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SREE SASTHA INSTITUTE OF ENGINEERING AND TECHNOLOGY

SPORTS DAY ANNUAL REPORT

25th College Day (06.03.2026)

I am gratified to present the Sports day Annual report of our institution in this glorious celebration of our college annual day. Sree Sastha Institute of Engineering and Technology was established in the year 1999 under the patronage of **A.M. Kanniappa Mudaliar & A.M.K. Jambulinga Mudaliar Educational trust** by our respected Founder **Dr. AMK Jambulingam** with the truism of —LEARN TO LIVE; LIVE TO LEARN. Currently, our college offers 14-undergraduate courses, and 09-postgraduate courses including new courses of Embedded System, ECE (Industry Integrated). The college covers around 5.23 lakhs sq.ft of built-in area that houses spacious smart class rooms with Interactive Panel Board, state-of-art laboratories and seminar halls with multimedia facilities. The Central Library is holding above 42,859 volumes of Books, 25,000 ebooks, 2,785 technical magazine and 1,671 CDs and many online journals like Delnet, IEEE in the fields of Engineering and Technology.

Sree Sastha Institute of Engineering and Technology is NBA accredited and NAAC accredited. The college is having

- 2F recognition by UGC
- Accredited by National Resource center for National Cyber security program
- DSIR Recognition as SIRO-Scientific and Industrial Research Organization.
- Listed in FORTUNE institutions by Recruitment Analysis Council, India
- Rated ‘AAA’ Careers 360 India’s Top Engineering Colleges Annual Rating and Ranking Survey 2023.
- Rated ‘GOLD’ in AICTE-CII SURVEY of industry linked technical institutes 2023.

- Recognized as —Partner Institute by Pan IIT Alumni leadership series (PALS)-2020-23.
- Recognized as a Member in ICT Academy of Tamilnadu.

SALIENT FEATURES OF THE DEPARTMENT OF PHYSICAL EDUCATION

The Department of Physical Education at Sree Sastha Institute of Engineering and Technology continues to promote the spirit of sportsmanship, discipline, leadership, and physical well-being among students. The Academic Year 2025–2026 has been marked by vibrant participation, outstanding achievements, and remarkable performances in both intra-college and inter-college competitions.

The Annual Sports Day at Sree Sastha Institute of Engineering and Technology is not merely a customary event—it is a celebration of dedication, determination, teamwork, and excellence. Under the dynamic leadership of our Chairman, Prof. J. Kartheekeyan, the visionary guidance of our Director, Dr. Shanmuga Sundram Anandan, and the committed administration of our Principal, Dr. P.Senthil Kumar, the institution continues to encourage holistic student development by integrating sports and academics.

This year’s Sports Day was a grand success, filled with enthusiasm and competitive spirit. Students from various departments actively participated in track and field events, team sports, and individual competitions, showcasing not only their athletic talents but also their discipline, coordination, and team spirit. The event fostered unity, mutual respect, and healthy competition among students.

“At Sree Sastha, we believe in the all-round development of our students. Sports play a vital role in shaping their character, resilience, and leadership skills.”

— Prof. J. Kartheekeyan, Chairman

“Sports Day reflects our commitment to holistic education. We are proud of our students who consistently strive for excellence both on and off the field.”

— Dr. Shanmuga Sundram Anandan, Director

“We strongly encourage students to actively engage in sports activities as they build confidence, teamwork, and mental strength essential for professional success.”

— Dr. P.Senthil Kumar, Principal

The Department of Physical Education remains committed to providing quality training, modern facilities, and opportunities for students to excel at university, state, and national levels, thereby strengthening the institution’s sporting legacy.

Excellent Sports Infrastructure

- Spacious and well-maintained grounds for football, cricket, and athletics.
- Standard courts for basketball, volleyball, tennis, and badminton.
- Modern indoor sports facilities for table tennis, chess, and carrom.
- Fully equipped gymnasium with updated fitness and strength-training equipment to promote student health and conditioning.

