

CPQ-12 - Computer Proficiency Questionnaire

Boot et al. (2015) Computer proficiency questionnaire: Assessing low and high computer proficient seniors.

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This questionnaire asks about your ability to perform a number of tasks with a computer. Please answer each question by selecting the response that is most appropriate. If you have not tried to perform a task or do not know what it is, please select "NEVER TRIED", regardless of whether or not you think you may be able to perform the task.

1. I can use a computer keyboard to type.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

2. I can use a mouse.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

3. I can load ink into the printer.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

4. I can fix the printer when paper jams.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

5. I can open emails.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

6. I can send emails.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

7. I can find information about local community resources on the Internet.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

8. I can find information about my hobbies and interests on the Internet.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

9. I can use a computer to enter events and appointments into a calendar.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

10. I can check the date and time of upcoming and prior appointments.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

11. I can use a computer to watch movies and videos.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

12. I can use a computer to listen to music.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily