

Annual Report

2025-2026

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From The Desk of The Managing Trustee

Dear Patrons, Donors and Partners

I am very pleased to share with you the annual report for FY 2025-26 and the progress we have made across all our five programmes. Each programme has grown in strength, reach and impact on the ground. Under the Ekam Arogyam programme, which provides surgical support to children pan-India, we covered 1300+ children from 21 states. Under the education scholarship programme, Ekam Unnati & Pragati, we reached 412 school students and 433 undergraduate students across 292 educational institutes. Our mentorship programme, Ekam Saarthi, underwent a deep transformation with the launch of the Numinous technology platform to build and scale delivery. Under the Ekam Saksham programme, our mental health warriors focused on two pillars, namely delivering counselling and advocacy in BMC schools in Ward G with greater reach, and developing a quality curriculum. Under our Ekam Nirmaan programme, we provided infrastructure support to schools and healthcare institutions in remote and rural areas of the state, helping improve access to essential education and healthcare services for the underserved and needy population.

As the teams were busy building their outreach with a sustained focus on impact, we also began exploring solutions to enable scale, strengthen systems, and improve impact assessment. In this context, we initiated the process of technology enablement across programmes, with the aim of building stronger systems and processes to support scale, monitoring, evaluation, and long-term institutional growth.

In an environment increasingly shaped by data and AI, we also recognised that digitisation would be an important stepping stone towards the future use of AI-led solutions, as and when they become ethical, economical, and reliable for use in the social sector.



AMEETA CHATTERJEE
Chairperson & Managing Trustee

Aligned with the Ekam Saarthi programme, we developed the concept of Numinous as a technology platform for nursing students, supporting our upskilling programmes to address gaps in career readiness and placement. Our pilot project, covering 1,000 nurses in Maharashtra, was presented at the ILSS Digital Transformation Pitch-Fest, where we were selected for an award and received support from Koita Foundation to build the platform.

In one of our largest initiatives to date, in partnership with the Chaitanyam Institute, we completed construction of the Chaitanyam Eye Institute, a 25-bedded cataract hospital in rural Kolhapur. The hospital will provide over 4,500 cataract surgeries annually, free of cost, to underserved rural communities. In addition, under Project Shiksha, developed in partnership with D'décor Exports & SANSAAR, we completed the facelift of 10 Zilla Parishad schools in Boisar district, Maharashtra, providing them with digital classrooms.

I place on record my deep appreciation for the hard work and dedication of our team. Without their commitment, we would not have achieved these milestones. During the year, we conducted workshops and classroom training for team leaders and their teams, which have contributed meaningfully to capacity building and capability development. As a result, we have strengthened and expanded our programmes without significantly increasing our team size.

We remain deeply grateful to you for your continued support, guidance, and faith in our work. Your trust enables us to undertake challenging programmes that would otherwise have been difficult to achieve. On behalf of the entire team, I remain deeply indebted to you for your contribution to building and sustaining the Foundation & work.

With gratitude and warm regards



Ameeta Chatterjee

ABOUT US

Who We Are

EKAM FOUNDATION MUMBAI is a pan-India, not-for-profit charitable organization registered under the Maharashtra Public Trust Act of 1950.

We work with children and young adults, regardless of their economic status, caste, or religious background, addressing their health and education needs to IMPROVE their overall well-being and ENHANCE their quality of life. With health and education as the bedrock of our intervention, our goal is to strive towards creating a healthy and educated community as a dynamic system of social cohesion, leading to greater individual resilience and overall well-being, as well as better employability and financial stability, ensuring a brighter future for generations to come.

A person-centered approach to closing the gap in affordability and access to healthcare and education has enabled us to achieve significant milestones that transform the lives of our beneficiaries with dignity and compassion.

As a credible organization aligned to the nation's commitment to the Sustainable Development Goals, 2030, we have successfully scaled our operations over the years to build an institution that prides itself on **the four Cs of sustainability**



CREDIBILITY

building reputation and recognition



CONNECTIONS

building better collaborations & stronger partnerships.



CAPABILITY

building skills & expertise for better program implementation



CAPACITY

building resources and financial resilience

Fuelled by passion and ground action, combined with strategic oversight and governance essential for sustaining and scaling impact, we have operated with accountability, transparency, and resilience to uphold our vision and achieve our goals.

Ekam आरोग्यम्
(Medical Support)

12,000+
children supported since 2012

20
States

120
Hospitals

Across
13
ailment categories: Top bucket – CHD

Ekam प्रगती
(Academic Support)

1,700+
children supported since 2020

23
States

65%
average girl students

182
schools

Ekam उन्नति
(Scholarship Support)

1,000+
students awarded since 2020

75%
average girl students

77.6%
placement ratio for graduating students into professional careers

22 states
110 colleges

EKAM सक्षम
(Mental Health Support: Launched in FY 25-26)

31
Schools, including BMC schools, in G Ward Mumbai

500+
counselling sessions

1,600+
direct beneficiaries

structured
4-week
PDP *(Professional Development Program)* for college students

Ekam सारथी
(Mentoring & Career-Counselling Support)

Launched in
FY 25-26

43
sessions on STEM, career planning & professional readiness

3,233
students mentored

21 online + **22** offline sessions

EKAM निर्माण
(Institutional Capacity Building since 2020)

50+
educational institutions supported

14-15
hospitals supported with equipment including one 25-bedded, free cataract hospital in Kolhapur

5
mobile health clinic for mental health counselling, ophthalmic screening and cardiac care

What Makes Us Different

- Child-centric & individual-focused
- Informed decision making by understanding the specific needs and challenges of the individual beneficiaries
- Ability to identify the most impactful areas of intervention with in-depth insights and implement targeted strategies to address the root cause
- Eye for detail, impact oriented and cost-conscious
- Strong ethic of corporate governance and due diligence
- FCRA and NITI Aayog Darpan approved
- Aligned to SDGs, 1,3,4,5, and 10 at multiple levels, addressing one common goal of a better Bharat

Organisation Overview

THE NEED

Poverty, the right to good health, and the right to education are interconnected issues that significantly affect individual well-being, economic growth, and social development. Poverty not only limits access to essential healthcare and quality education but also perpetuates cycles of impoverishment and inequality for those trapped in a system of inadequate resources and intergenerational challenges of overcoming it. Addressing poverty, the right to good health, and the right to quality education is crucial for nation-building. Tackling one without the other will only diminish the overall impact on individual well-being and national development.

THEORY OF CHANGE

WHY, WHERE, WHO, WHAT, HOW, and WHEN

Because investing in better health and quality education for all alleviates poverty, empowers lives, and enhances economic opportunities for everyone (WHY), we work across India (WHERE) to help children and young adults (WHO) improve their health and well-being while also providing better opportunities in life through quality education (WHAT), achieved via direct financial assistance supplemented by mentoring, counselling facilities, and capacity building (HOW), to transform 1 million lives by 2030 (WHEN).

VISION & MISSION

Our vision is to improve the health and well-being of a child by providing aid to meet their healthcare and educational needs.
We work as enablers in meeting the health and education-related expenses for children in need. Working in partnerships with medical and educational fraternities, our mission is to provide timely and adequate support to make health and education accessible and affordable to children. We also work towards preventive healthcare and the emotional well-being of children through awareness programs in schools and communities.

THE GOAL

At Ekam Foundation Mumbai, we identify the development needs of children and young adults in under-resourced settings, including health, education, and career opportunities, enabling individual resilience by provisioning a timely and adequate support structure for individual needs, thereby empowering the new generation to be equipped holistically with the developmental intra and interpersonal needs of health, education, and agency and skills, to navigate environmental challenges and secure socially sustainable outcomes which in turn contribute to a positive society.
The new generation is the change-makers of tomorrow. We LEVERAGE this change by fostering resilient ecosystems for children and young adults, ENABLING them to meet the ever-evolving challenges of maintaining their health, EXCELLING academically, and ENHANCING their employability with the skills and confidence needed to redefine their futures.

From Inception to Impact :

2012

Ekam Foundation Mumbai was established as a nonprofit organization/NGO

2013

The **first 100 children** were supported under the medical-intervention program, now named **Ekam Aarogyam.**

2015

We launched a **nurse training programme** in partnership with the **Indian Academy of Paediatrics (IAP)**. The first cohort comprised 100 nurses. This year, Ekam is launching an exclusive platform for nurses to upskill through its **Numinous** brand,aiming to **mentor 1000 nurses** annually.

2021

Ekam Nirmaan, our Institutional Capacity Building program, was launched to augment partner hospital and school infrastructure.

2022

From a hospital ante-room aiding 50 children, to a **10 Cr** organization **impacting 5000 lives annually**, Ekam marks 10 inspiring years, crossing the budget threshold of 10 Cr in 10 yrs.

2023

We expanded our impact through key partnerships: launched our first rural outreach camp in Kolhapur, Maharashtra, providing health screenings to nearly **6,000 villagers;** helped cure 2700 clubfoot conditions in a single year in remote villages across India; partnered with the **Army Welfare Education Society (AWES)** to support 20 army schools annually for education and ICB support across India.

The Ekam Story

2016



Aligned with **Swachh Bharat, our Health Awareness Program** held IEC (Information Education and Communication) sessions in 1000+ BMC schools annually. Post-COVID, it evolved into a monthly, pan-India online health and education initiative.

2017



Ekam Aarogyam began its **first medical outreach in Kolkata** with leading hospitals. It soon expanded across eastern India, partnering with trust and charitable hospitals in **Assam, Meghalaya, and Manipur.**

2020



Covid-relief support worth 1.35 Cr was mobilised for the Mumbai Covid-relief ward and other hospitals. **Ekam Pragati**, academic aid for children in school, and **Ekam Unnati**, a one-time scholarship for students in professional courses, were introduced under Ekam's Education Program.

2024



Advanced our impact by partnering with IBM USA employees to provide **one-on-one IT career and science mentorship**. Concurrently, we joined forces with the grassroots NGO Chaitanyam Institute to launch a **blindness eradication** pilot project in Kolhapur, aligned with the national **Netra Jyoti Abhiyan campaign**, serving a rural population of 2.5 lakh.

2025



Ekam Saksham was rolled out to address behavioural, emotional, and environmental issues affecting students in BMC schools.

2026



Project Shiksha, a collaborative initiative, focused on improving **10 Zilla Parishad schools in Boisar**, benefiting **964 children** through infrastructure and educational interventions. Parallely, the Chaitanyam Eye Institute, Kolhapur was completed with state-of-the-art ophthalmic OTs and OPD facilities, ready to offer **free cataract surgery and ophthalmic screening.**

Where are we making a Difference

- Under Ekam Aarogyam, we have reached out to **12,000+ children** directly for their healthcare needs, in partnerships with over 150 hospitals, across **20 states** in India. Annually, we aim to help **1200 children annually** with their medical needs under all categories of ailments.

- Our education support footprints are visible in **23 states**, covering **400 educational institutions**, helping close to **4000 students** in just four years since the launch of this program. We aim to impact the lives of **1200 students** annually through our scholarships and academic aid, with a focu[illegible]cation for girls.





- Since the pandemic, we have assisted 3-5 healthcare institutions annually with their equipment and hard infrastructure/capacity building. This year we have also donated a cardiac ambulance to a hospital in Hyderabad.

- Over the past three years, we have modernised **50 educational institutions** by equipping them with advanced **ICT labs, smart classrooms, and science laboratories.** To ensure these spaces were fully functional, we provided critical hardware tailored to each school's specific needs, distributing essential tools like **desktops, laptops, projectors, printers, and digital smartboards** to enhance the learning environment.

- We are working in partnership with the **Chaitanyam Institute for Human Excellence** in Healthcare, in constructing and establishing an eye-care hospital for cataract surgery in Kolhapur, Maharashtra, which will cater to nearly **4500 free annual surgeries** for the villagers from the upcoming year. The inauguration of the facility was held in May this year.

- There is already a deployed mobile eye check-up clinic covering various district schools in Kolhapur, screening nearly **10,000 students** annually.

- Our newly launched mental health program, Ekam Saksham, offering counselling and support to **3500 school children** from **40 BMC** schools in the G-Ward of Mumbai got extended to the **F-Ward for this year.**





- Our mentoring and career guidance support program, Ekam Saarthi, has expanded to become an independent program covering **35-40 one-day online sessions** pan-India annually, and conducting exclusive in-person workshops for students in Maharashtra, with cohorts of **100-150 students.**

- We have partnered with the **Maharashtra State Government** to assist referral paediatric cases approaching the Chief Minister's Relief Fund, a collaboration towards ensuring accessibility and timely treatment for the needy children.

- Our indirect impact would cover **thousands of children, young adults, students, families and communities** every year in an all-comprehensive development model of healing, transformation and growth.

The Way Forward

In these years since Ekam came into being, we have grown manifold, strengthening our identity, ability and capacity to effectively provide better services to the people we work for.

Every year we ask ourselves, **WHAT MORE** we can do and **HOW** we do it better.

Three aspects stand out in our journey:

A deeper and more focused intervention for better outcomes, channelling the power of collaboration to build scale and impact, and strategic implementation supported by meticulous execution and follow-ups.



Our interventions today are more concerted and focused towards addressing the need holistically, so today's children are empowered to become independent youth of tomorrow.

Our vision is to create that ecosystem of sustainability and resilience that will enable children and young adults to be in sound health, to excel academically, to enhance their employability opportunities, and thus to redefine their futures.

Our newly defined five-pronged programs of individual development, namely,

- **Ekam Aarogyam** (healthcare support),
- **Ekam Unnati & Pragati** (education support),
- **Ekam Saarthi** (mentoring and career guidance support),
- **Ekam Saksham** (mental health counselling support),
- **Ekam Nirmaan** (augmenting capacity and hard infrastructure of health and educational institutions),

would identify, enable and empower those in need in that focused direction.