Qualified and Committed Faculty

- Dedicated Physical Education Director and trained coaches for various sports disciplines.
- Continuous faculty development initiatives to adopt modern training methodologies and sports science practices.
- Personalized guidance and mentoring for student-athletes to enhance performance.

Diverse Sports Programs

- Regular intramural competitions conducted among departments to encourage maximum student participation.
- Structured coaching camps for athletics, team sports, and individual games.
- Special emphasis on yoga, physical fitness training, and wellness activities to promote holistic development.
- Active encouragement for participation in university and inter-collegiate tournaments.

Achievements in Sports

- Consistent participation in Anna University Zonal, Inter-Zonal, and State-level tournaments.
- Students have secured notable positions and accolades in various inter-collegiate competitions.
- Recognition and appreciation of outstanding sports performers at institutional and university levels.

Holistic Student Development

- Promotion of leadership qualities, discipline, teamwork, and sportsmanship through structured physical activities.
- Integration of sports as an essential component of overall personality development.
- Encouragement of active lifestyle habits among all students.

Scholarships and Institutional Support

- Sports quota admissions to nurture talented athletes.
- Financial assistance, fee concessions, and awards for meritorious sports performers.
- Special academic support for students representing the institution in major tournaments.

Health and Wellness Focus

- Regular fitness assessment programs and health awareness initiatives.
- Workshops on nutrition, mental well-being, and stress management.
- Strong emphasis on balancing academic excellence with physical fitness.

Vision for 2025–2026 and Beyond

- Upgradation and expansion of sports infrastructure with advanced training facilities.
- Introduction of specialized coaching programs and performance analytics.
- Strengthening collaborations with professional sports academies and sports federations.
- Enhancing participation at state, national, and university levels to build a strong sporting legacy.

THEME AND OBJECTIVES OF THE SPORTS DAY

Theme:

"Strength Through Unity, Excellence Through Effort"

Our Sports Day celebrates the spirit of sportsmanship, teamwork, perseverance, and holistic development. It emphasizes the importance of physical fitness, mental toughness, and discipline as essential qualities for success in life.

Objectives:

- To encourage students to participate actively in physical activities and sports.
- To develop leadership, teamwork, and cooperation among students.
- To promote values of fairness, discipline, respect, and resilience.
- To identify and nurture sporting talents among students.
- To foster a spirit of healthy competition and unity across departments and houses.
- To create awareness about the importance of physical fitness and well-being.
- To recognize and reward outstanding performances and sports achievements.

INTRAMURAL COMPETITIONS

The Department of Physical Education, **Sree Sastha Institute of Engineering and Technology, Chembarambakkam, Chennai-600123**, organized the **Intramural Sports Events** from **27th March 2025 to 29th March 2025**. A variety of outdoor and indoor games were conducted within the campus.

COORDINATORS :Mr.Kannan G (AP/MECH), Dr. Kannan (AP /PHY)

COORDINATORS : Mrs.Sandhiya V(AP/BT), Mrs.Geethika(AP/AIDS)

SPORTS DAY EVENTS – 2026

The Annual Sports Day 2026 will feature the following events:

Boys Events

- VOLLEYBALL
- CRICKET
- KABADDI
- SHUTTLE (BADMINTON)

Girls Events

- THROWBALL
- SHUTTLE (BADMINTON)

Open Category (Boys & Girls)

- CHESS

Athletics (Track & Field Events)

Track Events

- 100M RACE
- 200M RACE
- 400M RACE

Relay Events

- 4 × 100M RELAY
- 4 × 400M RELAY

Jumping Events

- LONG JUMP

Throwing Events

- SHOT PUT
- DISCUS THROW
- JAVELIN THROW

SPORTS DAY PROGRAM AGENDA

The Annual Sports Day 2025–2026 was meticulously organized under the valuable guidance of our esteemed Chairman, Prof. J. Kartheekyan, the visionary leadership of our Director, Dr. Shanmuga Sundram Anandan, and the administrative support of our Principal, Dr. P.Senthil Kumar.

