

Engaging Families and Building Partnerships

# The Partners for Success Parent Center

PRINCE GEORGE'S COUNTY PUBLIC SCHOOLS



#### **OBJECTIVE**

By the end of this presentation, parents, guardians and community members will have a clear understanding of the Partners for Success Parent Center's mission as well as the services and resources that are available to families of children with disabilities.

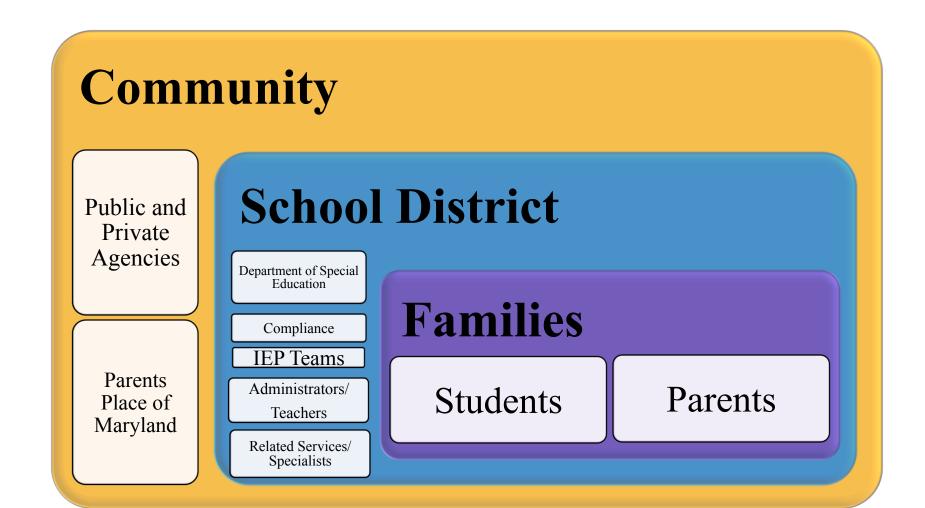


## **MISSION**

- To provide information about disabilities
- To increase awareness of community services
- To assist families in resolving concerns
- To connect families with resources they may need to make informed decisions regarding their child's education
- To strengthen collaborative relationships with community partners



## Let's Work Together!



#### **Student Benefits**

- Grades
- Attendance
- Attitude/behavior
- Homework completion
- State test results
- Social skills
- Ability to self-regulate

#### **Family Benefits**

- Self-efficacy
- Empowerment

## **IMPROVED**

#### FAMILY ENGAGEMENT

#### **School Benefits**

- Communication
- Collaboration
- Ability to problemsolve
- Staff morale

#### **Student Effects**

- Dropout rates
- Retentions
- Special education placements

## REDUCED

#### **Family Effects**

•Reluctance to approach school for needs

Source: USC Center on Educational Governance

#### **School Effects**

- •Feelings of 'us' vs. 'them'
- Need to find volunteers for school activities



## Let your voice be heard!

## Maryland State Department of Education Parent Involvement Survey



## **Parent Survey Results**

## Parent satisfaction as measured by the **2013 Special Education Parent Survey** indicated:

- 52% of parents of students age 3-5 were satisfied with the ways by which schools included them when making special education decisions.
- State target was 40%
- School age 6-21 reported a satisfaction rate 33%
- State target was 38%



## Ways that we can help!

- Provide information that informs families about the special education process and related services
- Provide families with support and resources so that you can play an active role on your child's IEP team
- Provide opportunities for workshops and conferences
- Explain the options that you have available if you disagree with a decision made by the IEP team
- Provide information about State-wide assessments that your child will participate in during the school year.



## Ways that we can help!

- Provide access to current literature and resources about disabilities and special education
- Provide opportunities for parents to express their opinion regarding how well special education is meeting the needs of their child/ren.
- Provide parents with information regarding community events, resources and agencies that support students of families with disabilities



## Ways that you can help!

- Actively participate in the IEP process at your child's school
- Address conflicts as they arise
- Understand your child's disability
- Advocate for your child
- Access services in the community
- Understand the content of your child's IEP
- Learn about what services are available to support your child at home and within the community



