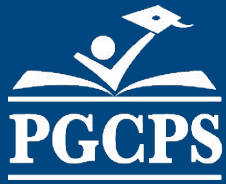


Family Support Center

Updates

SY 2021-2022





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Welcome to the Family Support Center

EXIT

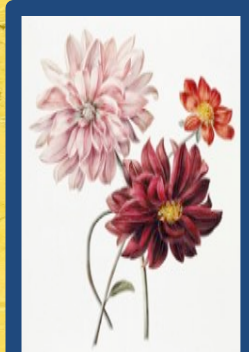


Mission

Resources

Workshops/Calendar

Consultations



Lending Library

Marsie

Beth

Yvette

Cohinta





The Department of Special Education
Family Support Center
1400 Nalley Terrace
Landover, Maryland 20785

SUPPORT GROUP

SUPPORTING BEHAVIOR CHANGE

- Session 1 - 10/28/2021 - Overview of support group and ABA
- Session 2 - 11/18/2021 - Basics of Behavior
- Session 3 - 12/16/2021 - Prevention/Antecedent Strategies
- Session 4 - 01/21/2022 - Positive Reinforcement
- Session 5 - 02/24/2022 - Consequences
- Session 6 - 03/24/2022 - Compliance
- Session 7 - 04/21/2022 - Functional Communication
- Session 8 - 05/26/2022 - Task Analysis and Chaining
- Session 9 - 06/09/2022 - Prompting/Generalization/Maintenance

This support group will use principles of Applied behavior Analysis (ABA) to help parents understand and address problem behaviors that their child may exhibit at home and/or school.

TO REGISTER
BY PHONE CALL:
301.431.5675

LOCATION: ZOOM ROOM

TIME: 6:30-8:00

REGISTER TODAY!

LINK:

[HTTPS://TINYURL.COM/FSCBEH](https://tinyurl.com/FSCBEH)



The Department of Special Education
Family Support Center
1400 Nalley Terrace
Landover, Maryland 20785

PARENT WELLNESS SUPPORT GROUP



This group will provide parents with support, tools, strategies, and resources. Our goal is to help parents "refuel" while lowering their levels of stress, frustration, and anxiety. Parents will learn to support their own mental well-being as well as that of their family members.

- Session 1 - 10/21/2021 - It's Okay to Feel & Embrace Your Emotions
- Session 2 - 11/18/2021 - Know Your Values & Maximize Your Strengths
- Session 3 - 12/09/2021 - Harness Your Energy & Refuel Your Tank
- Session 4 - 01/13/2022 - Set Intentions, Stay Centered & Focused
- Session 5 - 02/10/2022 - You Matter: Life Hacks for Taking Care of You
- Session 6 - March 2022 - ***Parent Empowerment Conference
- Session 7 - 04/07/2022 - You Are Enough: Setting Realistic Expectations
- Session 8 - 05/12/2022 - Reflecting On the Journey & Counting Your Wins
- Session 9 - 06/09/2022 - Summer Fun

TO REGISTER BY PHONE
CALL: 301-431-5675




Location: Zoom Room
Time: 6:30 p.m.
- 8:00 p.m.




Register







Today
Link:
<https://tinyurl.com/FSCMWELL>





Facilitators:






Yvette Young, LCSW-C
Beth Diaite, Ed.D., BCBA




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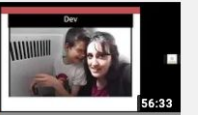
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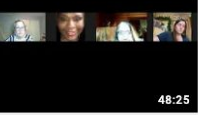
Virtual Conference Series - Sarah Wayland - I Can't Do It...
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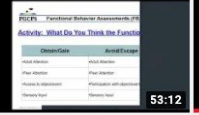
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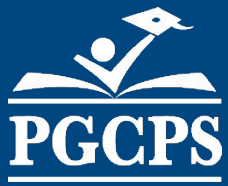
2020 ESY Parent Orientation
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Virtual Parent Empowerment Conference

March 20 to April 30

10th Annual Parent Empowerment Conference

In case you missed it

Session Recordings and
Additional Video Resources

Save the Date

11th Annual Parent Empowerment Conference

- **Keynote Speakers:** Dan and Samuel Habib
- **Tentative Date:** March 19, 2022

