



ABOUT SANARE DOYLESTOWN

Sanare Doylestown supports adults whose past experiences continue to affect how they feel, respond, or move through everyday life. Trauma-Focused IOP provides a consistent small-group setting where participants can explore what may be driving familiar patterns and begin developing new ways of responding.

The work creates space to understand those connections without becoming defined by them. Participants build greater stability while gradually addressing what has kept certain patterns in place. Individual Therapy is also available when dedicated one-on-one support is appropriate.

Whether you're seeking support for yourself or helping someone find the right next step, Sanare Doylestown offers a place to understand what continues to have an impact and begin changing how it shapes life today.

4259 W Swamp Rd
Doylestown, PA

PROGRAMS OFFERED HERE

TRAUMA-FOCUSED IOP

Small-group therapy for adults whose past experiences continue to shape how they respond or move through everyday life. Participants work to understand trauma-related patterns, build greater stability, and develop new ways of responding that create room for life beyond them.

MON TUE THU 10:00 am–12:15 pm
Individual work on WED/FRI

INDIVIDUAL THERAPY

Flexible one-on-one therapy for those seeking ongoing support and personal growth. Ages 17+.

Call for Availability

OTHER NEARBY SANARE LOCATIONS

IN-PERSON & VIRTUAL PROGRAMS VARY BY LOCATION

- King of Prussia
- North Wales
- Yardley
- Virtual Pennsylvania (available statewide)



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