



ABOUT SANARE DOYLESTOWN

Sanare Doylestown supports adults navigating the ongoing impact of trauma while balancing work, relationships, and daily responsibilities. Trauma-focused programming includes both small-group therapy and individual sessions within a steady, structured environment. Individual outpatient therapy is also available.

The work takes place in small, consistent groups led by therapists who bring steadiness, creativity, and full human presence into the room. Sessions are grounded in safety and thoughtful pacing, helping separate the past from the present while strengthening stability in everyday life. Skills are practiced in real time, reflected on, and reinforced through repetition.

Whether you're choosing care for yourself or someone else, **Sanare Doylestown** offers a place where steady engagement and repetition allow change to hold.

4259 W Swamp Rd,
Doylestown, PA 18902

PROGRAMS OFFERED HERE

TRAUMA-FOCUSED IOP FOR ADULTS

Small-group therapy paired with individual work for adults processing trauma. Grounded in safety, trust, and thoughtful pacing, allowing strength to rebuild without being rushed.

MON WED FRI 10:00-12:15 pm
Individual work on TUE/THU

INDIVIDUAL THERAPY FOR ADULTS

Flexible one-on-one therapy for those seeking ongoing support and personal growth.

Call for availability

OTHER NEARBY SANARE LOCATIONS

IN-PERSON & ONLINE PROGRAMS VARY BY LOCATION

- Collegeville
- King of Prussia
- North Wales
- Yardley
- Sanare Virtual-PA



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