

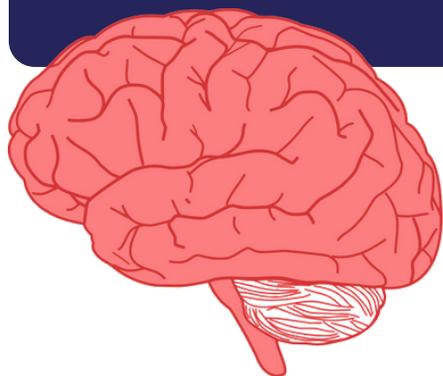


# Help us study brain health in long term and assisted living!

We are studying how the brain ages to uncover ways to protect memory and thinking.

## We are looking for participants who are:

- At least **60 years of age** with memory concerns
- Live in a **continuing care facility** (long term, independent, or assisted living) in the Calgary area
- Have a **study partner** (spouse, child, sibling, or friend) that has known you for 5 years or more



## What's involved:

- 2.5-hour in-person study visit at the Foothill Medical Centre or in your suite
- Questionnaires on cognition, behaviour, function, and quality of life
- Blood and urine samples for brain health markers
- Optional at-home stool and saliva collection

Or scan the QR code to visit our website!



Interested? Reach out to us!

E-Mail: [brainresearch@ucalgary.ca](mailto:brainresearch@ucalgary.ca)

Phone: 403-210-7737