The event agenda and fixtures were carefully planned and finalized based on their insightful recommendations, ensuring a smooth, disciplined, and spirited celebration of sportsmanship and unity among students.

The Sports Day 2025–2026 reflects the institution's strong commitment to promoting physical fitness, teamwork, leadership, and competitive spirit among students.

SREE SASTHA INSTITUTE OF ENGINEERING & TECHNOLOGY					
CHEMBARAMBAKKAM, CHENNAI-600123					
DEPARTMENT OF PHYSICAL EDUCATION					
AGENDA FOR THE SPORTS CONDUCTION 23.02.2026, 24.02.2026, 02.03.2026 & 03.03.2026					
S.NO	DATE	GAMES&EVENTS	EVENT TYPE	VENUE	TIME
1	23-03-2026 24-03-2026	CHESS MEN/WOMEN	INDOOR	MECH BLOCK	2.00PM-4.00PM
2	23-03-2026	BADMINTON (BOYS)	OUTDOOR	MAIN BUILDING PLAY AREA	2.00PM-4.00PM
3	23-03-2026	BADMINTON (GIRLS)	OUTDOOR	MAIN BUILDING PLAY AREA	2.00PM-4.00PM
4	02-03-2026	TRACK & EVENTS(ATHLETICS)	OUTDOOR	SSGOI PLAY GROUND	9.00PM-4.00PM
5	02-03-2026	VOLLEYBALL(BOYS)	OUTDOOR	SSGOI PLAY GROUND	9.00PM-4.00PM
6	02-03-2026	THROW BALL(GIRLS)	OUTDOOR	SSGOI PLAY GROUND	2.00PM-4.00PM
7	03-03-2026	KABBADI (BOYS)	OUTDOOR	NEAR ARCH BUILDING	9.00PM-2.00PM

GLIMPSES OF THE SPORTS DAY EVENTS-2025



INTRAMURAL SPORTS EVENTS RESULTS

SREE SASTHA INSTITUTE OF ENGINEERING & TECHNOLOGY			
CHEMBARAMBAKKAM,CHENNAI-600123			
DEPARTMENT OF PHYSICAL EDUCATION			
SPORTS EVENTS RESULTS CONDUCTED ON 23.02.2026,24.02.2026,02.03.2026 & 03.03.2026			
S.N O	SPORTS EVENTS	WINNER	RUNNER
CATEGORY-MENS (SPORTS)			
1	MENS CRICKET	FOOD TECH,ECE,CIVIL,BIOTECH-III YEAR	CSE,AIDS,ECE,FOOD TECH-IV YEAR
2	MENS VOLLEYBALL	CSE,AIDS,ECE,BT-I YEAR	BT,ECE,FOOD TECH-II,III,IV YEAR
3	MENS KABBADI	CSE,CSBS,EEE-I,II,III,IV YEAR	IT,CYBER,AIDS,FT,BT,AUTO,CIVI L-I,II,III YEAR
4	MENS BADMINTON	CSE,CSBS,AIML,AIDS-III,IV YEAR	IT-III YEAR
5	MENS CHESS	CSE-IV YEAR	FOOD TECH,MAE,IT-I YEAR
CATEGORY-WOMENS (SPORTS)			
1	WOMENS BADMINTON	FOOD TECH-II,III YEAR	CSE,CSCY,IT-II,III YEAR
2	WOMENS THROWBALL	FOOD TECH-II,III YEAR	ECE,BME,BT,FT,CSBS,AIML-I YEAR
3	WOMENS CHESS	NANDHINI R -III YEAR ECE	NIVIYA SUNIL -II YEAR ECE

