



the
leap

UNDER 18 PROGRAMME

Leap to Under 18 Kenya

MARINE CONSERVATION + COMMUNITY DEVELOPMENT + SAFARI + 16 UCAS POINTS



Achieve. Empower. Grow

Good grades are no longer enough. Universities and Employers are looking beyond the classroom, at your new Super-Curriculum.

Our Under 18 Leaps to Kenya are designed to ignite personal growth, academic achievement, and global awareness – through real life adventure, and purposeful travel.

INFO@THELEAP.CO.UK / +44 1672 519922

WWW.THELEAP.CO.UK

WHY IT MATTERS

Building Skills the Classroom Can't

Today's young people are growing up in a fast-paced, hyper-connected world, and it's taking a toll. Anxiety is on the rise, resilience is on the decline, and many students are struggling to develop the independence and real-world perspective they'll need for adulthood. Traditional education alone isn't enough.

What's missing is space to stretch, to step outside comfort zones, and to discover who they really are.

That's where our Leaps come in. Through our unique combination of **challenge, culture, and contribution**, we help unlock **confidence, purpose, and perspective**.



A photograph showing three young women, likely volunteers, interacting with a group of children in a rural setting. One woman on the left is smiling and looking towards the children. Another woman in the center has her back to the camera, wearing a grey Adidas t-shirt. A third woman is partially visible behind her. Several children are gathered around them, looking up and engaged. The background shows a thatched-roof building and lush greenery.

Our daughter has had the most amazing time in Kenya. The Leap group have been fantastic with the organisation throughout, I always felt we were in good hands. The breadth of volunteering and involvement has been wonderful and I know this will have changed her life forever. Thank you.

Kenya *Inspired*

This 10-day programme in Vipingo, Kenya is about creating connections, driving change, and understanding why your actions matter.

LOCATIONS:

INDIAN OCEAN + TSAVO NATIONAL PARK

ACCOMMODATION:

PRIVATE HOUSE + SAFARI CAMPS

ENVIRONMENTS:

BEACH + BUSH

PROJECTS:

MARINE + SOCIAL IMPACT + COMMUNITY DEVELOPMENT

TEAM SIZE:

20 PER DEPARTURE

SOCIAL:

BUZZY VIBES

FITNESS:

AVERAGE

STAY LENGTH:

10 DAYS

Reserve your place

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PARTNERSHIP WITH OCEANS ALIVE

From Coral Reefs to Community Impact

Join this unforgettable Leap designed specifically for students aged 15-17, blending academic achievement with personal growth.

Based in Vipingo, north of Mombasa, you'll team up with peers from different schools in a stunning coastal setting renowned for its pristine beaches, vibrant coral reefs, and rich marine life.

This unique programme combines hands-on marine conservation with meaningful community projects, delivered in partnership with Oceans Alive, a leading local NGO. You'll contribute to coral reef regeneration, support sustainable development initiatives, and see first-hand how your actions can drive real change.

Beyond the impact work, the adventure continues with a safari in the iconic Tsavo National Park, dhow sailing on Kilifi Creek, exploring bustling markets, and connecting with locals through football games and cultural exchange.

Get ready to develop essential life skills and stand out as a globally-minded student ready to take on the world.

International Volunteering Diploma

Strengthening a student's super-curricular profile

Reacting to UCAS's emphasis on the Super-Curriculum, we launched a qualification which can be completed simultaneously to our Kenya Leap. The International Volunteering Diploma is a Level 3 qualification, accredited by the National Open College Network (NOCN) and worth 16 UCAS points, delivered through a unique collaboration between The Leap and the Centre for Global Citizenship Studies (CGCS).

Why it matters

Beyond the points and accreditation, what truly sets the Diploma apart is how it strengthens a student's super-curricular profile. With UCAS now prioritising evidence of independent initiative, global citizenship, and leadership, this qualification provides exactly that.

The impact

Students learn to translate their volunteering into the language universities value most: resilience, teamwork, problem-solving, and cultural awareness.



