



MONTHLY TRAINING LOG

ARCHETYPE TRAINING SYSTEMS · YOUR PAPER DASHBOARD — ONE LINE A DAY

MONTH: _____

BENCHMARK — BULL SCORE: _____

GROUP @ 5YD: _____ FIRST HIT: _____

DAY	DRILL	DRY/LIVE	ROUNDS	NOTES / SCORE
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				
26				
27				
28				
29				
30				
31				

SAFETY: Know your target and what is beyond it. Dry fire only with a VERIFIED-CLEAR weapon, no ammunition in the room, against a safe backstop. Consistency over heroics — a filled line beats a perfect session. Benchmark recurs the 1st of every month.