OUR PROGRAMMES

FY 2025- 2026

Ekam आरोग्यम्

Medical Intervention & Surgery Support

KEY CONCEPTS

- Bridging Remedial Outreach Gaps
- Optimal Surgical care inclusion
- Reduced medical impoverishment
- Making Treatment Accessible And Affordable
- Responsiveness In Critical Needs

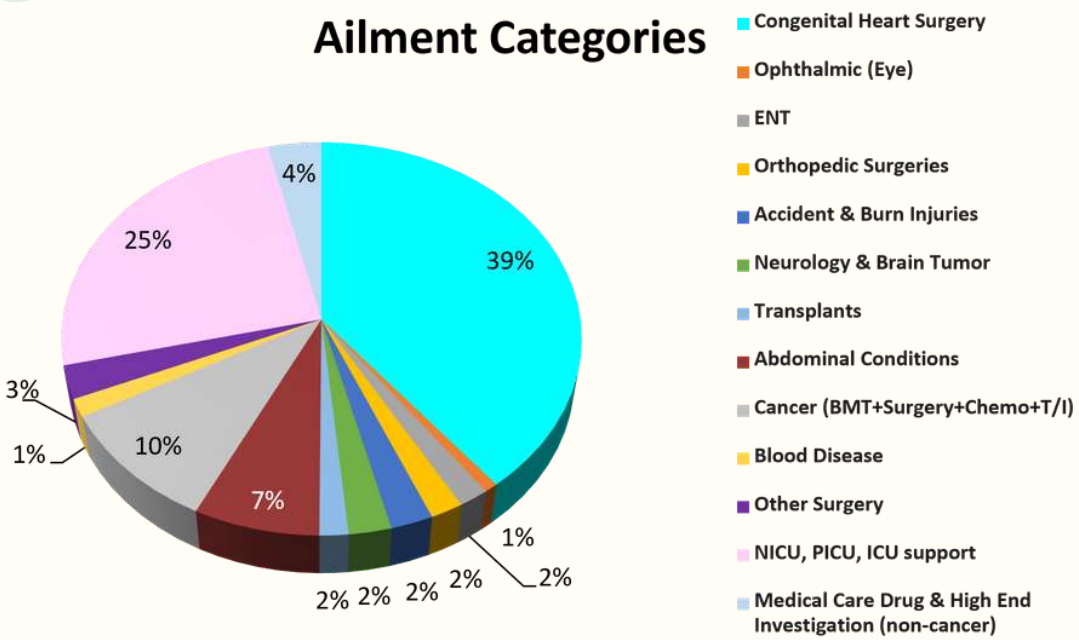
WHO

As our key medical support program, Aarogyam identifies medical impoverishment for children in the underserved communities of India, addressing system-level barriers in the affordability and accessibility of healthcare facilities.

HOW

- Helpline for inducting cases, pan-India
- Guidance and counselling by the patient welfare officer
- SES and medical history assessment by the medical director and committee
- Approval of partial or fully subsidized treatment and surgeries

OUTREACH FY: 2025-26



WHAT

By implementing a faster intervention timeline for direct financial assistance, Aarogyam tackles treatment refusal and abandonment, thereby reducing preventable deaths. The reduction in catastrophic health expenditure, alongside decreased cause-specific mortality and morbidity, results in improved patient outcomes and a higher quality of life for both patients and their families.

OUTCOME

- Reduced OOPE (out-of-pocket health expenditure)
- Averted deaths & disability
- Reduced prevalence of mortality & morbidity
- Increased life expectancy
- Improved health security
- Reduced disparities



IMPACT: FY 2025-26

1763
No. of cases received in FY 2025 - 2026, Pan India

1312 (74%)
No. of cases financially supported by Ekam

21
States

AGE GROUP

0-5 Years
60%

6-12 years
25%

AILMENT CATEGORIES

CHD
(~40%)

NICU
(~ 25%)

Cancer
(~ 10%)

95%
Survival & recovery rate

Support ranges from
40k to 3lacs
(case dependent)

60 K
Average support



Ekam प्रगति & उन्नति

Education Program

KEY CONCEPTS

- Assess the requirements of students and their educational goals/ professional aspirations
- Breaking systemic barriers and setting space for their transformative future
- Empowering young minds and giving sense of agency

WHO

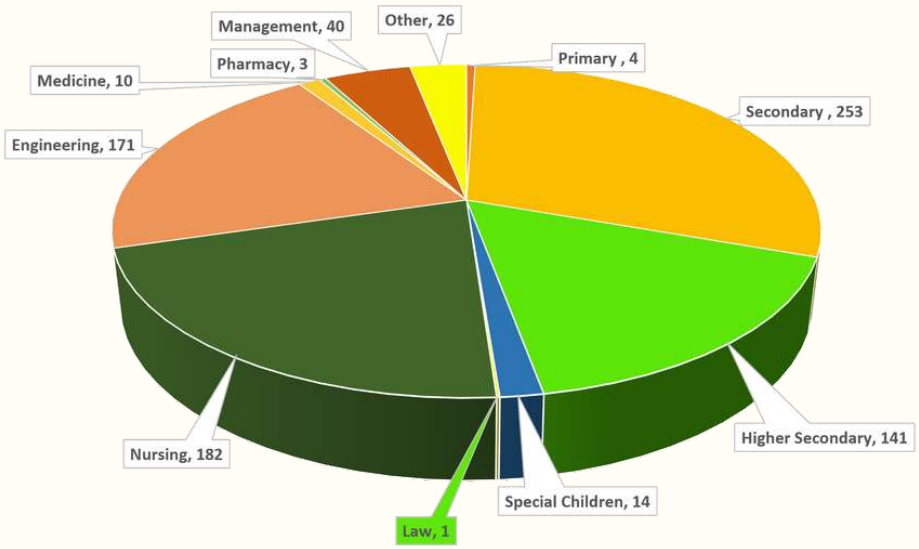
As our key pan-India educational support program, Ekam Pragati is a scheme for academic aid given to under resourced but meritorious school students from standard 6th to 12th in recognition of their drive, dedication and desire to succeed. Ekam Unnati is a one-time scholarship for students with a special focus on girls in higher education, especially in professional courses like engineering, nursing, medicine, and management curriculum across India.

HOW

- Select students through meticulous screenings
- Support with school tuition fees and scholarships
- Support with study materials like laptops, books, and supplementary coaching fees
- Provide mentoring and guidance with career counselling

OUTREACH FY: 2025-26 -

Breakdown by academic stream





WHAT

Educational aid and scholarships significantly impact students' lives, particularly girls facing financial challenges at home. Pragati and Unnati play a transformative role by empowering students to remain in school, preventing dropouts, and providing the necessary support to help them realize their aspirations and educational dreams for better career and life opportunities.

OUTCOME

- Female agency
- Empowerment
- Gender Parity
- Reduced inequalities
- Future employment & productivity
- Better enrolment rate & student retention
- Capacity building at both the individual and community levels



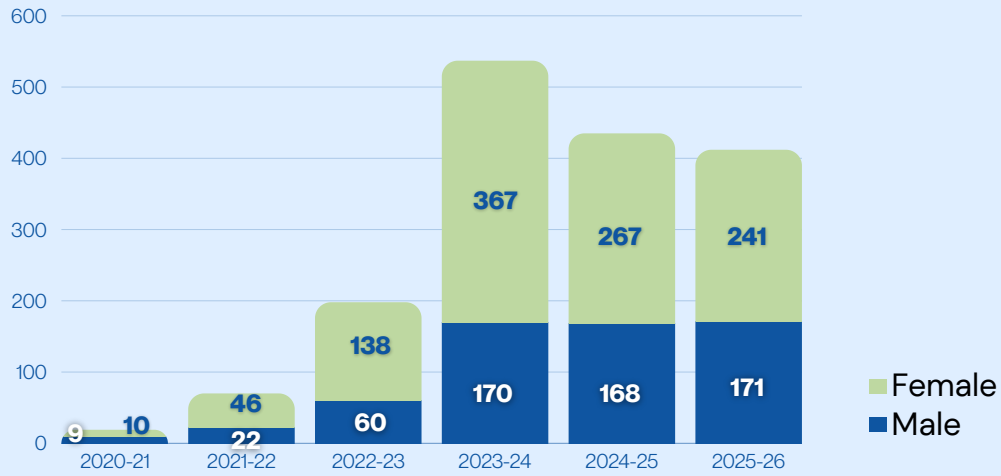
845
students supported in total

23
states

292
educational Institutions

EKAM PRAGATI





TOTAL NO. OF STUDENTS SUPPORTED

412
Students
supported under
Ekam Pragati

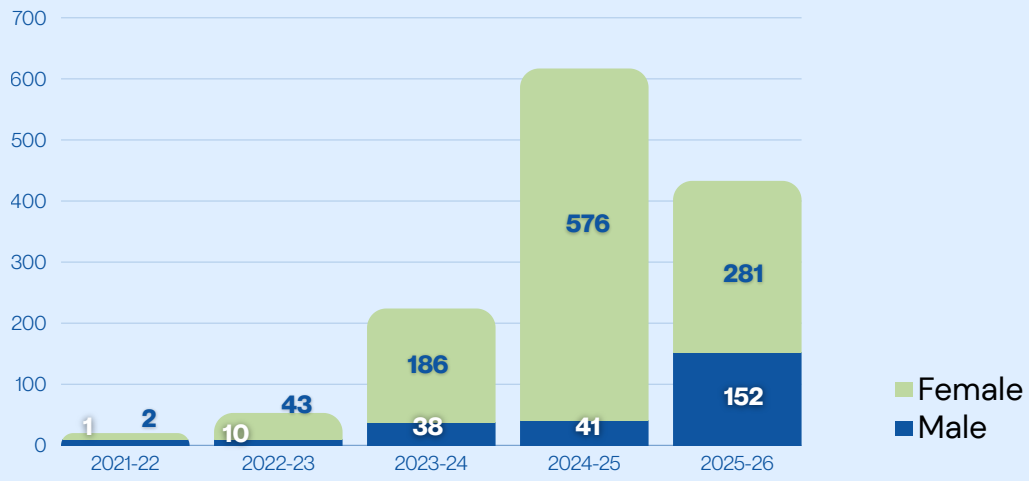
99.27%
Pass percentage
In FY 25-26 under
Ekam Pragati

♂ **41%**

♀ **59%**

EKAM UNNATI





TOTAL NO. OF STUDENTS SUPPORTED

433
Students
supported with increased funding under **Ekam Unnati** scholarship in FY 25-26

78%
Placed
Out of total pool of **942 Unnati scholars** after graduation. Many are also pursuing higher studies.

♂ **35%**

♀ **65%**

Ekam सक्षम

Mental Health & Wellbeing

KEY CONCEPTS

- Priming Mental Health
- Harnessing power of empathy and compassion
- Averting DALYs (Disability-Adjusted Life Years) and improving QUALYs (Quality-Adjusted Life Years)
- Mobile counselling unit for extending footprint of service delivery

WHO

Ekam Saksham aims to improve mental health outcomes and well-being among school children in underserved areas of India.

WHAT

Ekam Saksham offers accessible, timely, and effective mental health counselling services to school-going children from underserved communities. It is designed to provide both individual and group counselling sessions for children and parents to manage stress and other mental health issues. In addition, it provides parental counselling to the parents of affected school children and training to school teachers for creating a supportive environment for the children facing mental health issues. Moreover, it aims to increase awareness about mental health issues among students, parents, and teachers.

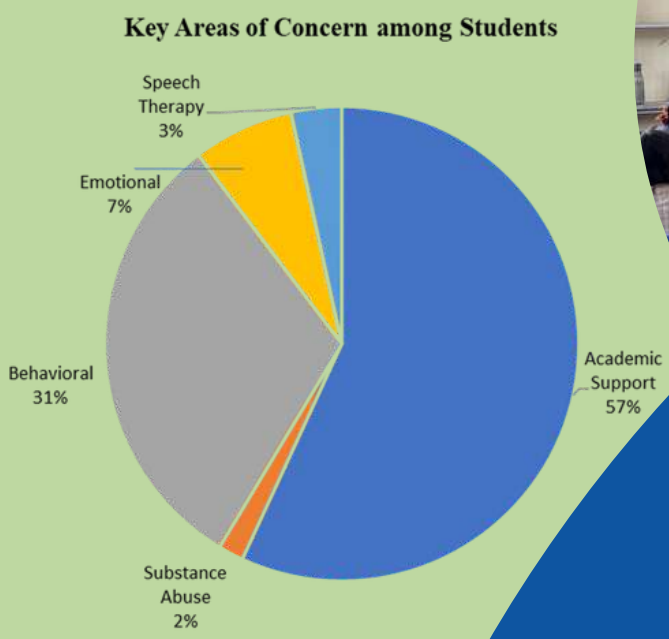
HOW

- Increasing accessibility by bringing mobile counselling for mental health support directly to schools, eliminating barriers like transportation, cost, and the lack of local facilities.
- Mobile services will allow for quicker response times, enabling early detection of issues such as anxiety, depression, or bullying, preventing these problems from escalating.
- Allowing flexible hours, making it easier for students to access counselling during school hours without missing classes.
- Raise awareness about mental health among students and teachers, encouraging a culture of openness and reducing stigma over time.

