

PARTICIPATE IN A RESEARCH STUDY

Assessing the Impact of Day programs on individuals living with Dementia and their family/friend Caregivers (AIDA-DemCare: Ethics ID Pro00142632)

What do we want to know?

We want to understand whether attending adult day programs improves outcomes for people living with dementia and their caregivers. We also aim to identify which personal and program factors influence participation and outcomes. We will examine whether outcomes differ for people with dementia and their caregivers who attend day programs versus those who do not. Our goal is to show the benefits of day programs and how they can be improved.

How will we do this?

A study team member will complete a **60-minute survey** with caregivers and, if possible, the person living with dementia. Surveys will be done by phone, Zoom, or in-person at the start of the study, and again after six months and one year.

Individuals living with dementia & their caregivers

Day program cohort

Community cohort

Baseline

1st follow-up

2nd follow-up

Survey

- Demographic information
- Caregiving tasks
- Access to care services
- Concerns with health & well-being
- Memory problems & dementia symptoms
- Physical & mental health
- Quality of life

Baseline

1st follow-up

2nd follow-up

Interested?

Contact Kyle Corbett at
kylecorb@yorku.ca or
705-941-0703

We speak:

中文
廣東話
Русский
فارسی

Participants will receive
a **\$15 coffee gift card**
and enter a draw to win
an iPad!

www.yorku.ca/health/carswellchair/