#### **Parent Center Resources and Services**

Books/workbooks journals

Workshops and Conferences

**Telephone Consultation** 

**Videos** 

Disability-specific Brochures

**Computer Lab** 

**IEP Assistance** 

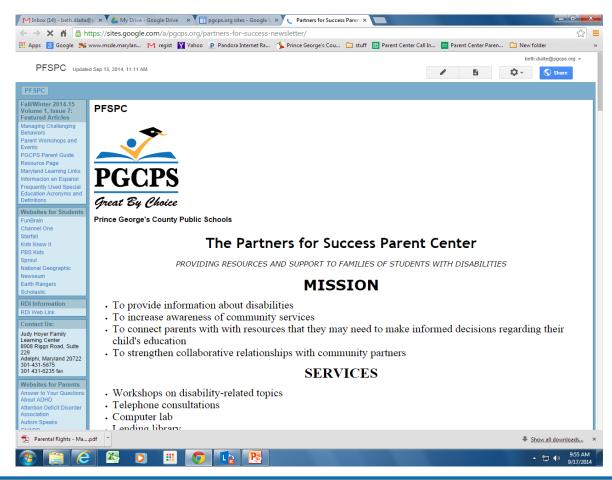
Make and Take Activities

Laminator, Die cut Machine and Boardmaker



#### E-NEWSLETTER

https://sites.google.com/a/pgcps.org/partners-for-success-newsletter/



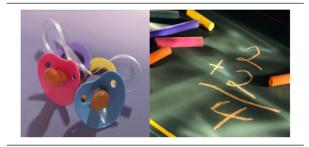


## **Know Your Rights**

#### **Parental Rights**

Maryland Procedural Safeguards Notice

Infants and Toddlers Early Intervention Preschool Special Education and Special Education



**JULY 2013** 







## Maryland State Department of Education

## Resources

- Family Support
  Services
- http://www.marylandpublicschools.org/
   MSDE/divisions/earlyinterv/
   infant\_toddlers/about/
   family\_support\_services.htm
- Parental RightsDocument (VariousLanguages)
- http://
  www.marylandpublicschools.org/
   MSDE/divisions/earlyinterv/
   Special Ed Info.htm

## **Maryland Learning Links**

http://www.youtube.com/user/Marylandlearninglink

http://www.marylandlearninglinks.org/



## **Upcoming Events**

- Individualized Education
- Spatial Thinking November
- Parent Empowerment Conference March 21
- Coffee Talks
- What's all the buzz? (Math event)
- Changing Minds Conference February 28
- Heritage and social awareness events
- Cluster outreach events Special Education and ESOL

## **Workshop Suggestions**

## Parent Center Input Survey

http://tinyurl.com/p5ay9h7





#### Resources

- The Parents Place of Maryland
- The ARC of Prince George's County
- Prince George's County SECAC
- Resource Connections
- Ardwick-Ardmore Enterprises
- One World Center for Autism
- Learning Disabilities Association

#### Resources

- Pathfinders for Autism
- DORS
- DDA
- UMBC Success
- Prince George's Community College
- Maryland Learning Links
- Melwood

#### **Online Resources**

- http://www.autismspeaks.org/
- http://www.add.org/
- http://www.mdod.maryland.gov/MTAP%20Home.aspx
- http://www.louriecenter.org/LC/
- http://www.parentcenterhub.org/resources
- http://marylandlearninglinks.org/
- http://www.maryscenter.org/about.html
- http://shrivercenter.umbc.edu/students/service-learning/umbcsuccess/



#### Where are we located?

- Judy Hoyer Family Learning Center (Adelphi)
   8908 Riggs Road, Suite 229
   Adelphi, MD 20783
   301-431-5675
- John Carroll ES
   1400 Nalley Terrace
   Landover, MD 20785
- Carmody Hills Judy Center 401 Jadeleaf Avenue Capitol Heights, MD 20743



## Hours of Operation: Monday - Friday from 8:00 am - 4:00 pm

#### **Web Address:**

https://sites.google.com/a/pgcps.org/partners-for-success-newsletter/

#### **Address:**

Judy Hoyer- 8908 Riggs, Road Suite 229

**Phone Number:** 

301-431-5675



#### Staff

- Mary Bell, Coordinating Supervisor
- ❖ Beth Diaite, Program Specialist
- ❖ Cohinta Velarde, Parent Outreach
- ❖ Maxine McCullough, Secretary



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#### PRINCE GEORGE'S COUNTY PUBLIC SCHOOLS www.pgcps.org