OUTCOME

- Accessibility to a safe and confidential space for problem sharing
- Timely Intervention with flexible hours
- Improved mental health and well-being
- Reduction in mental health-related stigma
- Improved teacher competency and school environment
- Increased parental involvement in mental health support
- Improved coping mechanisms among students
- Reduction in school dropout rates
- Improved academic performance
- Reduced rates of bullying or violence

Pilot Run in G-Ward Mumbai covering BMC schools





PROJECTION: FY 2026-27

Plan includes continued engagement in existing school clusters while expanding outreach to F North and F South wards, covering an **additional 4000 students.**

The pilot project serves the Worli and Mahim neighbourhood in central Mumbai, **covering 40-50 schools with**

TARGETED REACH

3500 Children Annualy

IMPACT: FY 25-26 PILOT RUN

476
Individual counselling

70
Group sessions with **1409** children

32
Parent Consultation individually

31
Schools, including 29 MCGM ones.

4
Teacher awareness sessions

PDP – A four-session Personality Development Program series for college students across 4 weeks.

23 children referred to hospitals or CDCs after teacher referral and initial screening




सौजन्य
Ekam
सक्षम
SBFC
मी सक्षम आहे !
एकम हेल्पलाईन क्रमांक
८५९ १६२१५३०
Ekam
SBFC
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Ekam सारथी

Mentoring & Career-Counselling Support launched in FY 25-26

KEY CONCEPTS

- Adapting to the ever-evolving professional needs while understanding individual dynamics
- Addressing requisite gaps in skills and knowledge for our students
- Building and enhancing capabilities by enhancing learning, coaching, knowledge-sharing, and role-mentoring
- Encouraging mentor-mentee relationships based on a web of interconnectedness that influences career pathways
- Enabling productivity and improved lives

WHO

Ekam Saarthi is designed to guide, mentor, and boost our students' growth and success by focusing on skills development, confidence building, and career goal achievements.

WHAT

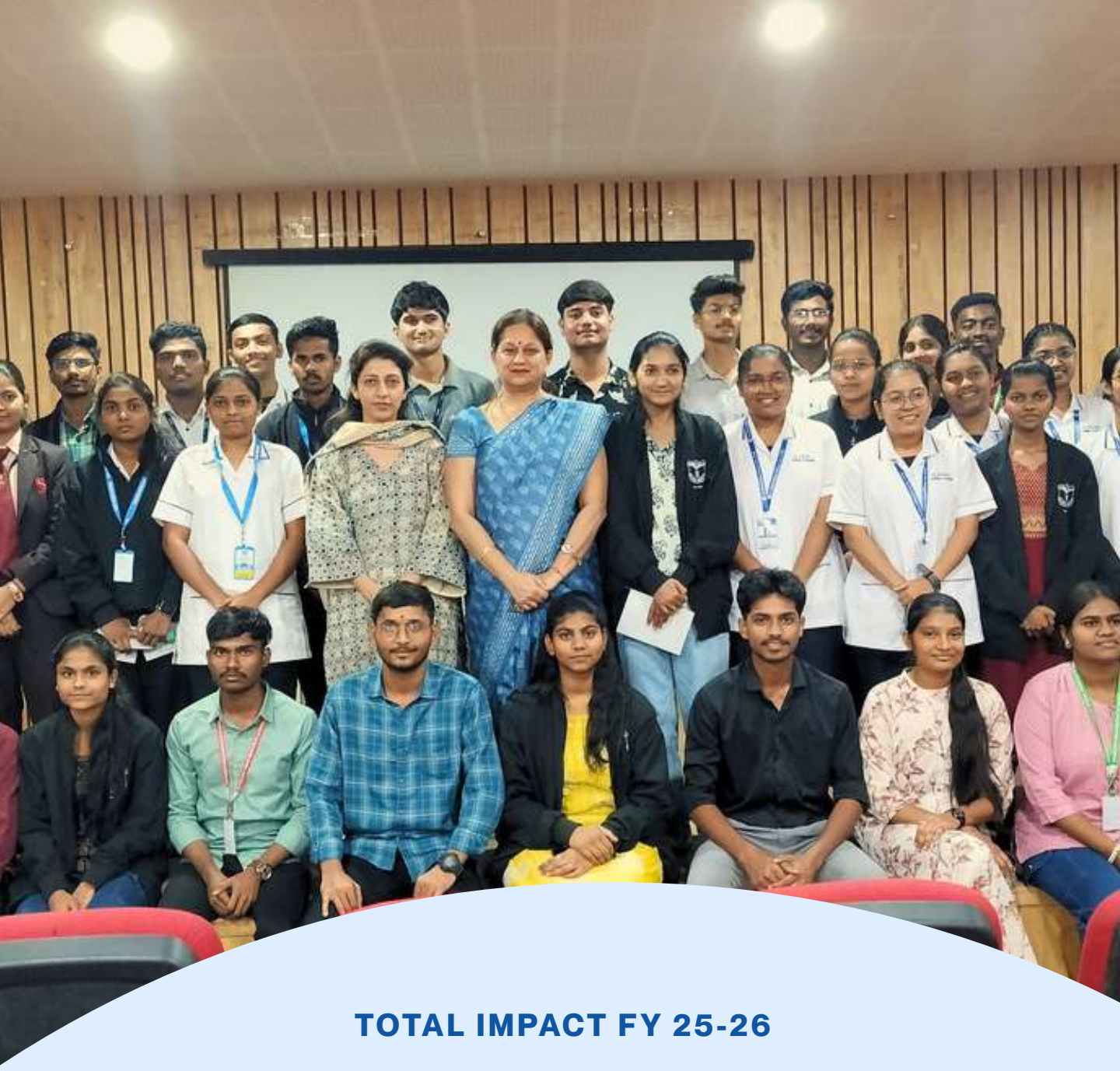
Through comprehensive knowledge dissemination and career guidance sessions, offered both online and in-person, Saarthi aims to provide the necessary support for emotional development and self-care skills, guiding participants toward self-awareness, growth, and individual goal-setting.

HOW

- Carefully select and match participants
- Develop a structured curriculum
- Establish communication channels for feedback and questions
- Counsel and assure students that they matter
- Encourage and engage
- Promote self-discovery
- Holistic approach focusing on long-term career and personal development

OUTCOME

- Increased confidence
- Personal skill development
- Academic success
- Emotional well-being
- Better goal-setting skills
- Career readiness
- Promoting inclusion by bridging the gap between marginalized communities and the mainstream
- Promote students' sense of belonging and reduce the likelihood of dropping out



TOTAL IMPACT FY 25-26

43
Total Sessions

3233
Students from professional courses like nursing, engineering, medicine, management, law, and others including 11th and 12th graders

21 + 22
Online sessions
Offline sessions

SESSION DETAILS AND OUTREACH

For School Students (up to 12th grade)

STEAM Academy :

- Sessions for 1600+ students from 8 schools
- Interactive science Sessions
- Field trips to Bhau Daji Laud Museum, and Nehru Science Centre

Educational Outreach & Career Planning workshops with our career coach Poonam Shah

Student Development Workshops, like art workshops led by high school student Saisha Sikka.

For College Students

Career Guidance & Professional Readiness

- 2 offline sessions on Resume building & interview preparation, led by Poonam Shah and Ameeta Chatterjee
- Workshops on “Career navigation: New Age Careers" for our nursing cohort conducted by medical professionals

Nursing Mentoring & NLP Training

- 6 online NLP sessions across 5 colleges covering soft skills, stress management, and mental peace techniques
- The Chaitanyam Team conducted specialised, in-person nursing mentoring programs focusing on holistic health, communication, and emotional resilience for nursing students. This included 5 full-day & 2 half-day sessions at 3 colleges in Mumbai (JJ Grant, Pratibha College & SNDT) and 2 full-day workshops in Pune (DES, St Andrews, Sharadabai, Sushrusha, Symbiosis College)

Career Guidance & Mentorship

- Donor- beneficiary meet was organised for 10 selected students from the Shri C.V. Kumar Scholarship program. Industry mentorship was provided to students from diverse fields like Law, AI, and Physiotherapy as part of the Unnati follow-up.
- A donor-beneficiary meet featuring a practical HR workshop on resume building and navigating the professional landscape was conducted for 24 beneficiaries at the Foresight office.
- Mentoring workshop for Engineering students from AIT, covering teamwork, nation-building, and disaster management was conducted at the BP office in Pune.





Ekam निर्माण

Institutional Capacity Building

KEY CONCEPTS

- Assessing infrastructure gaps in educational institutions and hospitals
- Strategically prioritize their scope, strength, and functional needs for improved services
- Achieves objectives in sustainability and responsiveness to emerging developmental needs

WHO

Ekam Nirmaan assists healthcare and education institutions across India in augmenting their equipment and hard infrastructure capacity. It addresses the gaps at the facility level of schools and health institutions by allocating capital assets and resources for improved service delivery.

WHAT

Aligning with a broader health and education goal for achieving the SDGs, Ekam Nirmaan is designed to enhance the infrastructure of health and education institutions. By funding necessary equipment and infrastructure costs, Nirmaan helps hospitals, schools, and other institutions invest in new infrastructure to address the inadequacies in their existing systems. It focuses on an institution's economic and social well-being to better serve its beneficiaries.

HOW

- Fund hospitals with equipment required for critical treatments
- Fund schools with smart classrooms
- Fund schools with computer labs
- Fund mobile health vans for different health implementation programs
- Fund emergency health requirements during crises, like the COVID-ward during the pandemic

OUTCOME

- Better access to digital information & communication
- Improved learning experience for students
- Interactive and engaging learning
- Prepare students for the future workforce
- Enhanced teaching quality
- Promoting teamwork and communication
- Bridging the digital divide
- Streamlined administrative processes
- Improved patient care for hospitals
- Improved treatment outcomes



OUTREACH FY 2025-26

22
schools supported with **23 ICT** Labs (Maharashtra, Uttarakhand)

1
Mobile Health Clinic/ Vans

₹3.4 Cr
Worth support for **construction cost & ophthalmic equipment** for Chaitanyam Eye Institute, Kolhapur

Cardiac Ambulance
donated to Indo American Cancer Hospital and Research Institute of Hyderabad.

Ekam Saksham

Mental Health Counselling vehicle providing support to MCGM school children in G Ward, north and south, covering 3100 children. Extended to F Ward this year with additional coverage of 4000 more children.

Project Shiksha

A collaborative initiative by D'Décor and Ekam Foundation Mumbai focused on **improving 10 Zilla Parishad schools in Boisar, impacting 964 children** through infrastructure and educational interventions.

IMPACT STORIES & TESTIMONIALS

FY 2025- 2026

Ekam आरोग्यम्

IMPACT STORIES AND TESTIMONIALS

Dear Ekam Foundation Team,

My name is Madhu. I would like to sincerely thank Ekam Foundation for supporting me during my surgery in 2025 and also for supporting my education.

Your support kindness and financial support helped me during a difficult time and gave me the opportunity to continue my studies.

Your support has given me hope and encouragement to move forward and work towards my dreams.

Thank you so much, Ekam Foundation, for your valuable help and support.

With sincere gratitude,
Madhu

My son, Prajwal Lahu Yerane, had a hole in his heart. Because of this, he underwent complete treatment and his operation was successfully done at Deccan Sahyadri Hospital.

The expenses for his operation were covered by Ekam Foundation Mumbai. I am extremely grateful to them for their support.

Thank you so much.
Yours, Vivek

*names changed for privacy





‘Shivam’s journey is a story of courage that began even before he entered the world.’

In 2013, while Mrs. Shubhangi was pregnant with Shivam, doctors delivered the most heartbreaking news any parent would want to hear: their unborn child was diagnosed with Congenital Heart Disease (CHD). The diagnosis brought fear and uncertainty to the family, but they chose hope. Despite the complications, Shivam was born through a normal delivery, bringing immense joy to his parents and a renewed determination to give him the best possible care.

Doctors advised the family that Shivam would need specialized treatment at Kokilaben Dhirubhai Ambani Hospital in Mumbai. Their challenges had only begun.

At just three years old, in 2016, Shivam underwent his first heart surgery. The road to recovery was far from easy. Following the operation, he battled severe infections due to low immunity. His health struggles also affected his speech, adding another challenge to an already difficult journey.

But Shivam never gave up.

With the unwavering love of his parents, the care of his family, and his own remarkable resilience, he slowly began to recover. Step by step, he regained his strength and learned to embrace life again. Every small improvement became a reason for the family to celebrate. His journey was not simply about surviving a difficult illness—it was about finding the courage to move forward.

Years passed, and Shivam grew into a bright and determined young boy. Today, at 11 years of age and studying in the 6th standard, he continues to dream, learn, and look toward the future.

But once again, his family found themselves facing a difficult chapter. Shivam needed a second major heart surgery. The family once again traveled to Mumbai, carrying with them the memories of the past, the fears of the present, and most importantly, hope for the future.

Through this difficult phase, Shivam was not alone. His younger brother, Devansh, stood beside him along with the rest of his family, offering the love, strength, and encouragement he needed.

Shivam’s story is more than a story of two heart surgeries. It is a story of a child who has faced challenges far beyond his years and continued to move forward with courage. It is a story of parents who refused to lose hope, a family that stood together through uncertainty, and a little boy whose strength continues to inspire everyone around him.

From a diagnosis before birth to the challenges of childhood and another major surgery at 11, Shivam has shown that even the toughest journeys can be overcome with hope, determination, love, and resilience.

Today, his journey stands as a reminder that every heartbeat carries a story—and Shivam’s heartbeat tells a story of courage, survival, and hope for a brighter tomorrow.

At just 32 weeks of pregnancy and weighing only 870 grams, baby boy of Mrs. Sakshi Kumari entered the world far too early and began his fight for life even before he had the strength to breathe on his own.
At just 9 days old, he was transferred from Gondia Hospital to NewEra Mother & Child Hospital in a critical condition. He was suffering from respiratory distress, feed intolerance, and poor perfusion, and was already dependent on a mechanical ventilator. For his family, those first moments were filled with fear and uncertainty.
At the NICU, the medical team immediately began intensive care. The tiny baby was kept under a radiant warmer, supported by a ventilator and treated with IV fluids and antibiotics. Every hour mattered.
After four days of ventilator support, his condition finally began to stabilize. It was the first ray of hope his family had been waiting for. He was gradually shifted to CPAP support and continued to receive close monitoring and treatment.

