IES UNIVERSITY, BHOPAL

IES Campus Kalkheda, Ratibad Main Road, Bhopal (M.P.) – 462044

New Scheme of Examination (NEP Based) for the Batch Admitted in 2026

BACHELOR OF PHYSICAL EDUCATION & SPORTS (BPES)

SEMESTER I

Course Code	Category	Course Name	Maximum Marks Allocated							Credits Allocated Subject Wise Credit			
			Theory Slot				Practical Slot		Tot.				
			Internal Assessment			End Term							
			Mid Term	Attd.	CA		CA	End Term		L	T	P	Total
BPES121	AEC	English	25	5	20	50	20	30	150	3	-	2	4
BPES122	DC	Introduction and History of Physical Education	25	5	20	50	-	-	100	3	-	-	3
BPES123	DC	Anatomy and Physiology	25	5	20	50	20	30	150	2	-	2	3
BPES 124	GEC	Traditional Exercise, Sports & Games	25	5	20	50	20	30	150	2	-	2	3
BPES125	DC	Officiating and Coaching-I Major Games (Weight Training, Basket Ball) Any one	25	5	20	50	20	30	150	2	-	8	6
BPES126	DC	Officiating and Coaching-I Athletics throwing events (Jabelin, Discus, shotput, Hammer)	-	-	-	-	20	30	50	-	-	8	4
Total			**125**	**25**	**100**	**250**	**100**	**150**	**750**	**12**	**0**	**22**	**23**

1 Hr. Lecture **1 Credit** | **1 Hr. Tutorial** **1 Credit** | **2 Hr. Practical** **1 Credit**

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SEMESTER II

Course Code	Category	Course Name	Maximum Marks Allocated							Credits Allocated Subject Wise Credit			
			Theory Slot				Practical Slot		Tot.				
			Internal Assessment			End Term							
			Mid Term	Attd.	CA		CA	End Term		L	T	P	Total
BPES221	AEC	Environmental Science	25	5	20	50	-	-	100	3	-	-	3
BPES222	GEC	Fundamentals of Computer and Information Technology	25	5	20	50	20	30	150	2	-	2	3
BPES223	DC	Methods in Physical Education	25	5	20	50	-	-	100	3	-	-	3
BPES224	DC	Physical Fitness and Wellness	25	5	20	50	20	30	150	2	-	2	3
BPES225	DC	Officiating and Coaching II Major Games (Bolley ball, Kho Kho) (Any One)	25	5	20	50	20	30	150	2	-	8	6
BPES 225	DC	Officiating and Coaching II Athletics, Running (Sprints, Middle Distance & Long Distance, relays, Hurdles)	-	-	-	-	20	30	50	-	-	8	4
Total			**125**	**25**	**100**	**250**	**80**	**120**	**700**	**12**	**-**	**20**	**22**

1 Hr. Lecture **1 Credit** | **1 Hr. Tutorial** **1 Credit** | **2 Hr. Practical** **1 Credit**

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BACHELOR OF PHYSICAL EDUCATION & SPORTS (BPES)

SEMESTER III

Course Code	Category	Course Name	Maximum Marks Allocated							Credits Allocated Subject Wise Credit			
			Theory Slot				Practical Slot		Tot.				
			Internal Assessment			End Term							
			Mid Term	Attd.	CA		CA	End Term		L	T	P	Total
BPES 321	DC	Kinesiology & Sports Biomechanics	25	5	20	50	20	30	150	3	-	2	4
BPES 322	DC	Sports Psychology	25	5	20	50	-	-	100	3	-	-	3
BPES 323	DC	Sports Training	25	5	20	50	20	30	150	3	-	2	4
BPES 324	SEC	Strength & Conditioning	25	5	20	50	20	30	150	3	-	2	4
BPES 325	DC	Officiating & Coaching III Major Games (Cricket, Table Tennis) Any one	-	-	-	-	20	30	50	2	-	4	4
BPES 326	GEC	Science of Yoga & Naturopathy	25	5	20	50	20	30	150	2	-	2	3
BPES 327	Internship/Project	State Level Study Tour	-	-	-	-	-	-	50	-	-	6	3
			125	**25**	**100**	**250**	**100**	**150**	**800**	**16**	**0**	**18**	**25**

