

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	 SUPERFIT YOGA 09:00 - 10:20					
 LES MILLS BODYPUMP 10:00 - 10:50	 LES MILLS BODYPUMP 10:30 - 11:20	 SUPERFIT YOGA 10:00 - 11:20	 ZUMBA FITNESS ZUMBA 10:00 - 10:50	 SUPERFIT YOGA 10:00 - 11:20	 SUPERFIT YOGA 09:30 - 10:50	 SUPERFIT BAUCH BEINE PO 10:00 - 10:50
 SUPERFIT YOGA 11:00 - 12:20		 LES MILLS BODYPUMP 11:30 - 12:20	 SUPERFIT YOGA 11:00 - 12:20	 LES MILLS BODYPUMP 11:30 - 12:20	 LES MILLS BODYPUMP 11:00 - 11:50	 LES MILLS BODYPUMP 11:00 - 11:50
					 SUPERFIT BAUCH EXPRESS 12:00 - 12:20	 LES MILLS BODYBALANCE 12:00 - 12:50
					 LES MILLS BODYCOMBAT 12:30 - 13:20	
			 SUPERFIT PILATES 16:30 - 17:20			
 SUPERFIT BAUCH BEINE PO 17:00 - 17:50	 LES MILLS BODYBALANCE 17:30 - 18:20	 LES MILLS BODYATTACK 17:30 - 18:20	 SUPERFIT BAUCH BEINE PO 17:30 - 18:20	 LES MILLS BODYPUMP 17:00 - 17:50		
 LES MILLS BODYPUMP 18:00 - 18:50	 SUPERFIT PILATES 18:30 - 19:20	 LES MILLS BODYPUMP 18:30 - 19:20	 LES MILLS BODYPUMP 18:30 - 19:20	 LES MILLS BODYATTACK 18:00 - 18:50		 LES MILLS BODYPUMP 18:00 - 18:50
 LES MILLS BODYATTACK 19:00 - 19:50	 LES MILLS BODYCOMBAT 19:30 - 20:20	 SUPERFIT YOGA 19:30 - 20:50	 SUPERFIT YOGA 19:30 - 20:50	 SUPERFIT BAUCH BEINE PO 19:00 - 19:50		
 ZUMBA FITNESS ZUMBA 20:00 - 20:50	 LES MILLS BODYPUMP 20:30 - 21:20					