



ANNUAL REPORT

2018 - 2019

...But I have promises to keep,
And miles to go before I sleep
And miles to go before I sleep.....

Robert Frost
'Stopping by Woods on a Snowy Evening'



Ameeta Chatterjee

From the managing trustee's desk

As I look back at the year gone by, I am filled with the sense of satisfaction and pride for my team which has built a platform that has reached more children than any year gone by. We are now with a presence outside Maharashtra and continue to grow where children need us more!

In the year 2018-19, Ekam Foundation Mumbai supported over 311 children in medical treatment under our Surgery Support Programme, and, under our School Health Programme, an awareness programme on health and hygiene focused on safe drinking water, reached to over 175000 children in over 1327 schools. During the last financial year, with the support of our donors, we have been able to reach out to children in need of medical aid in Kolkata - a city that acts as medical hub for the entire North-East region of the country. With the success of the Kolkata chapter we are keen to explore other tier 2 cities in the country and start building a pan India presence. As we build our programme, our partnership with doctors, hospitals, schools and medical community has been strengthened and deepened to allow us to build more interventions with greater impact.

We believe that the school community is an important and powerful platform to reach out to children in need. During the year, in addition to 1099 municipal schools, we also reached out to 228 low end private schools (LEP) which cater to the low income groups in the city. As we build our presence, we would like to harness this platform for reaching out to more children in need keeping their well-being and health as a priority. Not only are we increasing the number of children in our reach, but also our collaborations with other NGOs in the space of mental health, leadership programmes and sanitation, will allow us to bring more impact to our children in the coming year.

Our success stories that you will find in the report, speak for themselves and I would like to add that each and every member of the team has worked selflessly during the last year and remain committed to the cause and my special thanks to them for being with us.

I also extend my gratitude to our esteemed donors, our hospital partners, untiring doctor community, and our fellow NGO partners without whom we would not be in a position to reach to the neediest of the needy children.

I look forward to your continued support.

With warm regards and renewed sense of enthusiasm,
Ameeta

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Vission Mission Values

Vision

To reduce child morbidity and mortality rates and contribute to health and wellness of children in schools and communities.

Mission

To work for better quality health, education and wellbeing of every child irrespective of their economic status, race and religious background. We endeavor to complement the existing public and private health care system so as to ensure high quality, comprehensive, continuous healthcare for every infant, child, and adolescent in a timely and attendable manner.

Our Philosophy

Every child has right to a happy and healthy childhood. By gifting a life, you gift a child the ability to experience life, a chance to be happy and to succeed in life. No child should be denied quality healthcare because of their financial background. A healthy child grows up to become meaningful and productive member of society in future. Ekam Foundation Mumbai works as a complement to the existing public and private healthcare system to assist underprivileged children with their healthcare needs.

Our Values

Integrity and accountability for all our actions

*Empathy, compassion and equality in action
irrespective of age, gender, race, religion, language,
social status and economic background*

*Collaborative approach with all our
external stakeholders*

*Transparency and utmost professionalism in
fund utilization.*



Organization Overview



Each of us has the power to transform a life and the smallest change in perspective can do that!



WHO WE ARE

“Ekam Foundation Mumbai” is a registered charitable trust under Bombay Public Trust Act 1950 having commenced its work 5 years back in the city of Mumbai and Maharashtra. Ekam Foundation Mumbai is focused in its work in the area of improving child healthcare outcomes in the underprivileged sections of the society. To address the above, we have two key programmes (a) Surgery Support Programme (SSP) which provides affordable, immediate relief and medical intervention to critical health issues, and (b) School Health Programme (SHP) which addresses long term healthcare outcomes through health & hygiene awareness programmes in schools.

Under the Sustainable Development Goals (SDGs) chartered by the United Nations, Good Health and Well-being come in the top three in the 2015 Resolution. Under this goal, universal health coverage proposes to end preventable deaths of newborns and children under five. Further, goals like Clean & Safe Drinking Water and Sanitation are stated as the precursor to achieving many other SDG targets as they protect people from diseases and enable them to be productive economically. Under goal Zero Hunger thrust is on improved nutrition, stressing how under-nutrition causes wasting of 52 million children worldwide. Chronic malnutrition stunts children’s brain and physical development.

The SDGs, also known as the Global Goals, are a universal call to action to health and well-being of people in general, and children in particular.

Ekam Foundation Mumbai believes that through its holistic approach encompassing both long term preventive healthcare, and, immediate tertiary health benefits, it can address issues of quality health, nutrition and wellbeing of every child irrespective of their economic status, race and religious background.



*Our logo represents
a perfect balance
between the head and
the heart and the
same resonates in our
motto, 'Healthy Child,
Happy Child'!*



HIGHLIGHTS OF OUR PROGRAMME

- Assist and operate in improvement in healthcare outcomes for children through impactful intervention that complements existing public and private healthcare
- Follow the right balance of healthy work environment and team collaboration for running all our programmes
- Follow a core value of excellence in our work by cultivating and training our staff to create the best level of impact
- In our flagship programme, the Surgery Support Program (SSP), there is high awareness among the medical fraternity, paramedics and social workers in the region about Ekam Mumbai and its helpline. Ekam Foundation Mumbai ensures that support reaches to the neediest and work flow has been developed to expedite the entire process so that appropriate help can be provided to children in need of life saving interventions.
- With our SSP running successfully for over 4 years, benefitting over 1700 children, there is high awareness among the medical fraternity, paramedics and social workers in the city about Ekam Mumbai and its helpline.
- The School Health Programme (SHP) creates customized child friendly collaterals for edutainment and modules, and delivers the message in a fun, interactive and efficient manner
- By addressing issues of quality health, nutrition and wellbeing of every child irrespective of his/her economic status, race, and religious background, we stand out in our holistic approach to healthcare, encompassing both immediate tertiary health benefits, and, long term preventive health needs



OUR PROGRAMMES

Surgery Support Programme

Ekam Foundation Mumbai was started with the idea of providing access to safe, affordable and timely surgical support to less privileged children. Under Surgery Support/Medical Intervention programme, Ekam Mumbai provides medical aid to less privileged children in need of life saving medical interventions. The thrust of the programme is to arrange subsidized elective surgeries for a variety of medical conditions to ensure positive health outcomes, such as congenital heart diseases, orthopaedic problems, eye and ear ailments and heart and liver transplants through a network of both public and private hospitals.

