

Fertility treatments (IUI and IVF) with Carrot

Carrot Fertility provides inclusive hormonal health, fertility, and family-building benefits. Employees can use Carrot to get personalized support — regardless of age, race, income, sex, sexual orientation, gender, marital status, or geography.

This includes support for assisted reproductive technology, more commonly known as fertility treatments, such as intrauterine insemination (IUI) and in vitro fertilization (IVF).

Visit get-carrot.com/signup to claim your benefit today and start exploring the available resources for IUI and IVF.

Claim your benefit

Liz
Carrot member



Understanding fertility treatment options

Fertility treatment options may include:

- **Fertility testing:** At-home or in-clinic testing options to better understand fertility health, including hormone levels, ovarian reserve, and sperm health
- **Fertility preservation:** Egg, sperm, and embryo freezing
- **Intrauterine insemination (IUI):** A fertility treatment that places sperm directly into the uterus to help a person get pregnant
- **In vitro fertilization (IVF):** A procedure in which retrieved eggs are fertilized by sperm in a lab and then transferred to the uterus as an embryo



Whether I was using Carrot Rx, watching injection videos, or speaking with a medical expert, Carrot was with me every step of the way. One of the most exciting days for me was when I changed my Carrot Plan from an IVF journey to a pregnancy journey.

Kaci B.,
Carrot member

Personalized guidance

Use your Carrot benefit to:*

- Talk virtually and as often as needed with Carrot medical experts and specialists including but not limited to experts in reproductive endocrinology, urology, and emotional support (like licensed clinicians and psychologists experienced in navigating the ups and downs of fertility and family building)
- Explore expert-produced educational resources including how-to videos for IVF injections, what to do to prepare for egg retrieval, and more
- Order medications from Carrot Rx— an easy-to-use pharmacy (powered by Alto) that offers up to 40% savings and price matching on most fertility medications, 24/7 support from certified clinicians, and free next-day delivery
- Find eligible fertility clinics near you

What's next?

Visit get-carrot.com/signup to claim your benefit today and start exploring the available resources.

*Carrot services available may vary based on plan design, geography, and local rules and regulations.