In short, the Diploma bridges the gap between experience and evidence, ensuring students can not only live the adventure, but also articulate its impact with academic and real-world credibility.



Course Overview

Pre-Departure Modules

Module One

Prepare for your International Volunteering Placement

Module Two

Evaluate what is needed to be a successful Volunteer

Module Three

Global Citizenship - what it means.

Post-Departure Modules

Module Four

Kenya International Volunteering Placement

Module Five

Reflect and Evaluate

Each module should take about 4-6 hours. The pass mark for this course is 50%.
The cost of this course and certification is **£450** for **2026**.

SOUTH SUDAN

ETHIOPIA

UGANDA

SOMALIA

KENYA

TANZANIA

INDIAN
OCEAN

Tsavo East National Park

Safari

Kilifi

Sunset Dhow

Vipingo

Marine Conservation
+ Community Development

Mombasa

Arrival / Departure

4

2

3

1

Kenya Itinerary

Day 1 Mombasa/Vipingo

Arrival + Settle in

From the moment you step off the plane you'll be hit by the hustle and bustle of Kenyan life. There will be piki pikis weaving through tuk tuks and matatus, women selling mangoes out of wheelbarrows, and perhaps the odd donkey wandering the streets.

It's about a 2-hour drive from Mombasa airport to your new base in Vipingo, called Bahari Hai, which is set right on the beach, with lots of ensuite bungalows, surrounding communal hang-out areas and a small pool. You'll be met with a delicious lunch, and time to unpack your bags before your first swim in the warm Indian Ocean.

In the afternoon you'll meet the Oceans Alive team who will give you an induction covering their goals, your participation and staying safe whilst on the adventure in Kenya, before you get stuck into some fun raft building to help you bond and acclimatise.



Kenya *Itinerary*

Day 2

Induction + Coral Restoration + Vipingo

Today begins at the Oceans Alive Centre, located on the shores of Kenya's first Locally Managed Marine Area (LMMA) in the Kuruwitu Lagoon. You'll head out into the warm, waist-deep waters for your first underwater safari, exploring the vibrant coral structures. Expect to encounter a kaleidoscope of marine life, including brightly coloured clams, sea anemones, and tropical fish—a truly stunning experience.

After lunch, you'll learn more about the conservation efforts directly from the Oceans Alive team. Then, it's off to Vipingo Ridge, where a scenic hike leads you to the dam in search of resident giraffes and antelope. Capping off the day with a refreshing swim and supper at the Ridge.

Supper: Pizza night at the Vipingo Ridge Resort.



Kenya *Itinerary*

Day 3

Coral Restoration

Today is all about making a difference.

The morning will be dedicated to hands-on work with coral regeneration projects, focusing on three key tasks: plug creation, coral gardening, and building artificial reef structures. You'll be divided into three teams and rotate throughout, ensuring you experience each stage of the process.

- **Plug creation:** You'll make small concrete plugs, about the size of an egg cup, where the coral fragments are attached. These plugs are placed in the coral nursery.
- **Coral gardening:** With snorkel and mask, you'll gently clean the coral plugs in the nursery to help them thrive. When the coral is ready, you'll assist in moving it to artificial reefs.
- **Building artificial reefs:** You'll help build artificial reef structures using concrete or wire. These are submerged in the ocean to provide a base for the coral plugs you've helped grow to be attached to.

Shariani Market

After lunch, you'll visit the vibrant Shariani Market for a firsthand look at local community life. From fresh produce to clothing and electronics, this bustling market offers a true taste of everyday Kenyan life. It's the perfect opportunity to practice your haggling skills and soak up the lively atmosphere.

Supper: Bahari Hai, fancy dress night having bought something at the market.



Kenya *Itinerary*

Day 4

Joyland School

Today will be spent at the local school with the children. Expect a lively mix of games, arts and crafts, and perhaps even an impromptu football match. The kids are always excited to meet new people and will welcome you with open arms, making for a truly heartwarming experience.

