

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are subject to change and last between 30 minutes to one hour.						
					1	2
					9:30 Morning Movers (30min) 10:00 Mimosa Cocktails (45min) 11:00 Ping Pong Toss (30min) 2:30 Entertainment with Craig Anders (45min) 3:15 Movie - "Green Gold 1949" 4:00 Service Projects (30min)	10:00 Table Games and Puzzles (1hr) 2:30 Sun For Fun (30min) 3:00 Saturday Movie with Hydration (1.5hr)
3	4	5	6	Purple Heart Day 7	8	9
9:30 Hope Church Livestream (1hr) 10:30 Bingo! (1hr) 2:30 Sun For Fun (30min) 3:00 Balloon Volleyball (45min) 4:00 Coloring and Relaxation (30min)	9:00 Hair Salon (1hr) 9:30 Table Games and Puzzles (1hr) 11:00 Babies and Toddler Visit! (45min) 2:30 Sun For Fun (30min) 3:00 Sittercise (15min) 3:15 Noodle Grove (45min) 5:00 Begin "Souls For Shoes" (30min) 5:30 Chair Yoga w/ Jessica (30min)	9:30 Morning Movers (30min) 10:00 Hang Man (30min) 10:30 Manicures and Hand Massage w/ Care with Love (1hr) 2:30 Sun For Fun (30min) 3:00 Bible Reflections w/ Bill (30min) 3:30 Balloon Badminton Toss (45min)	9:30 Mood Boosters (30min) 10:00 Art with Suncrest Hospice (1hr) 10:45 Roll and Discard (30min) 2:30 Sun For Fun (30min) 3:00 Hover Soccer (30min) 3:30 Blast In The Past - Chuck Berry (30min)	9:30 Morning Movers (30min) 10:00 Bingo! (45min) 11:00 Journaling (30min) 2:30 Sun For Fun (30min) 3:00 Ring Toss (30min) 3:30 Therapy Dogs w/ Sarah (45min)	9:30 Mood Boosters (30min) 10:00 Spelling Bee (30min) 10:30 Sing Sessions with Abundant Days! (1hr) 2:30 Sun For Fun (30min) 3:00 Quick Snacks - Banana Ice Cream (45min) 3:45 Leaf Clean Up (30min) 4:00 Service Projects (30min)	10:00 Table Games and Puzzles (1hr) 2:30 Sun For Fun (30min) 3:00 Saturday Movie with Hydration (1.5hr)
10	11	12	13	14	15	16
9:30 Hope Church Livestream (1hr) 10:30 Bingo! (1hr) 2:30 Sun For Fun (30min) 3:00 Music With Dan (1hr) 4:00 Coloring and Relaxation (30min)	9:00 Hair Salon (1hr) 9:30 Babies and Toddler Visit! (45min) 10:30 Table Games and Puzzles (1hr) 2:30 Sun For Fun (30min) 3:00 Sittercise (15min) 3:15 Noodle Grove (45min) 4:00 Tea & Trivia (30min)	9:30 Talk & Toss (30min) 10:00 Healing Sounds Music Therapy with Raven (45min) 11:00 Jeopardy - Familiar Moments (30min) 2:30 Sun For Fun (30min) 3:00 Balloon Volleyball (45min) 4:00 August Trivia (30min)	9:30 Psalma w/ Abundant Days (30min) 10:00 Proverbs Bingo (45min) 11:00 Tiny Bubble Blowing (30min) 2:30 Sun For Fun (30min) 3:00 Bocce (45min) 3:45 Left-Handed Fun Facts / Discussion (30min)	9:30 Mood Boosters (30min) 10:00 Tray Scapes w/ Madison (45min) 11:00 Guess The Image - Animals (30min) 2:30 Sun For Fun (30min) 3:00 Healthy Selections - Peaches (30min) 3:30 Corn Hole (45min) 4:00 Would You Rather (30min)	9:30 Snack and Chat at Deep Run Park (45min) 10:30 Manicures and Hand Massages (45min) 2:30 Sun For Fun (30min) 3:00 GIANT Bowling (30min) 3:30 Tie Dye Cloud Dough (30min) 4:00 Service Projects (30min)	10:00 Table Games and Puzzles (1hr) 2:30 Sun For Fun (30min) 3:00 Saturday Movie with Hydration (1.5hr)
