

A woman is shown in a dynamic, athletic pose, possibly a gymnast or a dancer, against a dark background. She is wearing a dark leotard or dress. Her right arm is extended forward, and her left hand is raised near her face. The lighting is dramatic, highlighting the contours of her body and her focused expression.

# APUS

# CHAMPION'S QUALITY

15 YEARS OF BUILDING STRENGTH.

EXCELLENCE IN EVERY GEAR,  
POWERED BY EUROPEAN QUALITY.

A man in a grey and orange athletic shirt is shown in profile, lifting a black dumbbell with a blue '20' logo. He is in a gym with large windows in the background. The text 'POWER SAFETY AMBITION' is overlaid in large white letters.

# POWER SAFETY AMBITION

APUS is a brand with over fifteen years of experience, recognised across Europe as a manufacturer of professional fitness accessories for gyms and fitness clubs. Driven by passion, precision and a consistent pursuit of quality, the brand has come to embody reliability and modern aesthetics.

The brand is developing dynamically, expanding its portfolio with new equipment segments. The APUS CARDIO line responds to the needs of clubs seeking reliable endurance training machines, while APUS STRENGTH represents a range of professional strength training equipment.

APUS is a brand that unites tradition with modernity, design with functionality, and experience with a vision for the future. It is not just a manufacturer of fitness equipment and accessories – it is a trusted partner in creating spaces where strength, determination and a passion for improvement are born.



# APUS DESIGN

APUS DESIGN is a line of fitness accessories created for those who value both functionality and aesthetics. Every detail has been developed based on a thorough analysis of user needs and ergonomic principles to ensure maximum comfort and safety during training. Carefully refined forms combine precision craftsmanship with a modern, minimalist design that harmoniously fits into fitness clubs and training spaces. APUS DESIGN is more than just equipment – it's a collection of thoughtfully designed accessories that support the daily pursuit of balance, strength, and perfection.

matt surface ensuring  
firm grip

ergonomic grip featuring a sculpted  
index-finger groove for comfort

clearly visible weight marking and  
additional side indicators for readability





# APUS POWER

Power that grows with every repetition.

Power is the core of effective strength training. Discover durable and ergonomic dumbbells, barbells, kettlebells, plates, and more—built for control, safety, and progress. Designed for all training levels, the Apus Sports Power line supports every step of your strength journey.







## PALLADIUM DUMBBELLS

2,5 - 50 kg, increment 2,5 kg

Our Chrome-coated Dumbbells are among the most important pieces of equipment in your gym and in your free weight zone. The finish of our PU-coated Dumbbells prevents chipping and gives them a great aesthetic look. The ergonomic design and the knurled grip ensure comfort while you have your workout. The handles provide a non-slip grip. You can use these dumbbells in weight training in the free weight area.

## MERCURY OLYMPIC WEIGHTS

1,25 kg / 2,5 kg / 5 kg / 10 kg /  
15 kg / 20 kg / 25 kg

Apus Sports Mercury Olympic weights feature an outstanding ergonomic shape as well as functionality. Covered with premium quality polyurethane, it has specially formed grips and a shape that makes it easier to use. Thanks to these features they prove their worth both in individual and group workouts. Our weights minimize wrist fatigue when performing trainings with plates only. The weight of the plates are marked with color codes.





<h1>PALLADIUM DUMBBELLS</h1>	
<p>Set 1-10 kg</p>	
<p>Palladium Polyurethane Dumbbells feature a permanent one-piece design and are used for strength training in the free weights zone. They can also be used in general development trainings. The Palladium Dumbbells from Apus Sports combine great functionality and modern design, achieved by the one-piece design and aesthetic solutions. They are ergonomic and have a wide knurling surface, which fits perfectly in every hand. Polyurethane material ensures lasting durability and high product quality.</p>	

<h1>DUMBBELL RACK</h1>	<p>Fits 5 pairs. Dimensions: L: 140 cm, H: 78 cm, W: 66 cm / Fits 10 pairs. Dimensions: L: 250 cm, H: 82,5 cm, W: 68 cm</p>
	<p>Apus Sports Chrome-coated Dumbbell Rack holds up to 5 or 10 pairs of dumbbells. It has a durable and stable construction which ensures safety and comfort in the free weight zone and expands the work-out area.</p>