SREE SASTHA INSTITUTE OF ENGINEERING AND TECHNOLOGY				
CHEMBARAMBAKKAM,CHENNAI-600123				
DEPARTMENT OF PHYSICAL EDUCATION				
SPORTS EVENTS RESULTS CONDUCTED ON 02.03.2026				
TRACK& EVENTS (ATHLETICS) WINNERS LIST				
S. NO	TRACK & EVENTS	FIRST PLACE	SECOND PLACE	THIRD PLACE
1	TRACK EVENTS (100M RACE) - BOYS	HARISH VEL A (III YR CSBS)	SANJAY KUMAR S (I YR FT)	VETRISELVAN G (III YR AI&DS)
2	TRACK EVENTS (100M RACE) - GIRLS	INNASI SELCIYA A (III YR FT)	PURARCHI KAVI V (III YR BT)	ASHIKA S (II YR CSE)
3	RELAY EVENTS (4 × 100M RELAY) - BOYS	SANJAY KUMAR S (I YR FT)	HARISH VEL A (III YR CSBS)	SIDDU S (III YR IT)
		SREE KISANTH J (I YR CSE)	VETRISELVAN G (III YR AI&DS)	MUTHUPANDI S (III YR IT)
		STEPHEN RAJ M (I YR AI&DS)	KALAIVANAN K (IV YR CSE)	RAJKUMAR R (III YR IT)
		JEEVAN PRAKASH S (I YR AUTO)	BHUVANESH K (IV YR CSE)	NATHANIAL PRAVEEN KUMAR (III YR IT)
4	RELAY EVENTS (4 × 100M RELAY) - GIRLS	SUPRIYA PR (III YR FT)	THILAGAVATHI V (II YR ECE)	MYTHILI V (II YR CSE)
		PURARCHI KAVI V (III YR BT)	HARINI N (II YR CSE)	MONISHA N (II YR CSE)
		INNASI SELCIYA A (III YR FT)	SARASWATHI P (II YR IT)	ASHIKA S (II YR CSE)
		HARSHINI V (III YR FT)	PRADEEPA K (II YR AI&DS)	DIVYADHARSHINI R (II YR CSE)
5	SHOT PUT - BOYS	HARISH VEL A (III YR CSBS)	SABARIGIRI S (I YR BT)	SAIKUMAR S (I YR IT)
6	SHOT PUT - GIRLS	KALYANI J (II YR FT)	INNASI SELCIYA A (III YR FT)	SUPRIYA PR (III YR FT)
7	DISCUSS THROW - BOYS	HARISH VEL A (III YR CSBS)	VIGNESH S (I YR AI&DS)	MUTHUPANDI S (III YR IT)
8	DISCUSS THROW - GIRLS	SUPRIYA PR (III YR FT)	KALYANI J (II YR FT)	SHARUBHA B (III YR CSE)
9	JAVELIN THROW - BOYS	HARISH VEL A (III YR CSBS)	JEEVAN PRAKASH (I YR AI&DS)	VETRISELVAN G (III YR AI&DS)

CONCLUSION:

The Department of Physical Education successfully conducted the Sports Events on **23rd February 2026, 24th February 2026, 2nd March 2026, and 3rd March 2026** as part of the Annual Sports Meet for the Academic Year 2025–2026. The events witnessed enthusiastic participation from students across all departments, reflecting vibrant sportsmanship and competitive spirit throughout the campus.

Winners and participants were honored with Certificates, Trophies, and Medals during the Annual Day Celebrations for the Academic Year 2025–2026 in recognition of their dedication and outstanding performances.

The prize distribution ceremony was graciously presided over by our esteemed Chairman, Prof. J. Kartheekeyan, under the visionary guidance of our Director, Dr. Shanmuga Sundram Anandan, and in the presence of our Principal, Dr. P.Senthil Kumar. The dignitaries appreciated and encouraged the athletic excellence, teamwork, and active participation of students in various sports disciplines, motivating them to continue striving for excellence both in academics and sports.