

Series: I'm Possible

Sermon Title: No Chain Can Hold Me

Scripture: Mark 5:1–20

Main Thought: What people cannot control, Jesus can deliver. What people reject, Jesus can restore. What people call impossible, Jesus can turn into testimony.

Dear Church Family, Greetings in the name of the Lord and Savior Jesus Christ!

Today we continue our I'm Possible series. This series reminds us that what looks impossible to people is possible with God. Today we look at Mark 5:1–20. This passage is about a man who was bound, alone, hurting, and rejected by people. But Jesus came to set him free. The title of today's message is No Chain Can Hold Me. Some chains are outside. Some chains are inside. Some chains are in the mind, heart, habits, past pain, and secret struggles. A person may look fine outside but feel bound inside. Some people are bound by fear, shame, anger, addiction, rejection, sadness, family pain, past wounds, or spiritual darkness. But the good news is this: no chain can hold the person Jesus sets free. This man lived among the tombs. People tried to bind him with chains, but the chains could not hold him. No one could help him. No one could change him. But when Jesus came, everything changed. People saw a problem. Jesus saw a person. People saw someone hopeless. Jesus brought hope. People saw someone rejected. Jesus restored him. No story is too broken for Jesus. No chain is too strong for Jesus. What people cannot fix, Jesus can restore. What people cannot control, Jesus can deliver.

1. Jesus Came For One Broken Person

The first thing we see is that Jesus came for one broken person. Mark 5 says Jesus crossed to the other side of the sea. Before this, there was a storm on the sea. But the storm did not stop the plan of God. There was a man on the other side who needed freedom. Jesus came to him. This shows us the love and mission of Jesus. Jesus cares for the one. This man was living among the tombs. He was away from family, away from people, and away from peace. But Jesus came to him. People avoided him, but Jesus restored him. People may have said, "He cannot change." But Jesus showed

that change is possible. Sometimes people feel forgotten. They feel like nobody sees their pain. They feel like their family has given up. They feel far from hope and peace. But Jesus knows where we are. He knows our pain. He knows our tears. He knows our struggle. This man came running to Jesus. Even in his broken condition, something in him moved toward Jesus. That gives us hope. Do not give up on people. Some people look far from God, but there may still be a cry for help inside them. Some people act angry, but inside they are hurting. Some people push others away, but inside they need love and healing. We must learn to see people with compassion. Main truth: Jesus came to seek and save the lost. He can reach the person everyone else has given up on.

2. People Can Bind The Outside, But Jesus Heals The Inside

The second thing we see is that people can bind the outside, but Jesus heals the inside. The Bible says people tried to bind this man with chains. But he broke the chains. No one could tame him. They could try to control him, but they could not heal him. They could bind his hands, but they could not heal his heart. This is still true today. People may try to fix behavior, but Jesus heals the root. Some struggles are deeper than what we see outside. The root may be pain, rejection, shame, fear, anger, unforgiveness, or spiritual darkness. A person may say, "I need to stop this habit." But the deeper question is, "What pain is feeding this habit?" A person may say, "I need to stop this anger." But the deeper question is, "What wound is behind this anger?" Chains can hold the hands, but Jesus heals the heart. Jesus did not come only to make people look better outside. He came to make people new inside. This man needed more than control. He needed freedom. He needed peace. He needed a new life. And Jesus gave it to him. Main truth: Jesus does not only change behavior. Jesus changes the heart.

3. Your Condition Is Not Your Identity

The third thing we see is that your condition is not your identity. Jesus asked the man, "What is your name?" The answer was, "My name is Legion, for we are many." His problem was speaking for him. His pain had become his name. This happens to people today too. Fear says, "You are

weak.” Shame says, “You are dirty.” Failure says, “You are finished.” Rejection says, “You are unwanted.” Sin says, “You will never change.” But Jesus does not call us by those names. You are not your condition. You are not your past. You are not your mistake. You are not your shame. You are not what people called you. You are God’s creation. You are loved by God. You can be restored by Jesus. Before Jesus, this man was known as the man in the tombs. After Jesus, he became a witness. Before Jesus, people feared him. After Jesus, people heard his testimony. Before Jesus, he was alone. After Jesus, he was sent home. That is what grace does. Grace gives identity back. Grace gives peace back. Grace gives purpose back. Main truth: Your condition is not your identity. Your bondage is not your name. Your struggle is not your future.

4. When Jesus Speaks, Darkness Must Leave

The fourth thing we see is that when Jesus speaks, darkness must leave. The people could not control the man, but the demons could not control Jesus. The chains could not hold the man, but the word of Jesus commanded the darkness. Jesus has authority over all things. He has authority over sickness. He has authority over storms. He has authority over lack. He has authority over death. He has authority over darkness. When Jesus speaks, darkness must obey. Nothing is stronger than Jesus. His word is stronger than every chain. His light is greater than every darkness. His grace is greater than every sin. His power is greater than every bondage. After Jesus delivered the man, the people saw him sitting, clothed, and in his right mind. That is a beautiful picture. Sitting means rest came. Clothed means shame was covered. Right mind means peace came back. Jesus gave him rest, dignity, and peace. He did not leave the man half-free. He restored him. Main truth: When Jesus speaks, darkness must leave, and peace can return.

5. Jesus Gives Freedom And A Testimony

The fifth thing we see is that Jesus gives freedom and a testimony. After the man was delivered, he wanted to go with Jesus. But Jesus told him, “Go home to your friends, and tell them what great things the Lord has done

for you.” Jesus sent him home with a testimony. The place of pain became the place of witness. The man who once lived in tombs now carried good news. The man who once scared people now influenced people. His life became proof that Jesus restores. Your testimony is powerful. You may not know every answer. You may not know how to explain everything. But you can say, “This is what the Lord has done for me.” I was bound, but Jesus set me free. I was lost, but Jesus found me. I was broken, but Jesus restored me. I was ashamed, but Jesus gave me peace. I was written off, but Jesus gave me purpose. A changed life is a sermon. A restored mind is a sermon. A healed family is a sermon. A free person is a sermon. Main truth: Jesus does not only free you from something. He frees you for something.

6. Conclusion

This man began in the tombs, but he ended with a testimony. He began bound, but he ended free. He began crying, but he ended proclaiming. He began ashamed, but he ended restored. He began out of his mind, but he ended in his right mind. That is what Jesus does. Jesus transforms people. Jesus heals the root. Jesus restores identity. Jesus brings peace. Jesus gives purpose. Today, bring every chain to Jesus. Bring fear, shame, anger, addiction, sadness, rejection, family pain, secret sin, and spiritual darkness to Him. Jesus is Lord. He has authority. He has power to save, heal, deliver, and restore. No chain can hold the person Jesus sets free.

No chain can hold me because Jesus has set me free. My condition is not my identity. My past is not my future. My bondage is not my name. Jesus has the final word. I will live free. I will walk in peace. I will carry my testimony. What people call impossible, Jesus makes possible. In Jesus’ name, amen.