

KIP & NOOK

LUNCH

Green Olives 3 ⁹⁵

Bread & Oil 4 ⁹⁵

Cashew Nuts 3 ⁹⁵

PLATES

Small Plates

Harissa Broccolini	7
On lemon ricotta	
Harissa Houmous Plate	5
With harissa oil	
Grilled Halloumi	5
On chipotle jam leaves	
Couscous	5
Tomatoes, rocket, pomegranate	
Bang Bang Chicken	8
Sriracha mayo	
Bang Bang Cauliflower	6
Sriracha mayo	
Sweet Potato Fries	6
Garlic mayo	
Peppered Parmesan Fries	6
Garlic mayo	

Caprese Salad	7
Basil, tomato, mozzarella, balsamic glaze	
Green Salad	4
Cucumber, tomato, balsamic glaze	
Kale Salad	4
Baby kale, red cabbage, pink pickled onion, cashews, houmous & lime	

Add chicken +4

Sauces

Hot Honey.....	1
Sriracha Mayo.....	1
Garlic Mayo.....	1
Tomato Sauce.....	1
Chipotle Jam	1
Bang Bang Sauce.....	1
Chilli Jam	1
BBQ Sauce.....	1

Sandwiches

BMT	12
Milano salami, pepperoni, serrano ham, lettuce, chilli jam, Edam cheese	
2020 Club	12
Grilled chicken, sliced bacon, tomato, Edam cheese & Sriracha mayo salad	
Focaccia Sandwich	12
Shredded chicken, brie, wild rocket, chilli, garlic oil, roasted red pepper, with garlic or basil pesto	
Classic Grilled Cheese	7
Three-cheese toastie, brie, Edam, mature cheddar	
Add guacamole +2.00 Add ham +3.00 Add chicken +3.50	
Salamiman	12
Ciabatta roll, mozzarella, chilli jam, pesto, Milano salami, rocket	
Quesadilla	12
Mexican pulled chicken, cheddar cheese, avocado green bell peppers, coriander, sour cream	

Salads

Sweet Potato & Pickled Red Onion	10
Mixed leaf salad, sweet potato, pickled red onion, crispy chickpeas, feta, chilli oil	
Seasoned Mixed Salad	6
Mixed leaf salad, cherry tomatoes, cucumber, balsamic glaze	

Add chicken +4

Sticky Halloumi Salad	10
Sticky bang-bang rocket salad, red onion, sun-dried tomatoes, cherry tomatoes, halloumi, houmous	

DESSERT? ALWAYS.

Ask our team for the menu...

Follow @kipandnook | Email stay@kipandnook.com

V - Vegetarian | VG - Vegan

Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu, and we cannot guarantee the total absence of allergens. Detailed information on the fourteen legal allergens is available on request; however, we are unable to provide information on other allergens.