Most parents from economically weaker sections find themselves at crossroads when their limited financial resources need to be spared for their children's healthcare. This is true for both acute conditions that need immediate attention and chronic diseases where expensive prolonged treatment and care are needed. Most often parents come to the end of their resources in the process of treating the ailing child. It is here that Ekam Mumbai steps in to provide necessary medical aid so as to save a precious life.

NEED OF THE PROGRAMME

The National Health Profile (2017) published by the Central Bureau of Health Intelligence states that about a quarter of all rural households, and one in five urban families in India, are forced into debt or sale of assets to meet hospitalization costs. There is a wide gap between the demand and supply of secondary and tertiary Public Healthcare. For example, in the city of Mumbai Public Healthcare infrastructure was planned in the 1950s and 70s when the city population was about half of the present one. At the same time suburbs and satellite cities like Thane and Navi-Mumbai have grown faster than the island city of Mumbai. However public healthcare infrastructure has failed to keep the same pace and the inability to improve human capital places a constraint on economic growth. In the city of Mumbai where around 50% of the population lives in slums, private healthcare is unaffordable for the majority of the population. Consequently, families sometimes have to forgo essential, and otherwise expensive, treatment that can restore the quality of their child's life.

Each year India loses more than 1 million babies under the age of 1 year. Greater than 95% of these deaths can be prevented with access to good healthcare. It is therefore imperative to provide the poor with access to quality healthcare.





PROJECT DETAILS

Ekam Mumbai has propagated its helpline number to the key stakeholders like Community Development Officers, Doctors, Health workers, Medical Officers, Anganwadi-Sevika and School Teachers. On identifying children needing hospitalization and surgery support from under-privileged background, they get referred to the Ekam helpline. Ekam Mumbai also gets referrals from its partnership with other NGOs, who identify cases at grass root level and refer it to Ekam Mumbai for financial assistance from rural areas. Helpline acts as a guidance and counselling center. Ekam Mumbai runs due diligence to verify economic back ground of the family and medical history of the child and prescribed line of treatment and cost.

We look at each day as a special opportunity of giving hope to another family by gifting a life to one more child.

THE TYPICAL BENEFICIARY APPROVAL PROCESS IS AS FOLLOWS

The Patient Welfare Officer mans the 24/7 dedicated helpline, which acts as the guidance and counselling centre for the children and their families in need.



The Patient Welfare Officer looks into the socio-economic status and the medical history of the applicant.



The medical history of the child is communicated to the Medical Director.



Parents are requested to contribute in whatever small amount they can; they are also advised to seek part funding from other NGO's, while Ekam acts as a last mile funder by making available the remaining amount for the treatment. In rare instances, Ekam Mumbai may support the entire cost of the treatment depending on the treatment cost and family's economic position.



The Medical Director and Medical Committee members assess the history of the ailing child, his/her socio-economic status and approve Ekam Mumbai's financial support.



After seeking approval from the National Medical Director, the Patient Welfare Officer hands over an acknowledgement letter to the treating hospital.



Post-surgery/treatment, availing one-month credit period, Ekam Mumbai makes payment to the hospital directly. No payment is made to the beneficiary's family. The hospital is requested to acknowledge receipt of payments for maintaining audit trail.



In this manner, we ensure that each child is provided with quick, effective and valuable treatment in time. Our intent is that all children referred to us are provided adequate medical attention as soon as possible and treated without any limitations on financial factors.

Quantum Of Support

Quantum of support depends on nature of illness, cost of the treatment, family economic background and other resources available at disposal. Generally, Ekam Mumbai partly supports the expenses of child, however in exceptional cases Ekam Mumbai bears 100% cost of the treatment depending on the need and resources available.

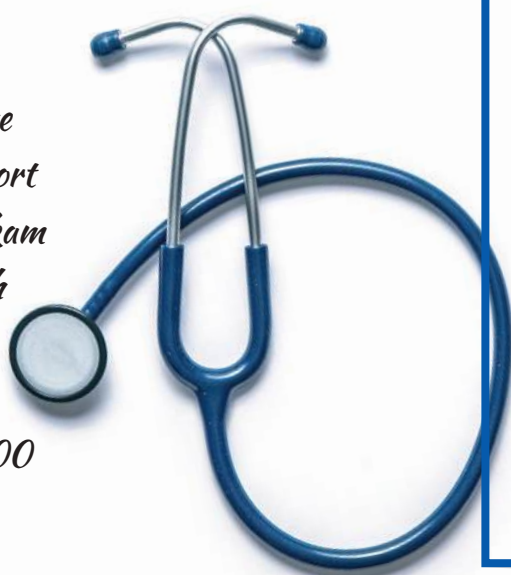
Target Population

Children aged 0-18 yrs belonging to underprivileged section of society.

Present Locations

Though Ekam Mumbai is based out of Mumbai, beneficiaries come from other parts of the state and country. From November 2017, Ekam Mumbai has started its operations in Kolkata, West Bengal, and its catchment areas.

There is wide variation in the financial support provided by Ekam Mumbai which ranges from Rs. 10,000 to Rs. 1,00,000 per case



LIST OF HOSPITALS IN THE NETWORK

Government Hospitals

1. B. Y. L. Nair Charitable Hospital
2. G.T. Hospital
3. L T M G Hospital
4. MCGM - CTC - PHO - BMT Centre

Trust Hospitals

- 1 Bai Jerbai Wadia Hospital For Children
- 2 K J Somaiya Hospital & Research Centre
- 3 KB Haji Bachooali Charitable Ophthalmic and ENT Hospital
- 4 Masina Hospital
- 5 Prince Aly Khan Hospital
- 6 Shushrusha Citizens' Co-op Hospital Ltd
- 7 SRCC Children's Hospital
- 8 ICH, Kolkata

Private Hospitals

- 1 Asian Heart Institute & Research Centre
- 2 Balaji Heart Hospital & Research Centre
- 3 Dr.Indu's Newborn and Childcare Centre
- 4 Elizabeth Hospital
- 5 Fortis Hospital
- 6 S.L. Raheja Hospital
- 7 Sir H.N.Reliance Hospital
- 8 Surya Children's Hospital
- 9 Wockhardt Hospital
- 10 AMRI Group of Hospitals, Kolkata

