

July 2 Orienteering, Mt McIntyre

Fifty-five orienteers came out to this middle-style event. The weather was a bit cool, with a bit of damp in the woods from some earlier rain. With the start at the Dog Trail parking lot, there was considerable climb heading up into the woods, which made for some slower km times (that plus rather thick woods).

Selwynn and Linden Cronmiller posted the fastest time on the Novice course, with Miya Nishikawa very close behind. Lara Melnik aced the Intermediate course, followed closely by Midori Nishikawa and Quinn Kennedy. Kate Pearson had the fastest time on a challenging Advanced course, just ahead of Darren Holcombe, and Colin Abbott and Forest Pearson took the top two spots on the Expert course. Nesta Leduc ran a special Veteran course set up to minimize climb.

Course planning by Erik Blake. Many thanks to Sabine Schweiger for control pickup and gear gathering, plus purchasing a watermelon that many people said was the best one they've had this summer!

Novice (1.6km, 75m climb)

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| Selwynn and Linden Cronmiller, Justine Scheck | 00:44:27 |
| Miya Nishikawa, Joan Stanton | 00:45:25 |
| Sofia Ashley and Nerissa Rosati | 00:53:39 |

Intermediate (1.6km, 90m climb)

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| Lara Melnik | 00:28:16 |
| Midori and Emily Nishikawa | 00:32:24 |
| Quinn, Sharina, and Jimmy Kennedy | 00:40:53 |
| Madeleine Williams, Bob Nishikawa | 00:43:13 |
| Wendy Nixon | 00:44:06 |
| Erinn Komschlies | 00:55:16 |
| Gloria Mok, Gerard Grenier, Eiko Nishikawa-Garnier, Martin Nishikawa | 00:55:57 |
| Karin Keeley-Eriksson | 00:57:31 |

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| Karter Hauser, Amanda McCarthy, Andrew Philpott | 00:59:41 |
| Chantal Frances | 01:10:30 |
| Eoin Sherridan + 3 | 01:13:00 |
| Doug Hitch, Clara Cardona, Christine Cash, Andrea Cuervo | 01:32:35 |

Advanced (3.4km, 160m climb)

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| Kate Pearson | 01:24:56 |
| Darren Holcombe | 01:25:43 |
| Grant Abbott | 01:54:16 |
| Jill Pengman | 02:15:34 |
| Bruce McLean | 02:15:34 |
| Nicky Rosenberg +2 | DNF |
| Kristina Gardner | DNF |

Veteran (1.1km, 40m climb)**1**

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| Nesta Leduc | 00:37:47 |
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Expert (4.1km, 185m)**12**

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| Colin Abbott | 00:44:28 |
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| Forest Pearson | 00:53:44 |
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| Dahria Beatty | 01:03:22 |
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| Leif Blake | 01:08:15 |
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| Afan Jones | 01:13:58 |
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| Jeremy Johnson | 01:15:04 |
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| Bob Sagar | 01:32:21 |
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| Finegand Bradford | DNF |
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| Ulf Kleppe | DNF |
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| Emilie Kvik | DNF |
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| Minty Bradford | DNF |
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| Dominic Bradford | DNF |
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