Jiko Stoves

In the afternoon, you'll visit the nearby village to build jiko stoves which is one of Oceans Alive's community projects aimed at reducing the pressures of overfishing in the lagoon.

You'll notice that many homes in the village still rely on open flames for cooking, which is both hazardous and fuel-inefficient. Oceans Alive is addressing this issue by introducing Jiko stoves into fishermen's homes. These stoves not only make cooking safer but also help preserve fish by providing a frying option, extending shelf life.

You'll have the chance to help build a Jiko stove—an experience that puts you right at the heart of community life.

Cooking Lesson

In the evening, you'll take part in a fun cooking session with local women, learning how to make classic Kenyan dishes like mandazi—a sweet, doughnut-style bread. Then it's time to relax and enjoy your homemade feast together, sharing stories and laughter around the table.



Kenya *Itinerary*

Day 5



Marine Projects + Community Football + Dhow Cruise

This morning, you'll dive back into the coral regeneration project, focusing on your next task and continuing your hands-on contribution to marine conservation.

In the afternoon, you'll prepare for some friendly competition as you join an exciting football tournament against the spirited and football-loving teenagers from the Shariani community. They live and breathe the sport, so expect a lively and energetic match. After the game, you'll unwind with a serene sunset cruise along the Kilifi River aboard a traditional dhow sailing boat, before returning to Popes for a late supper.

Kenya *Itinerary*

Day 6

Church Service

Today is all about immersing yourself in the vibrant local community, beginning with an unforgettable church service – a lively, joyful, and colourful celebration of local culture that will leave a lasting impression.

Vertical Gardening

After lunch, you'll dive into another meaningful community project. As Oceans Alive works with fishermen to reduce over fishing, they also promote alternative sources of income and food. One such initiative is the innovative community farm, where fishermen are introduced to vertical gardening—a brilliant technique for growing fruits and vegetables in compact spaces. Using recycled cement sacks, the community has created tiered gardens, resembling wedding cakes.

This method not only conserves water but also allows a variety of crops to flourish without taking up much land. During your visit, you'll roll up your sleeves and help maintain these vertical gardens, contributing to a more sustainable future.





Kenya *Itinerary*

Day 7

Water Appreciation + Beach Club

This morning, you'll return to the coral regeneration project to complete your final marine task, before you head back into the community to support the water appreciation project. This initiative involves gathering water from the well and delivering it to the homes of elderly and sick villagers—a huge effort that is deeply valued by the entire community.

The afternoon will be a relaxing break at the beach club, where you can unwind, play volleyball, and hang out. You'll then head back to base to pack up in preparation for your safari tomorrow and have a magical final celebratory supper with entertainment from local musicians and acrobats who will showcase their talents.



Kenya *Itinerary*

Day 8 & 9


Safari in Tsavo National Park

No trip to Kenya would be complete without a safari, and we've planned an unforgettable experience at the stunning **Ngutuni Conservancy**, renowned for its thriving elephant population and the iconic **Saltlick Lodge** in Tsavo East National Park.

Leading the way is Chris Angell, your expert guide and safari coordinator—one of the best in Kenya, who has an uncanny ability to track wildlife and bring the landscape to life.

To make the journey even more unique, he'll bring along a fleet of bicycles for a scenic cycling adventure en route to the park gates.





Our daughter had a trip of a lifetime in Kenya with The Leap. She met life long friends and had incredible experiences. Thank you to Milly and her team for all their help and expertise along the way.

Kenya *Itinerary*

Ngutuni Lodge

Your adventure begins with a 7 a.m. departure to reach Bachuma, where you'll stop for refreshments and explore the sprawling craft center before embarking on a gentle cycling challenge. The route is a peaceful, smooth, and mostly flat 6 to 11 km ride along a pipeline, which should take around an hour.

You'll spend your first night at the beautiful Ngutuni Lodge, which boasts a brand-new swimming pool and, more importantly, a spectacular waterhole where you can watch wildlife gather right in front of the lodge. In the afternoon, you'll set off on a game drive where you're likely to see elephants, giraffes, zebras, antelope, and a wide variety of birds—with the possibility of spotting lions, cheetahs, and more.