Scorecard

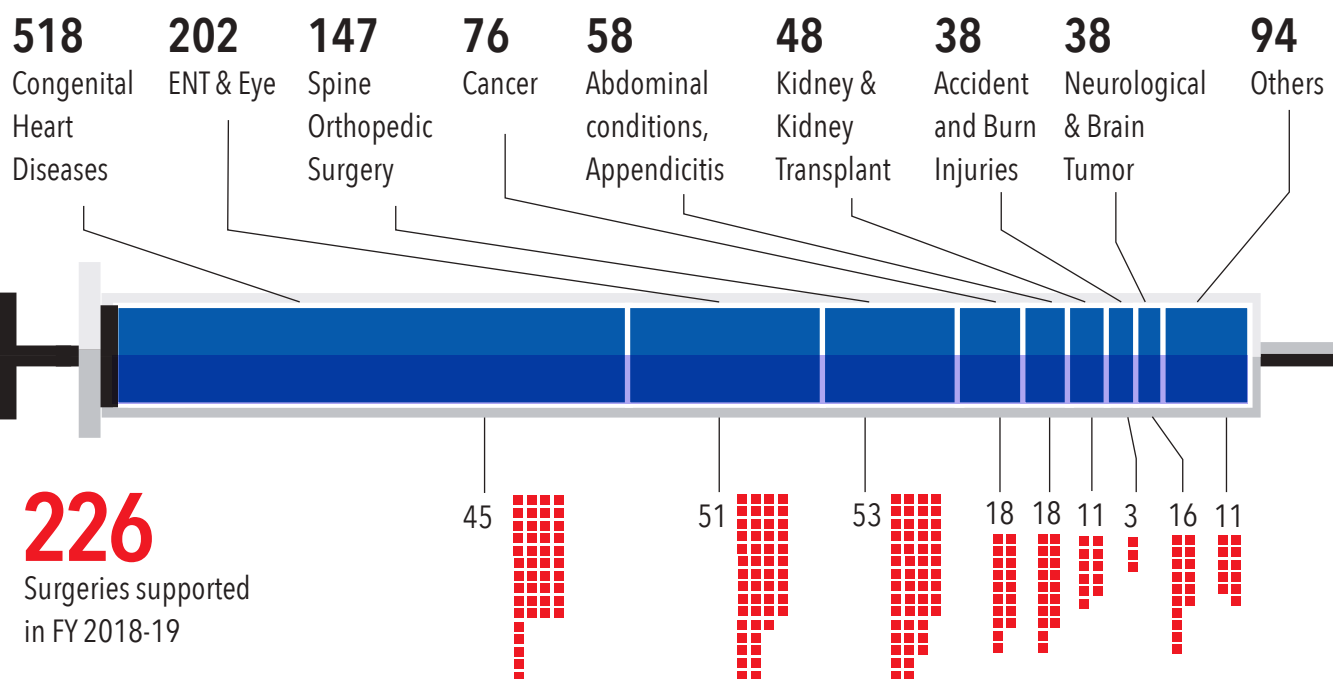
1219

Surgeries supported
till date

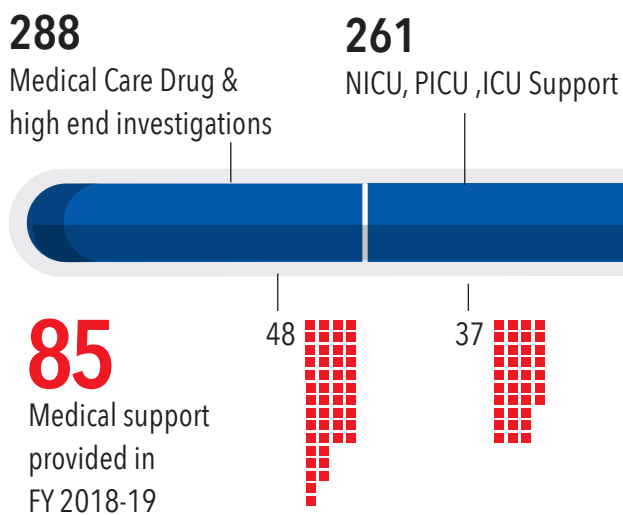
549

Medical support provided
till date

Surgeries supported so far



Medical support provided so far



Government run hospitals need donor support for expensive medicines, implants and prosthesis which are not part of the standard items of supply.



Evaluation research

Most of the parents of children supported in a year are called by Ekam Mumbai staff to enquire about their health and progress. Ekam Mumbai also appoints independent agency to assess programme outcome and evaluate programme processes. Below are the important findings from the evaluation research conducted last year.

Out of 100 children, 89 were healthy, 5 parents were recovering while 6 children did not survive

- A considerable reduction in financial spends on medical bills
- 45% patients believed that better financial health of the family was the biggest benefit of the program, 95% parents gave 4 and above rating for programme satisfaction on 0-5 scale
- A 24% change was observed on days missed for work, before and after the surgery
- Impact was also recorded on improved physical health, attendance and academic performance of school going children and positive family/ social relationships

Our success stories speak for themselves! With 10 year old Anish who battled autism with cerebral palsy since birth- Ekam Mumbai gave his family the hope they were looking for!

Case Stories

Neel Kembavi, Mumbai

Dharavi resident 6 year old Neel Kembavi had been born with impaired vision in his right eye since birth which required corrective surgery. However Neel's parents, who work as driver and house-help respectively earning salaries meeting just about their daily requirements, were in no position to meet the cost of the treatment and stalled any treatment for their son for long. Meanwhile Neel's younger brother Advait had injured his eyes and suffered from compressed nerves which required immediate surgery. That is when the family realised they could not let Neel remain untreated any longer. Neel was admitted to K.B. Bachooali hospital and the case got referred to Ekam Mumbai from there. Ekam Mumbai part-sponsored the first round of surgery in Nov 2017, and a year later contributed again for a second round when the family re-approached the Foundation for help. The family couldn't have been happier for this generous support that went all the way to give Neel his vision back!



Krishna Dhanraj Pawar, Beed

8 year old Krishna Dhanraj Pawar was like any other school-going kid of third standard until he often started falling sick with high fever. His



worried parents took him to a local hospital close to their home in Bankaranja village, Beed district, Maharashtra. When his blood count report showed very low platelets he was referred to L.T.M.G Hospital, Sion, Mumbai, where Krishna was diagnosed with Aplastic Anemia and was advised undergoing Bone Marrow Transplant (BMT), the estimated cost of which amounted to Rs. 10,72,218. Krishna's father works as a farm labourer earning a

humble living to support his family of five. The family was collectively struggling to deal with the expenses of the surgery along with other miscellaneous costs of food and lodging away from their home, when Ekam Foundation Mumbai stepped in to help with last-mile funding. With Krishna's 13 year old sister being identified as the donor for the transplant, the BMT surgery was conducted successfully on 4th July, 2018. Ekam Mumbai feels happy to see Krishna on an assured road to recovery where he gets to live a regular life with ease.

