

SNACKS

Spiced nuts & seeds (Vg) 8

Marinated Mixed Olives (Vg) 8

Flatbread & Dips, hummus, baba ganoush, chilli oil, dukkah (V) 13

Extra Flatbread (V) 3.5



WHOLEFOOD BOWLS

Protein: Regular/double

Grilled Eggplant, Asian slaw, brown rice salad, peanut sambal, pickled cucumber(V) 22 / 26

Grilled Asparagus Caesar Salad, baby cos, croutons, soft egg, parmesan, dukkah (V) 22 / 26

Chermoula Chicken Caesar, baby cos, croutons, soft egg, parmesan, dukkah 25 / 29

Garlic roast duck, Taiwan noodles, Asian slaw, sesame dressing fried shallots, chilli 25 / 29

7 spice Lamb Shoulder, broccoli tabouleh, baba ganoush, mint yoghurt, cos, dukkah 25 / 29

SHARING PLATES

OFF THE GRILL

Charred Eggplant w herbed yoghurt & harissa 15

Chargrilled asparagus, lemon, chilli flakes, dukkah 15

Chermoula Chicken Thighs w tahini sauce & almonds 23

FROM THE OVEN

Slow Roasted Lamb Shoulder w 7 spice 28

SIDES

Cos Leaves, sweet & sour mint dressing, toasted seeds (Vg) 12

Tabouleh w broccoli, tomato, herbs, lemon (Vg) 15

Grilled Flatbread w confit garlic oil (V) 3.5

Plate of condiments w harissa, herbed tahini, beetroot labne (V) 8

SWEETS

Medjool dates stuffed with labneh & toasted almonds (V) 6

House Hazelnut baklava w cardamom custard (V) 9

HAPPY HOUR Wed-Fri 3pm-Close



BEER

\$10

McLeod's Longboard Lager 5% Auckland

Parrot Dog Hazy 5.8% Wellington

Sawmill Bare Beer Pale Ale less than 0.05% Matakana

Sawmill Nimble Low Alc Pale Ale 2.5% Matakana

Zeffer Crisp Apple Cider 5% Hawkes Bay

WINE

\$12

Falceri Prosecco Brut NV (Italy)

Méditéo Méditerranée Rosé 24 (France)

Spy Valley Sauvignon Blanc 24 (Marlborough)

Two Rivers Pinot Gris 24 (Marlborough)

McGeorge Chardonnay 21 (Waipara)

Les Jamelles Merlot 23 Pays d'Oc, (France)

COCKTAILS

\$15

Lychee Blossom - Vodka, Lychee/Elderflower, Lime, Soda

Aperol Spritz - Aperol w Prosecco

Negroni - London Dry gin, Sweet red vermouth, Campari

Perch G & T - London Dry gin, Grapefruit/ Thyme Tonic, Lime

'Wake Me Up' - Spiced Rum, Licor 43, Coffee w Salted Cream