



the
leap

GAP YEAR PROGRAMME

Leap to Peru

ANCIENT CULTURES • EPIC TREKS • AMAZON EXPLORATION

Peru *Perspective*

Spend three unforgettable weeks exploring one of the world's most diverse and inspiring countries. Live alongside local communities in the Sacred Valley, trek through the breathtaking High Andes, stand in awe at Machu Picchu and finish your journey deep in the Amazon rainforest.

Working alongside our long-term partners, you'll experience Peru far beyond the tourist trail. Every week combines meaningful project work with incredible adventure, giving you the opportunity to build confidence, broaden your horizons and create memories that will stay with you for life.

LOCATIONS:

SACRED VALLEY + AMAZON

ACCOMMODATION:

FAMILY-RUN HOTEL + ECO LODGE

PROJECTS:

REFORESTATION + COMMUNITY

TEAM SIZE:

UP TO 14 PER DEPARTURE

SOCIAL:

CHILLED VIBE

FITNESS:

GOOD FITNESS REQUIRED

STAY LENGTH:

3 WEEKS

Off The Tourist Trail

Three different adventures.
One unforgettable journey.

Few countries offer such incredible contrast. One week you're helping sustainable farming projects high in the Sacred Valley. The next you're hiking above 5,000 metres through the Andes before standing in front of Machu Picchu. Days later you'll be paddling silently through the Amazon searching for giant otters and colourful macaws.

Along the way you'll work alongside inspiring local organisations, experience authentic Peruvian culture and discover places that most visitors never get to see.

This isn't just about seeing Peru.
It's about understanding it.



ECUADOR

COLOMBIA

BRAZIL

SACRED VALLEY



*NORTH
PACIFIC
OCEAN*

PERU

BOLIVIA





Phase One...

Sacred Valley – Days 1 – 7

Settle In • Connect • Contribute

This first week is about slowing down and immersing yourself in a completely different way of life. Based in the beautiful town of Calca, you'll acclimatise to life at altitude while getting to know your team, learning basic Spanish and becoming part of the local community.

Working alongside our partners at AASD and EcoHuella, you'll discover how innovative farming, reforestation and sustainable agriculture are helping Andean communities adapt to a changing world. Alongside meaningful project work, you'll explore colourful markets, meet local artisans, enjoy spectacular valley hikes and experience everyday Peruvian life far beyond the tourist trail.

Highlights

Live in the heart of the Sacred Valley • Learn Spanish with local teachers • EcoHuella sustainability project • Reforestation & conservation • Coffee workshop • Community projects • Sacred Valley hikes • Markets & local culture





Phase Two...

High Altitude Andes Adventure – Days 8 – 14

Challenge • Culture • Bucket-List Moments

Week two takes you higher into the Andes, where every day feels more spectacular than the last. Here you'll meet remote mountain communities whose resilience and traditions have endured for centuries, trek through breathtaking landscapes and experience the extraordinary culture of Peru's highlands.

You'll stand on top of Rainbow Mountain, wander through colourful markets, learn traditional textile skills, explore ancient Inca ruins and finally arrive at one of the world's greatest wonders – Machu Picchu.

This isn't simply sightseeing. It's understanding the people, landscapes and history that make Peru so extraordinary.

Highlights

Rainbow Mountain trek • Qenqo community visit • Pisac market • Traditional textile workshop • Ancient Inca sites • Ollantaytambo • Machu Picchu • Hot springs





Phase Three...