"We Believed We Could, So We Did!"

At the end of the day, we are motivated by kids. Their potential. Their health. Their future.
With some of our little bravehearts!





The Kolkata Chapter A New Beginning

In continuation of our Surgery Support Programme and sharing its same vision as an outreach endeavour, the Kolkata Chapter of Ekam Foundation Mumbai was initiated in November 2017, aiming at providing financial aid for surgeries and other medical intervention for children belonging to the economically less-privileged families of Kolkata and its catchment areas.

Ekam Mumbai had hosted Anandadhara, a classical Bharatanatyam recital, in the aid of healthcare for less privileged children in April 2018. Between its inception and the end of FY 2018, a consolidated amount of Rs. 18,91,000/- was contributed by our donors for supporting the Ekam Kolkata cause, and had touched the lives of close to 50 children in West Bengal.



Anandadhara - where
divine joy, peace and
harmony is ever flowing
and birthright to every
soul, be rich be poor.



Kolkata Success Stories

Shuvosree Manna

6 yr old Shuvosree Manna from Howrah, Kolkata was detected with a serious steroid resistant strain of Systemic Onset Juvenile Idiopathic Arthritis, way back in 2016. Treatment required administration of four injections of Rs.16,000/- per dosage over three installments of six months each. In her intermittent periods of relief during the first round of treatment, Shuvosree, a bright and promising student, could start schooling again and hoped getting back to her normal life. But her fever kept relapsing and the strain of the steroid-heavy medicine started pulling her spirits down. In late 2017 she was back in the hospital for yet another round of treatment. This is when Ekam Foundation Mumbai had just started partnership with some hospitals in Kolkata as part of initiating their Kolkata chapter, and Shuvosree's case was referred to them from ICH, Kolkata. Ekam Mumbai generously supported the case over two installments over 2018-2019 and soon Shuvosree started responding very well to the medications and is happily on her way to good health.



Soumik Sadhukhan

Soumik was a fifth grade student, full of life, when he was diagnosed with Acute Lymphoblastic Leukemia, a severe strain of bone marrow cancer. After some rounds of chemotherapy the doctors called for a BMT. Soumik's father runs a grocery store and his mother gives tuitions to augment the family income. So the family struggled with the impending challenge of taking their only child through the expensive treatment cost of a Bone Marrow Transplant. Soumik was taken to the AMRI group of hospitals for the surgery and the patient welfare officer of the hospital reached out to Ekam Foundation Mumbai while trying to pool in funds for the BMT. Ekam supported with Rs.1,00,000/-, that helped this 10 year old child fight this deadly disease towards leading a healthy life.

We, at Ekam Mumbai sincerely hoped that we could do our bit to improve the quality of life for these beautiful children which meant more than just getting well !



School Health Programme

Ekam Mumbai initiated its School Health Programme, an awareness program focusing on Health and Hygiene among the primary schools of Municipal Corporation of Greater Mumbai (MCGM), with the sole intention to bring about a behavioural change among the children and thereby bringing down morbidity and mortality on account of common communicable diseases and to promote overall health. In the past, team Ekam Mumbai has covered the following topics through this programme (a) hand washing and personal hygiene, (b) toilet etiquette and sanitation, (c) oral health and (d) safe drinking water.

In the academic year 2018-19 safe drinking water was selected as the topic of awareness. According to the World Health Organization, waterborne diseases are linked to significant disease burden worldwide. Diarrhea causes 4% of all deaths and 5% of health loss to disability world-wide. Repeated episodes of diarrheal disease make children more vulnerable to other diseases and malnutrition.

In the academic year 2019-20, we are focusing on nutrition and dietary practices. Under-nutrition undermines the survival, growth and development of children, and diminishes the strength and capacity of the nation. Therefore, it deemed appropriate to spread an awareness on nutrition and diet following our earlier programmes on drinking water, hand hygiene and sanitation. School is an important platform, offering an efficient and effective way to reach many children, and through them, their families and community members.

The future work of Ekam Mumbai is set to make significant contributions in children's healthcare by always striving to be a helping hand to children in need.

