

How Is It with Your Soul?

Gemma Ryan

“Were you born in a field?”

“Were you born in a field?”

“Would you please close the door?”

“Do you think I came up the Lagan in a bubble?”

“Do you think I came up the Lagan in a bubble?”

“Do you think I was born yesterday?”

“Wind your neck in!”

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“Don’t be ridiculous!”

“What’s the craic?”

“What about ye?”

“What’s the craic?”

“What about ye?”

“How are you?”

“... go into *your* room, close the door and pray to your Father, who is unseen.”

MATTHEW 6v6

“How can I lead people into the quiet place beside the still waters if I am in perpetual motion?”

“If I am not in touch with my own belovedness, then I cannot touch the sacredness of others.”

“Settle yourself in solitude and you will
come upon Him in yourself.”

SAINT TERESA OF AVILA

“In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

“The ego is bloated and the soul shrivels.”

DALLAS WILLARD

“Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven.”

“Therefore confess your sins to each other and pray for each other so that you may be healed.”

Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?

Am I honest in all my acts and words, or do I exaggerate?

Do I confidentially pass on to another what was told to me in confidence?

Can I be trusted?

Am I a slave to dress, friends, work, or habits?

Am I self-conscious, self-pitying, or self-justifying?

Did the Bible live in me today?

Do I give it time to speak to me everyday?

Am I enjoying prayer?

When did I last speak to someone else about my faith?

Do I pray about the money I spend?

Do I get to bed on time and get up on time?

Do I disobey God in anything?

Do I insist upon doing something about which my conscience is uneasy?

Am I defeated in any part of my life?

Am I jealous, impure, critical, irritable, touchy, or distrustful?

How do I spend my spare time?

Am I proud?

Do I thank God that I am not as other people, especially as the Pharisees who despised the publican?

Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what am I doing about it?

Do I grumble or complain constantly?

Is Christ real to me?

“When we confess our virtues, we are competitors. When we confess our sins, we are brothers and sisters.”

KARL BARTH

“The confession of evil works is the first beginning of good works.”

AUGUSTINE OF HIPPO

Do you still love the Lord?

Do you still love the Lord?

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