

Gender-affirming care with Carrot

Carrot Fertility provides inclusive hormonal health, fertility, and family-building benefits. Employees can use Carrot to get personalized support — regardless of age, race, income, sex, sexual orientation, gender, marital status, or geography.

This includes support for gender-affirming care. Finding expert providers can be challenging, and barriers to receiving care — such as “proving” gender identity — are common. Carrot is here to help.

Visit get-carrot.com/signup to claim your benefit today and start exploring the available resources for gender-affirming care.

Claim your benefit

Use the Carrot benefit to:

- Find gender-affirming hormone therapy (GAHT) providers and multidisciplinary trans health centers
- Access unlimited video chats with gender-affirming care (GAC) experts
- Get personalized advice from Carrot Experts to help you make the most of your benefit
- Expert-produced educational resources — no more endless online searching

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“Great resources and pathways to get started. Lots of team members offered helpful insights to my long list of questions. Thank you, Carrot!”

Ramiro B.,
Carrot member

What's next?

Visit get-carrot.com/signup to claim your benefit today and start exploring the available resources.



*Carrot services available may vary based on plan design, geography, and local rules and regulations.