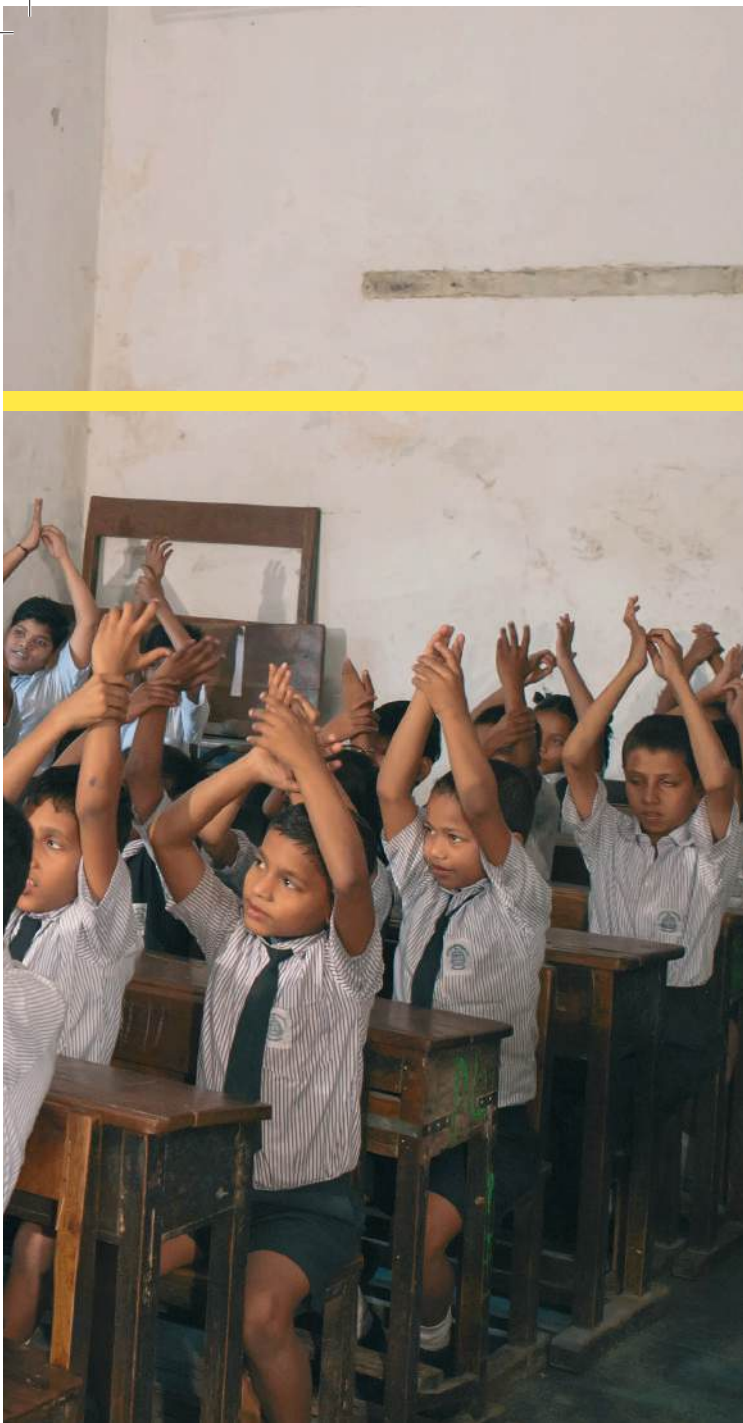




About the programme

Ekam Mumbai creates its own marketing collateral which includes 35-40 minutes digital presentation and other collaterals like posters, standees, book labels, badges etc. The presentation comprises of an interesting story which revolves around central characters which children can relate to. Ekam Mumbai's trained staff conducts these sessions in school by prior appointment. Each session has on average 50 students in it, which is an optimum class size. Interactive sessions and animated delivery of the story help in demonstrating messages well. A set of 5-6 book

labels printed with the message and facts, and motivational slogans on it, are handed over to each student. A couple of badges with similar message are also handed over to the most active and smart students to encourage participation and create interest among participants. Posters are put up on the school walls for easy recall of the same messages for the children. Ekam Mumbai also creates a short animation video of 7 to 10 minutes on previous year's message and runs it at the end of the session to repeat and reinforce previous year's message.



The SHP Programme caters to all the primary schools run by Municipal corporation of greater Mumbai and Thane municipal corporation. Plus Programme also reaches to low end non-government primary schools in Mumbai.

All the collaterals are made in-house with the help of professional agencies. Every year Ekam Mumbai does research on new topic and finalizes the content. Content gets weighed by experts on technicals and child friendliness. The core message is woven around the story so that children can relate to it. All the collaterals are child friendly having a story revolving around the central characters. Well thought out characters like Anandididi, superkids, and couple of school children are kept constant over the years so children remember them and connect with them easily.

Programme Highlights

- The SHP Programme benefits from commendable support from government authorities as well as the targeted schools. This could be with a history of gaining their trust and delivering the programme well; the institutions involved are at their cooperative best.
- Teachers have commended the sessions as interactive, enjoyable and that it ensures learning in a fun and engaging way. The children particularly enjoy the use of Super kids in the presentation and in the animation video.
- Moreover, the giveaways distributed during and after the session ensure effective participation and learning throughout the programme segment.



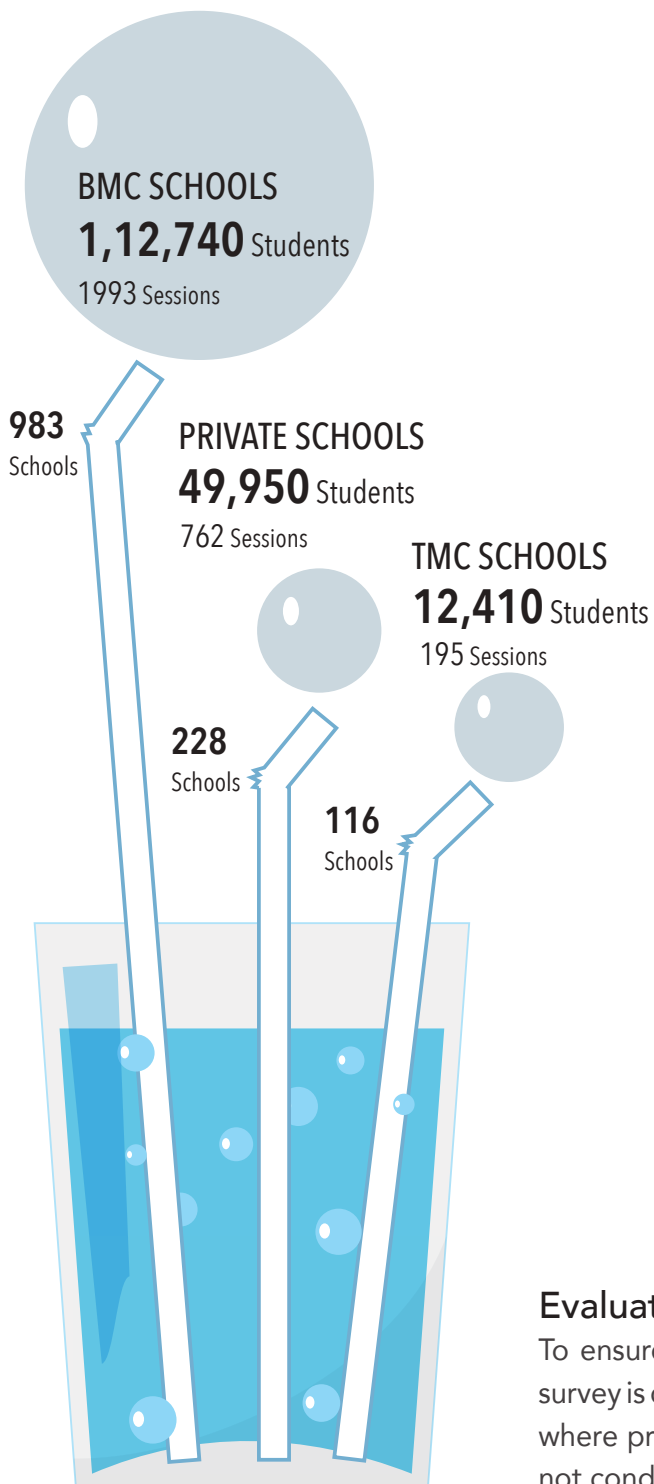
School-Champs !

