

A group of young people and adults are gathered outdoors in a rural setting. In the center, a young man with curly hair, wearing a white cap and a black t-shirt, stands with his hands clasped. To his left, a woman with a purple headwrap and a brown t-shirt with a 'FINISHER' graphic is seen from the back. She is wearing a vibrant blue and white patterned skirt. To the right, a young man with long dreadlocks is wearing a striped t-shirt. In the foreground, several large, weathered metal water jugs are visible. The background shows a large tree and a simple building with a corrugated metal roof. The overall atmosphere is one of community and shared experience.

the
leap

Travel Experiences That Build Futures

ADVENTURE, FRIENDSHIP AND REAL-WORLD EXPERIENCE
THAT HELP YOUNG PEOPLE STAND OUT.



Young People Need More Than Good Grades

Today's young people face a rapidly changing world.

Competition for university places and careers is increasing. Work experience is harder to access. Employers and universities are looking beyond academic results to qualities such as confidence, initiative, communication and resilience.

Yet many young people have fewer opportunities than ever to develop these skills outside the classroom. Academic achievement still matters. But increasingly, it is experiences, perspective and personal qualities that help young people stand out.

That's why The Leap exists.

For more than 25 years, we've been creating travel experiences that help young people develop confidence, gain real-world experience and discover what they are capable of achieving.

A Better Way To Grow

Confidence doesn't come from being told you're capable. It comes from doing things you never thought possible.

From stepping into unfamiliar situations.

- Meeting new people.
- Working as part of a team.
- Taking responsibility.
- Solving problems.
- Experiencing the world beyond your everyday life.

At The Leap, we believe the most powerful personal development happens through experience.

That's why every Leap - gap year, under 18 or school - combines adventure, cultural immersion, teamwork and meaningful contribution to create experiences that challenge, inspire and build confidence for life.





Real Projects. Real-World Experience.

This is what makes The Leap different.

Our programmes aren't built around sightseeing or short-term volunteering. They're built around long-term partnerships with conservation organisations, community projects and social enterprises tackling genuine environmental and social challenges.

- You might restore coral reefs alongside marine conservationists in Kenya.
- Support wildlife rehabilitation projects in Costa Rica.
- Work with sustainable farming initiatives in Peru.
- Or contribute to education and community projects in Cambodia.

Rather than observing from the sidelines, you'll gain first-hand experience of how organisations create real impact.

It's not just volunteering.

It's practical experience that develops communication, teamwork, leadership and problem-solving skills while broadening your understanding of the world.



LEAP BENEFITS

The Power of Team Travel

The best adventures are shared.

Every Leap is built around small teams of like-minded people at a similar stage of life.

You'll travel together.

Live together.

Work together.

Support each other through challenges.

Celebrate achievements together.

Many Leapers arrive knowing nobody.

They leave with lifelong friendships.

Travelling as part of a team creates confidence, belonging and support in a way that solo travel rarely can.

The people you meet often become just as important as the places you visit.





Every Leap is designed around *Challenge*, *Culture*, and *Contribution*, ensuring you experience variety, purpose and growth through your journey with us.

Challenge

Push yourself beyond your comfort zone through adventure, teamwork and new experiences.

Culture

Immerse yourself in local communities and experience life beyond the tourist trail.

Contribution

Work alongside inspiring conservation and community projects creating real impact.

NO TWO DAYS ARE THE SAME.

What a Leap *Feels Like*

One day you might be snorkelling over coral reefs in Kenya. The next, building fuel-efficient stoves, hiking through cloud forests, exploring local markets or working alongside inspiring community projects.

Some days are challenging.

Some are eye-opening.

Some are simply brilliant fun.

Every programme combines adventure, friendship and experiences that few young people ever get access to.

*That's what makes
a Leap different.*





One Mission.

Three Ways To Take The Leap

Real Projects. Team Travel. Real-World Experience.

Under-18 Leaps 16– 17 years

- Confidence
- Independence
- 16 UCAS points

Gap Year Leaps 18 – 21 years

- Real-world experience
- Team travel

School Expeditions

- Project-led learning
- Long-term NGO partnerships

KENYA • COSTA RICA • PERU • CAMBODIA

The Best Investment Isn't A Place. *It's A Person.*

The world needs confident, capable young people who are ready to embrace challenges, work with others and make the most of opportunities.

That's why every Leap combines adventure, friendship and real-world experience to help young people discover what they're capable of achieving.

Whether you're planning a gap year, looking for an Under-18 adventure or exploring opportunities for your school, we'd love to help.





What You'll Come Back With

Confidence

The confidence that comes from stepping outside your comfort zone and discovering what you're capable of.

Real-World Experience

Practical experience working alongside organisations tackling genuine challenges.

Friendships

Connections and friendships built through shared adventure and meaningful experiences.

Transferable Skills

Communication, teamwork, leadership, resilience, adaptability and initiative.

Perspective

A broader understanding of different cultures, communities and ways of life.

Stories

Experiences and memories that will stay with you for life.

SAFETY & ACCREDITATIONS

Managing risk

Adventure with responsibility

24/7 Support

Every Leap programme includes round-the-clock support from both our overseas project leaders and UK team.

Your Safety Comes First

The Leap prioritises safety, quality, and experience over cutting corners.

Rigorous Risk Assessments

We adhere to the highest safety standards, conducting annual risk assessments and safety audits.





the
leap

Reserve your place

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