His journey, however, was far from over. A few days later his hemoglobin dropped to 8.6, requiring a PRBC transfusion. A septic screen also suggested infection, with CRP elevated to 15, and his antibiotics were upgraded. Thankfully, the blood culture later came back negative.
Then came another challenge—hypoglycaemia. With the guidance of Dr. Nikhil Lohiya, Paediatric Endocrinologist, the baby received appropriate treatment and gradually overcame this hurdle.
Slowly, milestone by milestone, the little fighter began to show his strength.
After seven days on CPAP, he was weaned to oxygen through nasal prongs. Soon, he no longer needed oxygen at all and began breathing comfortably in room air.

His feeds were restarted carefully through RT and increased step by step as he learned to tolerate them. Each feed, each breath, and each gram gained became a reason for the family to smile.
After an intensive NICU journey, including days of ventilator and CPAP support, the baby gradually emerged stronger. The child who had once been fighting for every breath was now breathing independently, tolerating feeds, and steadily gaining weight. From Fragility to Strength

Today, the baby is stable, recovering, and under regular medical supervision.A tiny life.
A tremendous fight.
A hopeful new beginning.

BO Sakshi Kumari: A Tiny Fighter's Journey: From 870 Grams to Hope



Names have been changed and images are representational to protect privacy. (Image courtesy Unicef)

Ekam प्रगती & उन्नति

IMPACT STORIES AND TESTIMONIALS



Dear Ekam Foundation Team,

I am truly grateful to receive the Ekam Foundation Scholarship of ₹45,000. This support means so much to me and my family. It will help me continue my studies and move closer to achieving my dream of building a career in hotel management.
I would like to give my special thanks to Ashwini ma'am and Pritee ma'am for their constant guidance and support during the scholarship application process. Their encouragement and kindness made me feel confident and motivated throughout.
Thank you, Ekam Foundation, for believing in students like me and giving us hope to reach our goals. I promise to work hard and make the best use of this opportunity to make you all proud.
With heartfelt gratitude,

Akula Nandini

Thank you so much for the selection. I can't express in words how much it will help me. Your genuine support matters greatly in continuing my education. Thanks a lot to the whole concerned team for this great support.

Ajay Mahale Students,
P.E.S. Modern College
of Engineering, Pune.



Dear ma'am,
I sincerely thank you for your kind financial support, which helped me pay my fees on time. Because of your help, I'm now able to appear for my exams without any worry. I'm truly grateful from the bottom of my heart for your generosity and trust in me. I promise to work hard and score well in the future to make you proud.
With heartfelt thanks,

Chandana M,
RNS Pre- University College.

TESTIMONIAL

Dear Sir/Ma'am,
With due respect, myself the principal of 'Shanti Niketan Educational Institute' is writing this letter to you for thanking you for providing two computer sets and two projector sets to our institution. With the help of projectors, the students are gaining more knowledge as well as the children from pre primary department are liking projector very much for knowledge as well as for entertainment purposes. From computer sets they are also gaining technical knowledge which will help them in nurturing their knowledge for future purpose. We would like to thank you for providing these two assets to our institution at Jagti Nagrota.

Yours Faithfully,
Sushant Moza, Principal | Shanti Niketan Educational Institute

TESTIMONIAL

On behalf of Shardabai Pawar Institute of Nursing, Shardanagar, Baramati, we extend our heartfelt gratitude to Ekam Foundation for your generous scholarship support to our students for the academic year 2025-2026.
We are pleased to acknowledge that your esteemed foundation has awarded scholarships to 11 First Semester B.Sc. Nursing students,, with a total scholarship amount of 4,50,000 (Rupees Four Lakh fifty thousand rupees only). This noble contribution has significantly eased the financial burden of our deserving students and has encouraged them to continue their nursing education with greater confidence, dedication, and enthusiasm.
Your commitment to empowering young students through educational support reflects a deep concern for the future of healthcare and society. Such initiatives inspire our students to strive for academic excellence while developing into compassionate and competent healthcare professionals.
We sincerely appreciate your trust and continued support towards our institution and students.
We look forward to strengthening our association with Ekam Foundation in the years ahead and working together to promote quality nursing education and student welfare.
Once again, thank you for your generosity and unwavering commitment to supporting higher education.

Yours faithfully,
Principal | Shardabai Pawar Institute of Nursing.

TESTIMONIAL

I'm Komal Bandgar from Mumbai, want to express my gratitude to Ekam Foundation for being the pillar of strength in my educational journey.
Because of your constant support, I may complete my MBA successfully. Your help has not only changed my life but also given hopes and opportunities to many needy students like me, enabling them to continue their education and move closer to their dreams.
You didn't provide us only the financial support, you also provide me the mentoring sessions and workshops which help us to become a professional person, develop our skills, build confidence and prepare us for real life situations.
Your guidance and belief in us have made a huge difference. You have not just supported our studies, but also inspired us to dream bigger and work harder for a better tomorrow.
" Koi saath de tho rasta aasan hojata hain, Koi bharosa kare tho hausle buland hojate hain,
Ekam Foundation ne sirf madat nahi ki, Humein sapno ko haqeeqat banane ka hausla diya hai."
Thankyou for being the reason behind our success, our confidence and our brighter future.

With heartfelt gratitude
Komal Bandgar | MBA Student

TESTIMONIAL

Respected Sir/Madam,
On behalf of the Army Institute of Technology (AIT), Pune and the beneficiaries of the Ekam-Unnati Scholarship, we sincerely express our heartfelt gratitude to Ekam-Unnati Foundation for its generous financial support extended to deserving students during Academic Year 2025-26. The foundation has continued its valuable initiative of supporting students through scholarships, thereby helping them to pursue their higher education with greater confidence and reduced financial burden. Your generous contribution is not merely financial assistance, it is an encouragement and motivation for the students to work hard, excel academically and strive towards achieving their professional goals. Such support plays an important role in creating opportunities for deserving students and contributes significantly to their overall development. We deeply appreciate the commitment and concern demonstrated by Ekam-Unnati Foundation towards the education and welfare students. We are confident that this continued association will inspire many more students to pursue their aspirations and contribute positively to the society. Once again we convey our sincere thanks and appreciation to Ekam-Unnati Foundation for its generous support and noble initiative.

With Warm Regards,
Dr. B.P.Patil, Principa l Army Institute of Technology, Dighi Hills, Pune

TESTIMONIAL

Thank you so much for the selection. I can't express in words how much it will help me. Your genuine support matters greatly in continuing my education. Thanks a lot to the whole concerned team for this great support.

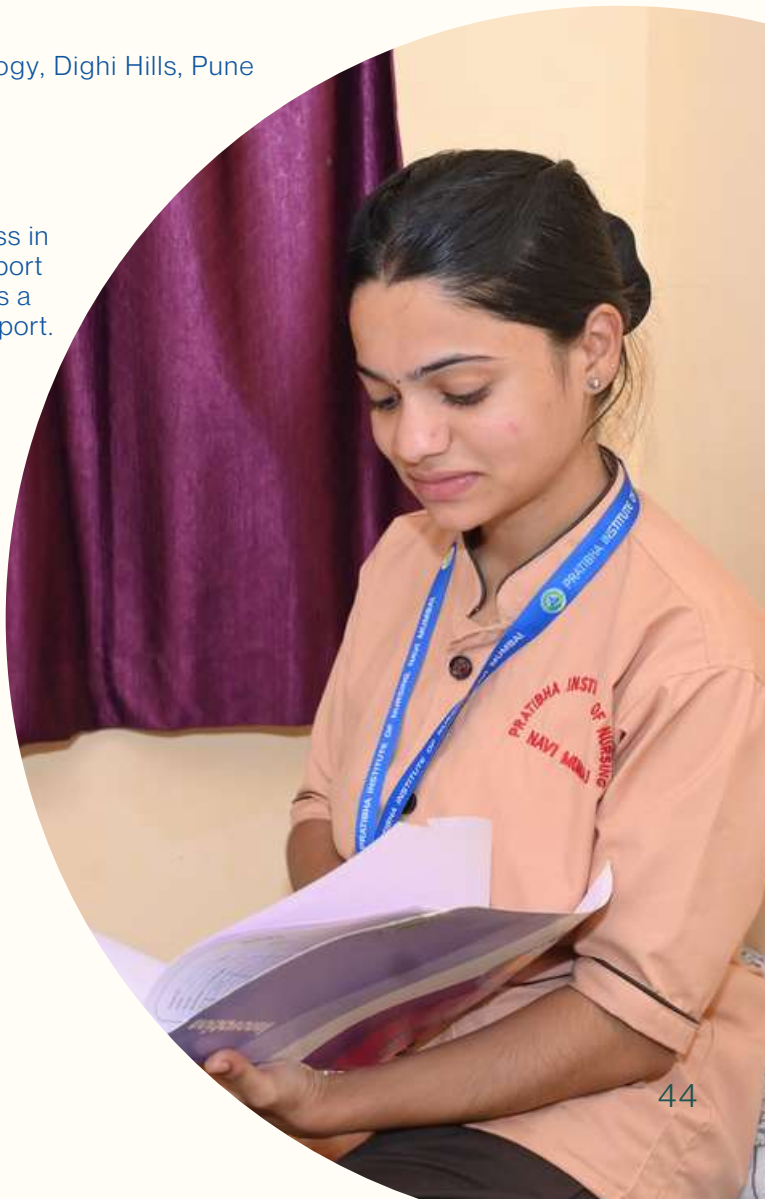
Ajay Mahale Students | P.E.S. Modern college of Engineering, Pune.

TESTIMONIAL

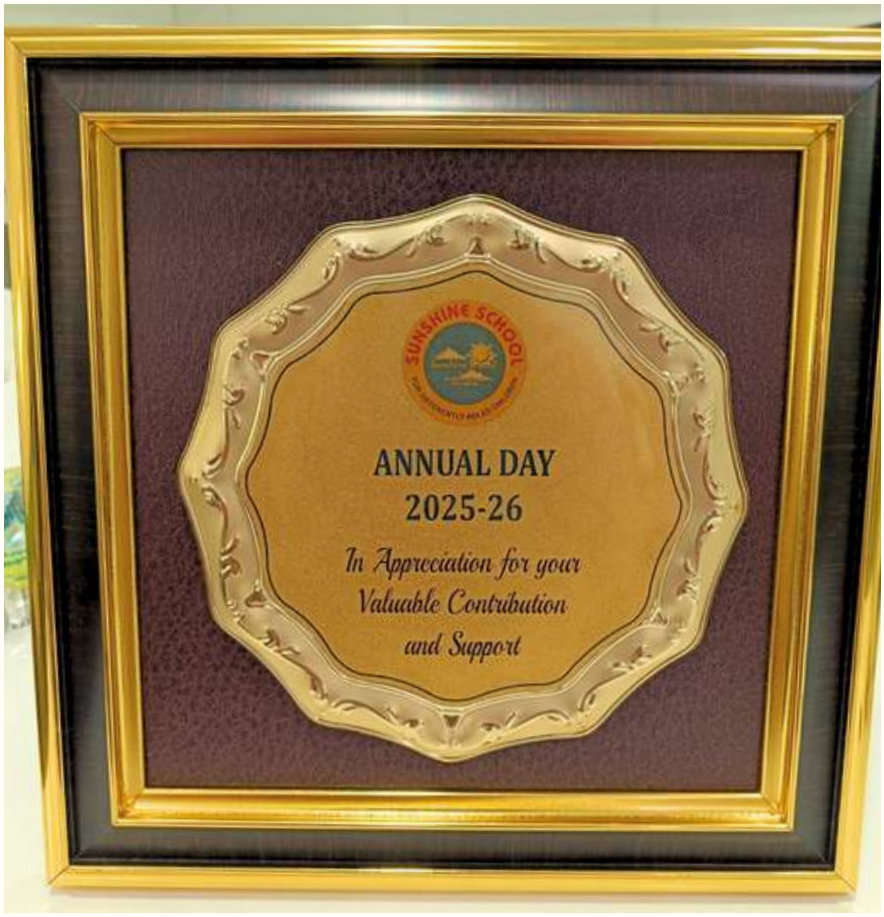
Memento of Appreciation Presented
to Ekam Foundation Mumbai

We sincerely express or heartfelt appreciation for your generous financial support towards the development of our school and welfare of its students. Your invaluable contribution has created better educational opportunities and inspired our students to strive for a brighter future. Your commitment to social responsibility and education is commendable. Thankyou for your continued support and best wishes for your future endeavors.

Heartfelt gratitude,
Mrs. Reena V. Mudaliar, Headmistress
Little Stars English High School, Mumbai.



TESTIMONIALS



Memento Received
From Sunshine school - Special Children's School in appreciation of the valuable support provided.

Respected Sir/Ma'am,
On behalf of our school, I would like to express our sincere gratitude to Ekam Foundation for providing us with the interactive panel.
We are truly thankful for your generous support and kindness.
The interactive panel has been very helpful for both students and teachers. Its has made learning more interesting, easy and enjoyable. The smart features of the panels help us understand the lessons better and make classroom teaching more effective.
We are very happy and grateful for this valuable contribution. Your support towards education is highly appreciated and will always be remembered by our school.
Thank you once again for your generosity and encouragement. We hope to receive your continued blessings and support in the future.

Yours faithfully,
Chhatrapati Shivaji Vidyalya English Medium.