	
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<h1>DUMBBELL RACK</h1>	
<p>Fits 10 pairs Dimensions: L: 73 cm, H: 160 cm, W: 50 cm</p>	
<p>Our Palladium Dumbbell Rack will do a great job of optimizing space usage in your fitness club. On the one hand, it keeps your accessories tidy and organized, on the other hand, it takes up very little space. Made of high quality powder coated steel, the Palladium Dumbbell Rack is stylishly finished, durable and stable.</p>	



## 15TH ANNIVERSARY SPECIAL EDITION

# MARS

The Apus Sports MARS collection is a special anniversary edition created to celebrate the brand's 15th anniversary, featuring both Olympic weights and dumbbells. This series combines modern design, ergonomics, and top-quality craftsmanship, delivering equipment that excels in intense training sessions. Made from premium-quality polyurethane, MARS products stand out for their durability, refined aesthetics, and attention to detail, making them the perfect choice for demanding athletes.

### APUS MARS DUMBBELLS

2,5 - 25 kg / 27,5 - 37,5 kg / 40 - 50 kg

Apus Sports MARS one-piece dumbbells are a limited-edition series created to celebrate the brand's 15th anniversary. They combine a modern design with maximum ease of use. The ergonomic construction and wide knurled grip area ensure a secure and comfortable hold in any hand. Premium-quality polyurethane guarantees durability, resistance to damage, and a refined appearance that lasts for years.

modern & ergonomic design

color-coded weight markings

made from  
premium-quality polyurethane

### APUS MARS OLYMPIC WEIGHTS

1.25 kg / 2.5 kg / 5 kg / 10 kg /  
15 kg / 20 kg / 25 kg

Apus Sports MARS Olympic weights are a limited-edition series created to celebrate the brand's 15th anniversary. The Mars series stands out with its ergonomic shape and specially contoured grips for easier handling. Premium-quality polyurethane ensures durability and an elegant appearance, while color-coded weight markings allow for quick selection of the right plate.







# WEIGHT PLATE RACK

Dimensions: L: 101 cm, H: 140 cm, W: 68 cm

Our weight plate racks are designed to hold all of your plates securely and ensure that they are fully protected when not in use. The height and symmetrical arrangement make the rack very stable and safe.



# BUMPER PLATES

5 kg / 10 kg / 15 kg / 20 kg

Our Bumper Plates are made entirely of a compressed granulate which makes them resistant to mechanical damage. Their textured surface facilitates easy lifting from the floor and attaching them to the barbells. They are perfect for snatch and jerk.



# TROLLEY FOR BUMPER PLATES

Our Bumper Plate Trolley is a very useful element in the free weights zone and beyond, making it easy to move the plates around with little effort.

Comes equipped with wheels for full mobility. Can be used as a stand for bumper plates and may be used when organizing a training area.





T-BAR  
HOLDER

Our T-Bar Holders allow you to use bars in various weight training exercises and other activities. This holder is designed for bars with both small and large diameters. It incorporates two bolts that stabilize the bar during your workout.



Z-BAR

9 kg, L: 120 cm

Apus Sports Z-Bar is made of chromed steel and you can perform multiple exercises of the upper body. Our bar is certainly one of the primary components of the free weight area.



CURL  
BAR

9 kg, L: 120 cm

Our Curl Bar will perform very well both in your home workout space and in a professional gym. The Curl Bar has a knurled surface that provides a secure and firm grip. The revolving sleeve, made of hardened steel, makes the bar extremely resistant to cracking.





**BAR  
RACK**

20 kg, H: 13 cm, D: 40 cm


Apus Sports Olympic Bar Racks are an important element in free weight zones. Bar Rack are made entirely of steel, that is why they are stable and durable. Our Bar Racks will hold 8 bars. These are available in black and silver.



**ALUMINUM  
BAR**

10 kg, L: 180 cm

Our Aluminum Bars are enhancing a gym’s design in zones for women. They are lighter and slightly shorter, with different colors - a pink and blue.