#### **Beth Diaite**

Program Specialist

#### DEPARTMENT OF SPECIAL EDUCATION Partners for Success Parent Center

Partners for Success Parent Center 8908 Riggs Road, Suite 229 Adelphi, MD 20783

Phone: 301-431-5675 • Fax: 301-431-6235

E-mail: beth.diaite@pgcps.org

#### PARENTAL INVOLVEMENT SURVEY

The Maryland State Department of Education conducts an annual parental involvement survey, typically in the spring. This is your opportunity to provide feedback on the services that your family receives during the school year. Please take the time to complete this survey. Your feedback is very important to us. If you need assistance or additional information, please contact us at 301-431-5672.

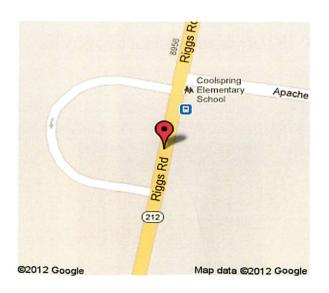
#### We are here to help you!





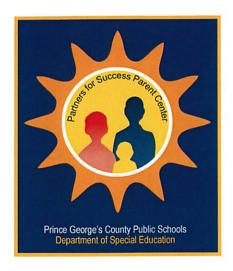
#### **DIRECTIONS**

- Exit Beltway at New Hampshire Ave. Rt. 650 South toward Takoma Park.
- Continue on New Hampshire Ave. to fourth traffic light and turn left onto Metzerott Road.
- Continue on Metzerott Road to the first traffic light.
- Turn right onto Riggs Road.
- The first driveway to the right is the entrance to Cool Spring Elementary and Judy Hoyer Family Learning Center.
- Please use the doors located on the left hand side of the building.



## Partners for Success Parent Center

A resource center for families of students with disabilities



#### We are here to help you!

Located at:

Judy Hoyer Family Learning Center 8908 Riggs Road, Suite 229 Adelphi, Maryland 20783

Tel: 301-431-5675 Fax: 301-431-6235

#### **MISSION**

#### **SERVICES**

#### **RESOURCES**

- To provide information about disabilities
- To increase awareness of community services
- To assist families in resolving concerns
- To connect parents with resources they may need to make informed decisions regarding their child's education
- To strengthen collaborative relationships with community partners

- Workshops on disability-related topics
- Telephone consultations
- Computer lab
- Lending library
- Assistance with understanding the IEP process
- Conferences and resource fairs
- Electronic Newsletter
- Referrals to community agencies











## books videos brochures

Materials available in English and Spanish



#### The Partners for Success Parent Center 8908 Riggs Road, Suite 229 Adelphi, Maryland 20722 301-431-5675



## WE ARE HERE TO HELP YOU!

The parent center is a resource for parents of children with disabilities.

#### We provide the following:

- Lending Library (Books, Cd's, DVD's and brochures)
- · Computer Lab
- Referrals to community agencies and services
- Assistance understanding the IEP process
- Access to workshops, resource fairs and conferences
- · Assistance with preparing for your child's annual review
- Information about Extended School Year Services
- Telephone, email or walk-in assistance is available Monday-Friday

Stop by or call us today.

Email: beth.diaite@pgcps.org



Maryland State Department of Education conducts a parental involvement survey each year, typically in the spring. This is your opportunity to provide feedback on the services that your family receive during the school year. Please take the time to complete this survey. Your feedback is very important to us. Should you need assistance completing the survey or if you would like additional information, please contact us. We are here to help you!



#### Partners for Success Parent Center

#### Parent Events Input Survey

(2014-2015)

at 1	type	e of workshops would you like to see sponsored by the Parent Center?
0		Stress and Parenting Children with Disabilities
0		Understanding Challenging Behaviors
5		Disability Specific Topics
<b>)</b>	Γ	Homework Help
		Mental Health Issues with Children
		Understanding Special Education and Related Services
	П	Advocating in Harmony
	Γ	An in-depth focus on understanding the components of an IEP
	Γ	Compliance and the IEP
		Transition
	Г	Creating Effective Behavior Intervention Plans
		Homework Help
		Guardianship
		Other:
i	is th	e preferred meeting/delivery format?
		Monthly session on various topics
	Γ	Quarterly series on the same topic
	Γ.	Conference with multiple break-out sessions and a keynote speaker
	П	Online
		Phone conference
	<u> </u>	Series on related topics



34 6	moe	
0	Γ	On-going support group(s)
0	Γ.	Resource fair
O	Γ	Other:
W/h ow		uld you most likely attend a Parent Center event?
	C	Weekday evening
.0	O	Saturday morning
0	C	Weekday morning
What confe	t top erenc	ic(s) would you like to have addressed at our annual Parent Empowerment ce?
Wha	t typ	ne of support group(s) would you like to see offered?