IMPACT STORIES

The stories that follow are a representative selection of students and recent graduates we have supported — across engineering and technology, and nursing and healthcare. Together they show what sustained, targeted support makes possible - not only degrees completed, but careers begun in India and abroad, families lifted out of hardship, and increasingly, opportunity created for others. A woman steps into a profession, an income, and a life of her own choosing. These are stories of each woman stepping into a profession, an income, and a life of her own choosing. Names have been changed to protect privacy



RISING ABOVE ADVERSITY TO SERVE THE NATION

After losing her mother and younger brother in a tragic accident, Sanjana persevered through immense personal and financial challenges to complete her B.Sc. Nursing with support from the Ekam Unnati Scholarship, funded by Bajaj Housing Finance and Investment Ltd. Her dedication and hard work led her to successfully clear the NORCET examinations, and today she serves as a Nursing Officer at AIIMS. Sanjana's journey is an inspiring example of resilience, determination, and the transformative power of education.

FROM A TEA STALL TO A CAREER IN FINANCIAL SERVICES

Coming from a modest family where her father runs a small tea stall, Rachna overcame financial challenges to complete her Engineering degree in Information Technology with an outstanding 9.6 SGPA. Supported by the Shri C. V. Kumar Scholarship and later the Standard Chartered Scholarship through Ekam Foundation, she balanced her studies by conducting coaching classes to support her education. Today, she has secured a position as a Software Engineer at a leading multinational Financial Services firm, proving that determination, talent, and timely educational support can transform lives.





FROM SCHOLARSHIP RECIPIENT TO FOUNDER OF A 20-BED CARE CENTRE

Balancing her nursing studies as a married mother of two amid difficult family circumstances and limited support, Manjula persevered to build a 20-bed residential care centre for the elderly in rural Maharashtra, transforming her determination into a source of care, dignity, and opportunity for her community. She champions women's empowerment like no other!

FROM A VILLAGE IN TELANGANA TO A ₹14 LPA CAREER



Growing up in a small village in Telangana, Manya lost her father at the age of one and was raised by her mother, an anganwadi cook who supports the family on a modest income. A brilliant student who scored 100% in Class 10 and 98% in Class 12, she pursued Biotechnology at IIT Jodhpur with continuous scholarship support from Ekam Foundation, funded by MTAR. Today, she has secured a placement as a Decision Analytics Associate at top management consulting firm with an offer of ₹14 LPA. Her journey is a powerful example of how talent, perseverance, and sustained educational support can transform the lives of deserving students and their families.



FROM A DHARAVI CHAWL TO A NURSING CAREER

Growing up in Dharavi, Mumbai, Ruchi faced immense financial and personal challenges after losing her father at a young age. With her mother caring for a bedridden grandmother and an unemployed brother with mental disability, pursuing higher education seemed difficult. Supported by the Ekam Unnati Scholarship, funded by Bajaj Housing & Investment Ltd., Ruchi completed her General Nursing and Midwifery (GNM) with First Division. Today, she serves as a Staff Nurse at a renowned Mumbai hospital, proving that determination and timely educational support can transform lives and create opportunities for a brighter future.

OVERCOMING HARDSHIP TO BUILD A BRIGHTER FUTURE



Growing up in a small rented home, Aloka faced financial hardship after her father became unemployed following an accident, leaving her mother's tailoring work as the family's primary source of income. Despite these challenges, she remained committed to her education and completed her Bachelor of Engineering in Computer Engineering with support from the Standard Chartered Scholarship through Ekam Foundation. The scholarship enabled her to meet essential academic expenses and pursue her goals with confidence. Today, she has secured a position as an Assistant Manager at a multinational bank, demonstrating how resilience and timely educational support can help students overcome adversity and build a successful future.





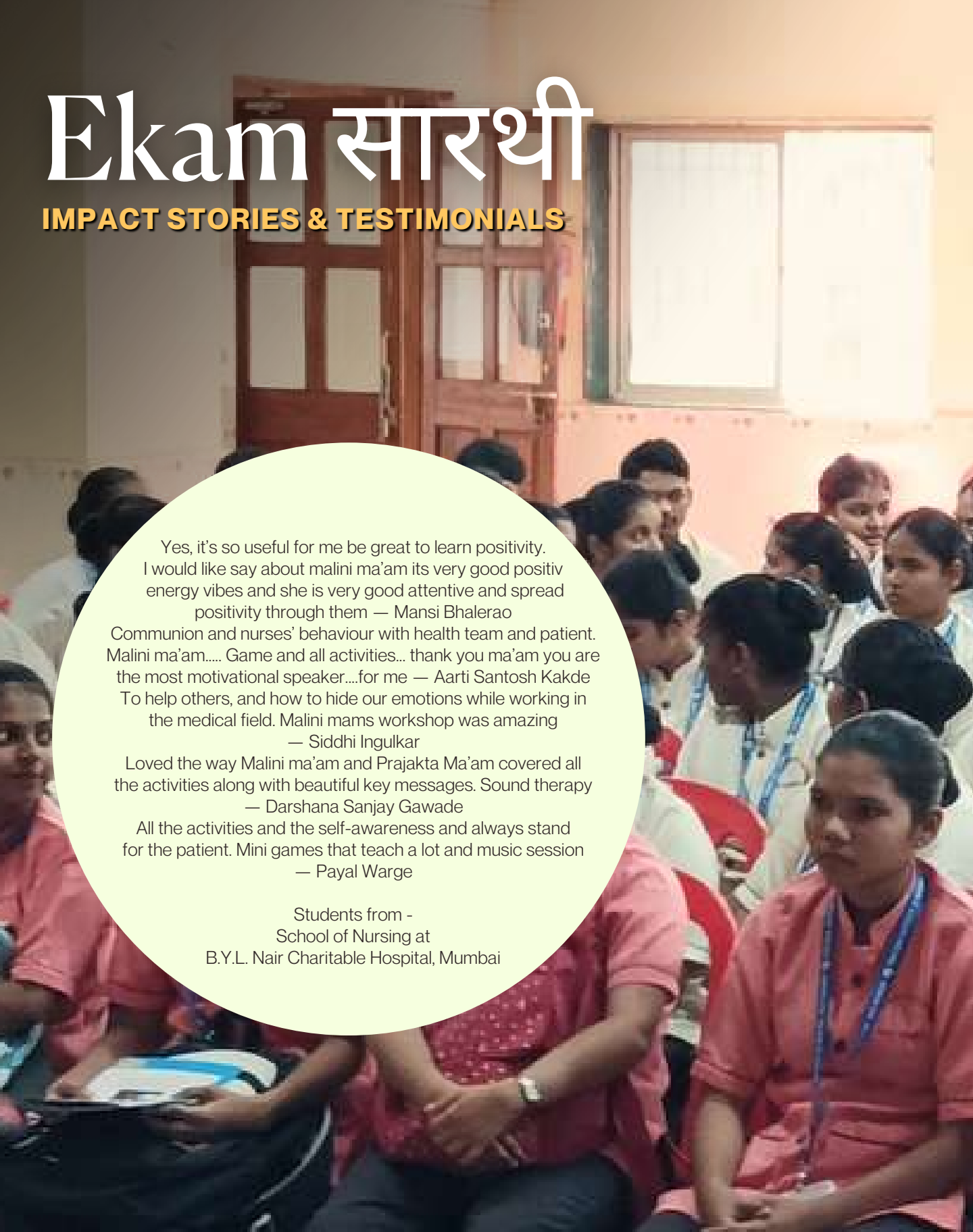




Our Nursing Cohort : Learning, leading, and serving

Ekam सारथी

IMPACT STORIES & TESTIMONIALS



Yes, it's so useful for me be great to learn positivity.
I would like say about malini ma'am its very good positiv energy vibes and she is very good attentive and spread positivity through them — Mansi Bhalerao

Communion and nurses' behaviour with health team and patient. Malini ma'am..... Game and all activities... thank you ma'am you are the most motivational speaker....for me — Aarti Santosh Kakde

To help others, and how to hide our emotions while working in the medical field. Malini mams workshop was amazing — Siddhi Ingulkar

Loved the way Malini ma'am and Prajakta Ma'am covered all the activities along with beautiful key messages. Sound therapy — Darshana Sanjay Gawade

All the activities and the self-awareness and always stand for the patient. Mini games that teach a lot and music session — Payal Warge

Students from -
School of Nursing at
B.Y.L. Nair Charitable Hospital, Mumbai



Respected Sir/Ma'am
We sincerely thank you for your generous support in providing scholarships to our students. Your contribution has made a significant impact on their academic journey and overall well-being.
We are also grateful to you for organizing mentoring sessions for all our nursing students. We truly appreciate that these valuable were offered free of cost, reflecting your commitment to the holistic development of future healthcare professionals.
Looking forward to working together for the betterment of our students.
Thanking you,
Yours faithfully
SMT. Sunanda Pravin
Gambhirchand Institute of Nursing.

TESTIMONIAL

The one that pani sir taught us, how to be a good observer and how to improve our skills that'll help us be a better learner. I enjoyed the sound session the most and pani sir's session the most
— Krishika Thakor

To take care of ourselves and love ourselves cause there's no one who's going to do it for us. And to manage time, and how to be a good person in life — Sangay Choden
Learning about time management, the 8 Keys of Excellence, mental and emotional well-being, and the importance of self-care for caregivers. The sound bath meditation was especially helpful in understanding how to reduce stress and stay calm. The workshop was interactive, informative, and engaging — Neha Shewale

I have get to know more about myself. Now I can look into myself and become a better person. The overall sessions were engaging and interacting. Teachers were free to talk and comfortable
— Kaveri Dipak Bhoir

I think malini Mam's 8 keys were really helpful. I think the last one was the best by Julie mam, it literally calmed many of my emotions that it took me to sleep and made me relax — Sanches John

Self awareness. Group activities. I don't feel like there is something to improve.
About how to manage with social anxiety, stage fear — Sivaganga C P

Students from - Symbiosis College of Nursing, Pune

TESTIMONIAL

In today's session we are learning many more things. In the starting sessions, the Dr. Urvi Shukla mam is explaining about the importance of nursing students and many more things. After that the prajakta mam is also take the fantastic session on communication learning. We enjoy the role play session
— Priyanka Balaji Gaiwade

By the role play we get the knowledge how to deal with the patient and about good communication and the sound therapy is the best. We enjoy all the activities like champions and challengers... and role play is the best with the full confidence — Vidya Prakash Mali

I learned how effective communication can improve understanding, build trust, and help us express our thoughts and feelings clearly. I enjoyed the interactive activities and learning practical communication skills that I can use in my personal and professional life — Ms. Vimala Ramcharan Barodiya

Communication and confidence are important aspects and have a really big impact on patient care. The way how speakers make us feel comfortable and yet deliver their utmost best for us — Huma Ramzan Khan

Champion of care, the heartbeat of health care, expanding boundaries of holistic recovery, overall excellence in nursing. Roll play and interaction between students and teachers — Trupti Madhav Gawade

To ensure about the proper listening. I have enjoyed everything about the workshop — Raman Jee

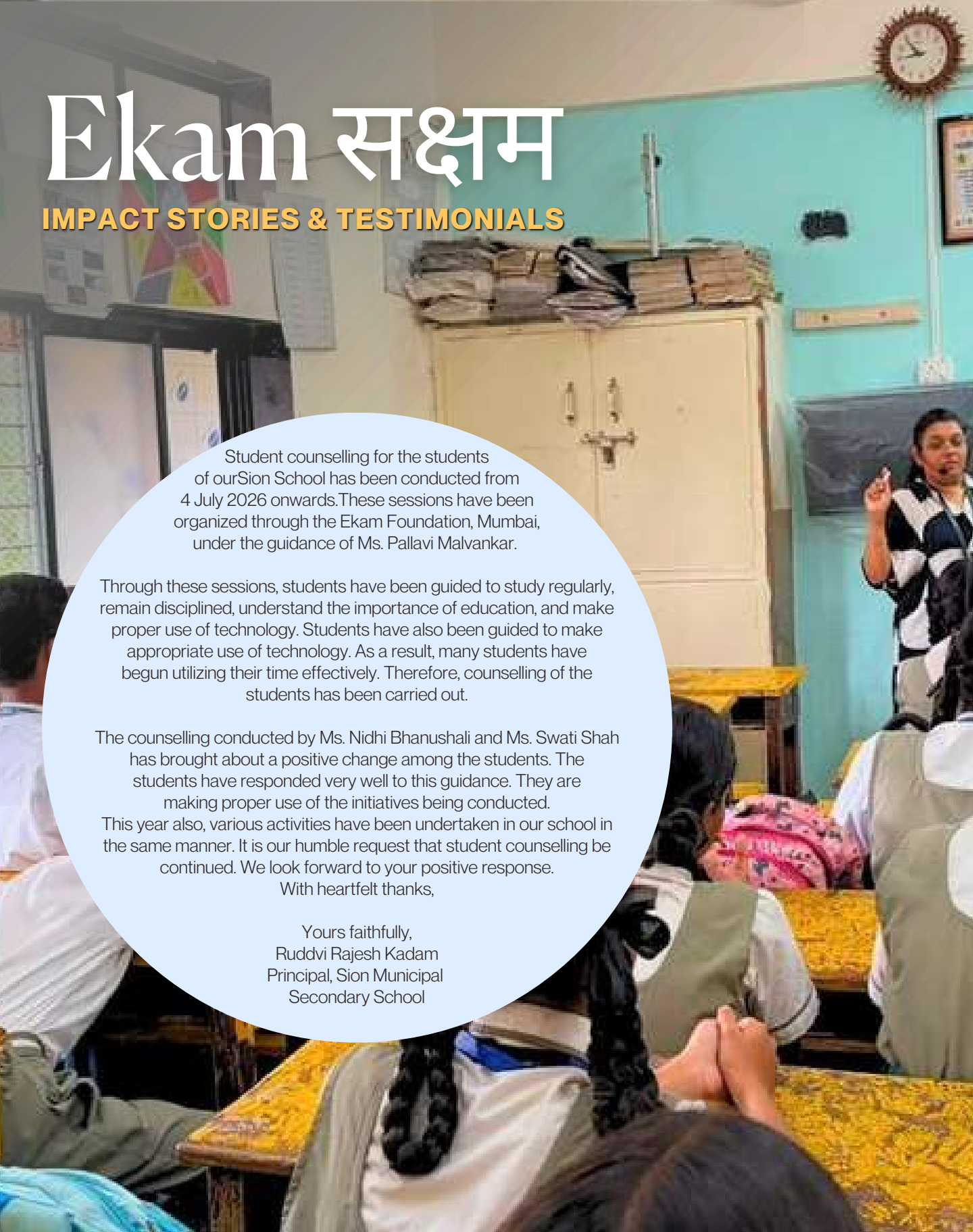
Students from - Dr. D. Y. Patil College of Nursing, Pimpri-Chinchwad




