

# Smartphone Settings Checklist

## Text Size and Readability

- Increase text size (Settings → Display & Brightness → Text Size on iPhone; Settings → Accessibility → Font Size on Android)
- Enable bold text if needed (iPhone only: Settings → Display & Brightness → Bold Text)
- Adjust brightness to comfortable level
- Check contrast settings if available (Settings → Accessibility → Display & Text Size on iPhone)

## Security Updates

- Enable automatic updates (Settings → General → Software Update → Automatic Updates on iPhone; Settings → System → System Update Settings on Android)
- Check that Wi-Fi is set up properly for updates
- Set device to update overnight while charging

## Emergency Information

- Add essential medical information (Health app → Medical ID on iPhone; Settings → Safety & Emergency on Android)
- Enter at least one emergency contact with phone number
- Ensure emergency info is accessible from lock screen
- Add allergies and current medications
- Include blood type and medical conditions if applicable

## Pop-Ups and Ads

- Block pop-ups in browser (Settings → Safari → Block Pop-ups on iPhone; Chrome → Settings → Site Settings → Pop-ups and redirects on Android)
- Enable fraudulent website warnings (Settings → Safari on iPhone; Chrome → Settings → Privacy and Security on Android)

## Pop-Ups and Ads (cont.)

- Consider ad-blocking options if ads are intrusive
- Be cautious of any remaining pop-ups that appear

## Voice Features

- Practice using voice typing (microphone icon on keyboard)
- Learn how to include punctuation in dictation (say "period," "comma," "question mark")
- Try voice commands (Press and hold home button or say "Hey Siri" on iPhone; Say "Hey Google" on Android)
- Set up voice assistant if not already configured

## Screen Timeout Settings

- Adjust screen timeout to appropriate length (Settings → Display & Brightness → Auto-Lock on iPhone; Settings → Display → Screen timeout on Android)
- Choose 2-3 minutes for balance of usability and security
- Avoid setting to "Never" for security reasons

## Additional Security Measures

- Ensure passcode/PIN is set up

- Consider setting up fingerprint or face recognition
- Review app permissions (Settings → Privacy on iPhone; Settings → Apps → App permissions on Android)
- Turn on Find My iPhone/Find My Device feature

## Battery Optimization

- Enable battery saving mode when needed
- Review which apps use the most battery
- Close unused apps running in background
- Adjust screen brightness to save battery

## Accessibility Features

- Explore additional accessibility options (Settings → Accessibility on both platforms)
- Consider enabling magnifier feature
- Check hearing accommodations if needed
- Try display accommodations for color blindness or sensitivity