Maitri

BIRTH & POSTPARTUM DOULAS

DOULA/PRACTICE	SPECIALTY	HOW TO CONTACT
Lauren Akin	Full-spectrum doula; certified clinical hypnotherapist; hypnosis for childbirth and postpartum recovery.	• laurenakin.com
Meghan Bello – Bello Beginnings	LGBTQIA+-affirming care; Fertility and birth doula; preconception planning; babywearing education; early pregnancy support.	• bellobeginnings.com
Meg Bronz – GROW co-owner	Certified birth doula; postpartum support; childbirth education; Body Ready Method-informed movement and birth preparation.	• megbronz.com
Kayla Brookins	Dedicated to providing holistic support to expecting and new parents, focusing on emotional, educational, and spiritual guidance.	• https://www.sacredopeningsdoula.com/
Susan Cline Lucey, GROW founder/co-owner	Birth doula, loss support, complex pregnacies and births, childbirth education, Body Ready Method certified	• growfamilyvt.com · 802-448-0288

DOULA/PRACTICE	SPECIALTY	HOW TO CONTACT
Heather Gallagher – Heather Gallagher Co.	Birth, postpartum and death doula; birth and family photography; LGBTQIA+-affirming care; VBAC, cesarean, induction and pregnancy-loss support. *BIPOC	• heathergallagher.co
Missi Greiner	Full-spectrum doula; infant massage educator.	• https://www.vermontbirthnetwork.com/missi-greiner
Emma Huvos	Birth doula; prenatal and postpartum massage therapy	• https://www.emmahuvos.com/birth
Sarah Howe	Birth doula, works with Emma Huvos.	• https://www.emmahuvos.com/birth
Mary Humphrey - Full Circle Doula Care	Birth doula	• https://www.fullcircledoulavt.com/
Laura Ladieu – Summit Birth Doula	Birth and postpartum doula services.	• https://www.vermontbirthnetwork.com/lauraladieu-summitbirthdoula-vermontbirthnetwork
Emily Piazza – Nourished Journey	Birth doula and registered dietitian; pregnancy and postpartum nutrition	• nourishedjourney.co
Holidae Rochman - GROW co-owner	Birth and postpartum doula services, childbirth education	• https://www.vermontbirthnetwork.com/lauraladieu-summitbirthdoula-vermontbirthnetwork
Vermont Doula Company	Birth, postpartum and overnight doula care, Team-based model with two doulas assigned to families.	• 802-200-7200 · vermontdoulacompany.com · 30 Farrell Street, Suite 100, South Burlington.
Rachel Vaughan	Birth doula; pregnancy, childbirth and new-parent support.	• growfamilyvt.com · 802-448-0288

POSTPARTUM, OVERNIGHT AND NEWBORN CARE DOULAS

DOULA/PRACTICE	SPECIALTY	HOW TO CONTACT
Meg Bronz - GROW co-owner	Birth doula, daytime postpartum care, newborn guidance, feeding and family-transition support.	• megbronz.com
Anna King - Vermont Sleep Doula	Sleep specialist, also a CBE for GROW.	https://www.vermontsleepdoula.com/
Dani Krawiec – Doula Oblongata	Postpartum doula	• 802-404-2026 · dani@doula-oblongata.com · doula-oblongata.com
Hannah Wolf – This Mother's Road	Postpartum doula; placenta encapsulation; herbal care; massage therapy	• Vermont Birth Network profile
Kelly Bessette – The Blooming Circle	Certified postpartum doula, emotional support and postpartum education. Her listed in-person area is Addison County, so confirm Chittenden availability.	• The Blooming Circle · Vermont Birth Network profile
Demi Joy-Carr	Lives in addison county but will come to chittenden co	• Vermont Birth Network
Arrity Deakin – Birth Love Doula Services	Birth doula and overnight postpartum doula.	birthlovedoula.com