EXIT

Ekam सक्षम

IMPACT STORIES & TESTIMONIALS

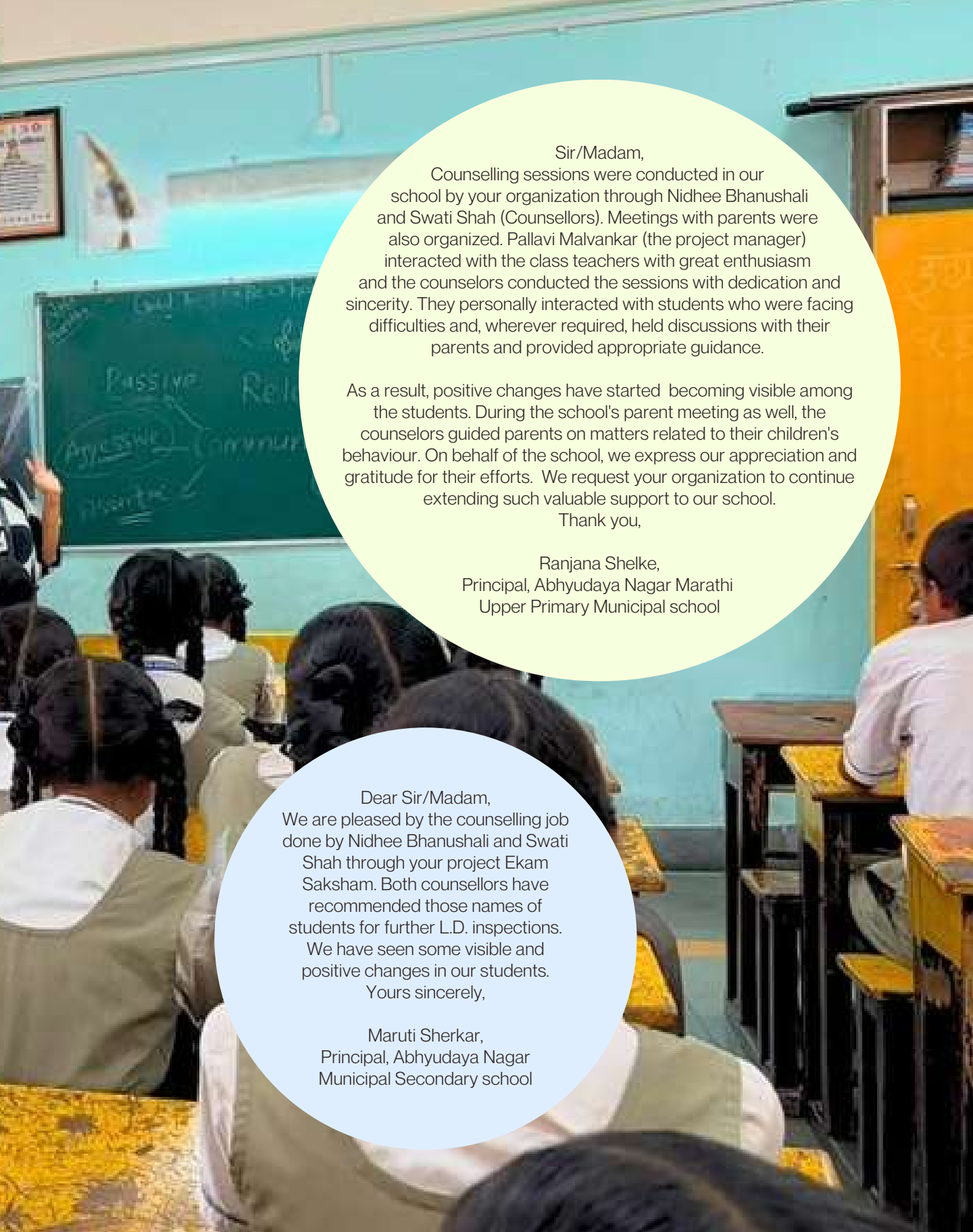


Student counselling for the students of ourSion School has been conducted from 4 July 2026 onwards.These sessions have been organized through the Ekam Foundation, Mumbai, under the guidance of Ms. Pallavi Malvankar.

Through these sessions, students have been guided to study regularly, remain disciplined, understand the importance of education, and make proper use of technology. Students have also been guided to make appropriate use of technology. As a result, many students have begun utilizing their time effectively. Therefore, counselling of the students has been carried out.

The counselling conducted by Ms. Nidhi Bhanushali and Ms. Swati Shah has brought about a positive change among the students. The students have responded very well to this guidance. They are making proper use of the initiatives being conducted.
This year also, various activities have been undertaken in our school in the same manner. It is our humble request that student counselling be continued. We look forward to your positive response.
With heartfelt thanks,

Yours faithfully,
Ruddvi Rajesh Kadam
Principal, Sion Municipal Secondary School



Sir/Madam,
Counselling sessions were conducted in our school by your organization through Nidhee Bhanushali and Swati Shah (Counsellors). Meetings with parents were also organized. Pallavi Malvankar (the project manager) interacted with the class teachers with great enthusiasm and the counselors conducted the sessions with dedication and sincerity. They personally interacted with students who were facing difficulties and, wherever required, held discussions with their parents and provided appropriate guidance.

As a result, positive changes have started becoming visible among the students. During the school's parent meeting as well, the counselors guided parents on matters related to their children's behaviour. On behalf of the school, we express our appreciation and gratitude for their efforts. We request your organization to continue extending such valuable support to our school.
Thank you,

Ranjana Shelke,
Principal, Abhyudaya Nagar Marathi
Upper Primary Municipal school

Dear Sir/Madam,
We are pleased by the counselling job done by Nidhee Bhanushali and Swati Shah through your project Ekam Saksham. Both counsellors have recommended those names of students for further L.D. inspections. We have seen some visible and positive changes in our students.
Yours sincerely,

Maruti Sherkar,
Principal, Abhyudaya Nagar
Municipal Secondary school

COMPASSIONATE CONVERSATIONS: A STORY OF CHANGE:

How three counselling sessions helped a student discover his own path towards positive change.

Ekam Saksham | School Mental Health and Wellbeing Programme

Through Ekam Saksham, Ekam Foundation Mumbai brings professional mental health support directly to children within their school environment, creating safe spaces where they can feel heard, understood and empowered.

First Impressions: Beginning with Understanding

K.W., a Grade 8 student, was referred to Ekam Saksham's school-based counselling programme following concerns raised by teachers about his classroom behaviour, frequent interruptions and casual use of inappropriate language with peers.
Academically capable and confident in his abilities, K.W. initially did not perceive his behaviour as a concern. He believed that performing well academically was enough, and saw little reason to change.

At Ekam Saksham, the counselling journey begins not with correction, but with connection. The focus is on creating a safe, non-judgemental space where every child feels comfortable expressing themselves and being understood.

Building Trust, Shifting Perspectives

The first counselling session focused on establishing rapport, understanding K.W.'s interests and exploring whether any underlying learning difficulties were contributing to his classroom behaviour. The conversation was gentle and supportive, without pressure or judgement.
A meaningful shift began during the second session. Rather than directly challenging K.W.'s justifications, the counsellor shared a relatable personal experience of struggling to concentrate in a noisy classroom. This helped K.W. begin to recognise how his own behaviour could affect others, allowing him to arrive at this understanding through reflection rather than instruction.
The counsellor also helped him connect his classroom reputation with a recent experience of being wrongly blamed for something he had not done. K.W. further shared a distressing incident in which he had been falsely accused of theft by school staff.
His feelings of hurt and embarrassment were acknowledged with empathy. He was then gently encouraged to address the teasing arising from the incident through direct communication with his classmates.

Finding His Own Way Forward

By the third and final session, K.W. shared, independently, that he had begun paying greater attention in class and talking less during lessons. These positive changes were also noticed by those around him, without any prompting.
He had also addressed the teasing related to the false accusation by speaking directly with his classmates, demonstrating how he was beginning to apply his learnings in everyday situations.
When the counsellor acknowledged his progress, K.W. appeared unsure of how to receive the praise. This moment became an opportunity to recognise and normalise the discomfort that can sometimes accompany positive affirmation, reinforcing that accepting appreciation can be as meaningful as learning to take responsibility for one's actions.



What Made the Difference

K.W.'s journey highlights the value of a compassionate, child-centred approach to school counselling. Key elements that supported his progress included:

- Building trust: Establishing a safe, judgement-free space from the very first session.
- Encouraging perspective-taking: Using relatable experiences and gentle self-disclosure instead of confrontation.
- Supporting self-directed change: Enabling K.W. to experiment with small behavioural changes and reflect on his experiences.
- Developing assertive communication: Encouraging direct, constructive conversations to resolve peer conflict.
- Recognising emotional growth: Acknowledging and normalising discomfort around receiving praise and positive affirmation.

In His Own Words

Student feedback following the final counselling session
"I really enjoyed coming for the sessions. Here I got the opportunity to work on myself, and I learned a lot about myself that I need to work on. In these sessions, I got the opportunity to express myself. Thank you."
— K.W., in his own words (translated from Hindi)

Why This Matters

K.W.'s journey began with a lack of awareness about the need for change and, over just three counselling sessions, evolved into meaningful progress that he chose for himself.
While this may be one student's story, it reflects the possibilities that emerge when children are given the opportunity to express themselves, feel understood and receive compassionate guidance. With the right support, they can begin to recognise areas for growth and develop the confidence to take ownership of their own change.
Through Ekam Saksham, Ekam Foundation Mumbai is working to make meaningful mental health support accessible to children within their school communities, reaching them where they are and when they need it most.

HIGHLIGHTS

FY 2025- 2026

Empowering Minds, Fostering Growth

Numinious

LAUNCHED 2026

Bridging the Gap Between Education and Employment for Nurses

Building a support system that leads to confident, empowered, & placement-ready nurses

THE PROBLEM

- **Limited Clinical Mentorship** - Students lack essential hands-on skills & proficiencies for accurate clinical judgement and decision-making - feeling unprepared for real-world clinical readiness.
- **Insufficient Preparedness** - Graduates are often qualified on paper but lack workplace confidence expected in clinical environment.
- **Weak Placement Pathways** - Little structured support exists between graduation and a first meaningful job - a key driver of nurse attrition.

WHY EXISTING PATHWAYS FALL SHORT

- **Content Without Context -** More video lectures, online sessions, or test prep do not build confidence - readiness comes from practising under guidance.
- **Technology Without Humanity -** Apps and chatbots can not model bedside manner or calm a nervous student before their first shift - a student centric collaborative earning model does.
- **Placement Without Readiness -** Connecting graduates to openings is inadequate due to limited career counselling & exploration of career paths.

WHAT MAKES NUMINOUS DIFFERENT

- Student-centric, flexible, structured pathway of learning
- Mentorship-Led
- Human connection + technology-enabled
- Industry-Aligned
- Mission-Driven to close a systemic gap

The WHO estimates a staggering global shortage of 4.5 million nurses by 2030. In India we have approximately 1.7 nurses per 1000 people against a WHO recommendation of ~44.5 healthcare workers per 10,000 people. Our nurses are the backbone of the Indian healthcare system, which carries the weight of primary care, yet they are underserved. Strengthening nursing practice is therefore one of the highest-leverage to improve outcomes at scale in any healthcare sustem. Through Numinous we are not just training staff. We are building a more equitable healthcare reality for our State.



THE INTERSECTION BETWEEN NUMINOUS AND EKAM

At Ekam, we were already running a structured mentoring and career-counselling support program named Ekam Saarthi, intending to increase confidence, personal skills development, emotional well- being, better goal-setting and career readiness amongst students supported through our scholarships. Through repeated engagement with nursing graduates in our cohorts and hospital partners, we identified a consistent disconnect between academic performance and workplace confidence. Building on this vision, Numinous Foundation was officially incorporated in March 2026 as a Sec 8 non-profit, with the Numinous tech platform geared for an August launch that same year. Numinous emerged from real healthcare and student realities seen through Ekam Foundation & work, with a focus on helping nursing students transition confidently into employment.



PROJECTED NUMBERS -



THE NUMINOUS MISSION

To bridge the gap between education and employment for healthcare professionals through mentorship-led skill development, technology-enabled learning, and industry partnership.