To provide additional suggestions, please contact the Partners for Success Parent Center at (301) 431-5675. Please fax this form to (301) 431-6235 or scan to Beth.Diaite@pgcps.org.

If you prefer to fill this form out on line, the link is as follows: <a href="http://tinyurl.com/p5ay9h7">http://tinyurl.com/p5ay9h7</a>

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books videos brochures

Materials available in English and Spanish



# PARTNERS FOR SUCCESS PARENT CENTER

PROVIDING RESOURCES AND SUPPORT FOR FAMILIES OF STUDENTS WITH DISABILITIES

Located at:
Judy Hoyer Family Learning Center
8908 Riggs Road, Suite 229
Adelphi, Maryland 20783
Tel: 301-431-5675 Fax: 301-431-6235



#### The Partners for Success Parent Center

8908 Riggs Road, Suite 229 Adelphi, Maryland 20722 301-431-5675



#### MARYLAND LEARNING ALINKS

#### http://marylandlearninglinks.org

Is a resource for educators and families about issues related to special education and early intervention in Maryland

#### Join and Participate! Connect and Learn!

#### 15 Things to Do on Maryland Learning Links

#### You can.....

- 1. Register (Hint: **Get Linked!**). This allows you to post comments and to receive our newsletter.
- 2. Watch a video that explains the special education process (Hint: Family and Community)
- 3. Participate in an online discussion
- 4. Comment on a blog
- 5. Participate in a poll on the Family Channel
- 6. Learn about specific disabilities
- 7. Locate a narrated tour of the IEP (Hint: **Family and Community**)
- 8. Explore a resource for parents and families
- 9. Read about Special Education policy
- 10. Find assistive technology devices across a range of learning needs (Hint: **Teaching All Students** mATchup Tool)
- 11. Link to other website resources about Transition (Hint: Family and Community OR Teaching all Students)
- 12. Learn about an App for Special Needs
- 13. Find developmentally appropriate activities for young children (Hint: **Birth to Five** Healthy Beginnings Activity Planner)
- 14. Find something informative for my colleagues
- 15. HAVE FUN AND SPREAD THE WORD!!

#### The Partners for Success Parent Center

8908 Riggs Road, Suite 229 Adelphi, Maryland 20783

#### **Resources**

#### MEDICAL/HEALTH

Prince George's County Health Department 1701 McCormick Drive, Suite 200	
Largo, MD 20774	301.883.7834
Prince George's County Health Line *Assists in connecting individuals with appropriate Health Department	1888.561.4049 ent services
Cheverly Health Center 3003 Hospital Drive Cheverly, MD 20785 *Assists families with the following:  • Alcohol and Drug Abuse Treatment • Communicable Disease Control • Dental Case management for Children	301.583.5920 301.583.3750 301.583.3384
Counseling and Testing	301.583.7752
Mary' Center 8908 Riggs Road Adelphi, MD 20783 *Provides prenatal care, pediatric care, adult medicine and gynecolog	301.422.5900 gy
Healthy Teen Center 7824 Central Avenue Landover, MD 20785 *Assists families with the following: *Healthy Teen and Young Adults Program	301.324-5141
<ul> <li>Adam's House (services for young men and fathers)</li> <li>Suitland Health and Wellness Center</li> <li>5001 Silver Hill Road, Suitland MD 20746</li> </ul>	301.817.1900
Immunizations for Children	301.883.7230
Community Clinic, Inc.	301.431.2972
The Governor's Wellmobile Locations Vary *Provides acute primary care services	1866.228.9668

For additional resources, please contact us at 301.431.5675

#### The Partners for Success Parent Center

8908 Riggs Road, Suite 229 Adelphi, Maryland 20783

#### **DISABILITY SUPPORT**

Social Security Administration - Greenbelt Office

1800.772.1213

7401C Forbes Blvd

1800.325.0778 TTY

Seabrook, MD 20706

The Arc of Prince George's County

301.925.7050

1401 McCormick Drive

Largo, MD 20774

\*Provides support through a variety of programs and services that match each person or family's individual needs, ensures that people with developmental disabilities are given the skills, access, and information they need to fully participate as citizens in their communities.

