

# Health and Wellbeing (Disability Support)

Empower lives and support your career



**Lifeskills**

Training  
+ Education



## Made for Industry. Made for Success.

Develop practical skills to support people with disabilities and complex needs through person-centred care, effective communication, and professional practice, preparing you for meaningful work in the health and wellbeing sector.

### What you'll learn

- ➔ Support people with disabilities using **person-centred practices**
- ➔ Use **effective communication, professionalism** and **self-care**
- ➔ Understand **health systems, safety** and **service quality** in Aotearoa

### Career Pathways

- ➔ Disability support worker
- ➔ Community support / health worker

## NZ Certificate in Health and Wellbeing

**Full-Time** ➔ 40 Weeks

**Part-Time** ➔ 60 Weeks

### Course Fees

\$6,999  
(inc. GST)  
or fees free\*  
for eligible  
students

**4**  
Level 4

## Contact us for more information!

Call **0800 000 055** or scan the **QR code** to apply now\*

### Mangere

59 Tidal Road,  
Mangere,  
Auckland 2022



\*Some courses are not available at all campuses. Please enquire to find out more.

Lifeskills.nz