

Welcome to Virtual Coach: Building Confidence Through Daily Coaching Practice

Quick recap

Eben introduced the Virtual Coach program and its structure, emphasizing the importance of consistent practice and daily coaching to develop confidence and credibility. He highlighted the key mindset of "I coach every day" and encouraged participants to commit to the full 10-week program, attend scheduled classes, and participate in upcoming workshops. Eben stressed the significance of personal development and living a well-rounded life to attract high-paying clients, introducing bonus programs and resources available to participants.

Summary

Virtual Coach Program Overview

Eben welcomed participants to the Virtual Coach program, emphasizing the importance of consistent practice and daily coaching to develop confidence and credibility. He outlined the program's structure, including live classes, coaching gyms, and access to recorded sessions and materials. Eben encouraged participants to commit to the full 10-week program, attend scheduled classes, and participate in upcoming workshops. He introduced the key mindset of "I coach every day" and explained its significance in coaching, focusing on helping clients envision their futures and take action steps.

Personal Development for Client Attraction

Eben, a coach with over 25 years of experience, emphasized the importance of personal development and living a well-rounded life to attract high-paying clients. He introduced the concept of "my life is my marketing" and encouraged participants to use the next 10 weeks to improve their health, relationships, and business. Eben stressed the significance of implementing new knowledge quickly

and being willing to fail in order to gain understanding and wisdom. He also introduced several bonus programs available to participants, including Wake Up Productive and Breakthrough Conversations, and encouraged them to take full advantage of the resources provided.