

# WEEK 01

## MONDAY:

Toad in the hole – Served with mashed potato, peas and carrots

OR

Chicken Curry – Served with rice and yoghurt

Dessert – Lemon Drizzle Cake

## TUESDAY:

Shepherds Pie – Served with green beans and carrots

OR

Chicken & Ham Pie – Served with peas, beans and potatoes

Dessert – Strawberry Cheesecake

## WEDNESDAY:

Lasagne – Served with focaccia and salad

OR

Gammon & Pineapple – Served with cheesy mash and green beans

Dessert – Rice Pudding with Jam

## THURSDAY:

Marry Me Chicken – Served with rice and green beans

OR

Vegetable Cheesy Pasta Bake

Dessert – Bakewell Tart

## FRIDAY:

Seafood Paella

OR

Beef Bourgignon – Served with mashed potato and carrots

Dessert – Crème Brûlée

# WEEK 02

## MONDAY:

Beef & Ale Pie – Served with mashed potato, peas and carrots

OR

Hunters Chicken – Served with broccoli and rice

Dessert – Victoria Sandwich Slice

## TUESDAY:

Sausage Casserole – Served with potatoes, broccoli and carrots

OR

Kedgeree

Dessert – Basque Cheesecake

## WEDNESDAY:

Sweet & Sour Chicken Noodles

OR

Minced Beef – Served with Yorkshire pudding and mixed vegetables

Dessert – Hot Chocolate Pudding

## THURSDAY:

Mushroom Risotto – Served with parmesan cheese

OR

Chicken & Vegetable Casserole – Served with dumplings

Dessert – Lemon Tart

## FRIDAY:

Fish Cakes – Served with potatoes and green beans

OR

Roast Porchetta – Served with potatoes and vegetables

Dessert – Chocolate Mousse

# WEEK 03

## MONDAY:

Cottage Pie – Served with broccoli and peas

OR

Spanish Chicken – Served with rice, orange and olives

Dessert – Chocolate Brownie

## TUESDAY:

Sausage & Mash – Served with red cabbage and gravy

OR

Lamb Kofta – Served with mint yoghurt and salad

Dessert – Lemon Cheesecake

## WEDNESDAY:

Salmon – Served with new potatoes and green beans

OR

Beef Curry – Served with rice, lemon and raita

Dessert – Apple Crumble & Custard

## THURSDAY:

Spaghetti & Meatballs – Served with focaccia and parmesan

OR

Aubergine & Lentil Mousaka

Dessert – Treacle Tart

## FRIDAY:

Roast Chicken – Served with stuffing, roast potatoes, Yorkshire pudding, carrots and parsnips

OR

Chilli con Carne – Served with rice, sour cream and cheese

Dessert – Lemon Posset

# WEEK 04

## MONDAY:

Spaghetti Carbonara – Served with focaccia and parmesan

OR

Lamb Tagine – Served with couscous and yoghurt

Dessert – Flapjack

## TUESDAY:

Fish Pie – Served with green beans, peas and carrots

OR

Chicken Katsu – Served with rice, spring onion and grated carrot

Dessert – Blackcurrant Cheesecake

## WEDNESDAY:

Beef Hot Pot – Served with dumplings and green vegetables

OR

Tuscan Sausage Penne – Served with focaccia and parmesan

Dessert – Lemon Pudding

## THURSDAY:

Slow-cooked Pork – Served with mustard mash and green vegetables

OR

Mexican Three Bean Casserole – Served with lime yoghurt and salsa

Dessert – Chocolate Tart

## FRIDAY:

Roast Beef – Served with potatoes, Yorkshire pudding, carrots, broccoli and peas

OR

Seafood Linguine – Served with lemon and parsley

Dessert – Trifle

MAINS (Light) – £7 (Regular) – £8 | DESSERTS – £4 | ICE CREAM – £3 | SNACK BOX – £5

## EXTRAS:

**Snack Box** – Contains an item of fruit, small drink, chocolate bar and savoury snack  
**Ice Cream** – Handmade ice cream