The Parents' Place of Maryland

410.768.9100

www.ppmd.org

801 Cromwell Park Drive, Suite 103

Glen Burnie, MD 21061

- \*Assist families with the following:
  - Workshops
  - One-on-one support and training
  - Information on special education
  - Communication Skills, and other issues affecting children with disabilities across the state

#### **Pathfinders for Autism**

443.330.5341

info@pathfindersforautism.org

1866.806.8400

303 International Circle, Suite 110 Hunt Valley, MD 21030

#### **OTHER**

#### The Judy Hoyer Family Learning Center

301.808.2723

8908 Riggs Road Adelphi, MD 20785

Referrals for health care for children and families Family support programs Educational programs

For additional resources, please contact us at 301.431.5675

The Partners for Success Parent Center

#### 8908 Riggs Road, Suite 229 Adelphi, Maryland 20783

#### **MENTAL HEALTH**

Family Crisis Center, Inc. of Prince George's County 3601 Taylor Street
Brentwood, MD 20722
info@familycrisiscenter-pgco.org

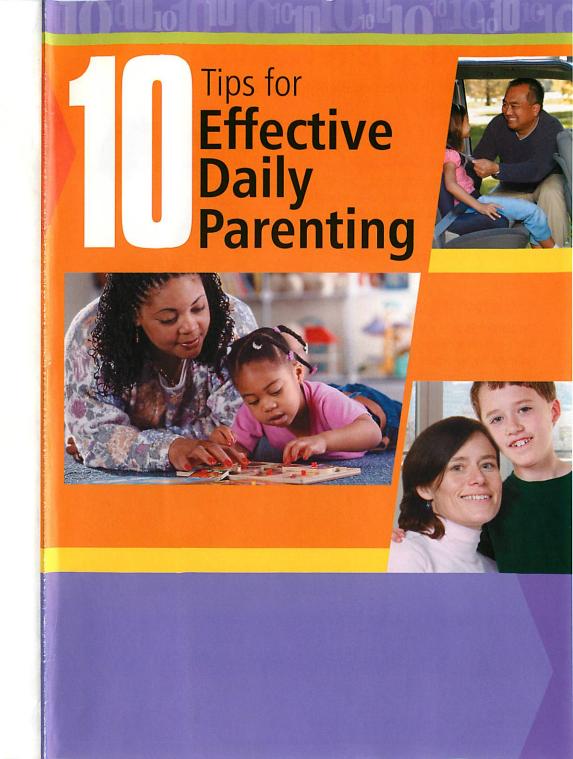
301.779.2100

#### **College Park Youth & Family Services**

240.487.3550

4912 Nantucket Road College Park, MD 20740

\*Offers counseling help to families who are having difficulties with everyday living. This help may involve one member or the entire family.





#### Talk with your child.

Stay connected. Be aware of what your child is thinking, feeling and doing.

- Ask about what he or she learned at school and did with friends.
   (Avoid simple yes/no questions.)
- Really listen. Try to understand what your child is telling you. Give your full attention. Turn off the TV, for example.
- Avoid judging. Show respect for your child's ideas and opinions.

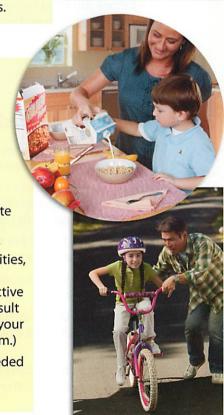


Each day, make sure your child gets:

- 3 healthy meals, plus healthy snacks—breakfast is key
- plenty of sleep—regular bedtime routines can help
- at least 60 minutes of moderate to vigorous physical activity, including aerobic and muscleand bone-strengthening activities, if he or she is age 6 or older. Younger children should be active in age-appropriate ways. (Consult a health-care provider before your child starts an exercise program.)

Make sure your child gets all needed vaccines and regular dental and health checkups, too.

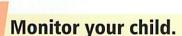




#### Hug your child.

Feeling loved and safe helps your child build confidence and a sense of worth.

