



Creative Walk at the Academy

1. The Mine – Digging for Dignity

The walk begins at the old mine — a space that once symbolized human strength, labor, and survival. Here, participants reflect on the right to fair and safe working conditions, and on how labor shapes human dignity.

Through short performances and improvised gestures, they explore what it means to work with respect and to value the people behind every profession. The mine becomes a metaphor for invisible human effort — digging not for coal, but for dignity.

2. The Church – Freedom of Belief

The next stop is the local church — a quiet space to think about freedom of thought, conscience, and religion. Participants use silence, movement, and storytelling to express belonging, diversity, and tolerance.

The activity invites everyone to reflect on how freedom of belief extends beyond religion — it's also about the right to be yourself and to respect others' choices. The church becomes a place of dialogue, not dogma — a reminder that inner freedom is part of human rights.

3. The Social Ladder – Steps of Inequality

A long staircase becomes a powerful metaphor for social inequality and access to opportunity. Participants move up and down, sometimes helping one another, sometimes pausing halfway, reflecting on privilege and exclusion.

The exercise shows that climbing the “social ladder” is not a competition, but a collective journey. True progress happens when those who reach higher extend a hand to others — turning hierarchy into solidarity.

4. The Fence – Borders and Belonging

At a fence separating two areas, participants explore visible and invisible borders — between countries, communities, and even people. Through body movement and improvisation, they express how borders define who belongs and who is excluded.

The group discusses how boundaries can protect, but also divide — and how understanding and empathy can open new paths of belonging. The fence becomes a line of questioning: Who do we let in, and why?

5. The Playground – The Right to Play

The playground turns into a stage to explore the right to play, rest, and creativity — rights often forgotten in adult life. Participants engage in playful improvisations, games, and movement, showing how play fosters freedom, connection, and emotional well-being.

The session reminds everyone that joy, imagination, and safety are not luxuries — they are fundamental human rights that nurture human potential.

6. The Bridge – Connection and Dialogue

Standing on a bridge, participants talk about what connects and separates people. Paired exercises help them build trust, empathy, and mutual understanding — symbolizing how bridges can be built not only between places, but between people.

This part of the walk highlights communication as a human right — the right to express oneself, to listen, and to be heard. Each step across the bridge becomes a movement toward understanding.

7. The Street – Everyday Rights

On the main street, participants stage short, spontaneous scenes about rights in everyday life — access to housing, healthcare, education, and public space. Through creative actions and role play, they show how invisible inequalities shape daily experiences.

The activity turns the street into a living classroom — a reminder that human rights begin where people live their everyday lives. It's about seeing dignity not as a law, but as a practice.

8. The River – Flow of Change

At the riverbank, participants reflect on movement, migration, and adaptation. Through gestures and group movement, they symbolize how life — like water — is constantly flowing and changing.

They speak about resilience, about learning to navigate currents of uncertainty and transformation. The river becomes a metaphor for migration — ever-moving, sometimes turbulent, yet full of possibility.

9. The Square – Voice and Participation

In the town square, participants explore the right to be heard and to take part in decisions. They create short performances about speaking up, protesting, and claiming space for collective voices.

The square becomes a stage for active citizenship and youth participation. Through words, songs, or movement, participants reclaim public space as a place for freedom, justice, and shared responsibility.

10. The Hill – Vision and Hope

The walk ends at the top of a hill overlooking the town. Here, participants take time to reflect on what they've experienced and what they want to change in their own communities.

They share personal stories, insights, and hopes — connecting creativity with civic awareness. The hill becomes a symbol of perspective and possibility: seeing the world as it is, and imagining how it could be.

End of Walk – Beginning of Action

This Creative Walk helps young people see human rights not as abstract principles, but as something that lives in everyday spaces — in streets, squares, and shared experiences. Each step, each gesture, each story becomes part of a larger journey toward dignity, empathy, and inclusion.