

MNWS Phenx**Hughes & Hatsukami (1986) Signs and symptoms of tobacco withdrawal.****PMID: 3954551 DOI: 10.1001/archpsyc.1986.01800030107013****PhenX Toolkit Link: <https://www.phenxtoolkit.org/protocols/view/721001>****Behavior Rating Scale - Self-Report****Please rate yourself on the following questions for the LAST WEEK .**

1) Angry, irritable, frustrated

- ☐ none
☐ slight
☐ mild
☐ moderate
☐ severe

2) Anxious, nervous

- ☐ none
☐ slight
☐ mild
☐ moderate
☐ severe

3) Depressed mood, sad

- ☐ none
☐ slight
☐ mild
☐ moderate
☐ severe

4) Desire or craving to smoke

- ☐ none
☐ slight
☐ mild
☐ moderate
☐ severe

5) Difficulty concentrating

- ☐ none
☐ slight
☐ mild
☐ moderate
☐ severe

6) Increased appetite, hungry, weight gain

- ☐ none
☐ slight
☐ mild
☐ moderate
☐ severe

7) Insomnia, sleep problems, awakening at night

- ☐ none
 - ☐ slight
 - ☐ mild
 - ☐ moderate
 - ☐ severe
-

8) Restless

- ☐ none
 - ☐ slight
 - ☐ mild
 - ☐ moderate
 - ☐ severe
-

9) Impatient

- ☐ none
 - ☐ slight
 - ☐ mild
 - ☐ moderate
 - ☐ severe
-

10) Constipation

- ☐ none
 - ☐ slight
 - ☐ mild
 - ☐ moderate
 - ☐ severe
-

11) Dizziness

- ☐ none
 - ☐ slight
 - ☐ mild
 - ☐ moderate
 - ☐ severe
-

12) Coughing

- ☐ none
 - ☐ slight
 - ☐ mild
 - ☐ moderate
 - ☐ severe
-

13) Dreaming or nightmares

- ☐ none
- ☐ slight
- ☐ mild
- ☐ moderate
- ☐ severe

14) Nausea

- ☐ none
 - ☐ slight
 - ☐ mild
 - ☐ moderate
 - ☐ severe
-

15) Sore throat

- ☐ none
- ☐ slight
- ☐ mild
- ☐ moderate
- ☐ severe