**SPRING BAR  
CHROMED  
AND OXIDIZED**

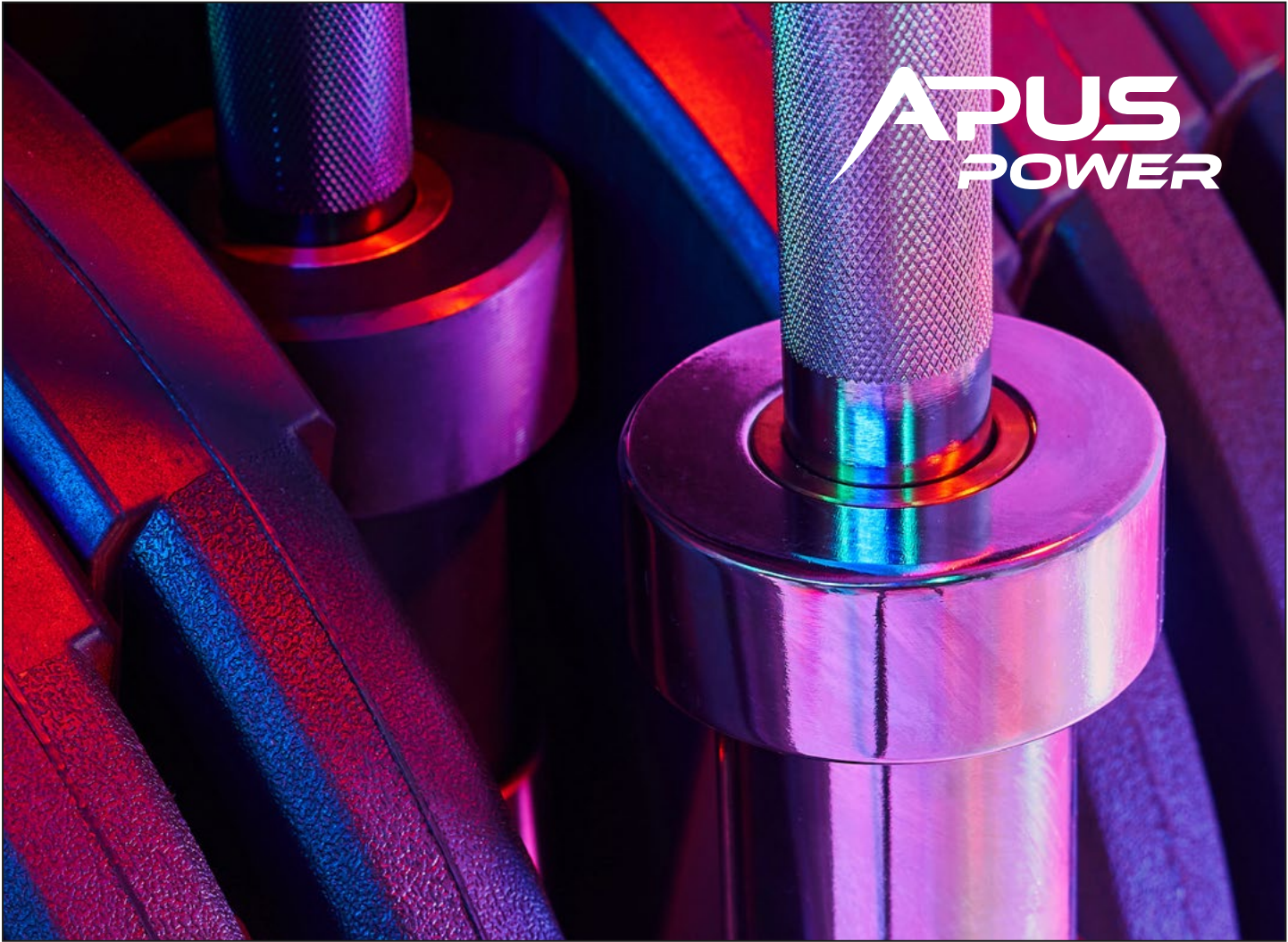
20 kg, L: 220 cm

This professional Chromed and Oxidized Spring Bar is an important part of the free weight zone. Designed for more demanding workouts due To its moving parts and high load capacity.

This product of Apus Sports is made of hard, spring steel. The grip has a knurled surface that guarantees firm contact while training due to the high quality of the needle bearings used. Our bars are extremely durable. This Apus Sports product is an investment in the highest quality products for the most demanding clients.

Our Spring Bar Chromed and Oxidized is approved for 650 kg.