THE NUMINOUS VISION

To build and empower the nursing community with confidence, competence, compassion, and a clear pathway

THE NUMINOUS GOAL

To transform nursing students, leading to better clinical outcomes, renewed confidence, clarity and purpose, and dignisty among nursing professionals

1000 +
nursing students mentored annually

covering
40 - 50
nursing colleges & institutions

targeted achievement of
90% +
career readiness post completion of the program

PARTNERSHIPS

KOITA FOUNDATION

MRSI
SHAPING TOMORROW, TODAY

INDIA LEADERS FOR SOCIAL SECTOR


NSO


THANE MUNICIPAL CORPORATION THANE
SAU.MINATAI THAKRE INSTITUTE OF NURSING EDUCATION









Chaitanyam Eye Care Institute

Kolhapur, Maharashtra
Ophthalmic hospital construction & equipment support under Ekam Nirmaan

On May 21, 2026, Ekam Foundation Mumbai achieved its largest infrastructure capacity-building milestone to date with the inauguration of the Chaitanyam Eye Care Institute in Kale, Kolhapur. Launched as an initiative of the Sweekriti Sociocare Foundation, this 25-bed facility features two operating theaters, a mobile eye clinic, and a dedicated transportation vehicle to deliver free diagnostic and therapeutic eye care to rural populations.
The project was realized through financial support from Aditya Birla Capital Limited and technical partnerships with LV Prasad Eye Institute and Operation Eyesight Universal. This collaboration reflects our institutional commitment to building lasting healthcare systems that expand access and transform lives at scale.

PROJECTED ANNUAL IMPACT

- **4,000 Free Cataract Surgeries**: Restoring vision and significantly improving the quality of life for vulnerable communities across Kolhapur and adjoining districts.
- **14,000 Pediatric Screenings**: Providing preventive eye check-ups in Zilla Parishad schools to ensure early detection of vision issues, mitigate long-term damage, and support students' academic performance.
- **Community Outreach in 5 Blocks**: Delivering accessible eye screenings, spectacles, and essential medicines directly to villagers, reducing out-of-pocket healthcare costs and enhancing local productivity.






चैतन्यम
CHAITANYAM

Project Shiksha

An initiative by Ekam in partnership with D'decor Exports Pvt Ltd. & SANSAAR focused on upgrading rural Zilla Parishad school infrastructure and learning environments in Boisar, Maharashtra
















PROJECT SHIKSHA


PROJECT SHIKSHA


PROJECT SHIKSHA

Project Shiksha

TESTIMONIALS



Dear Sir/Ma'am,
We would like to express our sincere appreciation for your continuous support and valuable contribution under Project Shiksha. Your dedicated efforts have played a significant role in improving the infrastructure and overall learning environment of the school.

Your continuous involvement and cooperation in these initiatives are highly appreciated. We sincerely thank you for your dedication and partnership in improving educational facilities and creating a better environment for students.
Yours faithfully

Sr. Teacher
Z.P. School, Pam



The civil work at our school has been completed successfully and has greatly improved the overall infrastructure and environment for students. The scope of work included construction of boys, girls, and handicap-accessible toilets with tiling, brick work, doors, windows, and plumbing; a new handwash station with counter, tiling, plumbing, mirror, and fittings; a septic tank with slab and drainage chamber; a bathroom with tiling, doors, windows, brick work, and plastering; outside PCC work at the main entrance area; staircase repairing; and painting work.

The work has been completed with good quality and proper planning. We truly appreciate the efforts, coordination, and commitment shown by your team throughout the project.

We are also very happy and grateful to receive the Phase 2 opportunity for Z.P. School, Dhanani Nagar (Hindi). This continued support reflects your trust and commitment towards the development of our school and students. Due to this valuable support, students now have access to a cleaner, safer, and more comfortable learning environment, which will positively impact their health and education.

We sincerely thank Project Shiksha, Ddecor Exports Pvt Ltd & SANSAAR, and acknowledge Ekam Foundation Mumbai as the implementation partner for their valuable support and contribution towards the development of our school.

Looking forward to your continued support in the future. Thank you.
Your faithfully,
Principal
Z.P. School, Dhanani Nagar (Hindi)

TESTIMONIAL

Respected Sir/Ma'am,
We would like to express our sincere gratitude on behalf of Z.P. School, CIDCO colony.
The civil and development work carried out in our school has been completed successfully and has significantly improved the overall infrastructure and environment for our students. The scope of work included complete toilet repairing work, safety tank, soling, PCC work, Paver block work in front of all school rooms and toilet areas, flag area development work, and overall outside campus improvement. Additionally, staircase painting work, installation of newly modified handwash stations, and provision of a new gate for girls' safety have greatly enhanced both the safety and hygiene standards of our school.
We also sincerely appreciate the awareness session on personal hygiene along with related activities, which helped students understand the importance of cleanliness, hygiene practices, and healthy habits in their daily lives.
We are thankful for the thoughtful support extended through Women's Day celebrations, which brought joy and awareness among students and staff. The work has been executed with excellent quality, proper planning and strong coordination. We truly value the dedication and commitment shown by your team throughout the project. We are especially grateful and happy to receive the Phase 2 opportunity for our school. The continued support reflects your commitment towards the development of education and student welfare.
Because of your valuable contribution, our students now benefit from improved sanitation, safety, and infrastructure, which will positively impact their health, attendance, and overall learning experience.

We sincerely thank Project Shiksha,
D'Decor Exports Pvt & SANSAAR and acknowledge Ekam Foundation, Mumbai
as the implementation partner for their outstanding support and contribution.

We look forward to your continued support in the future.
Thank you.
Yours faithfully, Head Teacher, Principal | Z.P. School, CIDCO Colony,Palghar





TESTIMONIAL

Respected Sir/Ma'am,
On behalf of Z.P. School, Tandelpada, we would like to express our heartfelt gratitude to Project Shiksha, D'Decor Exports Pvt. Ltd. & SANSAAR, and Ekam Foundation Mumbai for your generous support and unwavering commitment towards the development of our school.
We sincerely appreciate the successful implementation of various school development initiatives, including digital painting of two classrooms and the school office, installation of 04 ceiling fans, and beautiful educational digital paintings on the school boundary wall. These improvements have transformed our school campus into a more attractive, comfortable, vibrant, and inspiring learning environment.
We are also thankful for providing P.T. uniforms and school bags to all 36 students, ensuring that every child feels confident, motivated, and well-prepared for school. The Sports Kit provided under Project Shiksha has encouraged our students to actively participate in sports and physical activities, promoting teamwork, discipline, physical fitness, and overall well-being.
The quality of work, timely execution, and dedicated efforts of your entire team are truly commendable. Every initiative has been carefully planned and implemented with a strong focus on the needs of our students and the school community.
Your valuable support has created a more inspiring, child-friendly, and inclusive learning environment. These improvements will have a lasting positive impact on the education, confidence, and overall development of our students.
We sincerely thank Project Shiksha, D'Decor Exports Pvt. Ltd. & SANSAAR, and acknowledge Ekam Foundation Mumbai as the implementation partner for their outstanding contribution to our school.
We look forward to your continued support and partnership in the future.
Thank you.
Your faithfully,
Principal, Z.P. School, Tandelpada

Partnering for Impact:

Ekam Aarogyam

Government of Maharashtra & Ekam Foundation Mumbai Join Forces for Child Healthcare

We are thrilled to announce a powerful new collaboration aimed at bridging the financial gaps in critical healthcare for underprivileged children. We are grateful to Ms Shalini Jatia, honorary advisor to the Chief Minister's Relief Fund, for spearheading this holistic patient support care.

The Catalyst: A Call for Collective Support

The Chief Minister's Relief Fund Cell (Government of Maharashtra), a crucial charitable institution under the Hon'ble Chief Minister's Office, routinely provides financial support to citizens for treatment of approximately 20 severe diseases.

Recognising that many impoverished patients face additional, burdensome medical and medication costs beyond this scope, the Head Officer on Special Duty at the CMRF office formally reached out to Ekam to request strategic financial relief for needy families.

The Response: Protecting Young Futures

In response to the government's request in early 2026, Ekam Foundation Mumbai has officially agreed to step in and extend vital financial assistance to underprivileged paediatric patients referred by the CMRF Cell. Driven by our mission to enable access to life-saving medical care, this alliance ensures that timely, quality healthcare reaches underserved children who need it most.

How the Collaboration Works

To ensure transparency, financial compliance, and swift execution, both entities have established a streamlined referral and vetting pipeline:

- **Government Referrals:** The CMRF Cell identifies and refers deserving paediatric cases to Ekam Foundation Mumbai.
- **Rigorous Verification:** Complete patient details and medical documentation are shared for internal review to maintain strict compliance with third-party CSR partner audits.
- **Criteria Alignment:** Funding is approved based on alignment with Ekam & internal eligibility criteria and CSR partner mandates.

Together with the Government of Maharashtra, we look forward to building healthier, brighter futures for our children!



Team Events

Tata Mumbai Marathon














Healthy child
Happy child
Educate
Empower
Together
we run learn
and heal
Be a Champion for
Children's Health & Education
Run for Smiles,
Run for Hope,
Run for Change!


TATA
tcs
676767


Stay Fit,
Stay Strong
Run for Smiles,
Run for Hope,
Run for Change!
116930
99129
271272
116236

Events and Team-building























STEWARDSHIP & SUPPORT

Leadership, Governance, Financials & Patrons

Governance

Board Members



Ameeta Chatterjee
Managing Trustee
& Chairperson



Dr. Vasantha Nair
Trustee & Medical
Director



Ameeta Khanna
Non. Executive Trustee

Advisory Board



Mrs. Nishi Vasudeva
Former CMD, HPCL



Ms. Deepa Vardarajan
Co-founder & Director,
Pramiti Philanthropy



Dr. Anil Khandelwal
Former Chairman, BOB
Motivational Speaker & Advisor



Mr. Sid Khanna
CMD, IEP Fund Advisors



Mr. Soumendra Lahiri
Partner ChrysCapital Associates LLP

Team

LEADERSHIP

Ameeta Chatterjee – Managing Trustee & Chairperson, Head of Strategy & Finance
Dr. Vasantha Nair – Trustee & Medical Director
Dr. Sujay Joshi – Program Director

STRATEGIC ADVISORS

Meenu Dhru - HR
Poonam Chandok - Partnership & Donor Relations
Kannagi K - Finance
Suvalaxmi Chakravarty - Organizational Development
Maj. Gen. (Dr.) Raina - Army Welfare Education
Somenath Chatterjee - Outreach

TEAM LEADERS

Sona Chawla - Healthcare
Shalini Awasthi - Education
Aditi Kothari - Mentoring
Shreeja Nambiar- Mental Health & Well-being
Dhritisha Lahiri - Communications
Sonam Bordia - Event Management

TEAM

Shailendra
Jayesh
Kanchan
Selvira
Preeti
Ashwini
Sarika
Sonia
Pallavi
Roshan
Nidhee
Swati
Prithviraj
Praful
Akashdeep
Jay
Rajashshree
Anant
Akshay
Monideepa

Key Partnerships FY 2025-26































































Our Supporters & Changemakers

INSTITUTIONAL: CSR

Bajaj Allianz General Insurance Company Limited
Bajaj Finance Limited
Bajaj Holdings and Investment Ltd
BP Business Solutions India Pvt Limited
Cardolite Specialty Chemicals India LLP.
Carlyle India Advisors Private Limited
Coochbehar Tea Company Limited
D'Decor Exports Private Limited
Disklayer Technologies Private Limited
Florintree Advisors Private Limited
Foresight Offshore Drilling Limited S A
HFL Healthcare and Wellness Private Limited
Hindustan Colas Private Limited
Hindustan Foods Limited
ICICI Securities Limited
Koch Engineered Solutions India Pvt. Ltd
Lighthouse AMC Private Limited
Management Structure & Systems Pvt Ltd
Medusind Solutions India Private Limited
MTAR Technologies Ltd
National Securities Depository Ltd
NewSpace India Limited
Nippon Life India Asset Management Limited
Progility Technologies Private Limited
SBFC Finance Limited
TCS e-Serve International Limited
Trend Micro India Private Limited

INSTITUTIONAL: TRUST/FOUNDATIONS

Aditya Birla Capital Foundation
Evalueserve Education Foundation
J M Financial Foundation
Rukmani Social Welfare Trust
Sachin Tendulkar Foundation
Sar-La Education Trust
The Anglo Scottish Education Society

CROWDFUNDING PLATFORMS

Give Fundraisers
UK Online Giving Foundation
United Way of Mumbai

INDIVIDUAL

Ameeta Chatterjee
Anup Maheshwari
Anupama Muthukrishnan
Bhavik Harshad Narsana
Chandrasekhar Mylavarapu
General Ved Prakash Malik
Indranil Dasgupta
Jagdishchandra Grover
Jude Gomes
K V Kamath
Kalpana Morparia
Lata Pillai
Muralidharan Rajamani
Namrata
Neelimaben Dhirubhai Desai
Nippon Jain
Priya Sachin Mudur
Sanjay Dam
Soumendranath Lahiri
Sunder Sham Chanrai
Suvalaxmi Chakraborty
Vijay Chandok
Vishal Vijaykumar Shah

THE BOMBAY PUBLIC TRUST ACT,1950 — Reg. No. : E-31034

SCHEDULE : VIII [Vide Rule 17(1)]

