



Apprenticeship Programme Guide

Advanced Beauty Therapist

Level 3



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DebutAcademy



Welcome to  DebutAcademy

At Debut Training Academy, we develop confident, treatment-ready beauty professionals with exceptional client care and high standards.

Our Level 3 Advanced Beauty Therapist Apprenticeship is designed to build advanced practical ability, strong consultation skills, and the professional behaviours learners need to thrive in a busy, client-focused environment.

Whether your apprentice is progressing from Level 2 or building confidence in advanced beauty treatments, this programme supports them step-by-step — from core knowledge to delivering bespoke treatments independently and professionally.

Why Choose Debut?

We don't just train therapists — we develop confident, knowledgeable beauty professionals.

Our programme is built around:

Supportive, learner-focused training

Guidance from experienced tutors with industry expertise.

Real-world practical learning

Apprentices apply their learning directly in the workplace.

Flexible blended delivery

Tutor sessions, guided learning, and workplace practice.

Clear progress tracking

Regular reviews, action plans, and structured feedback.

Career-building development

Skills that prepare apprentices for senior roles in salons, spas, and aesthetic environments.



The Advanced Beauty Therapist Role

Advanced Beauty Therapists deliver bespoke treatments including advanced manual therapies and facial and body technical treatments to improve skin condition, body contour, and overall wellbeing.

They carry out detailed consultations, design personalised treatment plans, and work safely using advanced equipment and techniques while maintaining excellent client care and professional standards.

Typical roles include:

Advanced Beauty Therapist, Senior Therapist, Head Therapist.

Is this Programme Right for your Apprenticeship?

To get the most out of the Level 3 Advanced Beauty Therapist Apprenticeship, learners should be working in a role where they can regularly practise consultations, advanced manual therapies, facial and body electrical treatments, and client aftercare.

These experiences help them build confidence, develop advanced treatment skills, and work independently while maintaining high standards of professionalism and client care.



How we Deliver the Programme:

Our Level 3 Advanced Beauty Therapist Apprenticeship combines practical training, workplace experience, and structured tutor support to develop advanced technical skills and professional confidence.

Apprenticeship Intensive Training Weeks

Practical skills are taught through intensive training weeks at the academy, where apprentices attend 2–5 day hands-on sessions developing advanced manual therapies, facial technologies, and body electrical treatments.

Online Theory Learning

Theory is delivered through interactive Zoom classes, building knowledge of consultation, anatomy, treatment planning, and client care alongside practical training.

Monthly In-Salon Mentoring

A dedicated Debut mentor visits the apprentice's workplace to observe treatments, provide feedback, and support development in a real client setting.

Workplace Application

Skills are built daily through consultations, treatments, client care, and retail conversations — developing confidence and independence.

Coaching and Progress Reviews

Regular reviews and communication between tutor, employer, and apprentice ensure steady development throughout the programme.

20% Off-the-Job Training

We support employers to plan and track off-the-job learning in line with apprenticeship funding requirements.



Learner Support at Debut

We prioritise every learner's well-being and safety, ensuring they feel supported, confident, and able to maintain strong attendance and performance throughout the programme. Our support includes:

Safeguarding

We educate learners on online risks, wellbeing, cyber safety, extremism, and protective behaviours.

Prevent Duty

Learners and staff understand British values, risk awareness, and how to seek help.

Mental Health Support

We encourage open conversations and provide guidance on emotional well-being.

Learners can reach support through:

- Their tutor or coach
- Email
- Safeguarding contacts
- On-site staff

Your Learning Journey with Debut

This apprenticeship follows a structured training plan combining practical skill development, theory learning, and workplace experience. A typical programme lasts 18 months, followed by a 3-month End-Point Assessment (EPA) period.

Throughout the programme, apprentices build confidence through a Discover → Practise → Apply approach — learning new techniques, practising them with tutor support, and applying them with real clients in the workplace.

The Modules

Module 1: Advanced Consultation and Treatment Planning

Developing the consultation, communication, and assessment skills needed to design bespoke treatment plans.

Topics included:

- Advanced consultations and lifestyle profiling
- Body and skin analysis
- Postural analysis and treatment suitability
- Contra-indications and contra-actions
- Risk assessments and testing
- Building trust and managing client expectations

Aligned KSBs:

K1, K2, K3, K6, K11, K12, K20, K23, K24, K26, K27, K28, K29 | S1, S2, S3, S8, S19, S20 | B1, B2, B4

Module 2: Anatomy, Physiology and Advanced Beauty Science

Understanding the structure and function of the body and how it relates to advanced beauty therapy treatments.

