

MDPQ-16

Roque & Boot (2016) A new tool for assessing mobile device proficiency in older adults: The mobile device proficiency questionnaire.

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This questionnaire asks about your ability to perform a number of tasks with a mobile device. Please answer each question by selecting the response that is most appropriate. If you have not tried to perform a task or do not know what it is, please select "NEVER TRIED", regardless of whether or not you think you may be able to perform the task. Remember, you are rating your ability to perform each of these tasks specifically using a mobile device (tablet or smartphone).

1. I can navigate onscreen menus using the touchscreen.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

2. I can use the onscreen keyboard to type.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

3. I can send emails.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

4. I can send pictures by email.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

5. I can transfer information (files such as music, pictures, documents) on my mobile device to my computer.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

6. I can transfer information (files such as music, pictures, documents) on my computer to my mobile device.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

7. I can find health information on the Internet.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

8. I can find information about my hobbies and interests on the Internet.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

9. I can enter events and appointments into a calendar.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

10. I can check the date and time of upcoming and prior appointments.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

11. I can use the device's online "store" to find games and other forms of entertainment (e.g. using Apple App Store or Google Play Store).

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

12. I can use a mobile device to listen to music.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

13. I can set up a password to lock/unlock the device.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

14. I can erase all Internet browsing history and temporary files.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

15. I can update games and other applications.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily

16. I can delete games and other applications.

- ☐ Never tried
- ☐ Not at all
- ☐ Not very easily
- ☐ Somewhat easily
- ☐ Very easily