Into The Amazon – Days 15 – 21

Wild • Remote • Unforgettable

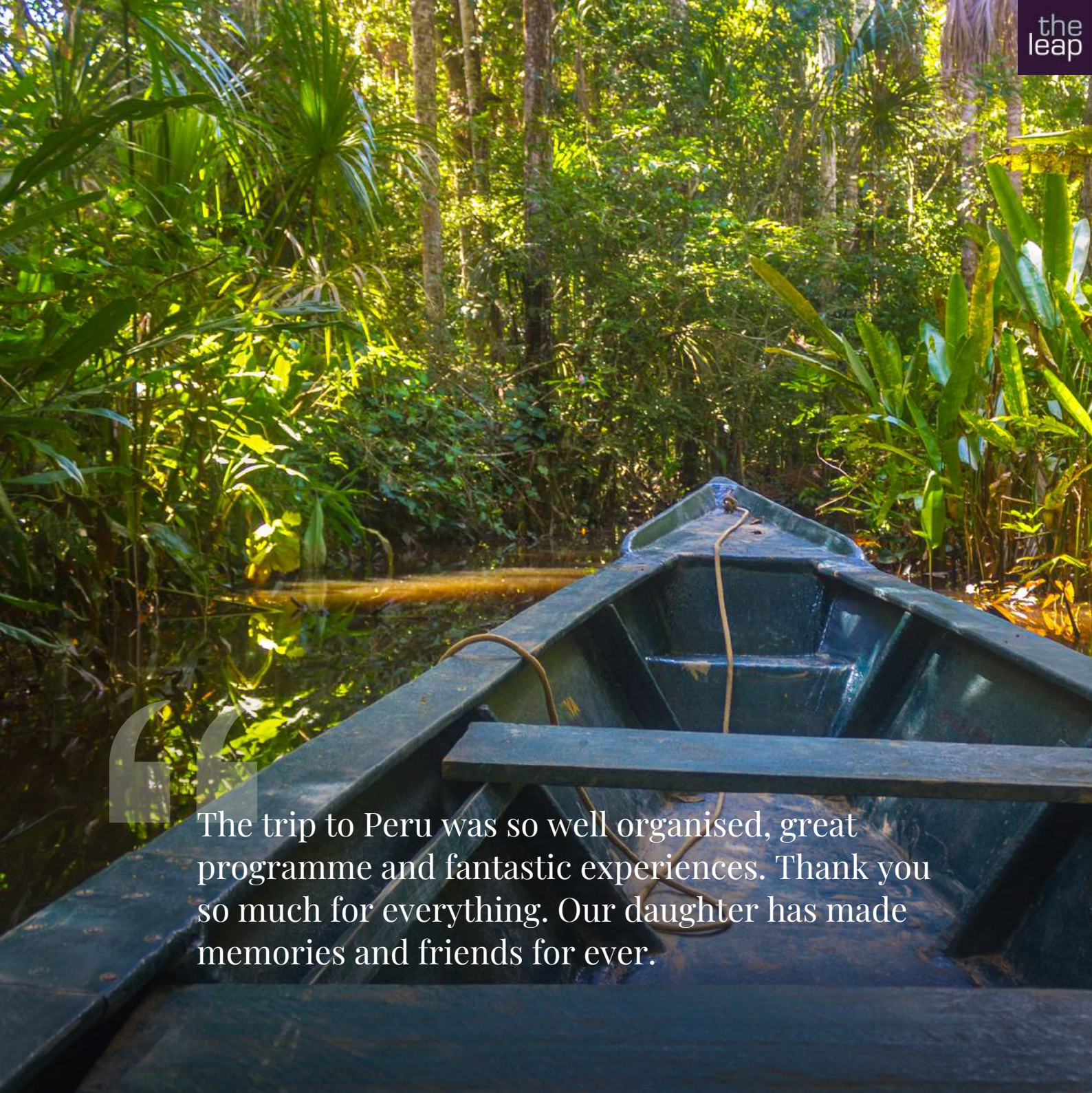
Your final week couldn't feel more different. Leaving the mountains behind, you'll travel deep into the Peruvian Amazon where rivers replace roads, and wildlife becomes part of everyday life.

Stay in a remote eco-lodge, paddle across Lake Sandoval at sunrise, search for giant otters, monkeys, caiman and brilliantly coloured macaws, and experience one of the most biodiverse ecosystems on Earth. As the sounds of the rainforest surround you, you'll finish your Leap immersed in one of the planet's last great wildernesses.

It's the perfect finale to three unforgettable weeks.

Highlights

Amazon eco-lodge • Madre de Dios River • Lake Sandoval • Giant otters • Monkeys & macaws • Jungle walks • Night safaris • Sunrise canoe adventures



“The trip to Peru was so well organised, great programme and fantastic experiences. Thank you so much for everything. Our daughter has made memories and friends for ever.”



Real Projects. Real People. Real Impact.

This programme is made possible through our long-standing partnership with the Andean Alliance for Sustainable Development (AASD) and the inspiring communities of Peru's Sacred Valley.

For years we've worked together to create experiences that are meaningful, authentic and genuinely beneficial for everyone involved.

Rather than simply visiting projects, you'll work alongside passionate local people supporting sustainable farming, environmental conservation and community-led initiatives that are making a real difference every day.

Together, they make this adventure unlike any other.

More Than Just Memories.

Adventure fades into stories.
The sunsets become photographs.
The strangers become lifelong friends.

But perhaps the biggest thing you'll bring home is something much harder to pack. Throughout your Leap you'll work alongside inspiring conservationists, community leaders and environmental organisations, solving real challenges, stepping outside your comfort zone and discovering what you're capable of achieving.

Along the way you'll build confidence, resilience, leadership, teamwork and a global perspective, not through classrooms or lectures, but through real experiences that stay with you long after you've returned home.

