



FREQUENT SPECIES AT TAMANDUA'S PHOTO TOURS, PANAMA

CHIRIQUÍ HIGHLANDS, including Tamandua's private Cloud Forest

Reserve: - *Common at feeders* (and close-by, day-trip locations)

Hummingbirds:

Fiery-throated Hummingbird (*Panterpe insignis*)
Violet Sabrewing (*Campylopterus hemileucurus*)
Snowy-bellied Hummingbird (*Saucerottia edward*)
White-throated Mountain-Gem ("blue-tailed") (*Lampornis c. castaneoventris*)
Rufous-tailed Hummingbird (*Amazilia tzacatl*)
Scintillant Hummingbird (*Selasphorus scintilla*)
Lesser Violetear (*Colibri cyanotus*)
Stripe-tailed Hummingbird (*Eupherusa eximia*)
Green-crowned Brilliant (*Heliodoxa jacula*)
Talamanca Hummingbird (*Eugenes fulgens*)
Purple-throated Mountain-Gem (*Lampornis calolaemus*)
Brown Violetear (*Colibri delphinae*)
Volcano Hummingbird (*Selasphorus flammula*)
Long-billed Starthroat (*Helimaster longirostris*)

Passerines:

Spot-crowned Woodcreeper (*Lepidocolaptes affinis*)
Streak-breasted Treehunter (*Thripadectes rufobrunneus*)
Ruddy Treerunner (*Margarornis rubiginosus*)
Grey-breasted Wood-Wren (*Henicorhina leucophrys*)
Ochraceous Wren (*Troglodytes ochraceus*)
Collared Redstart (*Myoborus torquatus*)
Black-cheeked Warbler (*Basileuterus melanogenys*)
Flame-throated Warbler (*Oreothlypis gutturalis*)
Ruddy-capped Nightingale-Thrush (*Catharus frantzii*)
Black-billed Nightingale-Thrush (*Catharus gracilirostris*)

Tufted Flycatcher (*Mitrephanes phaeocercus*)
 Yellowish Flycatcher (*Empidonax flavescens*)
 Ochraceous Pewee (*Contopus ochraceus*)
 Yellow-thighed Brushfinch (*Atlapetes tibialis*)
 White-naped Brushfinch (*Atlapetes albinucha*)
 Chestnut-capped Brushfinch (*Arremon brunneinucha*)
 Large-footed Finch (*Pezopetes capitalis*)
 Silver-throated Tanager (*Tangara icterocephala*)
 Flame-colored Tanager (*Piranga bidentata*)
 Sooty-capped Chlorospingus (*Chlorospingus pileatus*)
 Scarlet-rumped (Cherrie's) Tanager (*Ramphocelus costaricensis*)
 Blue-gray Tanager (*Thraupis episcopus*)
 Thick-billed Euphonia (*Euphonia laniirostris*)
 Spot-crowned Euphonia (*Euphonia imitans*)
 Slaty Flowerpiercer (*Diglossa plumbea*)
 Long-tailed Silky-Flycatcher (*Ptilogonys caudatus*)
 Black-and-Yellow Silky-Flycatcher (*Phainoptila*

melanoxantha) Non-Passerines:

Red-crowned Woodpecker (*Melanerpes rubricapillus*)
 Hairy Woodpecker (*Dryobates villosus*)
 Acorn Woodpecker (*Melanerpes formicivorus*)
 Fiery-billed Aracari (*Pteroglossus frantzii*)
 Red-headed Barbet (*Eubucco bourcierii*)
 Grey-headed Chachalaca (*Oreortyx cinereiceps*)
 Lesson's Motmot (*Momotus lessoni*)
 Black-chested Jay (*Cyanocorax affinis*)
 Maroon-chested Ground-Dove (*Paraclavaria mondetoura*)
 Buff-fronted Quail-Dove (*Zentrygon costaricensis*)
 Slate-throated Redstart (*Myioborus miniatus*)
 Chestnut-capped Warbler (*Basileuterus delatirii*)
 Golden-crowned Warbler (*Basileuterus culicivorus*)

- Occasionally at feeders, frequently seen and photographed in the field:

Resplendent Quetzal (*Pharomachrus mocinno*)
 Wrenthrush (*Zeledonia coronata*)
 Silver-fronted Tapaculo (*Scytalopus argentifrons*)
 Green-fronted Lancebill (*Doryfera ludovicae*)

Common Chlorospingus (*Chlorospingus flavopectus*)

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Mammals:

Central American Cacomistle (*Bassariscus sumichrasti*) Northern Olingo (*Bassaricyon gabbii*)
Red-tailed Squirrel (*Sciurus granatensis*)
Bang's Mountain Squirrel (*Syntheosciurus brochus*)
Tayra (*Eira barbara*)

Reptiles & Amphibians:

At reptilium, depending on availability:

Boa Constrictor (*Boa constrictor imperator*)
Eyelash Pit-Viper (*Bothriechis nigroadspersus*)
Volcano Pit-Viper (*Porthidium volcanum*)
Helmeted Iguana (*Corytophanes cristatus*)
Strawberry Poison-Frog (*Oophaga pumilio*), several
morphs Green-and-Black Poison-Frog (*Dendrobates auratus*) Red-eyed Tree Frog (*Agalychnis callidryas*), Pacific
morph

SOBERANÍA NATIONAL PARK, LAKE GATÚN (CENTRAL

PANAMA) Hummingbirds at feeders:

Long-billed Hermit (*Phaethornis superciliosus*)
Crowned Woodnymph (*Thalurania colombica*)
Scaly-chested Hummingbird (*Phaeochroa cuvierii*)
White-necked Jacobin (*Florisuga mellivora*)
Violet-bellied Hummingbird (*Chlorestes julie*)

Forest birds:

Rufous Motmot (*Baryphthengus martii*)
Black-throated Trogon (*Trogon rufus*)
Slaty-tailed Trogon (*Trogon Massena*)
White-Whiskered Puffbird (*Malacoptila panamensis*)

Ocellated Antbird (*Phaenostictus mcleannani*)
Spotted Antbird (*Hylophylax naevioides*)
Bicolored Antbird (*Gymnopithys leucaspis*)

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Streak-chested Antpitta (*Hylopezus perspicillatus*)

Mammals:

Mantled Howler Monkey (*Alouatta palliata*)
White-faced Capuchin Monkey (*Cebus imitator*)
Geoffroy's Tamarin (*Saguinus geoffroyi*)
Central American Agouti (*Dasyprocta punctata*)
Brown-throated Three-toed Sloth (*Bradypus variegatus*)
White-nosed Coati (*Nasua narica*)

CHANGUINOLA, CARIBBEAN REGION:

Reptiles & Amphibians (*in situ*):

Red-eyed Tree Frog (*Agalychnis callidryas*), Caribbean morph
Green-and-Black Poison-Frog (*Dendrobates auratus*)
Strawberry Poison-Frog (*Oophaga pumilio*)
Canal Zone Tree Frog (*Boana rufitella*)
Hourglass Tree Frog (*Dendropsophus ebraccatus*)
Green Basilisk (*Basiliscus plumifrons*)

Forest birds:

White-collared Manakin (*Manacus candei*)
Black-cheeked Woodpecker (*Melanerpes pucherani*)
Keel-billed Toucan (*Ramphastos sulfuratus*)
Collared Aracari (*Pteroglossus torquatus*)
Crested Oropendola (*Psarocolius decumanus*)
Spectacled Owl (*Pulsatrix perspicillata*)

CERRO AZUL, CENTRAL PANAMA (Chagres National Park, close to Panama

City) - *At feeders:*

Black-cheeked Woodpecker (*Melanerpes pucherani*)

Rufous Motmot (*Baryphtengus martii*)
Black-faced Antthrush (*Formicarius analis*)
Spotted Antbird (*Hylophylax naevioides*)
Chestnut-backed Antbird (*Poliocrania exsul*)

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Black-crowned Antshrike (*Thamnophilus atrinucha*)
Rufous-and-white Wren (*Tryophilus rufalbus*)
Song Wren (*Cyphorhinus phaeocephalus*)
White-breasted Wood-Wren (*Henicorhina leucosticta*)
Velvety Manakin (*Lepidothrix velutina*)
White-whiskered Puffbird (*Malacoptila panamensis*)
Golden-hooded Tanager (*Stilpnia larvata*)
Crimson-backed Tanager (*Ramphocelus dimidiatus*)
Bay-headed Tanager (*Tangara gyrola*)
Red-legged Honeycreeper (*Cyanerpes cyaneus*)
Shining Honeycreeper (*Cyanerpes lucidus*)
Green Honeycreeper (*Chlorophanes spiza*)
Thick-billed Euphonia (*Euphonia laniirostris*)
Yellow-faced Grassquit (*Tiaris olivaceus*)

**This list is limited to those species we get regularly during most of our tours, and it's constantly being updated with new additions. Many more are photographed on more occasional or seasonal basis.*