**OLYMPIC  
BAR**

13 kg, L: 150 cm  
15 kg, L: 180 cm  
20 kg, L: 220 cm

The Olympic Bar is one of the most important accessories in the free weight zone. This type of equipment is designed for more demanding strength training, and its sturdiness and aesthetics will satisfy even the most demanding users. The professional Olympic Bar from Apus Sports is made of tempered and chromed steel. The grip covered with a knurling surface guarantees a solid grip during exercise. The product is very strong and made of the highest quality materials. This piece of equipment should be in every professional gym and fitness club. Apus Sports Olympic Bar is approved for 450 kg.







## HELIUM VINYL DUMBBELLS

0,5 kg / 1 kg / 1,5 kg / 2 kg / 2,5 kg / 3 kg / 4 kg

Our ergonomically shaped Helium Vinyl Dumbbells feature handles designed especially for women's hands. Made of cast iron, they are covered with a vinyl coating. These dumbbells are a fantastic, colorful addition in all gyms, expanding the variety of equipment available. They improve the women's one, the free weight area and are excellent products for warm-up routines. Please note: dumbbells are sold in pairs.



## SPACE BAR SET

Set: 2x1,25 kg, 2x2,5 kg, 2x5 kg, bar 2,5 kg

Apus Sports ergonomically designed Space Bar, made of polyurethane, is a "must have" in gyms for group and individual exercises. They are easy to store thanks to the purposefully designed shape. Our Space Bars have a colorful, easy to clean surface.

## SPACE BAR SET RACK

Fits 10 piece sets. Dimensions: L: 72 cm, H: 176 cm, W: 84 cm / Fits 20 piece sets. Dimensions: L: 73 cm, H: 180 cm, W: 135 cm

Our Space Bar Set Rack allows you to keep your accessories tidy and organized in your gym or fitness club. Its ergonomic design makes it easy to replace and lift the weights. The rack features a collar box and a separate area for bars. We offer two rack versions for multiple-piece sets.







## PRE-LOADED BARBELLS

10 pieces per set: 10 kg, 12,5 kg, 15 kg, 17,5 kg,  
20 kg, 22,5 kg, 25 kg, 30 kg, 35 kg, 40 kg

Straight Pre-loaded Barbell features a solid, one-piece steel construction with fixed polyurethane-coated ends. Designed for efficient transitions between exercises without removing weight plates, it is ideal for circuit and group training.

Its fixed weight, ergonomic design and durable build ensure comfort, safety, and long-lasting performance in commercial training environments.

## PRE-LOADED BARBELLS CURL

10 pieces per set: 10 kg, 12,5 kg, 15 kg, 17,5 kg,  
20 kg, 22,5 kg, 25 kg, 30 kg, 35 kg, 40 kg

Curl Pre-loaded Barbell features a curved, ergonomic shape that reduces wrist strain during upper body exercises. Constructed from durable steel and finished with polyurethane-coated ends, it offers excellent resistance to mechanical damage.

Its fixed weights and consistent bar length simplify gym floor organization and allow for quick equipment swaps without unloading plates.







## HEXAGONAL DUMBBELLS PVC

1 - 10 kg / 2,5 - 25 kg /  
27,5 - 37,5 kg / 40 - 50 kg

Our Hexagonal Dumbbells are made of high quality and durable materials PVC. PVC coating increase their durability and protect flooring, reducing noise and wear during the training. The ergonomically designed handles are knurled and chrome covered.



## CHROME-COATED DUMBBELLS

Set: 1-10 kg

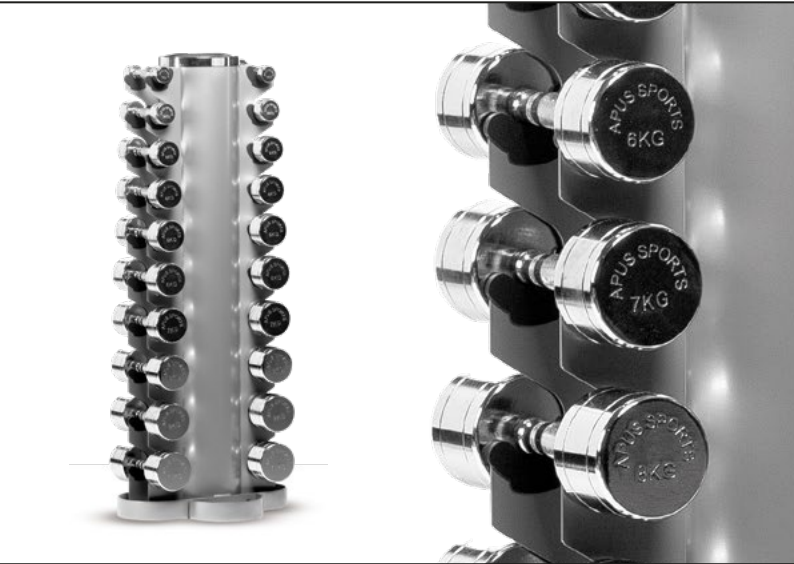
Our Chrome-coated Dumbbells are among the most important pieces of equipment in your gym and in your free weight area. The finish of our Chrome-coated Dumbbells prevents chipping and gives them a great aesthetic look. The ergonomic design and the knurled grip ensure comfort while you have your workout. The handles provide a non-slip grip. You can use these dumbbells in weight training in the free weight area.