The fruition of the School Health Programme lies in continuous reinforcement of the messages imparted through conducting each module of the programme, and, discussing their dos and don'ts with the children at length. This way we get to test the knowledge, attitude and practices followed as regard to the current year's topic. Our team encourages the children to volunteer from each class sharing their comprehensive understanding of the topic in discussion. For Safe Drinking Water, our topic for 2018-2019, children could remember their lessons well and speak on why clean water is equivalent to good health, how diseases could be kept at bay if drinking water is clean and free from contamination, what are the hazards of drinking contaminated water, and, mechanisms of making water safe for drinking. The little 'speakers' are awarded colorful badges bearing inspiring messages which encourage more kids to participate.

Well-being starts at maintaining proper hygiene and cleanliness at personal level - our school champs got it totally right!

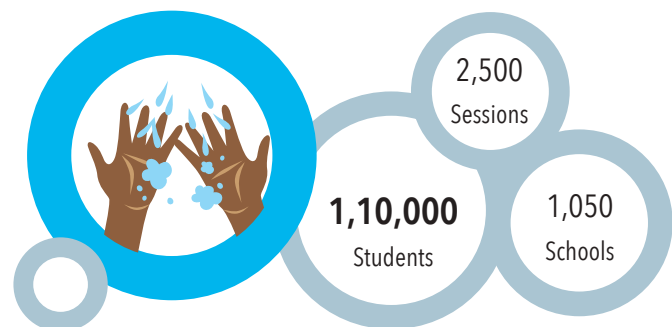
Scorecard

2018-19: SAFE DRINKING WATER

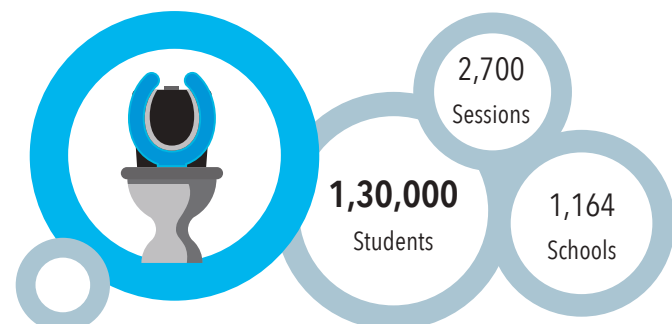


PREVIOUS YEARS SCORECARD

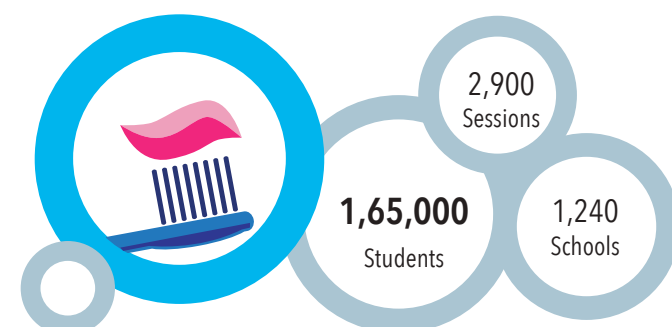
Hand Washing



Toilette Etiquettes and Sanitation



Oral Health



Evaluation research

To ensure quality and assess outcome every year, pre and post survey is conducted on a large sample size. Survey includes schools where programme is conducted Vs schools where programme is not conducted.

Evaluation Research of School Health Programme 2018-19 on Safe Drinking Water

A report published recently in the medical journal The Lancet concluded that poor water sanitation and a lack of safe drinking water take a greater human toll than war, terrorism and weapons of mass destruction combined. In this context an awareness programme on safe drinking water was conducted by Ekam Foundation Mumbai in FY 2018-19.

To measure programme effectiveness, evaluation research was carried out among randomly selected 2100 children out of 105 schools of Municipal Corporation of Greater Mumbai (MCGM). This was a case-control and before-and-after study. Total of 1400 students out of 70 schools were in intervention group and 700 students from 35 schools were in control group. Baseline or before intervention (before programme session) and end line or after intervention (3 months of programme session) survey was carried out to know the difference in knowledge among intervention group. Similarly, before-and-after survey was carried out in control group i.e. children who did not receive programme intervention. Results of before-and-after survey among intervention group and control group were compared to know the differences.



Poster on safe drinking water

Following are the highlights from results of evaluation research 2018-19

- Survey include 24.4% of Marathi, 16.5% English, 32.9% Hindi, 23.8% Urdu and 2.3% other medium schools.
- Study conducted among 3rd to 5th standard.
- There was approximately equal no. of boys (48.9%) and girls (51.5%) in the study.
- Hindi/Bhojpuri or Urdu was the most (70.8%) spoken language at home, followed by Marathi (22%), Gujarati (1%) and others (6.3%)
- Out of the total 88.4% students surveyed stayed in chawl or slum dwellings.

SURVEY RESPONSES

- Why we (body) need water- Four or more correct answers came from 7.5% in baseline to 47.6% in end line. While for comparison group it was 6.1% in baseline and 4.7% in end line.
- What are sign and symptoms of dehydration- Two or more correct answers came from 0.6% in baseline to 39.4% in the end line for interventional group, while it was only 1.3% in baseline and 0.4% in the end line for comparison group.
- Common diseases due to unsafe drinking water- About 8.8% students answered 4 or more correct answers in baseline which jumped to 39.3% in the end line for interventional group. While in comparison approx. 10.6% in baseline and 6% in end line answered group 4 or more correct answers.
- Methods of making drinking water safe- At least one correct answer went up from 22.4% in the baseline to 33.3% in the end line for interventional group. While it was more or less same for the comparison group.
- Where water pollution happens- From 0.1% in baseline at least one correct answer and two correct answers jumped to 21.3% and 23%, respectively in end line for intervention group. While there were hardly any correct answers in baseline and end line for comparison group.
- Type of water pollution- In baseline only 0.1% answered one correct answer and 0% answered two or more correct answers which increased to 20.8% and 13.7%, respectively in end line. There was no correct answer either in baseline or end line in comparison group.
- Effects of water pollution- In baseline no one answered correctly while in end line 6.3% students answered one correct answer and 5.7% could answer two or correct answer for interventional group. While no one could answer correctly in both baseline and end line from comparison group.
- Approximately 80% of the respondents said they received health and hygiene related information by Ekam Mumbai in the last year.