- Physical affection is important. Your child also needs to hear "I love you."
- Never withhold affection. Reassure your child that you always love him or her even when you don't like certain behaviors.



It helps ensure safety. It also shows you care.

- Young children need to be watched constantly. (Play with your child often, too.)
- As children get older, know where they are, what they're doing and who they're with. Get to know your child's friends and their parents. (Encourage friendships built around healthy interests and values.)
- Know what your child is watching, reading, listening to or playing with. Limit TV, video games and fun computer use to no more than 2 hours a day.
- Talk about the things that are and are not OK for your child to be doing—including activities online. Teach safety, too, such as how to cross streets.





3

## Notice and reward good behavior.

Give your child praise and attention for good behavior. It helps encourage more of the behavior you want. Avoid "rewarding" only bad behavior with your attention.

Also be sure you have realistic expectations for behavior. Learn about what children are capable of at different ages.



#### Be consistent.

Consistency is reassuring to your child. It's also an important part of discipline.

- Set and stick to regular routines for bedtime, meals and homework, for example.
- Always follow through with consequences you've set for unacceptable behavior.

Consequences should be fair. They should, as much as possible, be related to and in proportion to what your child did. Be sure your child understands your expectations and rules ahead of time. Set clear, simple rules.



#### Set a good example.

Teach with actions—not just words. Let your child see you:

- putting your values (such as being kind, honest, respectful, fair and hard-working) into practice
- handling strong emotions and disagreements or other problems in healthy ways. For example, before you react to something your child does, stop and think. Choose your words and actions with care. Never hit or shake your child.



6

#### Challenge your child.

It will help him or her develop confidence and independence.

- Give your child chances to try new things, solve problems and learn from mistakes.
- Slowly give him or her more responsibilities, such as chores.
- Help your child set goals for him- or herself.
- Praise your child when he or she sticks with and works hard for a goal.

Be sure your child knows you love him or her no matter what.



4

5

#### **Parenting is rewarding!**

It's also one of the most challenging jobs you'll ever have!

#### You are your child's #1 teacher.

From infancy into adulthood, your child learns by listening to what you say—and watching what you do. These lessons help:

- shape your child
- > set the course for his or her life.

#### You don't have to be perfect.

No parent is. Just work on being the best you can be. Remember, good parenting doesn't happen by accident. Strong parenting skills—along with love, understanding, patience and time spent together—can help you:

- build a strong relationship with your child
- guide your child toward health and happiness.





You can build up your parenting skills! Practice these 10 tips EVERY DAY...

2013 Edition

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(04-10-A) Price List A

#### 10 TIPS FOR EFFECTIVE DAILY PARENTING

## Read together.

Read to young children. Let older children read to you. Ask teachers for more tips for school success.



## Take care of your own mind, body and spirit.

It helps keep you energized and is a good example for your child. Ask friends and family to help give you regular breaks. Get professional advice on parenting issues if you need it.

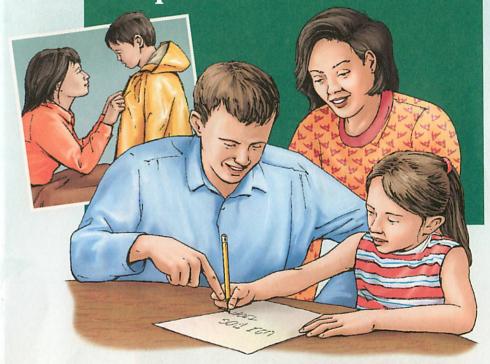


#### Learn more about parenting skills.

- Talk to your child's health-care provider.
- ➤ Take parenting classes. (Family services agencies, health departments, community health centers and schools may have information on them, for example.)
- Check for parenting resources online, and at libraries and bookstores.

You make the difference in your child's life.
Put your parenting skills to work
every day!

# Learning Begins at Home Teaching tips for parents





Stay involved in your child's education.



#### Visit your child's school.

- Attend parent nights, school plays, concerts and other events.
- Ask if you can visit your child's class. But remember, children often act differently when a parent is present.

#### Volunteer your time.

- Join the parent-teacher organization.
- Attend school board meetings.
- Offer to tutor students, be a chaperone, bake for fund-raising events, etc.

Go to parent-teacher conferences.

