PACK & PRICE	3 x 30 patches, three months. £25.99, or £39.99 for six months (12 Oct).
HEADS UP	The listing says this pack is being replaced by the new Green Tea patches, so buyers may get those.

STEP 2 WATCH WHAT WORKED

£12.7k GMV
Last 12 months

WATCH IT HERE
tiktok.com/@life_with_vickime/video/7592174105974082838

STEP 3 MAKE IT YOUR OWN

SET UP & FILMING DIRECTION
Straight to camera. Single pack next to the triple pack. Turn one over and read what's in it, then show where you stick yours.

HOOK IDEAS

- FROM THE VIDEO**
"These are seven times stronger than these ones, and these are the ones that I am using."
- VALUE**
"Three months of patches. One order."
- ROUTINE**
"This is where I stick mine every afternoon."

TALKING POINTS

- 65mg berberine in every patch, with green tea. Read it off the back.
- 30 patches a pack, three packs in the box
- Stick it anywhere that isn't greasy, hairy or damp. Show yours.

CALL TO ACTION

- "I've linked them in the basket down below. Go and grab yours."
- "Grab the three-month supply on the link below."

DO NOT

- Speak about how it will affect others
- Mention weight loss, blood sugar or GLP-1

DO

- Speak about your own experience
- Say the basket price on the day you post

03 ADAPTOGEN BLEND
60 capsules
Shilajit, sea moss and lion's mane in one capsule. Sell the three-in-one and the deal.

£133k sold all time **14,420 reviews** **60 capsules** **Shilajit 200mg** **Lion's mane 300mg**

Sea moss 300mg

STEP 1 KNOW THE PRODUCT

WHAT IT IS	Shilajit, sea moss and lion's mane in one vegan capsule. Three things people usually buy separately.
WHATS IN IT	Per capsule: shilajit 200mg, lion's mane 300mg, sea moss 300mg. Organic and vegan.
HOW TO USE	1 to 2 capsules a day with water. Most people take it with breakfast.
PACK & PRICE	60 capsules. £13.99, 2 for £21.99, 3 for £29.99 (12 Oct).
FILMING TIP	Turn the pack round and read the three amounts off the back. That's the whole pitch.

STEP 2 WATCH WHAT WORKED

£5.2k GMV
Last 12 months

WATCH IT HERE
tiktok.com/@buzdeals/video/7405956826876698440

STEP 3 MAKE IT YOUR OWN

SET UP & FILMING DIRECTION
Pack in hand, straight to camera, fast. Name the three ingredients as you tap the pack, say the basket price, then show the multitub.

HOOK IDEAS

- FROM THE VIDEO**
"This is the shilajit, sea moss and lion's mane capsules, and right now they're on a deal."
- THREE IN ONE**
"Still buying shilajit, sea moss and lion's mane separately? Stop."
- MORNING**
"The one capsule I take with breakfast."

TALKING POINTS

- What's in it: shilajit, sea moss and lion's mane
- The basket price, and what you save buying more than one
- 60 capsules in a pack

CALL TO ACTION

- "I've left a link to it in the bottom left."
- "Get some of this for yourself."

DO NOT

- Speak about how it will affect others
- Claim energy, focus, sleep or skin results

DO

- Speak about your own experience
- Name the three ingredients

04 STRENGTH & VITALITY BUNDLE
Power Up and the Adaptogen Blend. Six ingredients men buy separately, in two packs.

£122k sold all time **1,477 reviews** **2 packs** **Power Up + Adaptogen Blend** **6 ingredients**

A month's supply each

STEP 1 KNOW THE PRODUCT

WHAT IT IS	Two pouches: Power Up and the Adaptogen Blend. Six ingredients across two capsule blends.
WHATS IN IT	Power Up: tongkat ali 2001, fadogia agrestis, turkesterone, 500mg each per capsule. Adaptogen Blend: shilajit, sea moss, lion's mane.
HOW TO USE	Take each one as its pack says, with water, as part of a daily routine.
PACK & PRICE	2 x 60 capsules. £23.99, or 2 bundles for £39.99 (12 Oct).
FILMING TIP	Show both pouches side by side, then read the six ingredients off the backs.

STEP 2 WATCH WHAT WORKED

£7.1k GMV
Last 12 months

WATCH IT HERE
tiktok.com/@xainilo_3/video/7597504611565522198

STEP 3 MAKE IT YOUR OWN

SET UP & FILMING DIRECTION
Griffind and POV, straight to camera. Count the six ingredients off on your fingers, one by one. Then bring both packs into shot.

HOOK IDEAS

- FROM THE VIDEO**
"If you're desperate to upgrade your man, but he's not gonna spend his money and you're definitely not spending yours..."
- GYM BAG**
"What's actually in my gym bag."
- INGREDIENTS**
"Six ingredients. Two packs. That's the whole stack."

