

## Session for Young Dentists and Students

Don't miss this  
exciting opportunity  
and join us now!

## Esthetic Results with Universal Composites

### Course Description

Getting started with esthetic restorations can feel complex—but it doesn't have to be. This session is designed for students and young dentists who want a clear, practical approach to achieving predictable, natural-looking results with universal composites.

With a strong focus on simplicity and real-world application, you'll gain the confidence and techniques needed to deliver high-quality esthetic outcomes from day one.

### Topics covered

Universal composites have become an essential material in contemporary restorative dentistry due to their versatility, simplified workflow, and ability to deliver highly esthetic outcomes a cross a broad range of clinical situations. Nevertheless, predictable results depend not only on the material itself, but also on a clear understanding of indications, layering strategies, finishing procedures, and everyday clinical decision-making.

This lecture will explore the advantages of using Ivoclar materials in direct restorative procedures and will demonstrate how universal composites can be used efficiently to achieve natural and reliable esthetic results. A step-by-step approach to direct composite restorations will be presented, with particular focus on case selection, shade selection, layering technique, anatomical design, finishing, and polishing.

Clinical cases will be used to illustrate indications, applications, and practical tips that can be immediately transferred to daily practice. Special emphasis will be placed on simplifying restorative protocols without compromising esthetics, function, or predictability.

The objective of this lecture is to provide participants with practical concepts and reproducible techniques that support better esthetic outcomes with universal composites in everyday dentistry.

### Test the Workflow at our Experience Booth!



### Speaker

Dr. Luis Carlos Garza



Luis Carlos Garza, DDS, MSc, is a dentist with a special focus on esthetic restorative dentistry, adhesive procedures, and minimally invasive treatment concepts. He received his DDS from the School of Dentistry at the Universidad Autónoma de Nuevo León, Mexico, and later completed a University Master's Degree in Aesthetic Restorative Dentistry as well as a Postgraduate Diploma in Dental Implantology at the Universitat Internacional de Catalunya, Sant Cugat, Spain. Dr. Garza is Assistant Professor in the Department of Restorative Dentistry at the School of Dentistry of the Universitat Internacional de Catalunya. He combines academic activity with private practice at Dental Esthetic BCN and Clínica Dental Vela Segalá. He is also a Key Opinion Leader for Ivoclar, an affiliate ordinary member of SEPES and SEOC, and is actively involved in research and scientific publications.