Most of the findings above were highly statistically significant which underlines the effectiveness of programme delivery.



Beneficiary Event

Our annual tradition of celebrating with our little champs!



In our annual tradition of celebrating the little brave-hearts who survived difficult ailments and surgeries and also our champions in the field who make our everyday efforts possible, Ekam Mumbai hosted its Annual Beneficiary event on 6th October, 2018, at Ravindra Natya Mandir. Heartfelt thanks to our guests of honor who graced this occasion.





It was a delightful afternoon where the audience got enthralled by puppetry, the art of ventriloquism, rustic, robust contemporary folk music by a live band, and more! Special thanks to our beneficiaries for sharing their journey and to the children who put up such a spirited and delightful performance that had the audience in rapture!





Brave-heart Event

A delightful evening of Piano Recital for the Children by the Children

Ekam Foundation Mumbai is proud to support Runali walk again! We celebrated the courage and grit of a 14 year old girl with an indomitable spirit who continues to inspire us every day in our work! The Brave-heart Event, held on 30th March, 2018, at NSCI Mumbai, felicitated one of our many angels who came to our programme to share her story of grit and extreme courage to beat the odds in her life. It was a wonderful evening of melodious piano recitals by five talented children who performed to honour our brave-heart and stay inspired by her.



Ameeta Chatterjee, Founder and Managing Trustee, Ekam Foundation Mumbai, sharing Runali's journey with the audience - Ekam Mumbai fully supported the cost of prosthetics for both her legs so that she could walk again and go on to fulfill her dreams.



The glittering stars of the evening- Runali with the five children who performed in her honour, from L-R- Nandini, Angela, Avantika, Anahita, and Sunav



Heartfelt thanks to all our esteemed guests, well-wishers, donors, doctors, and everyone who graced our occasions celebrating our cause, and also to those who have supported us and continue to do so every day.



YOUR SUPPORT COULD HELP US BETTER

The genuineness and sincerity with which Ekam works ensure that we reach out to as many children as possible in the most efficient way. Each of us has a power to transform a life - and we need to exercise that power and allow our abundance to gift a life to a child and give hope to his or her family. And with more and more donor money we can heal more and more lives.

How you can Contribute

Donate Now

Donation to Ekam Foundation Mumbai can be made through any of the following options:

1) For electronic payment transfer, bank details are as follows:

Account No - 005705018522

Bank Name - ICICI Bank

Bank Branch - Prabhadevi Branch

IFSC Code - ICIC00000057

MICR Code - 400229013

2) Online donation can be made on our website at www.ekamfoundationmumbai.org and go to "donate" tab and click on *<http://tiny.cc/donatetoekam>*

3) Cheque can be drawn in favour of "Ekam Foundation Mumbai" and can be couriered to office address

Volunteer With Us

Ekam Foundation Mumbai welcomes you warmly to our world of volunteering opportunities – a lively platform where volunteers commit their time and skills to contribute to our work in children's healthcare and health education in Mumbai, Maharashtra. Volunteers are the backbone of every developmental initiative. They represent our vision and are our true brand ambassadors helping us spread word about our work which we believe leads to better outreach benefitting more underprivileged children.

To join us in our cause please contact us on:

EKAM FOUNDATION MUMBAI,
Mezzanine Floor, DGP House, 88-C,
Old Prabhadevi Road,
Prabhadevi, Mumbai, 400025
Helpline: 9029399554;
Landline : 022 24330204,
www.ekamfoundationmumbai.org

Note : Donations made to Ekam Foundation Mumbai are eligible for tax exemption under section 80G of IT Act, 1961. Please email at admin@ekamfoundationmumbai.org after donation for confirmation. In case of clarification, please call on +91 9029399554



FINANCIAL STATEMENTS

Consolidated Balance Sheet

As at 31st March 2019

Figures are Rs lakhs

LIABILITIES	2018-19	2017-18	ASSETS	2018-19	2017-18
Capital Account	1.90	1.90	Fixed Assets		-
Project Grant			Loan & Advances	5.15	0.39
Loans and Duties	1.80		Sundry Debtors	-	-
Sundry Creditors			Deposits	56.50	10.22
Outstanding Expenses	13.79	0.31	Cash & Bank	66.17	102.04
Capita fund	110.32		Total Assets	127.82	112.65
Excess of income over Expenditure		110.44			
Total Liabilities	127.82	112.65			

Consolidated Income & Expenditure Account

For The Year Ended 31st March 2019

Figures are Rs lakhs

INCOME	2018-19	2017-18
Donation	451.29	101.30
Other income	4.00	6.27
Excess of Expenditure over Income trs to capital fund	0.12	
Total Income	455.41	107.57
EXPENDITURE	2018-19	2017-18
Donation Expenses		
Medical Expenses (Surgery Support)	330.64	12.44
Non Medical Expenses	52.97	4.55
Educational Expenses (SHP)	71.23	3.50
Audit Fees	0.57	0.30
Excess of Income over Expenditure trs to capital fund	-	86.79
Total Expenses	455.41	107.57



SAJJAN KANODIA & CO.
Chartered Accountants

FORM NO. 10 B
(See Rule 17B)

**Audit Report Under Section 12A (b) of the Income Tax Act, 1961.
In the case of Charitable or religious trusts or Institution.**

We have examined the Balance Sheet of **Ekam Foundation Mumbai Trust**, as at March 31, 2019 and the Income and Expenditure account for the year ended on that date which are in agreement with the books of accounts maintained by the said trust.

We have obtained all the information and explanation which to be best of our knowledge and beliefs were necessary for the purposes of the audit. In our opinion, proper books of accounts have been kept by the above named trust visited by us so far as appears from our examination of books, and proper returns adequate for the purposes of audit have been received by us.

In our opinion and to the best of our information, and according to information given to us, the said accounts give a true and fair view -

1. In the case of the Balance Sheet of the state of affairs of the above named Trust as at March 31, 2019 and
2. In the Case of Income & Expenditure account, of the loss during its accounting year ending on March 31, 2019.

The prescribed particulars are annexed hereto.