TALKING POINTS

- All six ingredients across the two packs
- Each pack is a month's supply
- It's not going to cost you a bomb. Say the basket price.

CALL TO ACTION

- "If you don't have the heart to tell him, I'll link these below."

DO NOT

- Speak about how it will affect others
- Mention testosterone, muscle or performance

DO

- Speak about your own experience
- Name the six ingredients

05 CBD PATCHES
75mg of CBD in each patch. Under 20 seconds: stick one on, say the price, point at the basket.

£50k sold all time **5,199 reviews** **30 patches** **75mg CBD per patch** **THC free** **Latex free**

STEP 1 KNOW THE PRODUCT

WHAT IT IS	A patch with 75mg of CBD. THC free. No oils, gummies, smoking or vaping.
WHATS IN IT	75mg hemp extract (CBD), 5mg menthol and 2mg black pepper extract per patch.
HOW TO USE	Clean, dry skin: upper arm, upper chest, back, back, lower tummy or side. Avoid joints, sweat and hair. Fresh patch every 24 hours.
PACK & PRICE	30 patches, 2,250mg. Clear patches £3 (dated 31 Oct 2026, say so). Extra Adhesive £13.99 (12 Oct).
FILMING TIP	Peel, stick and press on camera. It takes three seconds and shows how easy it is.

STEP 2 WATCH WHAT WORKED

£2.1k GMV
Last 12 months

WATCH IT HERE
tiktok.com/@dailyshopdeals/video/7519146945479298326

STEP 3 MAKE IT YOUR OWN

SET UP & FILMING DIRECTION
Under 20 seconds. Pack to camera, peel a patch, stick it on your arm. Say the price, then point down at the basket.

HOOK IDEAS

- FROM THE VIDEO**
"They're so simple to use. Just stick one onto your skin and you're all set."
- PRICE**
"30 CBD patches for less than a coffee." Check the basket first.
- ROUTINE**
"One patch a day. That's my whole routine."

TALKING POINTS

- 30 patches, 75mg of CBD in each
- So simple: stick it onto clean, dry skin
- The price in the basket today

CALL TO ACTION

- "Just tap the little yellow basket down here to get yours."

DO NOT

- Speak about how it will affect others
- Mention sleep, pain, anxiety, getting high or cannabis

DO

- Speak about your own experience
- Say "a non-intoxicating supplement" or "part of my wellness routine"

06 PURE HIMALAYAN SHILAJIT
Gold Grade shilajit resin, UK lab tested. Show the resin, read the pack, say the price.

24.1k sold **2,248 reviews** **85 trace minerals** **High in Fulvic acid** **UK lab tested** **10g, 20g or 30g**

STEP 1 KNOW THE PRODUCT

WHAT IT IS	Pure shilajit resin from the Himalayas. Gold Grade, UK lab tested for purity. A food supplement.
WHATS IN IT	Shilajit, nothing else. Contains 85 trace minerals, high in fulvic acid, a source of humic acid.
HOW TO USE	Follow the serving on a mug. In the top video it's stirred into a mug of hot water.
PACK & PRICE	10g £11.88, 20g £16.98, 30g £28.59 (20 Oct). Check the basket on the day.
FILMING TIP	Get close on the resin. Press it on the open pouch so people see what it is.

STEP 2 WATCH WHAT WORKED

£7.3k GMV
Last 12 months

WATCH IT HERE
tiktok.com/@karmashef/video/7545794608219901206

STEP 3 MAKE IT YOUR OWN

SET UP & FILMING DIRECTION
No talking needed. Text on screen, hand pressing the resin on the open pouch. Drop some into a mug of hot water, stir, then finish on the pack.

HOOK IDEAS

- FROM THE VIDEO**
On screen: "Pure Himalayan Shilajit" over the resin, no voice
- THE RESIN**
"No, it's not tar. This is pure Himalayan shilajit."
- LAB TESTED**
"Buying shilajit? Check it's lab tested first."

TALKING POINTS

- Gold Grade and UK lab tested. Read it off the pack.
- 85 trace minerals and high in fulvic acid
- How you take yours. Show it going into the mug.

CALL TO ACTION

- "It's in the basket down below."
- "Grab the 10g to try it."

