

Treatment Plan Goals and Objectives for ADHD Worksheet

Client Profile

Client Name	Other Client Information	Date of Plan

Primary ADHD Symptoms

1. _____
2. _____
3. _____

Other Considerations/Diagnoses

Areas of Impairment

Identify key areas where the client experiences significant impairment due to ADHD

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Treatment Goals

Set short-term and long-term treatment goals to address areas of impairment

Impairment	Short-Term Goals	Long-Term Goals

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Therapeutic Interventions

Outline the therapeutic interventions to help the client achieve their goals

Behavior Therapy

Pharmacological

Other Treatments