## CHROME-COATED DUMBBELLS RACK



Fits 10 pairs

Apus Sports Chrome-coated Dumbbell Rack holds up to 10 pairs of dumbbells. It has a durable and stable construction which ensures safety and comfort in the free weight zone and expands the work-out area.





<h1>KETTLEBELL</h1>	
<p>4 kg / 6 kg / 8 kg / 10 kg / 12 kg / 16 kg / 20 kg</p>	
<p>Our new Kettlebells stand out thanks to their ergonomic shape and optimum handle size. Their vinyl finish makes them more resistant to mechanical damage and easier to clean.</p>	

	<h1>KETTLEBELL RACK</h1> <p>Dimensions: L: 120 cm, H: 56 cm, W: 50 cm</p> <p>Our spacious two-tier designed rack will easily accommodate your kettlebell set. The shelves provide easy access.</p> 
<h1>STEEL KETTLEBELL</h1>	
<p>8 kg / 12 kg / 16 kg / 20 kg / 24 kg / 28 kg / 32 kg / 36 kg</p> <p>All competition Kettlebells are made of steel which are of the same size regardless of their weight. They are made of premium quality materials. Their flat bottom increases stability while the color codes allow you to quickly find the weight you are looking for.</p>	





# APUS FITNESS

Boost your fitness – accessories that inspire you to move!

Fitness trainings oxygenate the body, help lose unwanted weight and sculpt our bodies. This type of training is very popular in fitness clubs and gyms, especially among women. The Fitness Zone should be full of a variety of choices in order to provide the opportunity to practice many types of exercises. The most popular pieces of accessories used in the Fitness Zone are for example: vinyl dumbbells, steps, exercise mats and gymnastic balls.







SLAM  
BALLS

3 kg / 5 kg / 7 kg / 9 kg / 12 kg /  
15 kg / 18 kg / 20 kg

Our re-launched Slam Balls feature clear weight markings, consistent with the weight labelling on our other products. Their textured surface, with a pattern resembling a honeycomb, as well as an optimum diameter ensures a firm grip during exercises. Slam Balls are made of a premium quality rubber, featuring outstanding resistance to any damage.



MEDICINE  
BALLS

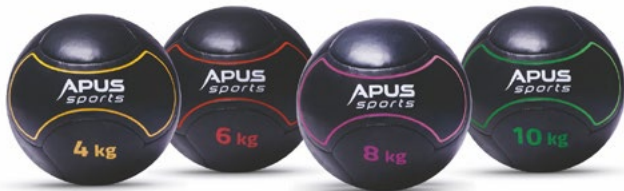
2 kg / 3 kg / 4 kg / 5 kg / 6 kg /  
7 kg / 8 kg / 9 kg / 10 kg

Our Medicine Balls feature a varied surface and a special concave texture. This resembles a honeycomb for improved gripping action when throwing and catching the ball during dynamic training. The clear weight markings are consistent with the color codes used for free weights, allowing you to quickly identify the proper medicine ball. Our products are made of premium quality rubber ensuring longevity and resistance to damage.

OVERSIZED  
MEDICINE BALLS


4 kg / 6 kg / 8 kg / 10 kg

Oversized Medicine Balls are essential products for rehabilitation programs. They are also used in body conditioning and functional trainings. These balls are made of exceptionally strong leather and sewn with a durable thread which makes the ball resistant to deformation. The clear weight markings on the balls are consistent with the color codes used for free weights, allowing you to quickly identify the correct Medicine Balls.





