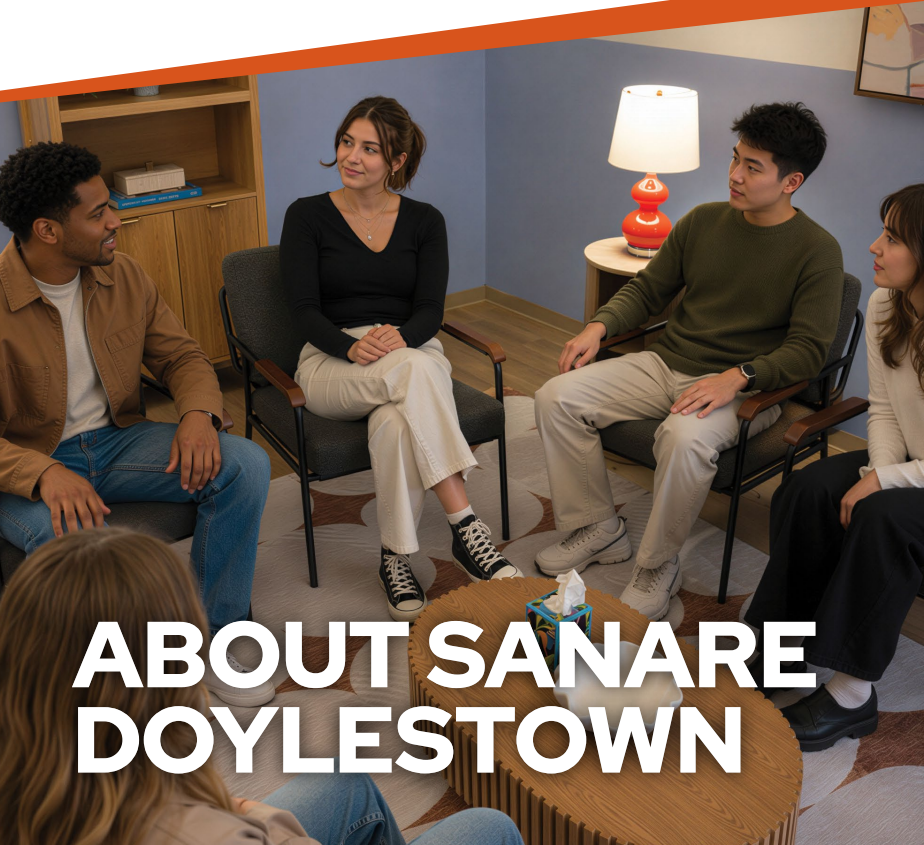




ABOUT SANARE DOYLESTOWN

Sanare Doylestown supports adults whose past experiences continue to affect how they feel, respond, or move through everyday life. Trauma-Focused IOP provides a consistent small-group setting where participants can explore what may be driving familiar patterns and begin developing new ways of responding.

The work creates space to understand those connections without becoming defined by them. Participants build greater stability while gradually addressing what has kept certain patterns in place. Individual Therapy is also available when dedicated one-on-one support is appropriate.

Whether you're seeking support for yourself or helping someone find the right next step, Sanare Doylestown offers a place to understand what continues to have an impact and begin changing how it shapes life today.

4259 W Swamp Rd
Doylestown, Pennsylvania

PROGRAMS OFFERED HERE

Trauma-Focused IOP for Adults

Small-group therapy for adults working through the lasting impact of traumatic experiences. Participants work to understand trauma-related patterns and build new ways of responding that support a fuller life in the present.

MON TUE THU 10:00 am–12:15 pm
Individual work on WED/FRI

Individual Therapy for Ages 17+

Flexible one-on-one therapy for those seeking ongoing support and personal growth.

Call for Availability

OTHER NEARBY SANARE LOCATIONS

In-person and virtual programs vary by location.

- King of Prussia
- North Wales
- Yardley
- Virtual Pennsylvania (available statewide)



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