1 Hr. Lecture **1 Credit** | **1 Hr. Tutorial** **1 Credit** | **2 Hr. Practical** **1 Credit**

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SEMESTER IV

Course Code	Category	Course Name	Maximum Marks Allocated							Credits Allocated Subject Wise Credit			
			Theory Slot				Practical Slot		Tot.				
			Internal Assessment			End Term							
			Mid Term	Attd.	CA		CA	End Term		L	T	P	Total
BPES 421	DC	Health Education	25	5	20	50	20	30	150	3	-	2	4
BPES 422	DC	Test & Measurement in sports & Physical Education	25	5	20	50	20	30	150	3	-	2	4
BPES 423	GEC	Adapted Physical Education & Sports	25	5	20	50	20	30	150	3	-	2	4
BPES 424	SEC	Sports Management	25	5	20	50	20	30	150	3	-	2	4
BPES 425	DC	Officiating & Coaching IV Major Games (Football, Kabaddi) (Any one)	25	5	20	50	20	30	50	2	-	4	4
BPES 426	DC	Officiating & Coaching III Combative Games (Taekwondo, Judo) (Any one)	-	-	-	-	20	30	50	2	-	4	4
Total			**125**	**25**	**100**	**250**	**120**	**180**	**700**	**16**	**-**	**16**	**24**

1 Hr. Lecture **1 Credit** | **1 Hr. Tutorial** **1 Credit** | **2 Hr. Practical** **1 Credit**

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SEMESTER V

Course Code	Category	Course Name	Maximum Marks Allocated							Credits Allocated Subject Wise Credit			
			Theory Slot				Practical Slot		Tot.				
			Internal Assessment			End Term							
			Mid Term	Attd.	CA		CA	End Term		L	T	P	Total
BPES 521	DSE	Sports Talent Identification	25	5	20	50	20	30	150	3	-	2	4
BPES 522	SEC	Sports Journalism	25	5	20	50	20	30	150	3	-	2	4
BPES 523	DC	Fitness Training & Nutrition	25	5	20	50	20	30	150	3	-	2	4
BPES 524	SEC	Athletic Care & Rehabilitation	25	5	20	50	20	30	150	3	-	2	4
BPES 525	DC	Sports Specialization	-	-	-	-	20	30	50	-	-	4	2
BPES 526	DSE	Recreation & Adventure Sports	-	-	-	-	20	30	50	-	-	4	2
BPES 527	DC	Community Coaching/ National level study Tour	-	-	-	-	20	30	50	-	-	4	2
Total			**100**	**20**	**80**	**200**	**140**	**210**	**750**	**12**	**-**	**20**	**22**

1 Hr. Lecture **1 Credit** | **1 Hr. Tutorial** **1 Credit** | **2 Hr. Practical** **1 Credit**

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BACHELOR OF PHYSICAL EDUCATION & SPORTS (BPES)

SEMESTER VI

Course Code	Category	Course Name	Maximum Marks Allocated							Credits Allocated Subject Wise Credit			
			Theory Slot				Practical Slot		Tot.				
			Internal Assessment			End Term							
			Mid Term	Attd.	CA		CA	End Term		L	T	P	Total
BPES 621	DC	Counselling in Sports	25	5	20	50	20	30	150	2	-	2	3
BPES 622	DSE	Exercise Prescription	25	5	20	50	20	30	150	3	-	2	4
BPES 623	SEC	Sports Entrepreneurship	25	5	20	50	20	30	150	3	-	2	4
BPES 624	DC	Sports Technology Innovation	25	5	20	50	20	30	150	2	-	2	3
BPES 625	DC	Sports Medicine & Physiotherapy	25	5	20	50	20	30	150	3	-	2	4
BPES 626	DC	Project	-	-	-	-	20	30	50	-	-	6	3
BPES 627	DC	Internship	-	-	-	-	20	30	50	-	-	12	6
Total			**125**	**25**	**100**	**250**	**140**	**210**	**850**	**13**	**-**	**28**	**27**

1 Hr. Lecture **1 Credit** | **1 Hr. Tutorial** **1 Credit** | **2 Hr. Practical** **1 Credit**