



# ABOUT SANARE COLLEGEVILLE

Sanare Collegeville supports adults navigating intense emotions, relationship challenges, and trauma-related experiences while balancing work, family, and daily responsibilities. This location is home to Sanare's dedicated trauma-focused program for women, with women-only groups designed for lived experiences that carry unique layers.

All work takes place in small groups where structure and authenticity live side by side. Therapists bring steadiness, creativity, and full human presence into the room. Skills are practiced in real time, reflected on, and strengthened through repetition.

Whether you're choosing care for yourself or someone else, Sanare Collegeville offers a place where emotional strength is built through practice, consistency, and human connection.

545 W Main St, Trappe  
PA 19426

## PROGRAMS OFFERED HERE

### TRAUMA-FOCUSED IOP FOR WOMEN

Small-group therapy paired with individual work for women navigating trauma. Built within a women-only setting grounded in safety, trust, and thoughtful pacing.

MON WED FRI 2:00–4:15 pm  
Individual work on TUE/THU

## OTHER NEARBY SANARE LOCATIONS

### IN-PERSON & ONLINE PROGRAMS VARY BY LOCATION

- Exton
- King of Prussia
- Lansdale
- Sanare Virtual-PA



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Connect with us: (610) 344-9600  
start@sanaretoday.com