

## Covered services

Covered services include mental health and substance use disorder services deemed clinically appropriate and medically necessary. Services may require preauthorization. Covered services may include:

- Inpatient admission
- Partial hospitalization programs
- Outpatient visits
- Psychological testing
- Psychiatric medication evaluations
- Ongoing support

## Online resources

You can find information to help improve your health, manage life events, as well as search for providers in your area.

## Privacy is a priority

Your personal information is kept private as required by state and federal laws. No one will know you have accessed the program services unless you grant permission or express a concern that presents a legal obligation to release information (for example, if it is believed you are a danger to yourself or to others).



## Sheet Metal Workers' Local Union No. 28 Welfare Fund Mental Health and Substance Use Disorder and Member Assistance Programs administered by Beacon Wellbeing

The new MAP program offers confidential counseling, support, and referral for work, life, and mental wellbeing



Everything in life affects your wellbeing. When you're healthier, you're happier. When your friendships and family relationships are strong, you feel less lonely. And when your finances are in order, life isn't so stressful.

Meaningful engagement with your Beacon Wellbeing expert can help you make changes to improve your overall wellbeing, navigate life events, and reach your goals.

## How it works

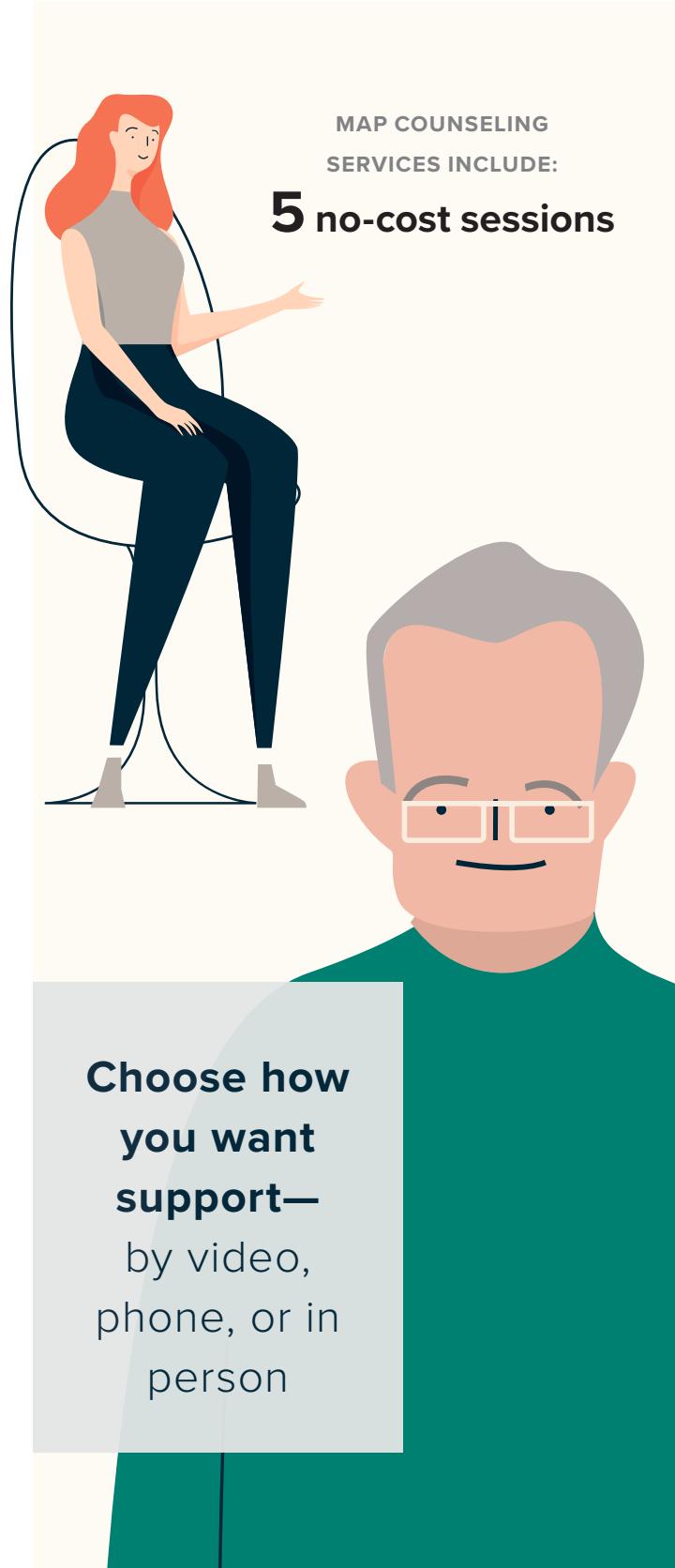
Go online or call the toll-free number on this brochure any time. Beacon Wellbeing professionals are available to help to identify your issue and guide you to the appropriate support.

## Member Assistance Program (MAP)

**There is no cost to you.** Your Welfare Fund covers the cost for you and your household members. That means no bills, no co-pays and no surprise fees.

## Counseling services

Talk with a licensed counselor for support with issues such as managing stress, strengthening relationships, work/life balance, and grief and loss.



## Legal and financial services

Talk to a financial or legal expert for consultations and discounts on services provided for divorce, real estate issues, debt management, and budgeting.

## Work/life services

Obtain professional resource and referral services related to child and eldercare, education, growing families, consumer resources, home maintenance and repair, and daily living resources.

## Mental Health and Substance Use Disorder (MHSUD) program

You may also be eligible for mental health and substance use disorder benefits. The program provides counseling services for mental health and/or substance use disorder issues on an inpatient or outpatient basis which requires co-pays as defined by your benefit.

Beacon Wellbeing provides short-term, solution-focused help while MHSUD benefits provide longer-term treatment.