For Sajjan Kanodia & Co.
Chartered Accountant
F. R. N. : 114587W



Mita Shetty
Partner
M. No. 157908



UDIN : 19157908AAAABJ9212

Place: Mumbai
Date : 07-08-2019

GOVERNANCE

BOARD OF TRUSTEES



Ameeta Chatterjee

Founder and Managing Trustee

A management graduate from Indian Institute of Management, Bangalore. Her sabbatical from the corporate world in 2010 led her to initiate Ekam Foundation Mumbai to focus on healthcare needs of under privileged children in Mumbai. With banking and consulting experience of over 20 years in the corporate sector between India and UK, she blends her passion for goodwill along with the rigor of management and strategy of the private sector.



Ameeta Khanna

Non-executive Trustee

A philanthropist at heart, who believes in supporting and helping all in need in the community, she has been involved in many projects like rehabilitation of villagers in Alibaug. She heads a position with the Indian Merchant Chambers (Women's Wing) and continues to support and raise awareness for charitable causes across the board.



Dr Vasantha Nair

National Medical Director and Trustee

A senior consultant paediatrician for 30 years who is also a founder trustee. She was the Hon. paediatrician to a municipal hospital for 25 years, later years, gave charitable services in villages. She was associated with Healing Little Hearts, UK, and got many children with cardiac conditions operated. As the National Medical Director she mentors the surgery support team of Ekam Mumbai and is engaged in the approval process of surgery cases that come to the organization.

ADVISORY BOARD

Mr. Sid Khanna

Chairman and MD, IEP

Ms. Nishi Vasudeva

Former CMD,
Hindustan Petroleum Corporation Ltd

Mr. Arup Patnaik

Ex-commissioner of Police,
(resigned effective 20th Feb 2019)

Mr. Soumendra Lahiri

CIO, L&T Financial Services

Ms. Deepa Varadarajan

Senior CSR Advisor

KEY DOCUMENTS

Registered Name of the Organization: Ekam Foundation Mumbai

Registered as a Charitable Trust in Mumbai [E-31034(Mumbai)]

Founder: Ameeta Chatterjee

Date of Registration: 20th October, 2014

Board: Ameeta Chatterjee, Ameeta Khanna, Dr. Vasantha Nair

PAN: AAATE5999C

12A: 47801(26-10-2015)

80G: 24/05/2016

FCRA-Application of prior permission pending

NitiAayog/Darpan No: MH/2018/0183341

Our Team

Ameeta Chatterjee
Managing Trustee

Ameeta Khanna
Trustee

Dr.Vasantha Nair
National Medical Director & Trustee

Shreeja Nambiar
Senior Management
Consultant

Dhritisha Lahiri
Programme Head, Kolkata

Dr.Sachin Taware
Programme Director

Ayesha Nusrat,
Programme Manager

Bansuri Rao,
Senior Research Associate

Programme Associates

Priya Shinde
Sameer Makandar
Arjun Rathod
Ameet Jhadav
Prashant Bhosle
Dipcina Dabare

Programme Assistants

Vaishali Sable,
Namrata Dobale,
Akshay Muneshwar
Rukmini
Mane, Ashwini
Dhere, Sanjeev
Ramkrishnan,
Prajnya Kamat,
Shailendra
Janawalekar,
Chetan Sutar

**Research
Associate**
Raksha Gawad

Accountant
Malad Kodi,

Admin
Pritee Keer

**Patient Welfare
Officer**
Kantigeeta Raut

Office Assistant
Anant Tandel,

Compliant Ready, Always!



In our latest endeavour in capacity building and being complaint in core areas like legal, board governance, human resource, communication, strategy, fundraising, and volunteer management; we have successfully completed the Compliance Complete Certificate programme with CAP (Center for Advancement of Philanthropy) and also been awarded the CAP certificate for the same. NGOs are selected after due process and orientation as cohort for CAP's CCC Programme and we feel proud to have been awarded the compliant accreditation as a non-profit.

Testimonials

"Ekam Foundation Mumbai was like a sunshine in our lives. They gave us hope when we had almost given it up."

Iqbal Khan, father of 2 month old NICU patient at Masina Hospital, Mumbai

I have known Ekam since the last 4 to 5 years. They have been more than helpful to us in helping needy children. In India congenital heart disease is more prevalent in low socio-economic group. The parents are unable to afford open heart surgeries. But NGO's like EKAM have made this possible and by doing so had given a lot of hope and solace to the parents. A big thank you. Please carry on the good work .

- Dr Sarang Gaikwad, Pediatric cardiac surgeon, Asian Heart Hospital, Mumbai

Playing for the Braveheart piano recital was a great experience for me. The concert gave an opportunity to share my love for music with a wonderful audience. However, greater than the joy of performing was the satisfaction that this concert would be spreading awareness and raising funds for Ekam Foundation Mumbai's fabulous work, helping more people like Runali overcome their medical problems and live out their dreams.

Angela Mathew after her piano recital at the Braveheart Event, NSCI, Mumbai

I partnered with Brown Paper Bags in its first ever holiday shop, curating a vintage fashion edit, the proceeds for which went to a philanthropic cause supporting Ekam Foundation Mumbai and its good work for the less-privileged.

Roohi Jaikishan, entrepreneur, at the One Amazing Thing event that contributed to the Ekam cause

AMRI Hospital Patient Welfare Cell is happy for its association with Ekam Foundation Mumbai who has joined hands with us to support our less privileged children. In the last two years the lives of a number of economically weak children suffering from critical disease could be saved with the generous support from the Foundation.

Monideepa Chowdhury, Patient Welfare Officer, AMRI Hospitals, Kolkata

We try to do our best for ailing children from economically deprived families and whenever we are in need we ask Ekam Mumbai for help.

Dr. Apurbo Ghosh, Director, Institute of Child Health, Kolkata

Our Donors/ Supporters

TCS Foundation
ATE Chandra Foundation
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JM Financial Foundation
Julius Baer Wealth advisors Pvt Ltd
HT Parekh Foundation
Emami Foundation
ICICI Prudential
Nitesh Estate
Allied Media Network Pvt Ltd
Sunteck Welfare Foundation
Hemendra Kothari Foundation
Bain Capital
Ratna Nidhi Charitable Trust
The Idea Shop
K Raheja Corp Pvt Ltd
R.R.Oomerbhoy Pvt Ltd
Param Charitable Trust
Roopmanik Bhansali Charitable Trust
K N Resources Pvt Ltd
E City Real Estates Pvt Ltd
HR Practice Pvt Ltd
Trinity Infotech Pvt Ltd

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www.ekamfoundationmumbai.org