<h2>UNIVERSAL BALL AND FIT BAG RACK</h2>	
<p>Dimensions: L: 75 cm, H: 174 cm, W: 54 cm</p>	
<p>This Universal Rack from Apus Sports will hold fit bags, medicine balls and slamballs. A balanced and well designed product which helps keep your gym space well organized.</p>	

	<h2>MEDICINE / SLAM BALLS RACK</h2>
	<p>Dimensions: L: 42 cm, H:165 cm, W: 55 cm</p>
	<p>Apus Sports Universal Rack for Medicine Balls and Slam Balls features a well-balanced design and accommodates 5 bal.</p>

<h2>FIT BAG</h2>	
<p>5 kg / 10 kg / 15 kg / 20 kg / 25 kg</p>	
<p>Apus Sports Fit Bags come equipped with additional ergonomic handles, allowing you to perform a significantly wider range of exercises. Noteworthy advantages include a reinforced construction and sturdy straps. Weight markings are consistent with other Apus Sports products.</p>	







### MINI POWER BANDS

Resistance level: Pink: 6,8 kg / Blue: 9 kg / Green: 11,3 kg / Yellow: 13,5 kg

Mini Power Bands are the perfect tool for mobility training and stretching. Due to their size and shape, they are suitable for: warm-ups, rehabilitation and activation exercises, as well as for intensifying exercises on individual muscles.

Our range includes several types of loops which are categorized and marked by colors according to resistance level.

### BALANCE STEP

Apus Sports Balance Step is a piece of equipment suitable for various types of enhancing, agility and balance training. It features a nonslip rubber-coated, flat surface on one side and a balloon made of anti-burst, foamed PVC on the other side. Our Balance Steps are solid, each set comes with two tubing straps.

### POWER BANDS


Width: 1,27 cm / 2,05 cm / 2,85 cm / 4,45 cm / 6,35 cm / 8,25 cm

Our Power Bands which are made from high quality latex, feature outstanding strength. Thanks to their optimum size, they are easy to store and clean. This universal and compact piece of equipment will surely be useful in every gym and fitness club. Our range includes several types of loops which are categorized and marked by colors according to resistance level.








<h1>FITNESS MAT</h1>	
<p>Dimensions: 100 cm, 50 cm, 0,95 cm / 140 cm, 60 cm, 0,95 cm</p> <p>Colors: pink / blue / green</p>	
<p>Apus Sports Fitness Mats feature a specially designed non-slip underside that is resistant to abrasion. An additional advantage of our product are the sturdy grommets that facilitate safe and hygienic storage.</p>	

<h1>FITNESS MAT TPE</h1>	
Dimensions: L: 120 cm, W: 60 cm, H: 1,5 cm	
Fitness mat in green color is crafted from high-quality TPE material, offering excellent durability and resistance to wear. Its size of 120 cm x 60 cm provides comfortable space for various exercises, while the 1.5 cm thickness ensures optimal shock absorption and protection for joints and spine. Practical hanging holes make storage simple and convenient.	

<b>FITNESS MAT TPE</b>	
Dimensions: L: 140 cm, W: 60 cm, H: 1,5 cm	
Fitness mat in grey color is made of durable TPE material, ensuring exceptional resistance to damage. With dimensions of 140 cm x 60 cm and a thickness of 1.5 cm, it perfectly absorbs shocks, protecting joints and the spine. The mat has holes for hanging which make it easy to store.	

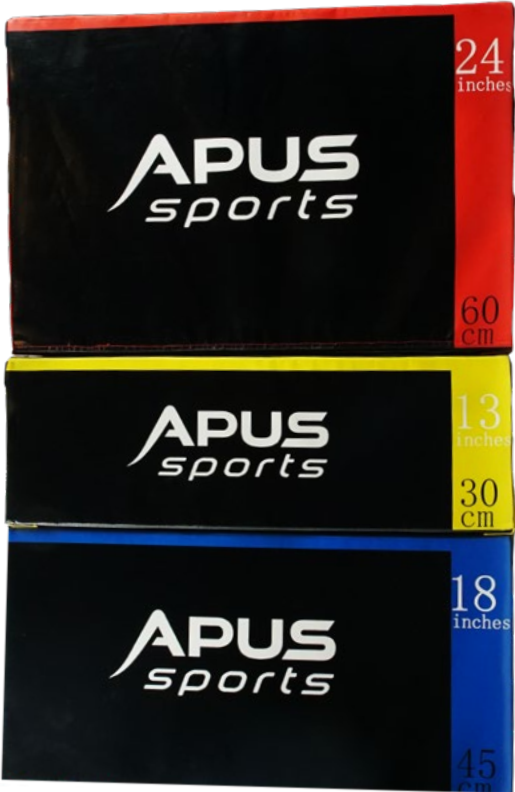
<h1>MAT HANGER</h1>	
Dimensions: 61 cm, 7 cm	
The Apus Sports Mat Hanger helps organize fitness areas throughout the gym where needed.	



