

Virtual Coach Accelerator

Inner Game of Coaching

Creating Your Course

Using ChatGPT

Basic Info

1. Who Are You?

- I am a life coach/I am a feminine leadership expert
- I am a business strategist

2. What Do You Do?

- I help successful middle aged female entrepreneurs reconnect to their magic and make more money

3. Who Do You Work With? Share Some Info About Them?

- The women I work with are past CEO's, high level coaches or executives that want more magic and meaning their life, they feel disconnected and while successful are also unfulfilled and crave more connection and deeper joy

4. What Do You Think They Want/Need (To Learn More About)? What Do You Want To Teach Them?

- They want more connection and want to remember the innate magic and power, they want to feel more connected to their power and learn to ask and receive more from life-

5. (They also want to more deeply believe and call in more magic)

- I want to teach them how to ask for what they want and remember that they can have it all

Virtual Coach

Exercise Part 1

1. You are going to open the Chat gpt website or app on your phone and use the audio feature. (This feature will be shown as small vertical lines, or a button that says voice note)
2. You are going to speak into the phone via audio and share a little about about who you are and what you do, who you want the program to be for and what you want them to learn about (Do not go from notes, have the first attempt be off the top of your head-just say anything and everything you want to share or feel is relevant)
3. Here are some guidelines to get you started: ***Use Audio Feature OR Voice Capabilities**
“I want to share a little bit about who I am and what my business is about, and who I work with. I would like to give you some info about me and then ask you some questions and get feedback after”
 - 1 sentence about who you are
 - 1-2 sentences about what you do
 - 1-2 sentences about who you work with and some info about them
 - 1-2 sentences about what you think THEY would want to learn more about, and or what you want to teach them

(Can be more then 1-2 sentences for each but minimum have to address each of these 4 points)

 - **At the end say** “Please create a 3 part outline for an online course or digital program that I can teach that will cover what they need. please include what I can give them as well as the results they will get. Be sure to include 2-3 modules for each and number each of the sessions and modules.
 - **Tap Stop** when done and then submit.

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4. What Do You Think They Want/Need (To Learn More About)? What Do You Want To Teach Them?

- They want more connection and want to remember the innate magic and power, they want to feel more connected to their dharma and learn to ask and receive more from life. I want to teach them how to ask for what they want and remember that they can have it all

- “Please create a 3 part outline for an online course or digital program that I can teach that will cover what they need, what I can give them as well as the results they will get. Be sure to include 2-3 modules for each and number each of the sessions and modules.”

Exercise Part 2

1. Look over what ChapGPT created. Do you like it? Does it need more tweaks?
2. Ask for more specificity:
“Please rewrite session 3 and 4 to include more money and tactical steps and less woo-woo magic”
3. Ask further questions to get more details ie:
“Please rewrite the modules with more specificity and details so I know exactly what to teach or say”
4. You can also ask for clarity or for it to rewrite certain aspects.
“Please rewrite this program with it sounding more magical” or “more business oriented” or “more tailored to money outcomes” etc
5. You can adjust tone
“Please rewrite this in the tone of Tony Robbins” or “Brene Brown” etc

These additional requests can be typed directly into the chat box or spoken aloud

NOTE: All requests must stay within the same chat channel. Chat GPT does not understand space or direction meaning (you can't say above or below) so when making requests refer to the number of the module or session

******LEVEL 2 OPTION: Go to Explore GPT's and type Course CoPilot and do the same exercise through that Chat GPT platform**

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