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PhenX Toolkit Link: <https://www.phenxtoolkit.org/protocols/view/31001>

1) How soon after you wake up do you smoke your first cigarette?

- ☐ Within 5 minutes
☐ 6-30 minutes
☐ 31-60 minutes
☐ After 60 minutes

2) Do you find it difficult to refrain from smoking in places where it is forbidden (e.g., in church, at the library, in cinema)?

- ☐ No
☐ Yes

3) Which cigarette would you hate most to give up?

- ☐ The first one in the morning
☐ Any other

4) How many cigarettes per day do you smoke?

- ☐ 10 or less
☐ 11 to 20
☐ 21 to 30
☐ 31 or more

5) Do you smoke more frequently during the first hours after waking than during the rest of the day?

- ☐ No
☐ Yes

6) Do you smoke when you are so ill that you are in bed most of the day?

- ☐ No
☐ Yes

7) FTCD Total (not visible to participants):

(points)
