

Visioning Your Desired Future: The Miracle Question

This exercise helps the client articulate their desired outcomes and success criteria, providing clarity on what resolution or improvement looks like to them. By visualizing and mapping out this future state, the client can gain a clearer understanding of their goals and aspirations.

Question 1: If you woke up tomorrow and the problems you're dealing with today were completely and magically gone – disappeared –

- How would you know?
- What would be different in your world & environment?
- How would you be acting differently?
- How would other people act differently around you?
- How would you know that this miracle had occurred?
- What exactly would show your life has improved?
- What would a movie camera record if it was filming your life?

We're looking for "evidence procedures" that you unconsciously use to track whether an issue is finally resolved, healed, completed, successful...

It forces you to imagine and map out what success looks like to YOU...often we never really spend time mapping out and crafting an image of that future state where things are resolved....WHY? Because we are always winning the games we're playing...

Once you see this clearly you start **feeling** esteem around winning, this changes the game you're unconsciously playing...manifesting machinery works fine.

The miracle question gets you to think about what is actually different in the world that you want, and the solutions that you want. How is it actually different from your life now?

Question 2: Could you make any of those changes now?

Maybe some of those things that you might do differently, you could actually choose to do differently now, without the miracle.

But I do think that just thinking about an issue in a different way can be a fresh new approach.

Take some time to think through, or talk through how your life might be different if this miracle occurred in your sleep.