SOFT  
PLYO BOX

Dimensions: L: 90 cm, W: 70 cm, H: 30 cm  
Dimensions: L: 90 cm, W: 70 cm, H: 45 cm  
Dimensions: L: 90 cm, W: 70 cm, H: 60 cm

Soft Plyo box is a piece of equipment made up of three gymnastics boxes which can be used individually or incorporated as needed to match the training and the enthusiasm of the athlete. The sides of the boxes are covered with polyurethane, ensuring anti-scuffing measures, and the tops of the boxes are covered with an anti-slip covering. Each box has velcro straps which may be used to attach to another box creating new structures. The Soft Plyo box is used for general fitness and conditioning exercises, plyometrical training and improving jumping abilities.



ROLLER

Dimensions: L: 45 cm / L: 60 cm / L: 90 cm

Our Roller is perfect for exercises increasing your muscle flexibility. The foam coating does not absorb moisture and is resistant to deformation. The optimal length of the roller ensures that all your muscle groups are well exercised.

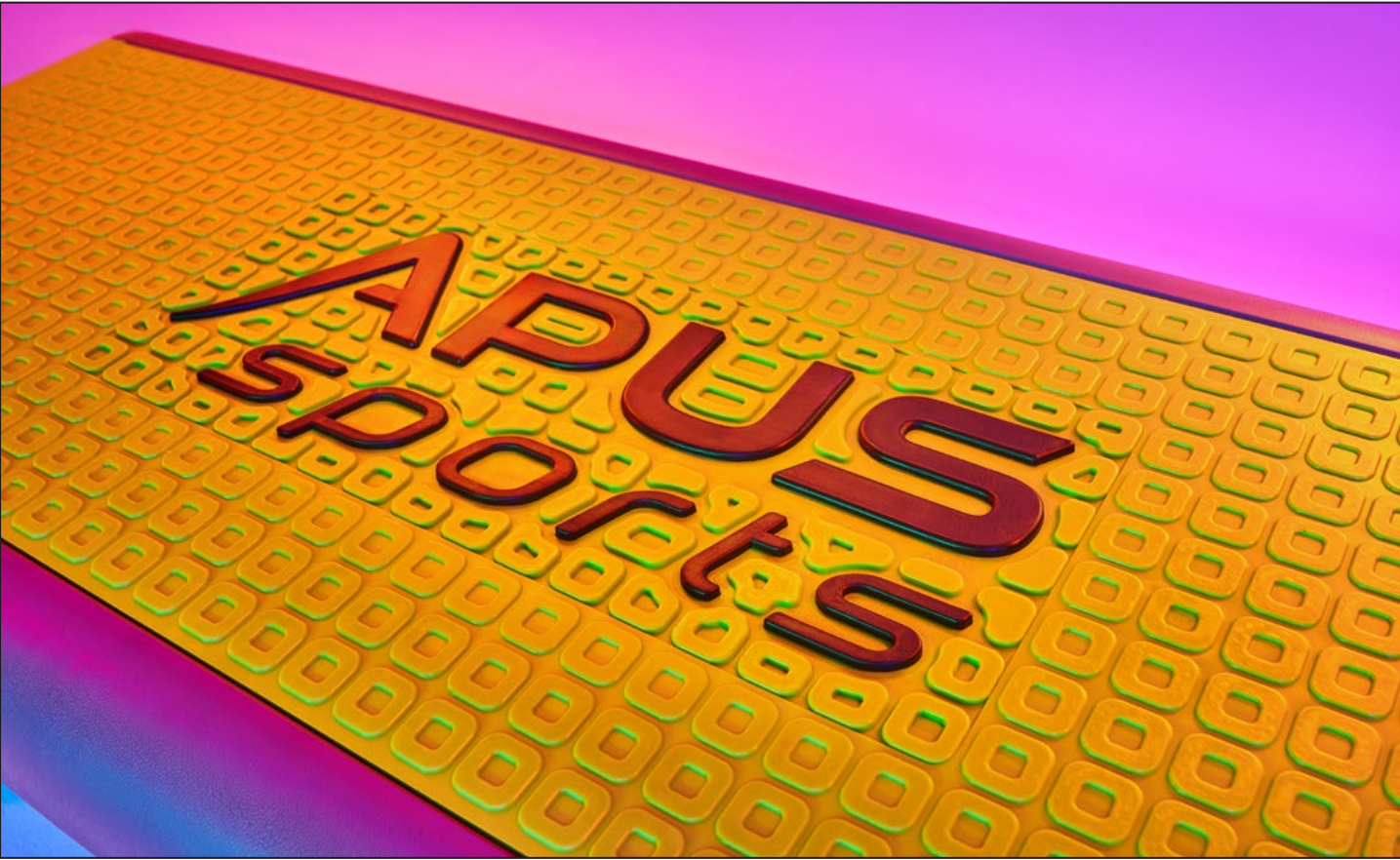
ROLLER GRID

Dimensions: L: 33 cm  
Color: blue / black

Apus Sports sturdy Roller Grids, made of foamed PVC, are hard and stable and do not absorb moisture or sweat. They do not deform from extended use. They are light, take up little space and are suitable as a self-massaging tool, both for professional and amateur athletes. Our Roller Grids help your muscles regenerate quicker and relax your body after exercising. They can also be used in training for increased flexibility.







STEP

Apus Sports Step is perfect for strengthening, cardio and mixed training. It features a three position height adjustment and has a non-slip surface that even when wet ensures safety during exercise. It is lightweight and durable. Available in three attractive colors: pink, blue and green.



GYMNASTIC BALLS

Dimensions: 55 cm / 65 cm / 75 cm

Apus Sports Gymnastic Balls, made of anti-burst, foamed PVC, are resistant to deformation and their profiled, non-slip surface ensures a stable position during exercise.





FUNCTIONAL  
TRAINING  
JUMP ROPE

Dimensions: L: 3 m, 0,15 kg

Our Jump Rope features an adjustment option, allowing you to adjust the length to your height. With its ample functionality this jump rope will work great in every gym. The built-in bearings connected to the upper part of the handles prevent the rope from twisting.



TRANING  
BELT