Topics included:

- Cells, tissues, organs and body systems
- Skin, hair and nail structure
- Skeletal and muscular systems
- Cardiovascular and lymphatic systems
- Nervous, respiratory, digestive and endocrine systems
- Renal and reproductive systems
- Hair growth and ageing factors

Aligned KSBs:

K36, K37, K38, K39, K40, K41, K42, K43, K44, K45, K46, K47, K48



The Modules

Module 3: Advanced Manual Therapies

Developing advanced practical manual therapy techniques for the face, scalp and body.

Topics included:

- Swedish massage techniques
- Deep tissue massage
- Lymphatic drainage massage
- Pressure point massage
- Light touch techniques
- Forearm, wrist and elbow techniques
- Adapting pressure, depth and rhythm to suit the client

Aligned KSBs:

K13, K14, K17, K21, K22, K25 | S9, S12, S13, S16, S17 | B1, B2, B4

Module 4: Advanced Facial Technical Therapies

Delivering advanced facial electrical and mechanical treatments safely and effectively.

Topics included:

- Galvanic
- Micro-current
- Microdermabrasion
- LED light therapy
- Skin warming devices
- High/radio frequency
- Lymphatic drainage equipment
- Combining technologies for treatment outcomes

Aligned KSBs:

K15, K18, K19, K21, K22 | S10, S12, S13, S17 | B1, B2, B4



The Modules

Module 5: Advanced Body Technical Therapies

Developing advanced body electrical and mechanical treatment skills.

Topics included:

- Galvanic
- Micro-current
- Microdermabrasion
- LED light therapy
- Skin warming devices
- High/radio frequency
- Electrical muscle stimulation
- Lymphatic drainage equipment

Aligned KSBs:

K16, K18, K19, K21, K22 | S11, S12, S13, S17 | B1, B2, B4

Module 6: Aftercare, Product Advice and Treatment Evaluation

Supporting treatment outcomes through aftercare, evaluation, and retail recommendations.

Topics included:

- Written aftercare advice
- Follow-up procedures
- Contra-actions and remedial action
- Product recommendations
- Homecare routines
- Long-term treatment planning
- Treatment evaluation and future recommendations

Aligned KSBs:

K20, K26, K27, K28, K29, K30 | S19, S20, S21, S22 | B1, B2, B4



The Modules

Module 7: Professional Practice, Business Growth & Leadership

Developing professionalism, business awareness, supervision, and career progression.

Topics included:

- Promoting and selling products and treatments
- Client retention and link selling
- Marketing and promotional activities
- Salon systems and business planning
- Time and self-management
- Supervising individuals and teams
- Continuing professional development (CPD)
- Acting as an ambassador for the salon and industry

Aligned KSBs:

K30, K31, K32, K33, K34, K35 | S21, S22, S23, S24, S25, S26 | B1, B2, B3, B4



The Skills Your Apprenticeship will Develop

Apprentices will gain skills across:

- Advanced client consultation and treatment planning
- Skin and body analysis and lifestyle profiling
- Advanced manual therapies (face, scalp and body massage)
- Facial electrical and mechanical technologies
- Body electrical treatments and contour therapies
- Product knowledge, aftercare, and treatment planning
- Professional communication, retail, and client care
- Safe working practices, hygiene, and salon standards

End-Point Assessment (EPA)

Towards the end of the programme, apprentices prepare for EPA — the final assessment to achieve the Level 3 Advanced Beauty Therapist qualification.

EPA includes:

1. Multiple-choice knowledge test (44 questions / 80 minutes)
2. Practical observation, including advanced manual and technical treatments
3. Professional discussion supported by a portfolio of evidence

Debut tutors support learners through:

- Portfolio organisation
- Mock assessment preparation
- Skills mapping and evidence building
- Employer readiness
- Gateway preparation



We're Here From Start To Finish!

Every learner receives:

- A dedicated tutor
- Progress reviews and support
- Safeguarding and wellbeing support
- Friendly communication from the Debut team

At Debut, apprentices don't just complete a qualification — they build a career, a client base, and professional confidence.

Ready To Get Started?

If you're an employer looking to enrol an apprentice, or a learner wanting to begin their beauty journey, the Debut Team is ready to help.

info@debutgroup.co.uk

07826 916947

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