



**Not Just Better Students,
Better People**

Kindergarten

Summary: In this week's lesson, your child will learn that apologizing is one way to begin to solve problems. They'll practice using the phrases "I'm sorry. Are you okay? How can I help?" as a way to help solve problems.

Try This at Home: Ask your child to teach you the three parts of the apology they learned. Encourage them to apologize when the opportunity arises at home.

1st Grade

Summary: In this week's lesson, your child will learn the importance of asking for what they want or need in order to solve a problem. They'll practice making polite requests with the phrases, "Can I, please . . . ?" and "Could you, please . . . ?"

Try This at Home: Ask your child to sing the problem-solving song they learned this week. Have your child teach you the tune and sing it together.

2nd Grade

Summary: In this week's lesson, your child will learn that some solutions are better than others for a problem.

Try This at Home: Ask your child if playing rock, paper, scissors would be a good solution if they spilled water on someone's paper. Why or why not?

3rd Grade

Summary: In this week's lesson, your child will learn to analyze possible solutions to a problem by considering whether each solution gives each person what they want.

Try This at Home: Ask your child how they would say a problem respectfully, without blaming anyone.

4th Grade

Summary: In this week's lesson, your child will learn how to weigh the pros and cons of possible solutions to an interpersonal problem by thinking about the points of view of everyone involved.

Try This at Home: Talk with your child about a time when they successfully solved an interpersonal problem. What solutions did they consider, and what were the pros and cons of each solution? Describe a time when you found it helpful to think of each person's point of view when predicting whether a solution to an interpersonal problem might work.

5th Grade Summary: In this lesson, your child will evaluate solutions to an interpersonal problem by thinking about the problem from each person's point of view. Try This at Home: Tell your child about a simple interpersonal problem that you've experienced and describe each person's point of view about the problem. Ask them to help you think of solutions and predict the possible outcomes of each solution.	6th Grade Summary: In this week's lesson, your child will learn how to view situations from multiple perspectives so they can better avoid and resolve conflicts. Try This at Home: Tell your child about a time when your view of a conflict changed because you were able to see it from another person's perspective. Ask your child if they have changed their view about a conflict lately.
7th Grade Summary: In this week's lesson, your child will learn how to listen to and consider someone else's perspective during a conflict. Try This at Home: Discuss with your child a time in your life when your view of a conflict changed because you were able to see it from another person's perspective. Ask your child if they have changed their view about a conflict lately.	8th Grade Summary: In this week's lesson, your child will practice viewing conflicts from multiple perspectives to keep conflicts from escalating. Try This at Home: Tell your child about a time when your view of a conflict changed because you were able to see it from another person's perspective. Ask your child if they have changed their view of a conflict lately.