EKAM FOUNDATION MUMBAI TRUST

Balance Sheet as on 31st March 2026

FUNDS & LIABILITIES	FY 25-26 Rs.	FY 25-26 Rs.	FY 24-25 Rs.	PROPERTY & ASSETS	FY 25-26 Rs.	FY 25-26 Rs.	FY 24-25 Rs.
Trust Funds or Corpus :- (As per Schedule 'A')		35,86,050	33,36,050	Immovable Properties :- (At Cost)			-
				Movable Properties :- (At Cost)			
Restricted Funds :- (As per Schedule 'B')		7,55,185	1,25,54,425	(As per Schedule 'D')		32,56,360	78,289
				Accrued Interest :-		1,05,853	77,304
Specific Funds:-		30,66,342	-				
				Advances:			
				To Security Deposit for DGP House		1,50,000	4,50,000
Current Liabilities :- (As per Schedule 'C')		77,75,852	1,42,563	To Tax Deducted at Source (As per Schedule 'E')		1,44,983	84,178
				To Advances for Expenses		5,377	17,955
Income and Expenditure Account:-				To Advances for Equipments		1,32,160	-
Balance as per last Balance Sheet	54,85,467		39,54,883	To Prepaid Expenses		1,88,881	-
Add : Surplus as per income and Expenditure Account	17,12,446		15,30,584				
		71,97,913	54,85,467	Cash and Bank Balances:			
				(a) In Bank. Accounts (As per Schedule 'F')		62,67,548	1,19,36,923
				(b) Cash on hand (As per Schedule 'F')		-	-
				(c) In Fixed Deposits with Banks (As per Schedule 'G')		1,21,10,100	88,73,656
TOTAL		2,23,81,342	2,15,18,505	TOTAL		2,23,81,342	2,15,18,505
						(0)	

As per our report of even date

For HFK Madan & Company
Chartered Accountants
Firm Registartion No :- 113950W

HOMIYAR FRAMJEE KAKOBAD MADAN

Homiyar Madan
Membership No. 044426

UDIN : 26044426TESXHE7797
Place : Mumbai.
Date : 24th June, 2026

For Ekam Foundation Mumbai

Trustee

Place : Mumbai.
Date : 24th June, 2026

EKAM FOUNDATION MUMBAI

Trustee

Place : Mumbai.
Date : 24th June, 2026

THE BOMBAY PUBLIC TRUST ACT ,1950 — Reg. No. : E-31034

SCHEDULE : IX [Vide Rule 17(1)]

EKAM FOUNDATION MUMBAI TRUST

Income and Expenditure Account for the Year ended : 31st March 2026

EXPENDITURE	FY 25-26 Rs.	FY 25-26 Rs.	FY 24-25 Rs.	INCOME	FY 25-26 Rs.	FY 25-26 Rs.	FY 24-25 Rs.
To Expenditure in respect of Properties:				**By Rent (accrued)*** (realised)		-	
Rates, Taxes, Cesses	-		-				
				By Land Revenue Recovered		-	
Salaries	-		-				
Insurance	-		-	**By Interest (accrued)*** (realised)			
Repairs & Maintenance-Property	-	-	-	On Bank Fixed Deposit	9,89,702		8,41,775
				On Saving Bank Account	6,71,569	16,61,271	6,81,861
							15,23,636
To Miscellaneous Expense		7,402	10,750	**By Donations**			
				Local	17,53,97,277		13,74,56,675
To Establishment Expenses (Schedule 'H')		1,27,71,026	1,17,16,659	Foreign	22,66,100	17,76,63,377	67,13,268
							14,41,69,943
				By Income from other sources			
To Remuneration to Auditor		50,000	50,000	Interest Income Tax Refund	4,622		6,948
				Scrap Sale	4,542		-
To Programme Support Activities Expenses		7,95,976	3,44,706	Pradhan Mantri Viksit Bharat Rozgar Yojana	24,000		-
				Misc Income	7,544	40,708	-
To Depreciation for the year		1,34,297	47,918				6,948
To Sundry Balanes Written Off		-	39,138				
To Expenditure on Objects of the Trust (Non-FCRA)							
(a) Educational Expenses	4,74,99,554		3,70,62,819				
(b) Medical Relief	11,63,60,905		8,89,38,991				
(c) Relief of Poverty	-		-				
(d) Other Charitable Objects	-	16,38,60,459	-				
To Expenditure on Objects of the Trust (FCRA)							
(a) Educational Expenses	33,750		57,00,000				
(b) Medical Relief	-		2,58,962				
(c) Relief of Poverty	-		-				
(d) Other Charitable Objects	-	33,750	-				
To Surplus carried over to Balance Sheet		17,12,446	15,30,584				
TOTAL		17,93,65,355	14,57,00,527	TOTAL		17,93,65,355	14,57,00,527

As per our report of even date

For HFK Madan & Company
Chartered Accountants
Firm Registartion No :- 113950W

HOMIYAR FRAMJIJEE KAIKOBAD MADAN

Homiyar Madan
Membership No. 044426

UDIN : 26044426TESXHE7797
Place : Mumbai.
Date : 24th June, 2026

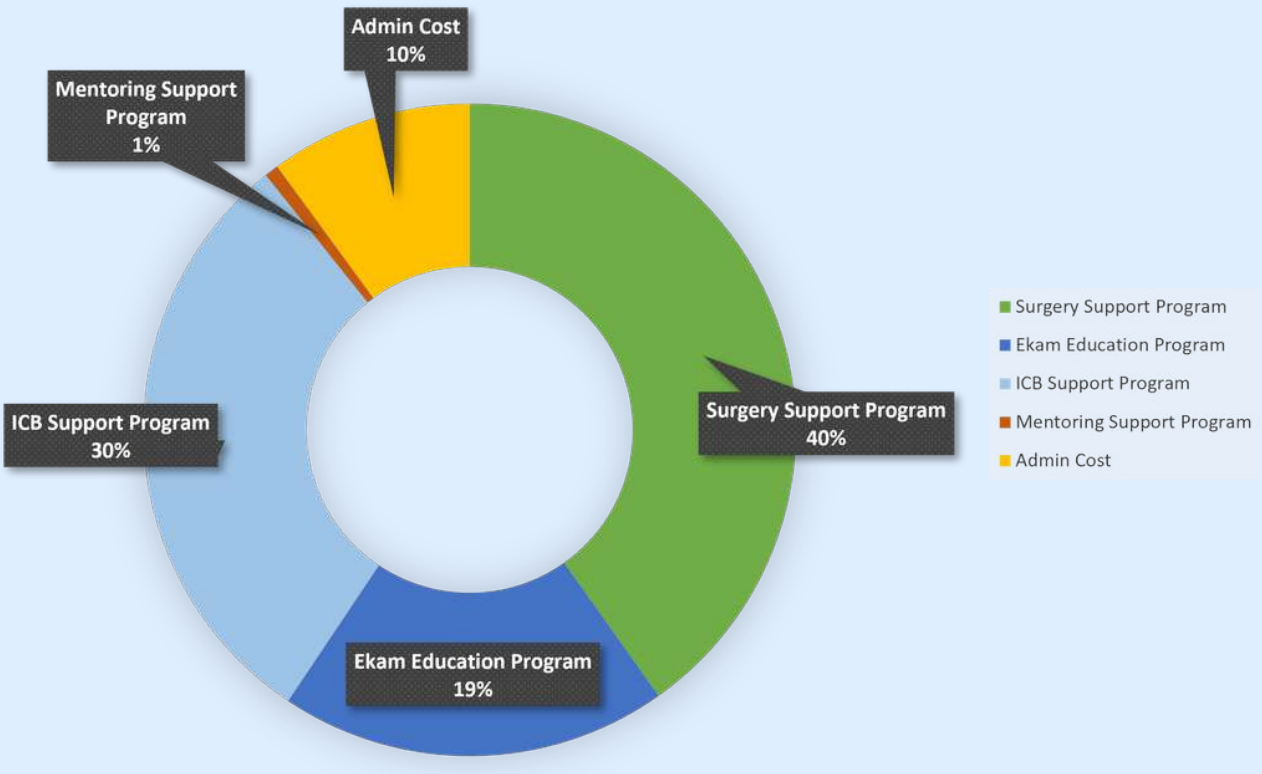
For Ekam Foundation Mumbai

Amrita Chatterjee
Trustee
Place : Mumbai.
Date : 24th June, 2026

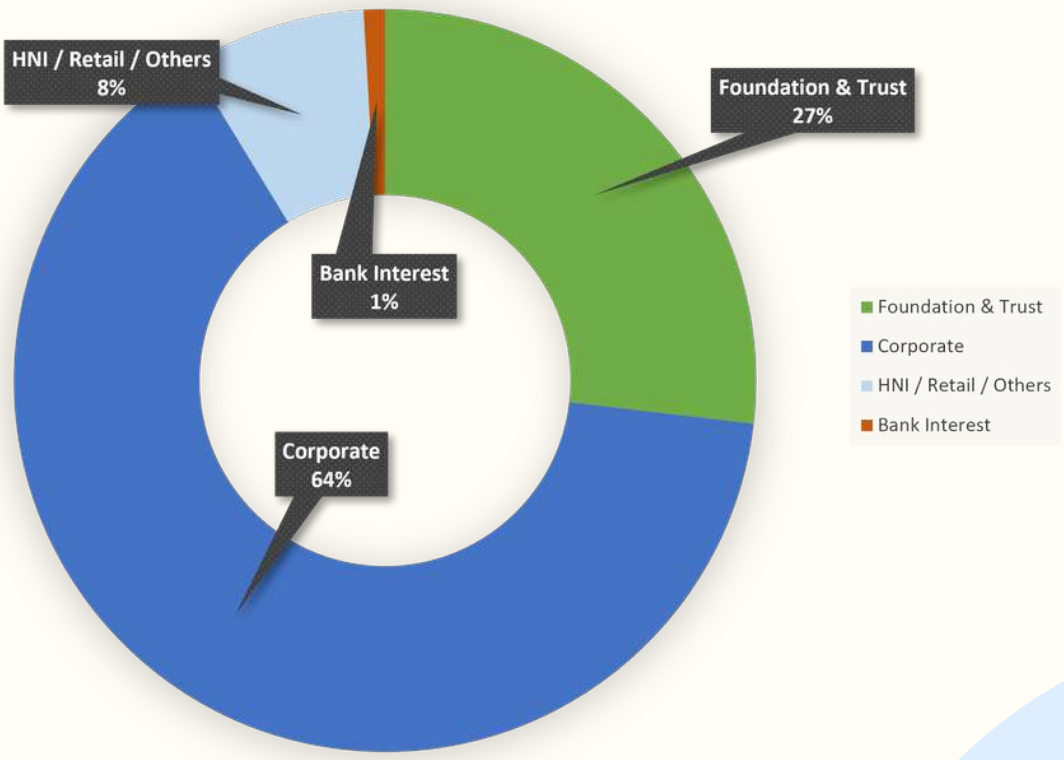
Trustee
Place : Mumbai.
Date : 24th June, 2026

EKAM FOUNDATION MUMBAI

Programme-wise Expenditure 2025-26



Financial Performance 2025 - 26





Helping those in need is not charity, it's humanity.

— abhijit naskar

Compliance

Registered Name
Ekam Foundation Mumbai

Date of Registration
20th October 2014

Registered as a Charitable Trust in Mumbai
Registration No:
E-31034 (Bombay Trust Act 1950)

NITI AAYOG DARPAN
MH/2018/0183341

PAN
AAATE5999C

Registered under the Foreign Contribution Regulation Act (FCRA) 2010









Make a Difference

HOW YOU CAN SUPPORT US

DONATE

We are registered under 12A and have obtained the 80G certification for donors' tax exemption. We submit the required audited UCs for corporate donations at the end of each financial year. We are also FCRA approved.

For **ONLINE DONATIONS**, visit our website at https://ekamfoundationmumbai.org/ and click on the '**Donate**' button.

All **foreign donations** can be made through the website link.

Or,

Cheque drawn in favour of **Ekam Foundation Mumbai**

Or,

FUND TRANSFER:
Ekam Foundation Mumbai
Account Number 005701071962
ICICI Bank, Prabhadevi
IFSC Code – ICIC0000057
A/C type -Savings
PAN AAATE5999C





VOLUNTEER WITH US

LET'S BUILD HEALTHIER CHILDREN, STRONGER COMMUNITIES TOGETHER

At Ekam Foundation Mumbai, we believe that compassion in action has the power to transform lives. Volunteering with us means becoming a part of a passionate community dedicated to improving child health and well-being. Whether you have a few hours a week or can support a specific project, your time and talent can create a lasting impact.

From organizing medical camps and community outreach to supporting our events, campaigns, or digital initiatives, there's a place for everyone to contribute.

READY TO MAKE A DIFFERENCE?

Reach out to us at
admin@ekamfoundationmumbai.org
to learn more

PAYROLL GIVING

Support with consistency. Impact with ease.

Payroll Giving is a simple, effective way for you to contribute directly from your monthly salary. Your regular contributions help fund critical healthcare treatments, nutrition support, and preventive care for underprivileged children across Mumbai. It's automatic, tax-beneficial, and deeply impactful.

We partner with corporates to set up seamless payroll donation systems, ensuring transparency and convenience for employees who wish to support a cause they believe in.

Interested in starting Payroll Giving at your workplace?
Contact us at **admin@ekamfoundationmumbai.org** to set up a plan.

EMPLOYEE ENGAGEMENT

Build a culture of empathy and responsibility.

Ekam Foundation Mumbai offers customized employee engagement programs that align your company's CSR goals with meaningful community impact. Activities range from employee volunteering days and health awareness sessions to collaborative fundraising events and skill-sharing workshops.

These programs not only uplift the communities we serve but also foster team spirit, motivation, and a deeper sense of purpose among employees.

Let's co-create an engagement program that works for your team.
Write to us at **admin@ekamfoundationmumbai.org** to get started.

CONTACT US

ADDRESS

EKAM FOUNDATION MUMBAI
Mezzanine Floor, DGP House, 88-C,
Old Prabhadevi Road, Mumbai – 400 025

Contact Number

Tel.: (022)35110860
Child Helpline : (+91) 8591621530



FIND US ON-

www.ekamfoundationmumbai.org

Ekam Foundation Mumbai

ekam.mumbai

www.linkedin.com/company/ekam-foundation-mumbai

It starts with one.

One child. One opportunity.
A ripple that grows into
stronger communities.

Ekam
FOUNDATION
MUMBAI