Size: S / M / L

Apus Sports Training Belts are used to reduce the risk of injury during training with a heavy load. Double stitching and high quality leather guarantee longer life; the belt can be adjusted to customize it to the user's needs.

BATTLE ROPE

L: 10 m, 10 kg

Our Battle Rope exercises all your muscles, it is a great way to burn calories and increase your endurance. Our ropes are made of 100% high quality nylon, the ends are protected against fraying. The length of the rope can easily be adjusted to suit your needs and the amount of training space available to you.





**DRIVE PERFORMANCE  
WITH ADVANCED CARDIO SOLUTIONS.**



# APUS CARDIO

Cardio equipment is an essential part of any effective endurance training, helping to improve fitness, burn calories, and support heart health. It's a versatile solution for users of all experience levels. With modern features and adjustable settings, cardio machines offer a comfortable and efficient workout tailored to individual needs. Perfect for both home gyms and professional fitness clubs, they support building fitness and maintaining an active lifestyle.

Explore our cardio collection designed to elevate your fitness.  
View the catalog at the link:



[www.apus-sports.com](http://www.apus-sports.com)

speed adjustment system

durable construction

non-slip steps

APUS S7

This image shows a black APUS S7 recumbent exercise bike. A callout line points to the handlebar area with the text 'speed adjustment system'. Another callout points to the main frame with the text 'durable construction'. A third callout points to the foot pedals with the text 'non-slip steps'. The APUS logo and model number 'S7' are visible on the front of the bike's base.



**NEW SERIES**

reliable mechanics, controlled motion

dual-function machine

embossed handle  
for enhanced grip

minimalist front panel featuring  
the distinctive APUS logo

**APUS**  
**STRENGTH**

APUS STRENGTH is a range of professional strength training equipment designed for intensive and effective muscle building. Robust construction, high-quality materials and precision-engineered mechanisms ensure durability and reliability under heavy use. APUS STRENGTH is created for clubs and users who expect maximum functionality and tangible training results.

**A NEW LEVEL OF POWER AND CONTROL**

**APUS**

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