They let you know how your child is doing and how you can help at home. Before the meeting:

- Write down questions you'd like to discuss.
- Ask your child if there's anything he or she would like you to talk about.

Be sure to listen carefully to any recommendations. Discuss any concerns you have.



Get to know others in the school community. Share your ideas and concerns.

## You can help your child learn in many ways.

#### Talk to your child often.

- Give your child plenty of chances to share what's on his or her mind.
- Ask your child questions that require more than a yes or no answer. For example, ask, "What did you do in art today?"
- Listen carefully. Try to see your child's point of view.

#### Encourage questions.

Children like to learn how things work and why things happen. Find the answers together.



#### Help your child be creative.

- Make up stories together.
- Listen and dance to music.
- Provide materials for coloring, painting and drawing.
- Offer building blocks, clay and other items your child can use creatively.

Helping your child learn can be fun for both of you!

6

## Use everyday opportunities to help your child learn.

Here are some tips for:

#### Reading and writing

Read to your child every day.
 And have him or her read to you.

Write letters or e-mails together. It's fun to get responses in the mail or your inbox!

Make a shopping list together. Say what you need. Help your child write it down.

#### Math

- Have your child help measure ingredients for cooking.
- Play counting games, such as cards or games with dice.
- Use a bathroom scale to weigh objects. Have your child guess the weight first.



#### Science

- Take walks together. Talk about trees, flowers or wildlife you see.
- Point out the phases of the moon.
- Let your child care for a plant.

#### Social studies

- Read or watch children's news stories together.
- Visit museums and historic sites.
- Read about other cultures.

#### Help build good study habits.

#### Set up a study area.

Choose a well-lit, quiet spot. Provide a dictionary and other reference books, or a computer. Also provide paper, pencils and any other supplies your child may need.

#### **Encourage school** attendance.

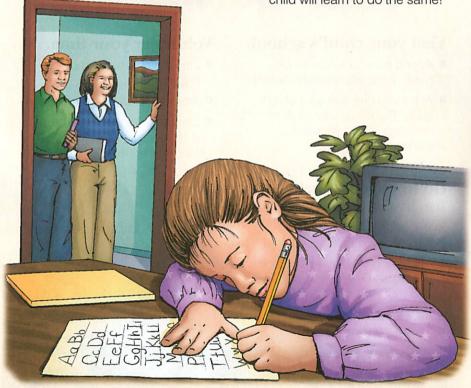
Be sure your child gets to school on time every day. Keep your child out of school only when he or she is ill.

#### Limit TV.

Allow no more than 1-2 hours a day. Use the TV as a teaching tool. Choose, watch and talk about programs with your child.

#### Be a positive role model.

- Let your child see you reading and writing.
- Visit the library often.
- Show you value learning. Your child will learn to do the same!



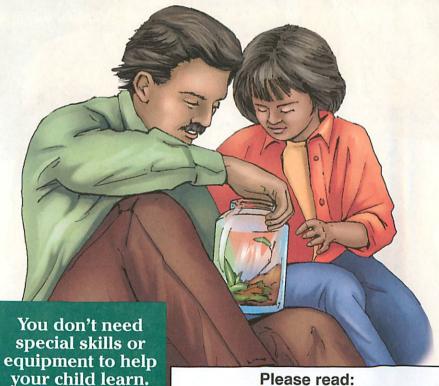
## You are your child's first teacher.

## You've been teaching your child since he or she was born.

For example, you've been teaching your child how to talk, share and get along with others. Your child follows your example and wants to please you.

## Your role as teacher doesn't stop when your child starts school.

Your child still needs your guidance. You can use daily activities to teach your child new things—and inspire a love of learning!



Talk to a professional! This booklet is not a substitute for the advice of a qualified expert.

#### 2014 Edition

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## Your child needs your love and support.

#### Show you care about your child's education.

Ask your child about his or her day. Go over schoolwork together.

#### Help build self-esteem.

Children learn more when they feel good about themselves. Praise your child's efforts. Be specific. Let your child know you're proud of him or her.

#### Discipline fairly.

- Set clear, reasonable rules.
   Discuss them with your child.
- Be consistent. Don't allow something today, but not tomorrow.
- Be positive. For example, say, "Please do this" rather than, "Don't do that." Avoid yelling.
- Never hit or shake your child.

#### Be encouraging.

Let your child know it's OK to make mistakes. Remind him or her that it's the effort that's most important.