17	18	19	20	Senior Citizens Day 21	22	23
9:30 Hope Church Livestream (1hr) 10:30 Bingo! (1hr) 2:30 Sun For Fun (30min) 3:00 Corn Hole (45min) 4:00 Coloring and Relaxation (30min)	9:00 Hair Salon (1hr) 9:30 Table Games and Puzzles (1hr) 10:30 Cooking Masters - Microwave Pralines (45min) 2:30 Sun For Fun (30min) 3:00 Sittercise (15min) 3:15 Noodle Grove (45min) 5:30 Chair Yoga w/ Jessica (30min)	9:30 Mood Boosters (30min) 10:00 Spot The Difference (30min) 10:30 Manicure and Hand Massages (45min) 2:30 Sun For Fun (30min) 3:00 Bible Reflections w/ Bill (30min) 3:30 Balloon Badminton Toss (45min)	9:30 Morning Movers (30min) 10:00 W.A.R (30min) 10:30 Arts and Crafts w/ Ginny (45min) 2:30 Sun For Fun (30min) 3:00 Hula Hoop Ball Toss (45min) 4:00 Radio Song's Play Along (30min)	9:30 Talk & Toss (30min) 10:00 Bingo! (45min) 11:00 Relaxing Scents (30min) 2:30 Sun For Fun (30min) 3:00 Bocce (45min) 4:00 Plant Talk! - Autumn Embers (30min)	9:30 Mood Boosters (30min) 10:00 Over Under - Consumer Products from 1930s (30min) 10:30 Fun Drum w/ Terri (1hr) 1:00 Piano w/ Giang (45min) 2:30 Sun For Fun (30min) 3:00 Cheese Quesadillas (45min) 4:00 Service Projects (30min)	10:00 Table Games and Puzzles (1hr) 2:30 Sun For Fun (30min) 3:00 Saturday Movie with Hydration (1.5hr)
24	25	26	27	28	29	30
9:30 Hope Church Livestream (1hr) 10:30 Bingo! (1hr) 2:30 Sun For Fun (30min) 3:00 Corn Hole (45min) 4:00 Coloring and Relaxation (30min)	9:00 Hair Salon (1hr) 10:00 Table Games and Puzzles (1hr) 2:30 Sun For Fun (30min) 3:00 Sittercise (15min) 3:15 Noodle Grove (45min) 4:00 Tea & Trivia (30min)	9:30 Morning Movers (30min) 10:00 Piano w/ Woof Entertainment (45min) 11:00 Manicure and Hand Massage (30min) 2:30 Sun For Fun (30min) 3:00 Popsicle Party (30min) 3:30 Marble Balloon Passing (45min)	9:30 Talk & Toss (30min) 10:00 Guess The Image - Fruits (30min) 10:30 Arts and Crafts w/ Ginny (45min) 2:30 Sun For Fun (30min) 3:00 Cookie Decor w/ Care with Love (45min) 4:00 Bocce (30min)	9:30 Mood Boosters (30min) 10:00 Nature Bingo! (45min) 11:00 Journaling (30min) 2:30 Sun For Fun (30min) 3:00 Corn Hole (45min) 4:00 Blast In the Past - Billie Holiday (30min) 4:00 Dementia Training with Patricia Hudak (1 Hour)	9:30 Visit to Lisa's Garden! (45min) 10:30 Balloon Volleyball (45min) 2:30 Sun For Fun (30min) 3:00 Lemon Art Prints (45min) 4:00 End "Souls For Shoes" (30min)	10:00 Table Games and Puzzles (1hr) 2:30 Sun For Fun (30min) 3:00 Saturday Movie with Hydration (1.5hr)
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9:30 Hope Church Livestream (1hr) 10:30 Bingo! (1hr) 2:30 Sun For Fun (30min) 3:00 Balloon Volleyball (45min) 4:00 Coloring and Relaxation (30min)						