

MNWS Phenx

Etter et al. (2013) A test of proposed new tobacco withdrawal symptoms
PMID: 22702228 <https://doi.org/10.1111/j.1360-0443.2012.03981.x>

Behavior Rating Scale - Self-Report

Please rate yourself on the following questions for the LAST WEEK .

1) Angry, irritable, frustrated

- none
- slight
- mild
- moderate
- severe

2) Anxious, nervous

- none
- slight
- mild
- moderate
- severe

3) Depressed mood, sad

- none
- slight
- mild
- moderate
- severe

4) Desire or craving to smoke

- none
- slight
- mild
- moderate
- severe

5) Difficulty concentrating

- none
- slight
- mild
- moderate
- severe

6) Increased appetite, hungry, weight gain

- none
- slight
- mild
- moderate
- severe

7) Insomnia, sleep problems, awakening at night

- none
- slight
- mild
- moderate
- severe

8) Restless

- none
- slight
- mild
- moderate
- severe

9) Impatient

- none
- slight
- mild
- moderate
- severe

10) Constipation

- none
- slight
- mild
- moderate
- severe

11) Dizziness

- none
- slight
- mild
- moderate
- severe

12) Coughing

- none
- slight
- mild
- moderate
- severe

13) Dreaming or nightmares

- none
- slight
- mild
- moderate
- severe

14) Nausea

- none
- slight
- mild
- moderate
- severe

15) Sore throat

- none
- slight
- mild
- moderate
- severe