DO NOT

- Speak about how it will affect others
- Claim energy, stamina, testosterone or any health result

DO

- Speak about your own experience
- Use the pack's words: Gold Grade, lab tested, 85 trace minerals

06 PURE HIMALAYAN SHILAJIT
Gold Grade shilajit resin, UK lab tested. Show the resin, read the pack, say the price.

24.1k sold **2,248 reviews** **85 trace minerals** **High in Fulvic acid** **UK lab tested** **10g, 20g or 30g**

STEP 1 KNOW THE PRODUCT

WHAT IT IS	Pure shilajit resin from the Himalayas. Gold Grade, UK lab tested for purity. A food supplement.
WHATS IN IT	Shilajit, nothing else. Contains 85 trace minerals, high in fulvic acid, a source of humic acid.
HOW TO USE	Follow the serving on a mug. In the top video it's stirred into a mug of hot water.
PACK & PRICE	10g £11.88, 20g £16.98, 30g £28.59 (20 Oct). Check the basket on the day.
FILMING TIP	Get close on the resin. Press it on the open pouch so people see what it is.

STEP 2 WATCH WHAT WORKED

£7.3k GMV
Last 12 months

WATCH IT HERE
tiktok.com/@karmashef/video/7545794608219901206

STEP 3 MAKE IT YOUR OWN

SET UP & FILMING DIRECTION
No talking needed. Text on screen, hand pressing the resin on the open pouch. Drop some into a mug of hot water, stir, then finish on the pack.

HOOK IDEAS

- FROM THE VIDEO**
On screen: "Pure Himalayan Shilajit" over the resin, no voice
- THE RESIN**
"No, it's not tar. This is pure Himalayan shilajit."
- LAB TESTED**
"Buying shilajit? Check it's lab tested first."

TALKING POINTS

- Gold Grade and UK lab tested. Read it off the pack.
- 85 trace minerals and high in fulvic acid
- How you take yours. Show it going into the mug.

CALL TO ACTION

- "It's in the basket down below."
- "Grab the 10g to try it."

DO NOT

- Speak about how it will affect others
- Claim energy, stamina, testosterone or any health result

DO

- Speak about your own experience
- Use the pack's words: Gold Grade, lab tested, 85 trace minerals

06 PURE HIMALAYAN SHILAJIT
Gold Grade shilajit resin, UK lab tested. Show the resin, read the pack, say the price.

24.1k sold **2,248 reviews** **85 trace minerals** **High in Fulvic acid** **UK lab tested** **10g, 20g or 30g**

STEP 1 KNOW THE PRODUCT

WHAT IT IS	Pure shilajit resin from the Himalayas. Gold Grade, UK lab tested for purity. A food supplement.
WHATS IN IT	Shilajit, nothing else. Contains 85 trace minerals, high in fulvic acid, a source of humic acid.
HOW TO USE	Follow the serving on a mug. In the top video it's stirred into a mug of hot water.
PACK & PRICE	10g £11.88, 20g £16.98, 30g £28.59 (20 Oct). Check the basket on the day.
FILMING TIP	Get close on the resin. Press it on the open pouch so people see what it is.

STEP 2 WATCH WHAT WORKED

£7.3k GMV
Last 12 months

WATCH IT HERE
tiktok.com/@karmashef/video/7545794608219901206

STEP 3 MAKE IT YOUR OWN

SET UP & FILMING DIRECTION
No talking needed. Text on screen, hand pressing the resin on the open pouch. Drop some into a mug of hot water, stir, then finish on the pack.

HOOK IDEAS

- FROM THE VIDEO**
On screen: "Pure Himalayan Shilajit" over the resin, no voice
- THE RESIN**
"No, it's not tar. This is pure Himalayan shilajit."
- LAB TESTED**
"Buying shilajit? Check it's lab tested first."

TALKING POINTS

- Gold Grade and UK lab tested. Read it off the pack.
- 85 trace minerals and high in fulvic acid
- How you take yours. Show it going into the mug.

CALL TO ACTION

- "It's in the basket down below."
- "Grab the 10g to try it."

DO NOT

- Speak about how it will affect others
- Claim energy, stamina, testosterone or any health result

DO

- Speak about your own experience
- Use the pack's words: Gold Grade, lab tested, 85 trace minerals

06 PURE HIMALAYAN SHILAJIT
Gold Grade shilajit resin, UK lab tested. Show the resin, read the pack, say the price.

24.1k sold **2,248 reviews** **85 trace minerals** **High in Fulvic acid** **UK lab tested** **10g, 20g or 30g**

STEP 1 KNOW THE PRODUCT

WHAT IT IS	Pure shilajit resin from the Himalayas. Gold Grade, UK lab tested for purity. A food supplement.
WHATS IN IT	Shilajit, nothing else. Contains 85 trace minerals, high in fulvic acid, a source of humic acid.
HOW TO USE	Follow the serving on a mug. In the top video it's stirred into a mug of hot water.
PACK & PRICE	10g £11.88, 20g £16.98, 30g £28.59 (20 Oct). Check the basket on the day.
FILMING TIP	