

July 24, 2025



Filed via SEDAR+

To All Applicable Exchanges and Securities Administrators

**Subject: Vitalist Inc. (the "Issuer")
Notice of Meeting and Record Date**

Dear Sir/Madam:

We are pleased to confirm the following information with respect to the Issuer's upcoming meeting of securityholders:

Meeting Type:	Annual and Special Meeting
Meeting Date:	September 30, 2025
Record Date for Notice of Meeting:	August 18, 2025
Record Date for Voting (if applicable):	August 18, 2025
Beneficial Ownership Determination Date:	August 18, 2025
Class of Securities Entitled to Vote:	Vitalist Inc. Common Shares
ISIN:	CA92847E1034
Issuer sending proxy materials directly to NOBOs:	No
Issuer paying for delivery to OBOs:	No
Notice and Access for Beneficial Holders:	Yes
Notice and Access for Registered Holders:	Yes

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Issuer.

Yours truly,

**Odyssey Trust Company
as agent for Vitalist Inc.**