Those experiences become something incredibly valuable: genuine evidence that can strengthen university applications, CVs and future careers.

Because the best souvenirs aren't things.
They're the person you become.

Your Home *in Peru*

Calca

For your first two weeks, you'll stay in a charming family-run hotel in the heart of Calca, a vibrant town nestled in Peru's beautiful Sacred Valley. It's the perfect base for exploring the region while becoming part of the local community.

You'll share comfortable twin rooms with en-suite bathrooms, relax in the communal sitting room and peaceful garden, and enjoy delicious home-cooked meals prepared by our wonderful local team.

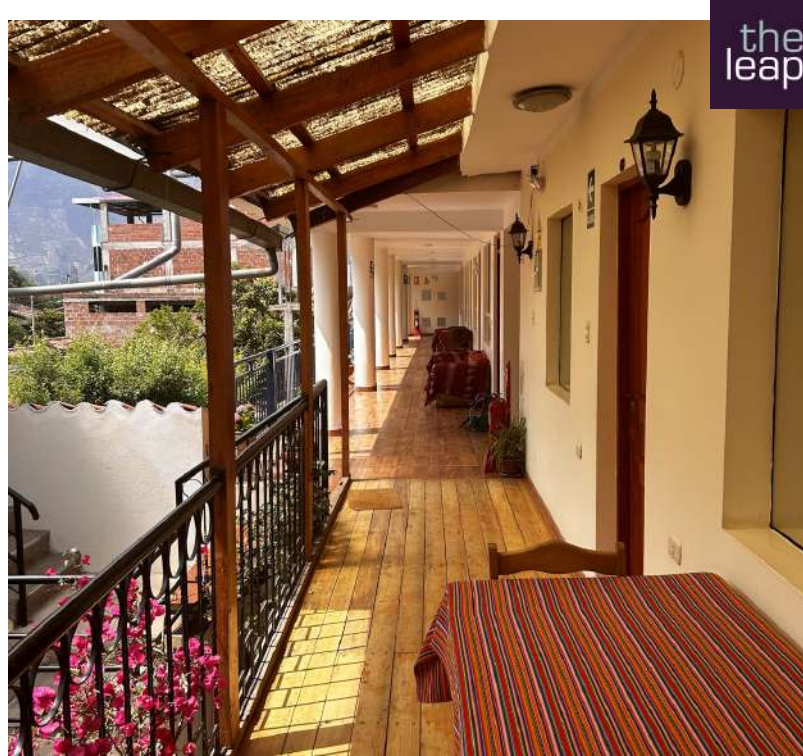
Amazon

In the Amazon, you'll stay in a fun hostel and an eco-lodge, surrounded by the lush rainforest. These tranquil places combine comfort with nature, offering an unforgettable experience in one of the world's most biodiverse regions.

Food

Get ready to embark on a culinary adventure as part of your three-week programme, with all meals (3x a day) provided throughout. Expect to try traditional dishes and don't be surprised if a local community treats you to cuy (guinea pig), a revered delicacy in the Andes – an experience as unique as it is authentic.

For those with dietary preferences, vegetarian and vegan options are available.



Peru *Costs*

2027 - £3450 (3-WEEK LEAP)

INCLUDED:

- Pre-departure briefing on all aspects of the programme
- 24-hour emergency back-up, management and support by UK and in-country team
- Safety and induction course on arrival
- Accommodation throughout
- Food throughout
- Safe drinking water
- Airport transfers for team flight
- All transport to and from projects + Amazon phase
- Leap T-shirt
- 4 x 1 hour Spanish lessons
- All activities described in the itinerary including Machu Picchu, Rainbow Mountain, Pisac and Amazon permits

NOT INCLUDED:

- International flights
- Travel insurance
- Medical expenses (reclaimable)
- Soft drinks and alcoholic drinks etc
- Food and accommodation if away from the programme
- Any excursions not listed above.
- Laundry fees
- Private transfers to and from the airport if you do not arrive on the main team flight

SEE WEBSITE FOR DATES & AVAILABILITY



“The most brilliant company for gap year trips – would highly recommend – organised but also independent – two of mine have done it now and had the best time.





Not Sure Which Leap Is Right for You? Let's Find Your Perfect Fit

BOOK A FREE 30-MINUTE ZOOM WITH ZOË
FOR PERSONALISED ADVICE ON DESTINATIONS, PROJECTS,
TEAM SIZES AND THE EXPERIENCE THAT WILL SUIT YOU BEST.

[CLICK TO BOOK A FREE ZOOM CHAT](#)

No pressure. No hard sell. Just honest advice from
someone who knows every Leap inside out.