Saltlick Lodge

You'll start the day with an early morning game drive before returning for breakfast. Afterward, you'll drive through the park, heading towards Saltlick Lodge, stopping at Taita Hills for lunch and a refreshing swim. By 3p.m. you'll continue your journey to Saltlick, arriving in time for an evening game drive.



Kenya *Itinerary*

Day 10

Saltlick to Mombasa Airport

Your safari ends with an early morning game drive — an excellent opportunity to catch the lions as they prowl through the park in the cool dawn hours. After this you'll return to the lodge for breakfast before departing for Voi, where you'll board the train to Mombasa.

As the landscape rolls by, you'll have time to reflect on the incredible experiences, from the breathtaking wildlife to the vibrant community projects.

Your journey will end in Mombasa, where you'll catch your flight home, leaving Kenya with unforgettable memories of adventure, connection, and the extraordinary beauty of nature.



Kenya *Itinerary*

Day 11

Returning home

After ten unforgettable days, you'll return home in the early morning, full of stories, new friendships, and a renewed sense of purpose – ready to take on whatever comes next.



Kenya *Staying & Food*

Accommodation

You'll stay beachside at Bahari Hai, our beautiful volunteer house in Vipingo, just 1.5 hours from Mombasa .

Picture the whitest of sand, warm tropical water, turtles, migrating humpback whales, dolphins, and more tropical fish than you can shake a stick at. Utterly stunning.

At Bahari High, you'll be looked after by the wonderful Bahari family. Joseph and Juma, your team leaders, Dolphin will ensure you're comfortable, Godfrey will whip up delicious meals. The house is cosy with 2-3 bedroom bungalows, each with ensuite bathrooms, set in a lovely garden with a small pool and plenty of communal spaces.

Food

Godfrey will cook delicious, home-cooked meals. If you have any special dietary requirements, please let us know, as these can be easily accommodated.

Safe drinking water, tea, coffee, and fruit squash will be available throughout your stay, though any additional soft drinks, will be at your own expense.



YOU'RE IN SAFE HANDS

Trusted by Schools, Parents, and Students for Over 20 Years

Since 2002, The Leap has led purposeful adventures for thousands of young people. From the highlands of Peru to the beaches of Kenya, we've built a reputation for transformative travel that's safe, structured, and inspiring.

We understand what it takes to deliver successful school expeditions and under-18 programmes—because we've been doing it for over two decades.

What sets us apart:

- 20+ years of expertise in youth travel and expedition planning
- Fully supported experiences combining UK-based staff, local guides, and robust risk management
- Safeguarding-first approach with DBS-checked leaders and 24/7 emergency backup
- Strong partnerships with overseas NGOs, and conservation organisations
- Personal service—whether you're planning a bespoke school expedition or sending your teen on their first independent adventure, we're here to guide, support, and inspire every step of the way



Kenya *Costs 2026 & 2027*

2026 - £2400 (10-DAY LEAP)

2027 - £2600 (10-DAY LEAP)

INCLUDED:

- Pre-departure briefing
- 24-hour emergency back-up, management and support by UK and in-country team
- Safety and induction course on arrival
- Food and accommodation as described
- Airport transfers for the team flight
- All transport to and from projects
- Leap T-shirt
- All activities as described


NOT INCLUDED:

- International flights
- Volunteering Diploma - £450
- 2 meals out
- Travel insurance
- Medical expenses (reclaimable through travel insurance)
- Private transfers to and from the airport if you do not arrive on the main team flight
- Some soft drinks and snacks
- Laundry fees
- Tips (budget £30)
- Tourist visa/ETA

SEE OUR WEBSITE FOR DATES & AVAILABILITY

THE OUTCOME?

A team of teens who return home more confident, more capable, and more connected, to the world and themselves.



Thanks to everyone involved as they have managed to make the trip a once in a lifetime experience. I have learnt so much about the local community, which will stay with me forever, this has shown that at home we are so privileged in every aspect of life.



Reserve your place

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